HEALTHY MINDS FOR LINCOLN COUNTY COALITION MEETING Friday April 19, 2024 at 8:30 a.m. Lincoln County Health Department, Clinic Room 607 N. Sales Street, Suite 101, Merrill WI 54452 Via Teleconference and In-Person Attendance

Electronic Attendance Available: Persons wishing to attend the meeting electronically may enter the meeting beginning ten minutes prior to the start time indicated above using the following number or address:

Meeting ID meet.google.com/rai-uuuy-onb Phone Numbers (US) +1 682-503-9840 PIN: 622 758 606#

The teleconference cannot start until the host (county clerk) dials in and enters the host password. In the event there is an unforeseen technical difficulty that prevents all or a part of the meeting from being available electronically, the meeting will continue in person and those wishing to attend can appear in person at the location indicated in this agenda.

All public participants' phones, microphones and chat dialog boxes will be muted or disabled during the meeting. If "public comment" appears on the agenda, before the meeting is called to order, the clerk will ask teleconference attendees whether any public comment is being offered. When called upon by the clerk or chair, any person offering public comment should state their name and comments.

MEMBERS

Aspirus Merrill/Tomahawk Hospitals	HAVEN, Inc.	Inclusa, Inc.
Lincoln County Health Department	Lincoln County Social Services	Medical College of Wisconsin
Merrill Area Public Schools	North Central Health Care	Tomahawk School District

AGENDA

- 1. Call to Order
- 2. Welcome and Introductions
- 3. Approve Minutes of January 19, 2024 Meeting
- 4. Agenda Items
 - County Health Rankings Report
 - CredibleMind Update
 - May Mental Health Awareness Month
 - Community Education Opportunities
 - Legislative Updates
 - Agency Round Robin
 - Outreach updates and outcomes since last meeting, current projects, opportunities for collaboration
 - Work Plan Quarterly Report
 - Future Meeting Topics
- 5. Adjournment

DISTRIBUTION: Healthy Minds for Lincoln County, County Supervisors, Department Heads, and Local Media Posted on ______ at _____.m. by _____

Requests for reasonable accommodations for disabilities or limitations should be made prior to the date of this meeting. Please contact the county clerk, at 715-539-1019 or chris.marlowe@co.lincoln.wi.us, as early as possible so that proper arrangements can be made. Requests are kept confidential.

GENERAL REQUIREMENTS:

- 1. Must be held in a location which is reasonably accessible to the public.
- 2. Must be open to all members of the public unless the law specifically provides otherwise.

NOTICE REQUIREMENTS:

- 1. In addition to any requirements set forth below, notice must also be in compliance with any other specific statue.
- 2. Chief presiding officer or his/her designee must give notice to the official newspaper and to any members of the news media likely to give notice to the public.

MANNER OF NOTICE:

Date, time, place, and subject matter, including subject matter to be consider in a closed session, must be provided in a manner and form reasonably likely to give notice to the public.

TIME FOR NOTICE:

- 1. Normally, a minimum of 24 hours prior to the commencement of the meeting.
- 2. No less than 2 hours prior to the meeting if the presiding officer establishes there is a good cause that such notice is impossible or impractical.

EXEMPTIONS FOR COMMITTEES AND SUB-UNITS:

Legally constituted sub-units of a parent governmental body may conduct a meeting during the recess or immediately after the lawful meeting to act or deliberate upon a subject which was the subject of the meeting, provided the presiding officer publicly announces the time, place, and subject matter of the sub-unit meeting in advance of the meeting of the parent governmental body.

PROCEDURE FOR GOING INTO CLOSED SESSION:

- 1. Motion must be made, seconded, and carried by roll call majority vote and recorded in the minutes.
- 2. If motion is carried, chief presiding officer must advise those attending the meeting of the nature of the business to be conducted in the closed session, and the specific statutory exemption under which the closed session is authorized.

STATUTORY EXEMPTIONS UNDER WHICH CLOSED SEESIONS ARE PERMITTED:

- 1. Deliberation of judicial or quasi-judicial matters. Sec. 19.85(1)(a)
- 2. Considering dismissal, demotion, or discipline of any public employee or the investigation of charges against such person and the taking of formal action on any such matter; provided that the person is given actual notice of any evidentiary hearing which may be held prior to final action being taken and of any meeting at which final action is taken. The person under consideration must be advised of his/her right that the evidentiary hearing be held in open session and the notice of the meeting must state the same. Sec. 19.85(1)(b).
- 3. Considering employment, promotion, compensation, or performance evaluation data of any public employee. Sec. 19.85(1)(c).
- 4. Considering strategy for crime detection or prevention. Sec. 19.85(1)(d).
- 5. Deliberating or negotiating the purchase of public properties, the investing of public funds, or conducting other specified public business whenever competitive or bargaining reasons require a closed session. Sec. 19.85(1)(e).
- 6. Considering financial, medical, social, or personal histories or disciplinary data of specific persons, preliminary consideration of specific personnel problems or the investigation of specific charges, which, if discussed in public would likely have an adverse effect on the reputation of the person referred to in such data. Sec. 19.85(1)(f).
- 7. Conferring with legal counsel concerning strategy to be adopted by the governmental body with respect to litigation in which it is or is likely to become involved. Sec. 19.85(1)(g).
- 8. Considering a request for advice from any applicable ethics board. Sec. 19.85(1)(h).

CLOSED SESSION RESTRICTIONS:

- 1. Must convene in open session before going into closed session.
- 2. May not convene in open session, then convene in closed session and thereafter reconvene in open session with twelve (12) hours <u>unless</u> proper notice of this sequence was given at the same time and in the same manner as the original open meeting.
- 3. Final approval or ratification of a collective bargaining agreement may not be given in closed session.

BALLOTS, VOTES, AND RECORDS:

- 1. Secret ballot is not permitted except for the election of officers of the body or unless otherwise permitted by specific statutes.
- 2. Except as permitted above, any member may require that the vote of each member be ascertained and recorded.
- 3. Motions and roll call votes must be preserved in the record and be available for public inspection.

USE OF RECORDING EQUIPMENT:

The meeting may be recorded, filmed, or photographed, provided that it does not interfere with the conduct of the meeting or the rights of the participants.

LEGAL INTERPRETATION:

- 1. The Wisconsin Attorney General will give advice concerning the applicability or clarification of the Open Meeting Law upon request.
- 2. The municipal attorney will give advice concerning the applicability or clarification of the Open Meeting Law upon request.

PENALTY:

Upon conviction, nay member of a governmental body who knowingly attends a meeting held in violation of Subchapter IV, Chapter 19, Wisconsin Statutes, or who otherwise violates the said law shall be subject to forfeiture of not less than \$25.00 nor more than \$300.00 for each violation.



Meeting Minutes Friday, January 19, 2024, 8:30-10:30 am Lincoln County Health Department, Clinic Room

Members Present:

🛛 Aspirus Merrill/Tomahawk Hospitals	🔲 Big Brothers, Big Sisters	HAVEN, Inc.
Jane Bentz		
🛛 Inclusa, Inc.	🛛 Lincoln County Health Department	🛛 Lincoln County Social Services
Robyn Swart	Kristin Bath, Shelley Hersil	Jessi Rumsey
Medical College of Wisconsin	🛛 Merrill Area Public Schools	🛛 North Central Health Care
	Trisha Kubichek	Holly Westberg, Stephanie Jewell

Partners Present: Maria Mendoza, Lincoln County Probation & Parole, Ashley Miller, Centre for Well-being Inc., Laurie Ollhoff, T.B. Scott Library, Heidi O'Hare Tomahawk Public Library

Agenda Item	Notes	Action Items
1. Call to Order	Meeting called to order by Bath at 8:33 am.	
2. Welcome and Introductions	Introductions were made.	
3. Approve Minutes of	Motion to approve minutes by Rumsey, seconded by Kubichek. All	
October 6, 2023 Meeting	ayes. Motion carried.	
4. Agenda Items A. Behavioral Health 360 CredibleMind Video & Discussion	 A. Behavioral Health 360 CredibleMind Video & Discussion. Bath provided an overview of the CredibleMind digital mental health platform and shared a video. Health Department has grant funding to support this platform. Website would be available to all Lincoln County residents. Focus is prevention, early intervention and connection to local services and resources. Compliments resources like Aspirus FindHelp. Other counties are considering purchasing this platform. Currently being used in Sauk County saukcounty.crediblemind.com. Group voiced general support and shared ideas of how they could utilize within their organizations. Discussed importance of promotion and positive messaging in getting the public to utilize this resource. The anonymity of the website is ideal and allows the public to privately connect to vetted resources and support, which is what many prefer. Next step is support from partners and commitment to promote and utilize this resource by March 1. See attached factsheet for more information. 	Contact Bath by March 1, 2024 if your agency will actively support implementation of CredibleMind in Lincoln County and if you are interested in being on a steering committee. A formal agreement for agencies to sign will be forthcoming.

B. Mental Health Forum	B. Mental Health Form. Bath shared that Kubichek and Rumsey met to	Will revisit mental health
	discuss coalition training and outreach for the year and hosting a	forum/community
	mental health forum was identified as a possibly activity. Bath	education at meeting in
	wanted to get feedback from the coalition on this. Group thought it	April. Bath to include as
	would be beneficial to target providers, organizations and the community and thought that having an option for the community	an agenda item.
	to connect with local organizations is important. Bentz shared that	
	this being done by NAMI Northwoods through the Rise Up Event with	
	Raise Your Voice Clubs in the area. Agency capacity is a challenge.	
	Group decided to further explore and see what other counties are	
	doing in this area.	
C. Agency Round Robin -	C. Agency Round Robin - outreach updates since last meeting, plans	
outreach updates	for 2024, opportunities for collaboration	
since last meeting,	 Olhoff, T.B. Scott Library – partnering with the Aging & Disability Resource Center of Central WI to hold brain basic sessions. Also 	
plans for 2024, opportunities for	working with adult daycare facilities to provide services and	
collaboration	offer adult story time.	
	 Kubichek, Merrill Area Public Schools – current focus is on social 	
	emotional learning while balancing educational needs of	
	students. Lost Mental Health Navigator, which has been a	
	challenge. Now partnering with Children's WI Homeless	
	Navigator to provide navigation support to students and	
	families. Seeing a spike in homelessness. This is grant funded and	
	a pilot project, but hope to continue. Referrals and service navigation continues to be a challenge.	
	 Rumsey, Social Services – currently have two staff that are 	
	trained in Aggression Replacement Training (ART). Staff selected	
	by the Wisconsin Juvenile Court Intake Association for a Train the	
	Trainer opportunity and this has allowed for an opportunity to	
	provide a free ART Training in February. Goal is to get more local	
	trainers. Ideal for both school districts to have trainers so they	
	can offer to students. Also have one staff currently	
	becoming trained in the Triple P parenting program for teens. Staff can offer to those who are connected to their services; no	
	community option at this time. Looking at developing a youth	
	guide/form that includes programs and events that are	
	available to youth for organizations to use. Social worker	
	partnering with a Sheriff Deputy to develop an AODA curriculum	
	for schools.	

	 Westberg, North Central Health Care – staff are being trained in ART. Working with school truancy program to get kids 	
	connected to services sooner by assigning to a case manager.	
	 Bentz, Aspirus Health – provided funding to both Merrill and 	
	Tomahawk School districts. Received request from Kinship to	
	support programming. Have about \$15,000 to support	
	community coalitions and an additional \$2,500 for outreach	
	targeting Tomahawk.	
	 Bath, Health Department – partnering with Veterans Services on 	
	Veterans Crisis Line promotion, implementing a gun lock	
	distribution campaign, 988 billboards in Merrill and Tomahawk,	
	updating Lincoln County Grief Support Guide and calm strip	
	distribution to schools and youth serving organizations.	
	 O'Hare, Tomahawk Public Library- partnering with "The 	
	Fellowship" a program offered by Milwaukee-based	
	organization Islands of Brilliance, a learning experience	
	developed specifically for children and young adults on the	
	autism spectrum. Free to teens and young adults (aged 16 and	
	up). Held weekly on Thursdays from 5-6 pm, starting February 8.	
	See attached program flyer. Also doing outreach around	
	random acts of kindness.	Contact Bath if you would
	- Other : Mental Health First Aid (MHFA) is available at no cost	like to hold a Mental
	through the Rural Opioid Grant through UW-Extension. Grant	Health First Aid Training for
	does not cover food expenses. Debbie Moellendorf is trained in	your staff or host a
	both adult and youth MHFA and would be our UW-Extension	community training.
	facilitator. Libraries are interested in hosting these trainings for	
	staff and opening to the community. Group thought blended	Bentz will follow up on
	trainings would be ideal that include 2 hours of pre-online work	Crisis Intervention for
	and then 5.5 hours of in person training. Rumsey requested	Partners Training and will
	support to host a Learning to Breathe Train the Trainer Course in	share information with
	effort to increase local offerings of this program. Also suggested	coalition.
	offering Crisis Intervention Partners (CIP) training again. Offered	
	years ago and received positive feedback from those in	Bath to submit a donation
	attendance. Bentz will reach out to college in Marathon County	request letter on behalf of
	to learn more about CIP and the appropriate contacts. NAMI is	the coalition.
D 2024 Hoalthy Minda	also a resource.	Roptzwill share Aspirus
D. 2024 Healthy Minds Work Plan/ Aspirus	D. 2024 Healthy Minds Work Plan/ Aspirus Health Funding – Bath drafted a work plan for the year based on input from coalition	Bentz will share Aspirus Health outcomes report
Health Funding	partners. Contact her with any changes or updates. See attached	for action plan
	workplan. Bath will submit a funding a request to Aspirus on behalf	documentation.
	a support barr will sobrin a forfaing a request to Aspiros of benain	

E. Quarterly Reporting Survey	 of the coalition. Focus will be support for community programs, training and outreach. E. Quarterly Reporting Survey – Bath asked coalition members to complete a quarterly survey so she can better document the work that is being done by the coalition. Round robin discussion can support this however, need outcome data that includes dates, number reached and evaluation results. Bentz shared the hospitals have an outcome report that she can share. 	All coalition member/partners asked to complete Coalition Agreement Survey.
F. Member/Partner Agreement Survey	F. Member/Partner Agreement Survey – Bath will send survey with the meeting minutes to assess partners' membership status and areas of interest. <u>https://forms.gle/8ETBSrqbXPS3gCUD6</u>	
G. Future Meeting Topics	G. Future Meeting Topics – continue agency round robin as agenda item.	
6. Adjournment	Next meeting is April 19 from 8:30-10:30 a.m. Meeting adjourned at 10:30 am. Bath adjourned the meeting.	

Minutes submitted by: Kristin Bath, Public Health Educator, 1/24/24