



**LIVE WELL
LINCOLN**
HEALTHIER TOGETHER

LIVE WELL LINCOLN LEADERSHIP TEAM MEETING
Lincoln County Health Dept, 607 N. Sales Street, Merrill WI
54452

Friday, October 13, 2023 at 9:00 a.m.- 11:00 a.m.
Clinic Room

Via Teleconference and In-Person Attendance

Electronic Attendance Available: Persons wishing to attend the meeting electronically may enter the meeting beginning ten minutes prior to the start time indicated above using the following number or address:

Conference Call: (US) +1 302-440-5681

Access Code PIN: 594 643 816#

Meeting ID: meet.google.com/rxa-ukdk-esh

The teleconference cannot start until the host (county clerk) dials in and enters the host password. In the event there is an unforeseen technical difficulty that prevents all or a part of the meeting from being available electronically, the meeting will continue in person and those wishing to attend can appear in person at the location indicated in this agenda.

All public participants' phones, microphones and chat dialog boxes will be muted or disabled during the meeting. If "public comment" appears on the agenda, before the meeting is called to order, the clerk will ask teleconference attendees whether any public comment is being offered. When called upon by the clerk or chair, any person offering public comment should state their name and comments.

AGENDA

1. Call to Order and Introductions (note Record Meeting)
2. Approve last meeting minutes. (8/4/2023)
3. Document Results of Strategy Accomplishments
4. Review Focus Group/ Community Conversations/ Key Informant Interview Results
5. Review LWL Guideline Principles/ Orientation Packet
6. Introduction to SMARTIE
7. Aspirus Funding
8. Implementation of Mini-Grants
9. Action Planning Meetings- Evaluation and Outcomes
10. Promotion of CHIPP/ Branding of Live Well Lincoln
11. Public Health Tool and Resources for Wisconsinites
12. Discuss who should be involved in Live Well Lincoln
13. Partner Updates
14. Next Meeting (2/2/2024) (4 total in 2024)
15. Adjournment

Distribution:

Live Well Lincoln Leadership Team Members
Administrative Coordinator
Other County Board Supervisors
Department Heads

Posted on: _____ **at:** _____ **a.m./p.m. by:** _____

While there may be a quorum of the following committees present, no committee business will be conducted at this meeting.

Requests for reasonable accommodations for disabilities or limitations should be made prior to the date of this meeting. Please contact the County Clerk at 715-539-1019 or chris.marlowe@co.lincoln.wi.us as early as possible so that proper arrangements can be made. Requests are kept confidential.

GENERAL REQUIREMENTS:

1. Must be held in a location which is reasonably accessible to the public.
2. Must be open to all members of the public unless the law specifically provides otherwise.

NOTICE REQUIREMENTS:

1. In addition to any requirements set forth below, notice must also be in compliance with any other specific statute.
2. Chief presiding officer or his/her designee must give notice to the official newspaper and to any members of the news media likely to give notice to the public.

MANNER OF NOTICE:

Date, time, place, and subject matter, including subject matter to be considered in a closed session, must be provided in a manner and form reasonably likely to give notice to the public.

TIME FOR NOTICE:

1. Normally, a minimum of 24 hours prior to the commencement of the meeting.
2. No less than 2 hours prior to the meeting if the presiding officer establishes there is a good cause that such notice is impossible or impractical.

EXEMPTIONS FOR COMMITTEES AND SUB-UNITS:

Legally constituted sub-units of a parent governmental body may conduct a meeting during the recess or immediately after the lawful meeting to act or deliberate upon a subject which was the subject of the meeting, provided the presiding officer publicly announces the time, place, and subject matter of the sub-unit meeting in advance of the meeting of the parent governmental body.

PROCEDURE FOR GOING INTO CLOSED SESSION:

1. Motion must be made, seconded, and carried by roll call majority vote and recorded in the minutes.
2. If motion is carried, chief presiding officer must advise those attending the meeting of the nature of the business to be conducted in the closed session, and the specific statutory exemption under which the closed session is authorized.

STATUTORY EXEMPTIONS UNDER WHICH CLOSED SESSIONS ARE PERMITTED:

1. Deliberation of judicial or quasi-judicial matters. Sec. 19.85(1)(a)
2. Considering dismissal, demotion, or discipline of any public employee or the investigation of charges against such person and the taking of formal action on any such matter; provided that the person is given actual notice of any evidentiary hearing which may be held prior to final action being taken and of any meeting at which final action is taken. The person under consideration must be advised of his/her right that the evidentiary hearing be held in open session and the notice of the meeting must state the same. Sec. 19.85(1)(b).
3. Considering employment, promotion, compensation, or performance evaluation data of any public employee. Sec. 19.85(1)(c).
4. Considering strategy for crime detection or prevention. Sec. 19.85(1)(d).
5. Deliberating or negotiating the purchase of public properties, the investing of public funds, or conducting other specified public business whenever competitive or bargaining reasons require a closed session. Sec. 19.85(1)(e).
6. Considering financial, medical, social, or personal histories or disciplinary data of specific persons, preliminary consideration of specific personnel problems or the investigation of specific charges, which, if discussed in public would likely have an adverse effect on the reputation of the person referred to in such data. Sec. 19.85(1)(f).
7. Conferring with legal counsel concerning strategy to be adopted by the governmental body with respect to litigation in which it is or is likely to become involved. Sec. 19.85(1)(g).
8. Considering a request for advice from any applicable ethics board. Sec. 19.85(1)(h).

CLOSED SESSION RESTRICTIONS:

1. Must convene in open session before going into closed session.
2. May not convene in open session, then convene in closed session and thereafter reconvene in open session with twelve (12) hours unless proper notice of this sequence was given at the same time and in the same manner as the original open meeting.
3. Final approval or ratification of a collective bargaining agreement may not be given in closed session.

BALLOTS, VOTES, AND RECORDS:

1. Secret ballot is not permitted except for the election of officers of the body or unless otherwise permitted by specific statutes.
2. Except as permitted above, any member may require that the vote of each member be ascertained and recorded.
3. Motions and roll call votes must be preserved in the record and be available for public inspection.

USE OF RECORDING EQUIPMENT:

The meeting may be recorded, filmed, or photographed, provided that it does not interfere with the conduct of the meeting or the rights of the participants.

LEGAL INTERPRETATION:

1. The Wisconsin Attorney General will give advice concerning the applicability or clarification of the Open Meeting Law upon request.
2. The municipal attorney will give advice concerning the applicability or clarification of the Open Meeting Law upon request.

PENALTY:

Upon conviction, any member of a governmental body who knowingly attends a meeting held in violation of Subchapter IV, Chapter 19, Wisconsin Statutes, or who otherwise violates the said law shall be subject to forfeiture of not less than \$25.00 nor more than \$300.00 for each violation.



LIVE WELL LINCOLN LEADERSHIP TEAM MEETING
Lincoln County Health Department, 607 N. Sales Street, Merrill WI 54452
Friday, August 4, 2023 at 8:30-10:30 a.m.
Clinic Room- Lincoln County Health Department
Minutes

Members Present: Amber Barrows, ODC, Erin Wells, ADRC, Lexi Buntrock, LCHD, Danielle Bender LCHD, Kristin Bath LCHD, Shelley Hersil, LCHD.

Agenda Item	Notes
1. Call to Order and Introductions	Bender called meeting to order at 8:30am. Introductions were made. Welcome new member Opportunity Development Center, Inc (ODC) from Merrill Office.
2. Approve last meeting minutes. (3/27/2023)	Review last meeting minutes. Motion to approve by Wells, seconded by Hersil. All ayes, motioned approved.
3. Review Action Planning Meetings Strategies/ Objectives/ Goals	<ul style="list-style-type: none"> - Hersil shared common themes across all three action plans cover advocacy of policies, access to resources, and navigation hubs. - Members reviewed action plans. - Members noted: Clarity on the ask of what you want for coalitions is a goal, we will develop orientation packet including link on how to get involved, members can sign a call to action agreement, what to do with this information – fill out form after coalition meeting on what is the action step after the meeting. - Need to add volunteer networking into our plans. Promote organization to support volunteering in the community ODC Center has volunteers and needs volunteers. St Stephen is the current location for ODC Center looking new space. - Add to action plan FindHelp promotion of community partners to be part of FindHelp.
4. Review Goal 2 of Supporting Healthy Lifestyles	<p>Additions to Goal 2 Healthy Lifestyle Action Plans</p> <ul style="list-style-type: none"> - Add daycare, broadband, transportation, employment, housing - Add legislative meetings - Identify legislative networks already in place in the county with in LWL Members - Bender will invite WIC to Leadership Meeting - Bentz shared that root causes and aging are coming up with Joint Commission for Hospitals. There will be support in the future possible for aging. Treating the whole person and incorporating Health Equity is the future direction of health care. (Federal requirements)
5. Discussion on Resource Sharing- FindHelp, navigation	FindHelp, National Platform - Once working well we will promote with the community. Aspirus will have trained experts in FindHelp. You need to claim your program once it is entered. There will be a tracking record in patient record of the results of the referral. Findhelp collaborates with 211. Community can do

	a referral, Example LCHD referred to ADRC. ADRC would get a message, ADRC Loop and then we can see analytics to see if the referral outcomes. Key is to claim their programs. No charge to this program. ODC all locations will need to be added to FindHelp.
6. Comments on Final Draft of CHA/CHIP	Board of Health will approve plan August 16 th . YBRS hopefully will be done by districts in the same year.
7. Promotion of CHIPP	<ul style="list-style-type: none"> - Community Conversations will be held in Tomahawk and Merrill to kick off the plan. Flyers, social media, press release- conversations- why distribute. Post flyers in the community. - LWL Newsletter - Monthly 3 topics at a time. Wellincoln.org website. Include hard copy options. - Distribution list – this includes all coalition members - Review log - Other opportunities for CHIPP Promotion – Bender was at Community Night Out promoting community health plan. Bender will see if she can present at Interagency in September – Give out hard copies – the entire report and the summary. Professional printed 250. Rotary contact – Nichole Johnson- Incredible Bank – Branch Manager, Optimist Kurt Rust from Incredible Bank – Get Packet to our partners. Senior Centers and Merrill Enrichment Center.
8. Focus Groups and Key informant interviews	<p>Share document with list of potential meetings. Ask for volunteers</p> <p>PRSYL, Merrill Enrichment Center, Tomahawk Senior Center, Tomahawk Kinship, Zoning, Economic Development, Social Services or Administrator Coordinator might have addition key informant interviews that would be helpful to chat with. Mental Health Coalition will look at key informant interviews with NCHC, NAMI, Law Enforcement. Don Friske will be contacted by Hersil. Tomahawk School District key informant with Superintendent (later this year). Merrill School District – Coalition. Minutes will provided to Leadership Group with Action Plan notes.</p>
9. Document results of strategy accomplishments	We can table to next meeting
10. Discuss who should be involved with Live Well Lincoln	We can add Morgan, WIC, someone from the school, chamber, Economic Development – How do further share our work, Sarah Sturm – Merrill Chamber, invite to interagency. What asking for? - Orientation Packet will be developed along with how to get involved information. Aging Key Housing Authority, Enrichment Center, Tomahawk Senior Center, Interfaith volunteers, Kindhearted, Housing Lincoln County – Aging Network tap into key partners.
11. Discuss LWL Guideline Principles	Hersil will have a draft at next meeting. Healthy, Equity and Aging Component needs to be added to the guideline principals.
12. Set October or November LWL Leadership meeting	If time permits schedule 2024 meetings (bi-monthly). 4 meetings for 2024. Beginning of October – Feb, May, July, Oct – First Friday - Monday 900-1100 2 nd Second Friday – Just for this October.
7. Adjournment	Adjourn meeting at Bentz, and second is Bath. All Ayes, motion carried. 10:39am

Next Meeting Date: 8/4/23 **Submitted by:** Hersil



Focus Groups- July-August 2023

Focus Groups were completed a total of 22 participants from across Lincoln County. We interviewed parents of PRSYL students, individuals who utilize the Merrill Enrichment Center, and individuals who utilized Tomahawk Senior Center. By conducting the following questions with the groups identified. These focus groups were held from 7/24/2023 through 8/17/2023.

Question	PRSYL Parents	Merrill Enrichment Center Participants	Tomahawk Senior Center Participants
What is going well in Lincoln County to support the aging community?	N/A	<ul style="list-style-type: none"> -Services—Aspirus nurses, hospice. -Merrill Enrichment Center, Exercise classes, book club -Blue Jay Taxi, Merrill bus -Pine Crest- Feels everyone is very well taken care of -Bell Tower -Riverside Athletics -Libraries -Development to Gazebo -Great Doctors and providers -2 food pantries -Food for kids program (summer) -Meals on Wheels 	<ul style="list-style-type: none"> -Tomahawk Senior Center -Food boxes/ stock boxes -Music on the River- very much enjoyable. -Meals on wheels -Toe nail clinic. -Encouraging to know someone will be visiting and checking on you (meals on wheels and different events)
What are challenges or barriers in our community	N/A	-There is no public transportation app to help	-Lack of Transportation.

<p>that you, or someone you know, have experienced when trying to get aging services and support?</p>		<p>get place to place within the county.</p> <ul style="list-style-type: none"> -Buses only available within Merrill area -In-home care is lacking with limited resources and not enough staff -Lincoln County is an aging community. -Difficult to afford daycare. -Lack of transportation limits the events that can occur in evenings and on the weekends. -Certain Chemo treatments are very limited in Lincoln County. -Certain treatments that are not offered at Aspirus or Marshfield require travel to Wausau. 	<ul style="list-style-type: none"> -Bus is no longer available that takes us to Rhinelander 1x/ month. -Not able to get much information on resources available. Lots of stuff is based out of Merrill and not much within Tomahawk (in Lincoln County). -Medical care. Expensive to go to Urgent Care. Tomahawk has a hospital but the Doctor isn't taking new patients at the moment. -Walk-in clinic every Saturday is gone, causing us to use the Emergency Room Department. -The # of people who can't afford care and choose to go without taking care of themselves have increased. -Dentists won't take state Medicare—trouble with understanding insurance. (Where it is covered and what all the coverage entails) Oak Park Dental (Merrill) -Theater closed (entertainment and social interactions) -No one knows what the health department (LCHD) actually does and it makes it difficult for us to
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			<p>know what is going on/ what events are held.</p> <ul style="list-style-type: none"> -Food boxes/ stock boxes have the same product every time. Participation dropped from 33 participants to 18. -Lack of internet availability. No smart phones makes it difficult to get information when you are at home. -Annoyed when I attend events and I must attach an email address—I don't have the ability to read the email even if I wanted to. -Would like to see support therapy groups for the caretakers. Answer the questions of who I talk to, Where do I go. There are some for Alzheimers and Dementia but not everyday life. -There is no in-home care. -Staff shortages—takes forever to get an appointment due to lack of availability.
<p>What are ways that we can better support the aging community and social connectedness in our community?</p>	<p>N/A</p>	<ul style="list-style-type: none"> -Churches can be a space for a supportive center. -People need to feel like they are invited and welcomed to 	<p>N/A</p>

		<p>events going on in the community.</p> <p>-It takes more than one person in order to create change.</p> <p>-More volunteers and/or staff for the Aging Services and Programs.</p>	
<p>What are ways that we can better promote mental health and social connectedness in our community?</p>	<p>-Focus groups are good start. Important to have incentives.</p> <p>-6 children is a big ask – one person will watch my children – do not have the support to give you my, “me” time because doesn’t happen often.</p> <p>-Drive by Social Services – see upcoming an event. Signage that is not political but positive. Not on Facebook because negative. Bulletin boards, yard signs, basics – items on the park for – escape routes if you need to exist.</p> <p>-Childcare provided would help. I need to pay for childcare worth it. Emotional commitment is needed on my part. Need comfortable place to socialize. PRSYL good</p>	<p>N/A</p>	<p>N/A</p>

	<p>location – sitters – safe – background check completed..</p> <p>-Social Connectedness – lots of events in the community – need a good location in theory – 4 or 6 kids – easy parking. Consider young families. Extra anxiety – will my children cause issue for me at the event.</p> <p>-Problems leaving locations with younger children. Sometimes staff Library will help me leave. All will crying after a connection because we are leaving and my children don't want to leave.</p> <p>-Need playground with lock doors – so parents can relax. McDonalds good place to do this if no one else is there. MARC would be a good place for this. Walkable – shuttle – nap time – is it by water? – normal park not a good place for toddlers.</p> <p>-Teenagers are at normal park and are not respectful for little</p>		
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	<p>kids. Everything is at normal park. Traffic is also an issue.</p> <p>-Athletic park is another good location. This is fenced in so that is good.</p> <p>-It is not that there is not enough to do. It is the accommodations for the parent.</p> <p>-WI Children – during the day but not when you are working.</p> <p>-If not on Facebook than you would not know what is occurring. Everyone is streaming to get information.</p>		
<p>What are some things you do within the community that help you feel connected to others?</p>	<p>N/A</p>	<p>-Social interactions like playing cards, book club, different events.</p> <p>-Try to compliment everyone–it costs nothing to be nice and it helps people feel like they are seen.</p> <p>-Created many friendships through Silver Sneakers.</p> <p>-Volunteering.</p>	<p>Specific events</p> <ul style="list-style-type: none"> -Music on the river -Fall ride -Car Shows -Brat frys <p>Specific places</p> <ul style="list-style-type: none"> -Events at Tomahawk senior center -Soup kitchen -Church groups -Social Welfare Lions -American Legion -Sales (Rummage or Estate)

		-Being a part of the Caregiver Support Group through ADRC.	
Where do you go to get your information on mental health/aging programs, resources, and support? How do you prefer to get your information—electronically, paper copy, email, Facebook?	- Posting at Walmart or at the library and we will see it – flyers are good.	-ADRC Resource Guide -Google -Friends/ family -Facebook- some say strength, some say Facebook is difficult to navigate. -Caregiver support -Newspapers, emails	-Radio-WJQQ -Tomahawk Senior Center -Newspapers -Flyers/Posters -1 Facebook user -Word of mouth
What are some reasons why you wouldn't attend a community event/gathering?	N/A	-Lots of events are at night or on the weekend. -Transportation -Driving Conditions- Winter	-Too far away -Does not pertain to me
Have you or someone you know had any challenge making ends meet?	-Would like to stay home my choice to be with my children vs working -Cannot get in to North Central Health Care -Daycare doesn't allow you to do payment plan to pay for childcare. -Gap afford or cannot – need to be really poor to get help. -Could not afford rent so bought a house. -Choices are Grapes vs Mac and Cheese – \$8 vs \$2. -Need to do a “dance” to get funding	-Affording food -Utilize warming house- helps to have a warm, dry place to stay overnight.	N/A

	<ul style="list-style-type: none"> -Cannot get a degree online because no financial support for daycare when doing classes at home. -Day care – need it to be licenses to take assistance, there has to be an opening – and not too young -Need to pay for full time even if you only use part time. – loose spot if you do not pay for it -You paying for days you do not need at daycare. Assistants might not pay for all the daycare 		
<p>What are some things going well in our community to support mental health and emotional well-being?</p>	<ul style="list-style-type: none"> -Walking trails, recreation if that helps you relax -Efforts at PRSYL there is some support at the schools -Transition well to kindergarten by going to Head Start. Large class sizes however in elementary school causes there to be less support. -PRSYL – very happy with services. -PRSYL is what happens when there is good funding. 	<ul style="list-style-type: none"> -Raise your voice -The Nest 	N/A
<p>What are challenges or barriers in our community that you, or someone you know, have experienced</p>	<ul style="list-style-type: none"> -Schools to helping students but not families. -Children are used to having a support system but the community does not have this 	<ul style="list-style-type: none"> -Lack of people to go to when they are dealing with mental health issues. 	N/A

<p>when trying to get mental health services and support?</p>	<p>support –suck it up you need to work and pay bills.</p> <p>-There is not much around for mental health. Mental Health issues are a sign of weakness – per community</p> <p>-Communication is not open from social worker on how parents can help the child. Would like to see this trickle down to the home.</p> <p>-We need not just empathy but we need help at home.</p> <p>-Feel like “you did it to yourself” since you have children that are close in age and are little.</p> <p>-I am so tired of hearing from others – just enjoy this time with your child; it doesn’t last long.</p> <p>-Much better parent before I had kids.</p> <p>-Kids will do what they will do.</p>	<p>-People don’t realize how big a problem of mental health is in Lincoln County</p> <p>-Lack of support in schools and community centers when it comes to mental health.</p>	
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	<p>-Wish that we had a support like this focus group - where you are in a safe space.</p> <p>-Things seemed to be better but then COVID – feel like we are at ground zero.</p> <p>-Worried about mental health and burn out for the school staff because referendum has not going through. Staff not supported with their mental health than will trickle to the student.</p> <p>-Schools realize this but community is not supporting.</p>		
<p>What are things going well in our community to support healthy eating?</p>	<p><u>Farmers' Markets</u></p> <p>-Farmers Market – buy a lot in summer and freeze it because cheaper than buying in the store. When is it open? Where is it located? Need to advertise it.</p> <p>-Goes to Wausau because more variety available –get farmers market tokens for Food Share. I am not sure if Merrill Farmers Market has EBT/tokens. Maybe you get tokens from the City and or the Chamber.</p>	<p>-Food banks</p> <p>-Farmers markets</p> <p>-2 food pantries</p>	<p>N/A</p>

	<p>-Can we do EBT at local farmers markets? (double your tokens would be great).</p> <p>-Promote that you can use the EBT at the farmers market</p> <p>-System is broken – you better yourself and then you cannot afford your bills. Eat healthier costs more – yogurt - \$1 a yogurt per day – cannot afford this. Assistance is not helping to pay for food</p> <p><u>Food Pantry</u></p> <p>-Food Pantry is helpful. Times are accessible, do not feel bad going, set up like a grocery store. I am not aware of all of the food pantries just the one in Menard Center</p> <p>-Trinity has the option</p> <p>-Food Pantry also has classes that will help you to cook and give you appliances.</p> <p><u>WIC</u></p> <p>-WIC is accessible</p> <p>-Only way to eat healthy is because of WIC</p> <p><u>Stigma</u></p> <p>-Stigma – my mother says PRSYL is for poor people. Grandmother use to work there and got me in.</p> <p>-Parents use to say when we had a lemonade stand to post we will work food stamps – I</p>		
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	<p>do not forget this when I use EBT card</p> <ul style="list-style-type: none"> -Walmart – person came up to me and said you are welcome for me paying for your groceries. I was using my WIC. 		
<p>What are challenges or barriers in our community that you, or someone you know, have experienced when trying to eat healthy and providing nutritious food for your family?</p>	<ul style="list-style-type: none"> -Issue you have a safety net and then you don't -Biggest problem not enough to live on -Affordable meals is an issue – don't qualify for EBT because you make too much. How do we help them? Kicked off everything cannot pay their bills. We went to work twice a week and we made too much lost benefits. -All support is based on income and requires a lot to get the benefits -ACE score high in Lincoln County– second highest for scores – because economic poverty and lack of support by the community. 	<ul style="list-style-type: none"> -Healthy food is more expensive compared to unhealthy foods. -Lack of knowledge of how to eat healthy/what is healthy -No opportunities for parents to learn good eating habits (always on the go so fast-food is easier) -Lack of education on how to cook healthy foods 	N/A
<p>What are ways that we can better promote healthy eating and increase the availability of healthy and affordable food?</p>	<ul style="list-style-type: none"> -WIC and food pantry is where I get my information -Wish more support programs for food were here with no income requirements. 	N/A	N/A
<p>When you, or someone you know was pregnant during the first year of your/their child's life, what information</p>	<ul style="list-style-type: none"> -Breastfeeding is good -Peer support for breastfeeding would be better than lactation 	N/A	N/A

<p>or resources do you wish you knew more about or wish was available to you?</p>	<p>consultants. Consultants too technical for me -Need formula guidance would help – feel shamed - need support -Parenting newsletters – missed these. Came monthly -Milestones would have been helpful – what work on next would be helpful -What is normal and what is not normal would help. -WIC resources but those on gap cannot get those resources. How do you know if your child is not developing example speech – good doctor would help you out with this. – you will catchup -Birth to Three would be helpful</p>		
<p>Additional thoughts that didn't fit into a question.</p>	<p>N/A</p>	<p>-Housing is not affordable. -Difficult to determine if you are considered low-income and if you are qualified to participate in certain events or services. -Why are we not addressing the county looking to sell pine crest? -There is a lack of access to services we need to be healthy.</p>	<p>-ADRC/ LCHD inspire Aspirus to have specialists come to Tomahawk every month. “It sucks driving to Wausau every 6 months to look at a problem I know exists” -I use Oak Park Dental (Merrill) and they are able to accept my basic insurance. -I would like to see additional advertisements of events going on in the newspaper before they occur.</p>

		<ul style="list-style-type: none"> -The nest is a great resource that provides clothes and food. -There are lots of drug related problems in Lincoln County. Lack of AODA services. -Pride is a big thing that holds people back from resources they need. -Accessibility to know that certain centers or resources exist in our county. -Not very many resources with people who are dealing with alcohol and drug issues (AODA) 	<ul style="list-style-type: none"> -Hud Housing—there is a waiting list even though there are vacant living spaces. -Difficult to understand what is accepted and what isn't based on the income that families/ individuals bring in. -Merrill has much better housing options compared to Tomahawk. -No senior apartments. Remain independent (and live alone) but be able to have someone check on me if needed. -Tomahawk has lots of employment opportunities but why doesn't anyone actually live here? -The roads in Tomahawk are junk. Rhinelander and Merrill have better roads. -The sidewalks are junk. They are never shoveled during the winter and they are not flat causing me to stumble over my feet. -The younger generation gets paid more on unemployment. -Better interdepartmental, inter-hospital communication. (Difficult to remember everything that the doctor said and
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			remember to sign the release information paperwork).
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Community Conversations-August 2023

Community Conversations were an open-invite opportunity for community members to have an update on the newest Community Health Assessment and Improvement plan and be able to provide insight and suggestions towards accomplishing our goals. We held two different Community Conversations with one in Merrill (8/20/2023) and one in Tomahawk (8/23/2023). There were a total of 5 participants.

Question	Merrill (T.B Scott Free Library)	Tomahawk (Incredible Bank)
<p>What are your thoughts on reaching our goals for Mental Health & Emotional Well-being?</p>	<ul style="list-style-type: none"> -Community Hubs (ADRC) -Promote ADRC as a place to get these resources -Promote/Distribute resource guides -Review Resources for Wausau-They have a resource connection under one roof (Menard Center is almost there but we need to utilize it more) -Hold events at the Merrill Enrichment Center and Tomahawk Senior Center -Make sure our buildings are properly labeled to know where to go (“I would go to the service center if I needed services or resources”) 	<ul style="list-style-type: none"> -Have a gathering of individuals within the county to determine what resources already exist and what resources are needed. -Mental health first aid-available to wide range of people (youth groups, church groups, girl scouts, etc.)
<p>What are your thoughts on reaching our goals for Supporting Healthy Lifestyles?</p>	<ul style="list-style-type: none"> -Legislation: we need a plan/idea in order for the legislation to address these issues. -School lunches/breakfasts—ensuring the kids have healthy snacks -Shift in social norm with healthy nutrition -Communicate with parents to provide the education on what is healthy and how to eat/drink healthy. 	<ul style="list-style-type: none"> -Is there a youth education program (for girl scouts, schools, 4H, churches, etc.)—An opportunity to attend troop meetings and educate on what healthy food is. -Are people aware of the Alice population? -Are people aware of what ACEs are?

<p>What are your thoughts on reaching our goals for the 55+ population?</p>	<ul style="list-style-type: none"> -Enrichment Center/Tomahawk Senior Center—a good place to gather and have needed resources. -Presentations held at Enrichment Center/ Tomahawk Senior Center -Develop a plan for “aging”/retirement 	<ul style="list-style-type: none"> -Can the Tomahawk Senior Center act as an adult day care center? -In order to have a retirement community, you need to provide the connections to attain those services. -Paper resource guides are more helpful -Need 24/7 access to referral services -Many retired individuals are coming up to Lincoln County (Tomahawk Area) in order to get involved in the community -Senior Tax-Exempt Programs in schools (cleaning up, being lunch monitors, having a connection to the school system) They get paid about \$5/hour towards their taxes -Need to develop a volunteer opportunity database -“small paid jobs” for those who are retired
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Things to consider while implementing the Community Health Improvement Plan:



Live Well Lincoln

Coalition Guiding Principles

Name

The name of this Coalition shall be Live Well Lincoln. This group serves Lincoln County.

Purpose

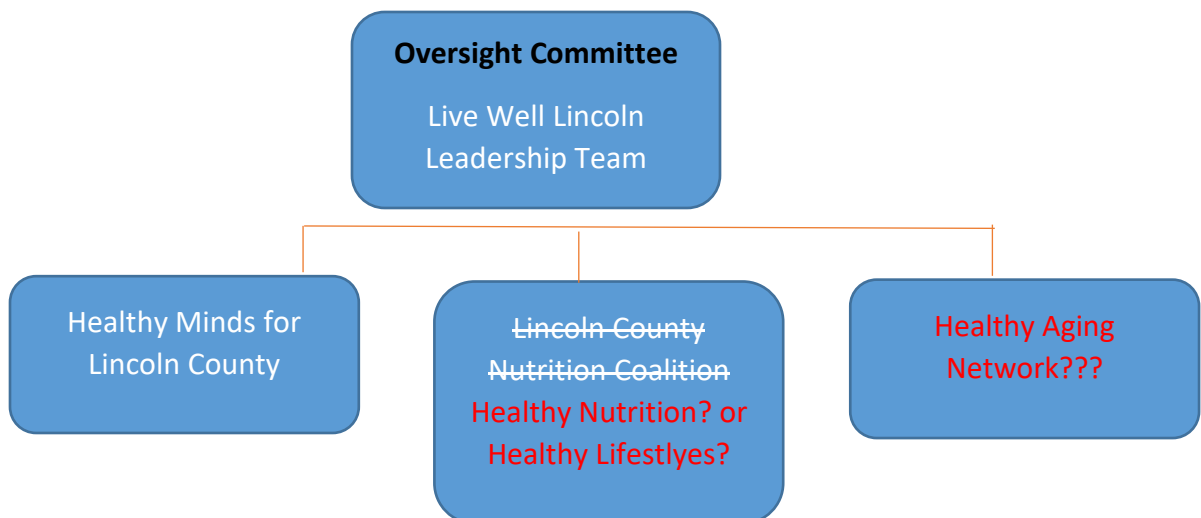
Lincoln County Health Department is state mandated to complete a community health assessment and community health improvement plan every five years. **Aspirus Health** is federally mandated to complete a community health assessment and community health improvement plan every three years. During this process, health priorities are identified and prevention efforts are targeted appropriately. **During the 2023-2028 community health improvement planning process the identified health priorities were; mental health and emotional well-being, supporting healthy lifestyles, and bolster community-centered resources for the 55+ population.**

Live Well Lincoln Leadership Team made up from lead organizations from each coalition provides oversight for the Community Health Improvement Plan. This Leadership Team is made up of members from Lincoln County Health Department, **Aspirus Hospital**, Aging and Disability Resource Center of Central Wisconsin, and Lincoln County Department of Social Services.

Live Well Lincoln's purpose is:

- To build and sustain community coalitions that focus on health priorities.
- To improve health outcomes for Lincoln County residents.
- To collaborate and encourage efforts of organizations with a shared purpose.
- To advance community engagement that furthers the mission and vision of the Live Well Lincoln.

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Mission

Live Well Lincoln's mission is to promote partnerships within the community to improve health through advocacy, prevention and implementation of best practices.

Vision

Through community partnerships, Live Well Lincoln vision is to help Lincoln County become the healthiest community in Wisconsin where residents live the highest quality of life possible

Goals 2023-2028

Goals and objectives for Live Well Lincoln are subject to change with changing health priorities identified through the community health improvement planning process.

Promote Mental Health and Emotional Well-being

1. Improve mental health and emotional well-being of Lincoln County residents by increasing knowledge and access to behavioral health resources
2. Develop strong support systems in Lincoln County where residents feel connected and supported.
* Implemented by Healthy Minds for Lincoln County

Support Healthy Lifestyles

1. Improve social and environmental conditions that support healthy nutrition.
2. Advocate for supportive systems that improve the quality of life.
* Implemented by ~~Lincoln County Nutrition Coalition~~ – New Name?

Bolster Community Centered Resources for the 55+ population

1. Lincoln County 55+ population will have the knowledge and ability to access programs, services, and resources that enhance their overall well-being.
* Implemented by Healthy Aging Network?

Participation, Membership and Partnership

Live Well Lincoln is committed to being a coalition that is diverse and reflects the communities it serves. To do this, Live Well Lincoln will be comprised of organizations that are accountable to inclusivity in all decisions regarding of membership, staffing, programming, policy, outreach and education. New membership is encourage from the following sectors: youth, seniors, parents, business, media, school, youth serving organizations, law enforcement, religious/fraternal organizations, civic/volunteer groups, healthcare, government agencies and other organizations. Live Well Lincoln coalitions are made up of members and partners who support our mission.

Members: Organization or individual who is committed to actively being involved in the coalition by participating in meetings on a regular basis.

Partners: Member of an organization or individual who support the coalition but may not attend regular meetings.

Oversight Committee Structure

The Live Well Lincoln Leadership Team provides oversight for the Community Health Improvement Plan's strategies, key indicators, coalition committee action plans and health outcomes. Implementation of strategies and action plans are done at coalition committees.

Members

Members include Lincoln County Health Department, Aspirus Hospital, Aging and Disability Resource Center of Central Wisconsin, and Lincoln County Department of Social Services. These members represent the facilitators from each Live Well Lincoln Coalition Committee.

Committee Positions

Lincoln County Health Department is the lead facilitator for the Live Well Lincoln Leadership Team, which includes coordination of meeting times, developing meeting agendas, conducting meetings and appointing a note taker for committee minutes.

Meetings

Meetings follow open meeting laws with 50% of membership needing to be present to hold a meeting. **Virtual attendance is allowable.**

Agendas and Minutes

Agendas are developed and provided to committee members prior to the meeting and distributed electronically.

Coalition Committee Structure

Coalition Committees

Implementation of Live Well Lincoln action plans will take place within coalitions.

The standing committees of the Live Well Lincoln are:

- Healthy Minds for Coalition
- ~~Lincoln County Nutrition Coalition~~ **New Name**
- **Healthy Aging Network?**

*Other coalition subcommittees or work groups may be formed on an as needed basis.

Members

In order for the Coalition to exist a minimum of three organizations, need to be members of the coalition. There must be at least one member from one of the following agencies: Lincoln County Health Department, Aspirus Hospital, Aging and Disability Resource Center of Central Wisconsin, and Lincoln County Department of Social Services.

Committee Positions

Each working committee **shall** select co-chairs from within its membership. The co-chairs of each working committee shall also hold a position on the Live Well Leadership Team. Each Co-chair will be responsible for

coordination of meeting times, developing meeting agendas, conducting meetings and appointing a note taker for committee minutes.

Meetings

Agendas and Minutes

Agendas are developed and provided to committee members prior to the meeting and distributed electronically.

Procedural Policies

Voting

Each member organization and each individual member are entitled to one vote. Any organization with multiple representatives will need to declare which person will be voting prior to the vote. The outcome on votes shall be determined by a simple majority of those present.

Conflicts

No one member may profit financially from membership in Live Well Lincoln by sales or solicitation at meetings or workgroups. Participants will disclose any actual or potential conflicts of interest.

Decision Making

In the spirit of the Live Well Lincoln mission, all business shall be conducted based on the philosophy of mutual respect and Robert Rules. Simple majority rules will apply. Coalition members are entitled one vote per member. Voting takes place at coalition meetings.

Fiscal Agreements

Grants, Contracts, Donations and MOUs that are applied for or received on behalf of Live Well Lincoln will be the responsibility of the agency requesting funds or signing such agreement. This includes all responsibilities in the agreement including record retention.

Promotion and Branding

Use of Logo and Name

Live Well Lincoln logo and Live Well Lincoln Coalition Committee logos are to be used for all publications created for Live Well Lincoln initiatives. When logos are not used written acknowledgment is required. Logos may not be modified in anyway and the integrity of the logo must be maintained. Use of logo or written acknowledgement needs to be approved by coalition committee chairs.



Collaborative Promotion

Each participating organization in Live Well Lincoln will promote Live Well Lincoln logo and or mission as community initiatives related to the health plan are promoted. This may include a partner's website, sharing a Facebook post, or flyer for a special event that is connected to our Live Well Lincoln strategies.

Mission

Live Well Lincoln's mission is to promote partnerships within the community to improve health through advocacy, prevention and implementation of best practices.

Amendments

These guidelines will be reviewed and updated as needed annually by the Live Well Leadership Group. These guidelines may be amended by a majority vote of the Live Well Lincoln Leadership Team, provided the proposed amendment(s) has/have been submitted to the Committee in writing with notice of the meeting to decide on the proposed amendments at least five days prior to the meeting date.

Dissolvement

Live Well Lincoln Leadership Team or Coalition Committees may dissolve if health priorities change, no longer funding or support from the Live Well Lincoln Leadership Team and or membership. **The Live Well Lincoln Leadership Team will meet to vote on redistribution of funds. Funds will be utilized based on the purpose identified when funds were received by the partnership.**

These guiding principles have been adopted by Live Well Lincoln Leadership Team on ? day of ?, 2023.