



Lincoln County Health Department

607 N. Sales Street, Suite 101, Merrill, WI 54452

Phone: 715-536-0307 • Fax: 715-536-2011

<http://lincolncountyhealthdepartment.com>



Who needs the Measles Vaccine?

Recommendations for MMR (Measles, Mumps and Rubella) vaccine in adults

Most adults in the U.S. are immune to measles. We want to assure you that there are no changes to the MMR vaccination recommendations to protect adults against measles.

The recommendation is that one dose of MMR vaccine, or other likely evidence of measles immunity, is sufficient for most U.S. adults born on or after 1957.

Other likely evidence of measles immunity means that one of the following is true:

- Birth before 1/1/1957
- Laboratory evidence of immunity
- Laboratory confirmation of the disease

Certain adults are considered high risk and need two doses of MMR, with each dose separated by at least 28 days, unless they have other presumptive evidence of measles immunity, as listed above. These adults include:

- students at post-high school education institutions
- healthcare personnel
- international travelers

Consider being re-vaccinated for the Measles if one of the following applies:

- Vaccinated before the first birthday.
- Vaccinated with killed measles vaccine (KMV) (administered to less than 5% of the U.S. adult population).
- Vaccinated from 1963-1967 with an unknown type of vaccine (*see note below).
- Vaccinated with immunoglobulin (IG) in addition to a further attenuated strain or vaccines of unknown type.
- If there is no record of vaccination or proof of immunity, you should be re-vaccinated.

*If you received a measles vaccine in the 1960s, you may not need to be revaccinated. People who have documentation of receiving LIVE measles vaccine in the 1960s do not need to be revaccinated. People who were vaccinated prior to 1968 with either inactivated (killed) measles vaccine or measles vaccine of unknown type should be revaccinated with at least one dose of live attenuated measles vaccine. This recommendation is intended to protect those who may have received killed measles vaccine, which was available in 1963-1967 and was not effective.

For more information, contact Jennifer Johnson, BSN, MSN, Public Health Nurse, Lincoln County Health Department, 715-539-1371 or jejohnson@co.lincoln.wi.us.