



Meeting Minutes

Friday, April 19, 2024, 8:30-10:30 am

Lincoln County Health Department, Clinic Room

Members Present:

<input checked="" type="checkbox"/> Aspirus Merrill/Tomahawk Hospitals Jane Bentz	<input type="checkbox"/> HAVEN, Inc.	<input checked="" type="checkbox"/> Inclusa, Inc. Robyn Swart
<input checked="" type="checkbox"/> Lincoln County Health Department Kristin Bath, Erin Ray	<input checked="" type="checkbox"/> Lincoln County Social Services Jessi Rumsey	<input checked="" type="checkbox"/> Medical College of Wisconsin Dr. Gabriella Hangiandreou
<input checked="" type="checkbox"/> Merrill Area Public Schools Trina Knospe	<input checked="" type="checkbox"/> North Central Health Care Holly Westberg	<input checked="" type="checkbox"/> Tomahawk School District Wendy Simonis, Cassie Cerny

Partners Present: Laurie Ollhoff, T.B. Scott Library, Heidi O'Hare Tomahawk Public Library

Agenda Item	Notes	Action Items
1. Call to Order	Meeting called to order by Bath at 8:34 am.	
2. Welcome and Introductions	Introductions were made.	
3. Approve Minutes of January 19, 2024 Meeting	Motion to approve minutes by Rumsey, seconded by Simonis. All ayes. Motion carried.	
4. Agenda Items A. County Health Rankings Report B. CredibleMind Update C. May Mental Health Awareness Month	A. County Health Rankings Report. Bath reviewed report and highlighted behavioral health data. Poor physical mental health days reported by adults increased from 4.5 in 2023 to 5.1 in 2024. Ratio of population to mental health providers stayed about the same at 1,500:1 in 2023 to 1,490:1 in 2024. Much worse in this area compared to state 400:1 and U.S. at 320:1. <i>See attached report.</i> B. CredibleMind Update. Bath shared that she continues to seek approval from the Board of Health (BOH) to proceed with the CredibleMind platform. She has presented at several meetings sharing information about the platform, the benefits to residents and partner support. A contract was received through the company and the BOH wants Corporation Counsel to review prior to making a final decision. BOH is interested in organizations that are supportive of this platform in Lincoln County. O'Hare noted that the order of resource listings could be improved as they start out clinical then get more basic--should be opposite order. Bath will check with the company about this, however there are likely limitations in customization. C. May Mental Health Awareness Month. Bath shared that Mental Health America released a toolkit https://mhanational.org/mental-health-	If you haven't already done so, contact Bath if your agency is supportive of the CredibleMind platform so that she can share with the Board of Health.

<p>D. Community Education Opportunities</p>	<p>month. Theme is “Where to Start, Mental Health in a Changing World.” NAMI has a toolkit https://www.nami.org/Get-Involved/Awareness-Events/Mental-Health-Awareness-Month. The theme is “Take the Moment”. Bath shared she will be speaking on the radio in May about Mental Health Awareness Month and the Healthy Minds Coalition. The Health Department is also working on a 988 Campaign targeting rural older men (ages 49+). Group discussed reaching out to worksites/organizations with this demographic: VFW, Agra, PCA, LP, Samuel Pressure, Mitchell Metals, Harley, Lincoln County, etc. Health Department has a worksite email list and will reach out to the Chambers.</p> <p>O’Hare offered to have a display at the Tomahawk Library for Mental Health Awareness Month and suggested connecting with WJJQ.</p> <p>D. Community Education Opportunities. Group discussed upcoming programs being offered.</p> <p>Tomahawk Color Run May – Cerny shared that the Tomahawk Raise Your Voice Club is hosting a Color Run for Middle School students. Local businesses are sponsoring run stations; good community support.</p> <p>Merrill Raise Your Voice Walk 4/28/24, – Knospe shared that the Raise Your Voice Club is holding their 4th annual event. Registration starts at 11:30 am and walk begins at 1 pm. Coalition members are welcome to join or set up a booth for their own organizations. Register at https://bit.ly/3T7xSgj. Bath shared Healthy Minds will have a booth at the event from 11 am – 1 pm. <i>See attached flyer.</i></p> <p>Pine River School For Young Learners Parent Education Program 4/24/24 – Miller and Bath will be holding an educational program for parents focused mental health, coping, understanding children’s behaviors and strategies for building resiliency. Each family will receive a calm kit with items that can help calm, support and redirect children. Hope to expand to Tomahawk Head Start and elementary schools in the future.</p> <p>Kinship Youth Mental Health First Aid 4/27/24 – will be provided by UW-Extension for Kinship staff and mentors.</p> <p>Adult Mental Health First Aid 5/8/24 & 5/10/24 – Tomahawk Library is hosting the training, with support from UW-Extension and Healthy Minds. Training is from 1:30-4:30 pm on both days. Class is available at no cost. 30 participant max. Register at https://bit.ly/3T2WBSH. <i>See attached flyer.</i></p> <p>Tomahawk Community Baby Shower 5/30/24 - Heath Department, with support from the Parenting Resource Network, is holding the event at the</p>	<p>Contact Bath if you would like to join her on WMJT on May 6 at 8:20 am.</p> <p>Contact Bath with additional suggestions for the 988 campaign.</p> <p>Bath and O’Hare will follow up about Mental Health Awareness Month Display.</p> <p>Contact Bath if you are interested in manning a booth with her at the RYV Walk on 4/28/24.</p>
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<p>E. Legislative Updates</p>	<p>Corpus Christi Center from 3-5 pm. Healthy Minds will have a booth at the event. Coalition Members are welcome to join. See attached flyer.</p> <p>E. Legislative Updates. Bath received an email that the Senate approved a funding package that was signed in to law last month that includes investments in mental health care. Funding supports community-based clinic training, strengthening the mental health workforce through repayment of education loans and funding for certified Community Behavioral Health Clinics. Funding is also being directed toward the Department of Education to address shortages of school based mental health professionals. Additional funding will be provided to the 988 suicide hotline.</p> <p>NAMI and Mental Health America have advocacy networks that you can sign up to receive updates. https://namiwisconsin.org/get-involved/advocate/take-action/ https://mhanational.org/issues/advocacy-network</p> <p>Live Well Lincoln Leadership Team is planning to meet with legislators to discuss community health priorities. This will be discussed at the meeting next month.</p>	<p>Contact Bath if you are interested in manning a booth with her at the Community Baby Shower on 5/30/24.</p>
<p>F. Agency Round Robin - outreach updates and outcomes since last meeting, current projects, opportunities for collaboration</p>	<p>F. Agency Round Robin – group shared outreach updates and outcomes since last meeting, current projects, opportunities for collaboration</p> <ul style="list-style-type: none"> – Simonis & Cerny, Tomahawk School District – Raise Your Voice Club for middle and high school students started in March. Currently 51 students. Will be providing Teen Mental Health First Aid. Would like to expand mental health training to sports teams and school clubs. An elementary school counselor was hired. Currently 6th and 8th grades have health class requirements, will be offering a class for 7th grade students focused on mental health and life skills to help fill that gap. Six staff are trained in Aggression Replacement Training. – O’Hare, Tomahawk Public Library- planning summer programming; will be doing teen journals and family activity packs again. Continue to hold the Fellowship program through the Islands of Brilliance on Thursdays (opportunity for neurodivergent teens and young adults (aged 16 through early 30s) to gather for creative arts-based activities and guided discussions. – Westberg, North Central Health Care – will have a booth at the Merrill Raise Your Voice for Mental Health Walk. Fully staffed with therapists. Community Treatment currently has no wait list. – Olhoff, T.B. Scott Library – continuing to partner with ADRC on Brain Health and Dementia Basics Programs. Currently planning summer 	<p>Contact Bath if you are interested in meeting with legislators.</p>

programs. Will also be offering the Fellowship Program through the Islands of Brilliance. Will also be starting the Sandbox program and will share flyer when available. Also partnering with Adult Daycares to provide Story Time; 3 facilities participating.

- **Rumsey, Social Services** – partnering with North Central Health Care to provide staff training regarding substance use which was identified as a training need by staff through a survey. Will focus on eligibility, services provided and discharge. Social Services will also provide training to North Central Health Care staff; good collaboration. Partnering with Kinship on spring Strengthening Families and Caregivers Program. Hosted Aggression Replacement Training; staff from Social Services and Tomahawk School District attended. Staff also attended Adult Mental Health First Aid Training. Working with schools to educate on Mandated Reporting and YASI Screening Tool. Pursuing funding for social worker to get Youth Mental Health Certificate.

- **Knospe, Merrill Area Public Schools** – MAPS Mental Health Alliance met 4/17/24. Teams are working on the following areas:
 - Parent engagement (Triple P's, Botvin Life skills parent component, assign a protective factor to educate about for the year – start with connections)
 - Prevention (planning professional development – trauma informed care and restorative practices)
 - School based mental health supports (developed referral pathway to connect students/families to resources).

Outside therapists are in every school, except Pine River School for Young Learners. Therapist caseloads in the middle school are full immediately. Have two Aggression Replacement Training groups at the Middle School. One AODA group is being facilitated by Miller. Will be expanding the Attendance Matters Committee to the middle school next year.

- **Bentz, Aspirus Health** – participates on NAMI WI Raise Your Voice Board. Working with schools in the area on a mural project. Each school will create a mural square that will be part of a big mural in Marathon County. Healthcare systems are required to address health equity through CMS. Training is being provided to leadership and staff. Building up the FindHelp system is a priority.

- **Swart, Inlusa** – Humana acquisition is complete since December. No changes for members and the services they receive through the DHS Family Care Benefit Package. Have seen a slowdown in enrollment for first quarter of 2024.

<p>G. Work Plan Quarterly Report</p> <p>H. Future Meeting Topics</p>	<ul style="list-style-type: none"> - Dr. Hangiandreou, Medical College of WI & NAMI Northwoods – continuing to do consults for the Child Psychiatry Consultation Program. Getting more calls about starting preschool aged children on medications and educating that this isn't where you start. Attended WI Office of Children's Mental Health meeting; discussed the Comprehensive Community Services (CCS) program. Challenges with legislators understanding the staffing and resources needs to operate programs. NAMI Northwoods had a booth at the Business Expo on 4/18/24 in Rothschild. Well attended; a lot of people stopped by the booth to talk about mental health. - Bath, Health Department – completed Veterans Crisis Line campaign in February and March, partnered with 16 agencies/businesses to distribute 269 gun lock packets. Distributed 1,050 calm strips to elementary schools. Continue to seek support for CredibleMind. Will be working on a 988 campaign within the next few months. <p>G. Work Plan Quarterly Report – Bath will update the work plan based on survey results and discussion from the meeting. Contact her with any changes or updates. <i>See attached work plan.</i></p> <p>H. Future Meeting Topics – next meeting: July 19 from 8:30-10:30 a.m. Group expressed the value of networking and agency round robin. Will continue as agenda item.</p>	
<p>5. Adjournment</p>	<p>Meeting adjourned by Bath at 10:30 am.</p>	

Minutes submitted by: Kristin Bath, Public Health Educator, 4/24/24