



# Resource Directory

Serving Langlade, Lincoln, Marathon & Wood Counties

888-486-9545 www.adrc-cw.org





# Better begins with caring for one another.

Better begins at Aspirus Health.

No matter what life brings your way, we're right here to help get you back to living life to the fullest.



Find an Aspirus provider. call 800.847.4707 visit aspirus.org

## **Supportive Home Care** Respite Care Adult Social Center **Health & Fitness Center**

#### **Health & Fitness Center**

A safe and comfortable environment created to improve strength, balance and stability.

- Open to the public
- Cardio and strengthening equipment
- No contracts
- Cash or check payment
- A regular, consistent exercise routine helps you stay fit and healthy
- Pre and post surgery strengthening

#### **Supportive Home Care**

We provide companion/homemaker services to help you or a loved one stay at home. We work diligently to provide services that help maintain independence.

- Post operative assistance
- Respite care for family
- Personal care and dressing assistance
- Meal plan and preparation
- Laundry and ironing
- Housekeeping
- Shopping and errands
- Companionship
- Coordinate and schedule appointments

#### **Adult Social Center**

Our state licensed program, is a safe place for individualized and group activities which stimulate the mind and spirit, bringing satisfaction and purpose to the lives of those who attend.

- Maintain & increase fine motor
- Positive interaction with peers
- Musical guests & Therapy dogs
- Daily activities & games
- Daily topic
- Community outings
- Light daily exercise
- Arts & crafts
- Current events
- Relaxation



#### **Additional Services:**

Available within our Center

- Showering assistance with barrier free showers.
- Toenail care with pre-assessment



Contact us for a free consultation. 120 S. Mill Street, Merrill, WI 54452

715-218-3772

info@kindheartedhomecare.com • www.kindheartedhomecare.com Locally owned and operated by Diane Goetsch







# & Senior Apartments For Rent &

The Marathon Housing Association is accepting applications for efficiency, 1 & 2-bedroom apartments

Eligible applicants are 62+ years or disabled.

#### **Apartments located in:**

ATHENS I COLBY I EDGAR I MARATHON CITY I MOSINEE ROTHSCHILD I SCHOFIELD I SPENCER I STRATFORD

#### **Amenities include:**

- Updated Kitchens
- Updated Flooring
- Updated Appliances
- Updated Windows
- Walk-in Showers
- Dishwasher & A/C
- Maintenance Staff
- Community Rooms
- Off-Street Parking

Rent is based on 30% of your adjusted gross monthly income!

Wisconsin

Management Co., Inc.

A better way...of living!

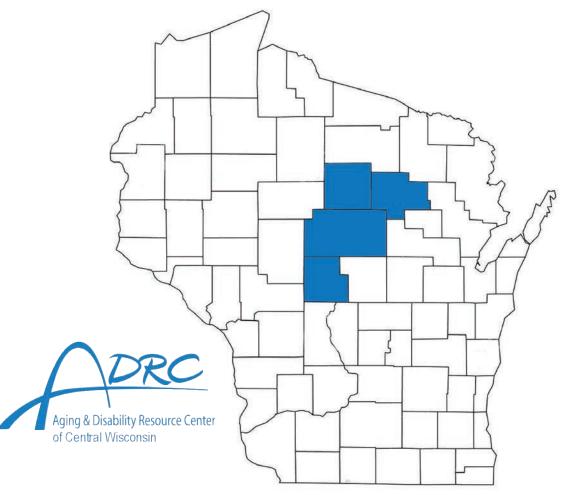


WMC is an equal opportunity. provider and employer. Call
715-443-0036
for applications!

Shelley.Turner@wimci.com

Our community has a wide variety of services to meet the needs, maintain the independence, and improve the quality of life for residents. This resource directory has been developed by the Aging and Disability Resource Center of Central Wisconsin. It is intended to provide information about resources available for older adults and adults with disabilities. It is not a complete list of services and is not meant to be an endorsement or recommendation of these particular agencies. Please contact the desired resource for the most up-to-date information. To obtain further information, services, or to update the current listing, contact the Aging & Disability Resource Center of Central Wisconsin (ADRC-CW) at 1-888-486-9545.

Counties served by ADRC-CW: Langlade, Lincoln, Marathon & Wood



of Central Wisconsin	
Agencies to contact to meet my needs: _	
ADRC-CW Staff that I have worked with:	

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#### **MISSION:**

The Aging and Disability Resource Center of Central Wisconsin promotes choice and independence through personalized education, advocacy, and access to services that prevent, delay, and lessen the impacts of aging and disabilities in the lives of adults.

#### WHAT WE DO:

- Providing information regarding services and resources that assist in maintaining health and independence
- Providing services that enhance health and independence, such as elderly nutrition program, healthy living programs, and caregiver and dementia support
- Counseling on Social Security, Medicare, and other benefits
- Counseling on options for community-based care, including determining eligibility and enrollment in publicly-funded services

#### WHO WE SERVE:

- Older adults
- Adults with disabilities including:
  - \*Intellectual or developmental disabilities
  - \*Physical disabilities
  - \*Disabilities due to mental health or substance abuse
- Youth with a disability who are transitioning to adulthood
- Families, caregivers, or advocates of the above

Call for an appointment to meet with us at one of our locations, at your home, or at another convenient location.



For additional information contact ADRC-CW

Antigo Office 1225 Langlade Rd. Antigo, WI 54409 **715-627-6232** 

Marshfield Office 300 South Peach Ave., Suite 1 Marshfield, WI 54449 715-384-8479

Merrill Office 607 North Sales St., Suite 206 Merrill, WI 54452 715-536-0311

Wausau Office 2600 Stewart Ave., Suite 25 Wausau, WI 54401 715-261-6070

Wisconsin Rapids Office 220 3rd Ave. South Wisconsin Rapids, WI 54495 715-421-0014

> Or toll free 888-486-9545

WEBSITE www.adrc-cw.org

### ADRC-CW PROGRAMS



#### AGING & DISABILITY RESOURCE CENTER -CENTRAL WISCONSIN

(888) 486-9545

www.adrc-cw.org

ADRC-CW promotes choice & independence through information, personalized options counseling, advocacy, & access to services which prevent, delay, & lessen the impacts of aging & disabilities. We provide accurate, unbiased information to individuals, concerned families, friends, or professionals. The ADRC provides information, long term care options and is the access point for publiclyfunded long term care (IRIS, Family Care). In addition we offer caregiver support as well services to promote your healthy living. These services can be provided at the ADRC, via telephone, virtual visit, walk-in, email or home visit, whichever is more convenient to the individual seeking help.

#### ADRC-CW ALZHEIMER'S FAMILY CAREGIVER SUPPORT PROGRAM

(888) 486-9545

www.adrc-cw.org

Provides ongoing support of caregivers & reimbursement of some expenses related to caring for someone w/Alzheimer's or a related dementia at home. Expenses that can be reimbursed include (but are not limited to) respite care, supportive home care, home delivered meals, adult day care & supplies that may support the caregiver in providing care.

#### **ADRC-CW CAFÉ 60**

2600 Stewart Ave. Ste 25. Wausau WI 54401 (715) 261-6070 or (888) 486-9545

www.adrc-cw.org

Café 60 provides Senior Dining for adults age 60 or older. Café 60 dining offers balanced nutrition & social opportunities. Currently, Cafe 60 restaurant dining is available in rural Marathon County. With this dining option participants present their Café 60 Coupon at a local participating restaurant any time it is open & choose from a variety of menu choices that are program-approved. Suggested contribution of \$5.00 per meal. No eligible person is excluded if unable to contribute, however contributions are a very necessary part of the budget. To get started, call ADRC-CW or get a packet of information from a participating restaurant. Participating restaurant include: The Wild Steer Diner.

#### ADRC-CW DEMENTIA CARE SPECIALIST

(888) 486-9545

www.adrc-cw.org

The Dementia Care Specialist meets with individuals and families to offer them a deeper understanding of dementia and the impact of the disease over time. Other topics include: future planning, communication techniques, action plans to prepare for potential changes, strategies and tools for behavior changes, skills to help reduce stress, and more. Dementia Care Specialists are also available for community education and awareness events.

#### ADRC-CW DISABILITY BENEFIT SPECIALIST **PROGRAM**

(888) 486-9545

www.adrc-cw.org

Disability benefit specialists assist adults with disabilities age 18-59 with questions, access and advocacy concerns related to public and private benefits, including but not limited to Social Security, Medicare, Medicaid, Foodshare and private insurance.

#### ADRC-CW ELDER BENEFIT SPECIALIST **PROGRAM**

(888) 486-9545

www.adrc-cw.org

Elder benefit specialists assists adults age 60 and older with questions, access and advocacy concerns related to public and private benefits, including but not limited to Social Security, Medicare, Medicaid, Foodshare and private insurance.

#### ADRC-CW LOAN CLOSET

(888) 486-9545

www.adrc-cw.org

The ADRC-CW provides temporary loan of medical equipment for adults w/urgent or short term equipment needs. Equipment loans are short term in length, not to exceed 6 months. Examples: walkers, rollators, shower chairs, wheelchairs, Call for equipment availability, Alternative loan closet options available in the Wausau area.

#### ADRC-CW MEALS ON WHEELS

(888) 486-9545

www.adrc-cw.org

Delivers nutritious meals & offers a well-check to persons who are 1) age 60 or older, 2) confined to their home because of illness or disability, 3) unable to prepare their own meals. Staff complete an in-home assessment. Hot meals are delivered on weekdays with service days dependent upon route availability. There may be a waiting list. Suggested contribution of \$5.00. No eligible person is excluded if unable to contribute, however contributions are a very necessary part of the budget.

#### ADRC-CW MEDICARE BASICS

(888) 486-9545

www.adrc-cw.org

We provide free classes which provide information about Medicare parts A, B, C & D, Medicare Supplement policies, & other prescription drug coverage. Individuals are encouraged to attend a Medicare Basics class 2-3 months prior to their eligibility for Medicare. Classes are held regularly at our ADRC offices and are also available virtually. Please call for information on specific dates & time & to register to attend one of our classes.

### **ADRC-CW PROGRAMS**

#### ADRC-CW NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM

(888) 486-9545

www.adrc-cw.org

Creates public awareness of caregiver issues through education, training & public presentations. Also supports caregivers by connecting them w/information & resources to help them manage their caregiving role. Presentations can be scheduled through this office. Limited funding is available to assist caregivers w/respite care & supplemental services.

#### ADRC-CW POWERFUL TOOLS FOR

CAREGIVERS - Caregiving can be a challenge, but it's easier when you are prepared (888) 486-9545

www.adrc-cw.org

Like many people, you may not realize you're a caregiver. You might think of what you do as simply helping someone important to you – a spouse, partner, parent, or friend. If you are helping with things like: medications, grocery shopping, doctor visits, laundry, or household chores, the Powerful Tools for Caregivers workshop is for you. Powerful Tools is a workshop that teaches you how to take care of yourself while caring for someone else. By taking care of your own physical, emotional and financial needs, you become a better caregiver. Meets one time a week for six weeks for 1 3/4 hours.

# Care Partners

Assisted Living

1415 & 1417 10th Avenue Antigo, WI

Take a tour, and see the difference yourself! Call 715-627-4698 or 715-350-4522 to arrange your appointment today! View us online at www.carepartners-countryterrace.com

Partners in

**Caring for You** 



We offer a full range of home care services for seniors.

#### Accomodations:

- Spacious Private or **Shared Living**
- Secure Environment
- Cable & Phone Jacks
- Central Air

#### **Care Services:**

- Medication Level Services
- Activity Programming
- Health Monitoring Services
- Housekeeping & Laundry Service Available

#### Respite Program:

• Temporary services from surgery, a fall, an illness or when family members are away on business, vacation or just need a break.

#### **Nutritional Services:**

- 24 Hour Trained Caring Staff 3 Nutritious Meals Daily & Healthy Snacks
  - Special Diets
  - Open Kitchen
  - Resident Choice Meal Planning

#### ADRC-CW RESOURCE SPECIALISTS

(888) 486-9545

www.adrc-cw.org

Resource Specialist staff provide information regarding supports & resources available to help meet the needs of older adults & adults w/ disabilities. Resource Specialist help sort through options available to individuals, family members, caregivers, & concerned others in a clear & concise manner allowing individuals to make informed decisions about their current & future care needs. Resource Specialist, when appropriate complete the eligibility screening & enrollment for the publicly funded programs such of Family Care & IRIS.



#### ADRC-CW SENIOR DINING

www.adrc-cw.org

Senior Dining provides an opportunity for persons age 60 & older, & their spouse/partner, to enjoy a nutritious meal at a reasonable cost with an opportunity to socialize & take part in planned activities. Nutrition education also provided. The suggested contribution is \$4.50 per meal. No eligible person is denied service due to inability to contribute, however contributions are a very necessary part of the budget. Reservations are required by noon, one day in advance, & are made by calling the ADRC-CW.



#### **COMMUNITY SENIOR DINING SITES**

Community	Dining Location	Day & Time of Serving Meals	Phone Number
Antigo	Antigo Community Church	M-F 11:30	715-627-6232
Elcho	Community Center	Mon, Wed, Thurs 11:30	715-627-6232
Marshfield	Second Street Community Center	M-F 11:30	715-384-8479
Marshfield	Cedar Rail Apartments	M-F 11:45	715-384-8479
Merrill	Jenny Towers Apartments	M-F 11:30	715-536-0311
Merrill	Gleason Lions Club	3rd Wed. of the month @ noon	715-536-0311
Nekoosa	Senior Community Center	Reopening to be determined	715-421-0014
Pickerel	St. Mary's Church	Mon & Wed 11:30	715-627-6232
Tomahawk	Senior Community Center	M-F 11:30	715-536-0311
Wausau	New location to be determined	Unknown	715-261-6070
Wausau	Hmong American Center	Thursdays 4:30	715-261-6070
Wisconsin Rapids	Centralia Center	M-F 11:45	715-421-0014
Wisconsin Rapids	Huntington House	M-F 11:45	715-421-0014

#### ADRC-CW STEPPING ON

 Building Confidence and Reducing Falls (888) 486-9545

www.adrc-cw.org

Stepping On is for adults 60 and older who have fallen or have a fear of falling, live independently at home/apartment and are able to walk/exercise without the help of another person.

Local experts, trained leaders and other group members support and encourage you to find solutions to make your home safer and your body stronger. Stepping On can help you avoid a dangerous and costly fall so you can keep doing the things you love to do. Meets one time a week for seven weeks for 2 hours.

#### ADRC-CW VOLUNTEER OPPORTUNITIES

(888) 486-9545

www.adrc-cw.org

Volunteer to make a difference in your community! Volunteers at the Aging and Disability Resource Center of Central Wisconsin deliver Meals on Wheels, package meals, serve lunch at Senior Dining locations, lead evidenced-based programs, provide office assistance such as computer data entry and phone calls and more. The ADRC-CW has volunteer opportunities throughout Langlade, Lincoln, Marathon and Wood counties. Call to find out how you can get involved.

#### **ABUSE**

#### **ADULT PROTECTIVE SERVICES**

LANGLADE, LINCOLN, MARATHON

(855) 487-3338-toll free or (715) 841-5160 https://www.norcen.org/services/adult-protective-services/

life alert (715) 421-4244

Investigates reports of suspected abuse, exploitation, neglect, or self-neglect for adults-at-risk (18-59) and elders-at-risk (60+) Adult Protective Services also assesses the need for guardianship, protective placement, and emergency interventions as needed.

### A.V.A.I.L. – ADVOCATES FOR VICTIMS OF DOMESTIC & SEXUAL ABUSE

PO Box 355, Antigo WI 54409 Business line: (715) 623-5177 Crisis line: (715) 623-5767 Crisis text line: (715) 219-4609

www.availinc.org

Shelter & services for domestic violence victims, sexual assault & human trafficking survivors & victims of elder abuse, all genders & sexual identities. AVAIL offers emergency shelter, 24-hour crisis phone & text lines; medical, legal, & personal advocacy, support groups, information & referral & community education.

### CWAG ELDER FINANCIAL EMPOWERMENT PROJECT

30 W Mifflin St. Ste 406, Madison WI 53703 (800) 488-2596 www.cwag.org

Provides info., advocacy, referral, & legal assistance to elder victims of financial abuse.

# DOMESTIC VIOLENCE/SEXUAL VIOLENCE SERVICES, THE FAMILY CENTER WOOD

500 25th St N, Wisconsin Rapids WI 54494 (715) 421-1511 (24/7 crisis line)

(715) 421-1559 (business line)

www.familyctr.org

Provides services for victims of domestic abuse and sexual assault, regardless of gender or sexual orientation, and their children, in Wood County and the surrounding area. Services include: 24-hour Crisis Line, safe shelter, one-on-one and or/group support for the victims of both emotional and physical violence for victims and their children, legal advocacy, including assistance with restraining orders, services to elder and Hmong victims, food pantry, & prevention presentations.

#### **END DOMESTIC ABUSE WISCONSIN**

1400 E Washington Ave, Ste 227, Madison WI 53703 (608) 255-0539

www.endabusewi.org

Provides Wisconsin domestic violence member programs and their communities with training, technical assistance, support and resources to assist them in serving all victims of violence and their communities.

#### HAVEN INC

1106 E 8th St, Merrill WI 54452 (715) 536-1300 or (855) 888-9272

www.haveninc.org

HAVEN: (Household Abuse Victims Emergency Network) provides services to those who have experienced domestic abuse, sexual assault, child & elder abuse through a 24-hr phone line, crisis intervention, secure shelter, individualized advocacy, & support groups. Safety planning, supportive counseling & education, help w/obtaining services/resources from other community agencies, info. & assistance w/the legal process including restraining orders, divorce & court accompaniment. Free & confidential.

#### PERSONAL DEVELOPMENT CENTER

(715) 384-2971

www.pdcmarshfield.org

Services for victims in later life & adults at risk. Offers accessible, specialized services & outreach throughout the greater Marshfield area. Some services provided: Advocacy & Support (Assessments, safety planning, order of protections); Accessible Services (transportation assistance, support groups); Resources &

Referrals (housing, counseling, financial planning, medical/health care, nutrition info). Shelter/Housing.

#### SHIRLEY'S HOUSE OF HOPE

PO Box 207, Marshfield WI 54449

(715) 486-9000

Non-profit, Christian based domestic violence shelter for women & children. Emergency shelter for up to 2 weeks, long term program for women to stop the cycle of repeated crisis in their lives, classes, case management & counseling.

#### THE ELDER ABUSE HOTLINE

(833) 586-0107

www.gwaar.org

This is a hotline for people who are experiencing abuse to find community resources.

#### **WOMEN'S COMMUNITY CRISIS LINE**

#### **MARATHON COUNTY**

3200 Hilltop Ave, Wausau WI 54401

(715) 842-7323 or (888) 665-1234

24 hr. crisis line for victims of domestic abuse, sexual assault, stalking, human trafficking, & gender/sexual identities.

#### WOMEN'S COMMUNITY SAFE SHELTER-

**MARATHON COUNTY** 

3200 Hilltop Ave, Wausau WI 54401

(715) 842-7323 or (888) 665-1234

www.womenscommunity.org

Safe Shelter w/an informal & supportive setting. Available to domestic abuse victims, & victims of sexual assault/survivors, human trafficking, all gender & sexual identities. Emergency food & personal items are provided. Kitchen & laundry facilities. Sheltering may last a few days or several weeks, depending on the individual's & family members' needs.



### Rennes Health & Rehab Center

Rehabilitative Services & Skilled Nursing



- 24-Hour Nursing Care
- In-House Staff Therapists
- Home Safety Evaluation
- Outpatient or Inpatient Rehab
- Physical, Occupational & Speech Therapy
- One-to-One Patient-to-Therapist Treatment
- State-of-the-Art Rehab Equipment & Therapy Gyms



For more information or a tour, please contact us:

715.393.0400

715.420.0728

4810 Barbican Ave, Weston

1970 Navajo St, Rhinelander





- Wireless Internet/Cable Included
- Medication Monitoring
- Transportation & Outings
- Healthy Home-cooked Meals
- Weekly Housekeeping
- 24-Hour Care Team
- Full-Time Registered Nursing
- Beauty Salon/Barber Shop and Spa



For more information or a tour, please contact us:

715.355.5858 715.424.6500

4602 Barbican Ave, Weston 1500 Pepper Ave, Wisconsin Rapids

Learn more and take an online tour at www.rennesgroup.com

### **ADULT DAY SERVICES**

Organization	Counties Served	Description
<b>4U ADULT DAY SERVICE</b> 1421 Pepper Ave, Wisconsin Rapids WI 54494 (715) 712-1169 or (715) 570-3847	WI Rapids	Provides adult day services to adults 18 years & older w/developmental disabilities. We provide physical activity, exercise, crafts, games, puzzles, social interactions, community outings, etc. Drop-ins welcome; half days, full days from 6:00 a.m 6:00 p.m. Monday – Friday.
ADULT DAY SERVICES 451 Grand Ave, Schofield WI 54476 (715) 359-2879	Marathon	Helps individuals w/developmental disabilities become an integral part of their community. Services offered: Adult Education sessions; Vocational Skills; Sensory integration; Life Skills; Socialization.
ASPIRUS LANGLADE HOSPITAL ADULT DAY CARE 519 Flight Rd , Antigo WI 54409 (715) 627-0657	Langlade	A program to meet the needs of adults w/functional impairments through an individual plan of care. Provides a community of peers, a circle of friends & a support network for persons who would otherwise be isolated at their home. Medical & prescription assistance & blood sugar monitoring available.
BELIEVE & ACHEIVE LEARNING & RECREATIONAL CENTER 814 E 1st St, Merrill WI 54452 (715) 539-3444 or (715) 409-0353	Merrill	Believe & Achieve is an adult day service that provides continuous care and supervision of disabled adults in a licensed adult day care setting. Our services include but are not limited to, assistance with activities of daily living, planned group activities/outings, food services & good company in a homelike setting.
COMPANION DAY SERVICES 905 Tiny Tigers Court, Marshfield WI 54449 (715) 384-2115	Part of Marathon Marshfield	Social Adult Day Service Program designed for: Adults who are recovering from recent illness, injury or surgery; frail or socially isolated adults living at home, alone, or w/caregiver; adults experiencing a decrease in physical, mental, or social functioning; caregivers; nutritional meals & snacks.
CONNECTIONS COMMUNITY CENTER 2210 14th St S, Wisconsin Rapids WI 54494 (715) 423-2115 Oppincwi.org	WI Rapids	Provides opportunities for adults w/disabilities to participate in activities. Daily living skills training; community integration; social activities; educational opportunities; computer Learning Center for people w/disabilities; entertainment/recreation; sensory stimulation. Connects the participants w/community resources, & collaborating w/human services organizations.
HOMME HEIGHTS ADULT DAY CENTER 2901 N 7th St, Wausau WI 54403 (715) 845-1214 ext 310 https://homme.org/adult-day-services/	Marathon	Offers daily programs for persons 62 or older w/ Alzheimer's disease, dementia or other frailties of aging to engage in meaningful social & recreational activities. Provides respite & support to family members & other primary caregivers of individuals w/ debilitating health needs.
KINDHEARTED HOMECARE, LLC- ADULT SOCIAL CENTER 120 S Mill St, Merrill WI 54452 (715) 218-3772 www.kindheartedhomecare.com	Lincoln	A State Licensed program that provides a supervised safe and supportive environment for adults with Dementia or with a Physical or Intellectual Disability. Services: social interaction & current events, exercise, group activities, mental stimulation, & relaxation.

Organization	<b>Counties Served</b>	Description
MARSHFIELD AREA RESPITE CARE CENTER (MARCC) 211 S Maple Ave, Marshfield WI 54449 (715) 384-8478 www.marshfieldrespite.org	Marshfield	State Licensed Adult Respite Care Center provides time out for caregivers of adults w/Alzheimer's & Parkinson's disease & memory loss (dementia). Exercise, music & craft activities planned for participants. Support Groups & Memory Cafe offered for families.
NCHC PREVOCATIONAL SERVICES-Merrill 2100 E 6th St, Merrill WI54452 (715) 539-2510	Lincoln	Serves adults w/developmental/physical disabilities. Services: prevocational; integrated & supported employment; day services; job coaching.
NORTH CENTRAL HEALTH CARE – ADULT DAY SERVICES 1225 Langlade Road, Antigo WI 54409 (715) 627-6694 811 N 3rd St, Wausau WI 54401 (715) 848-4317 www.norcen.org	Langlade Marathon	Helps individuals w/developmental/physical disabilities, 18 years of age & over, reach their greatest social, educational, cognitive life & community potential by offering them a variety of activities.
OPPORTUNITY DEVELOPMENT CENTER, INC. (ODC)  LINCOLN  903 E 2nd St, Merrill WI 54452  (715) 536-7322  MARSHFIELD  2406 E 21st St, Marshfield WI 54449  (715) 387-1161  WISCONSIN RAPIDS  1191 Huntington Ave, Wisconsin Rapids WI 54494  (715) 424-2712 or (888) 544-6331  www.odcinc.com	Lincoln Wood	ODC assists individuals in achieving their goals in both work & life. ODC supports children and adults with disabilities by providing employment services and assistance in becoming more independent in their communities. ODC Mental Health Services supports adults, adolescents and children through recovery from mental health and/or substance abuse disorders.
PARK PLACE – ADULT DAY SERVICES 220 S 3rd Ave, Ste 2, WI Rapids WI 54495 (715) 422-2795 www.ppads.org	WI Rapids	VA approved. Provides services to meet the needs of vulnerable populations, young, elder, any type of physical or mental disability. Staff providing "person centered care" giving choices of activities, assisting in maintaining optimal levels of independence, well-being. Bathing program, wheelchair accessible showers. Memory Café for those experiencing dementia, mild memory loss.

#### ADVOCACY/REGULATORY

#### AARP – STATEWIDE

222 W Washington Ave, Madison WI 53703 (866) 448-3611

www.AARP.org/wi

Helps people turn their goals & dreams into real possibilities, strengthens communities & fights for the issues that matter most to families. Advocates for consumers in the marketplace by selecting products & services of high quality & value to carry the AARP name as well as help our members obtain discounts on a wide range of products, travel. & services. Source for lifestyle tips, news & educational info.

#### BUREAU OF ASSISTED LIVING

#### LANGLADE, LINCOLN, MARATHON

DHS Division of Quality Assurance Western Regional Office 610 Gibson St, Ste 1, Eau Claire WI 54701 (715) 836-4790

#### WOOD

DHS Division of Quality Assurance Northeast Regional Office 200 N Jefferson St, Ste 501, Green Bay WI 54301 (920) 448-5252 or (800) 642-6552

www.dhs.wisconsin.gov/guide/assisted-living.htm Licenses & regulates adult community based residential facilities (CBRF's), 3-4 bed adult family homes, & residential care apartments complexes (RCAC's). Also certifies adult day care facilities.

#### CHILDREN & YOUTH W/SPECIAL HEALTH CARE **NEEDS(NORTHERN REGION)**

1000 Lake View Dr, Ste 100, Wausau WI 54403 (866) 640-4106 or (715) 261-1906 www.northernregionalcenter.org

specialneedsinfo@co.marathon.wi.us

Our resource center helps families of children with special health care needs/ disabilities through providing information and links to local resources. Helps with accessing health benefits/insurance, finding medical and therapy providers, and transitions to adult support. We also offer a variety of trainings throughout the year.

#### CLIENT ASSISTANCE PROGRAM (CAP)

800-928-8778 Toll Free 833-635-1968 Fax

The CAP program can provide you with information about your rights under the Rehabilitation Act including your rights to Vocational Rehabilitation Services from the Division of Vocational Rehabilitation. CAP can explain the DVR processes and procedures. We can also advocate for you with DVR and in limited circumstances help with appeals of denials made by DVR. We can also provide you with information and technical assistance regarding your rights under Title I of the Americans with Disabilities Act.

#### **CLIENT RIGHTS OFFICE**

Division of Care & Treatment Services PO Box 7850, Madison WI 53707 (608) 266-5525

www.dhs.wisconsin.gov/clientrights/index.htm This program is charged with protecting the rights of clients in State mental health institutes, State centers for people with intellectual developmental disabilities, and Chapter 980 patients in the Sand Ridge Secure Treatment Center. The Client Right Office (CRO) is also responsible for assuring the proper implementation of the client rights and the grievance resolution procedures under State law for all licensed and certified programs in Wisconsin (public and private) that provide treatment or services to persons with a mental illness or intellectual developmental disability, or are recovering from substance abuse. CRO also handles appeals of program level community grievance decisions under DHS94.

#### COALITION OF WISCONSIN AGING GROUPS

30 W Mifflin St. Ste 406, Madison WI 53703 (800) 488-2596 or (608) 224-0606

www.cwag.org

Statewide organization that is dedicated to improving the quality of life for Wisconsin's ederly & people w/disabilities; through legal & legislative advocacy, public education & nonpartisan leadership development.

#### CWAG ELDER FINANCIAL EMPOWERMENT PROJECT

30 W Mifflin St. Ste 406. Madison WI 53703 (800) 488-2596 Ext 328

www.cwag.org

Provides info., advocacy, referral, & legal assistance to elder victims of financial abuse. Financial exploitation can include issues of: Consumer fraud & scams, Identity theft, misuse of authority by agents under financial powers of attorney or guardianships, theft in whole or part of an elder's personal &/ or real property. Offer services to the elder's non-offending surrogate, such as a friend, family member, agent or guardian. Offers training to community members, attorneys, financial institutions, & human service providers on these issues.

#### **DEPARTMENT OF WORKFORCE DEVELOPMENT/ EQUAL RIGHTS DIVISION**

PO Box 8928, Madison WI 53708-8928 (608) 266-6860

dwd.wisconsin.gov/er/

Administers Wisconsin's Fair Employment Law, Public Accommodations Law, Family & Medical Leave Act (FMLA), Open Housing Law, & retaliation for filing complaints about health care facilities or toxic substances. Handles complaints for unpaid wages, minimum wage, overtime, street trades, business closing & mass layoff, cessation of health care benefits, & personnel records. Filing of complaints is time sensitive.

#### DISABILITY RIGHTS WISCONSIN

131 W Wilson St, Ste 700, Madison WI 53703 (800) 928-8778

www.disabilityrightswi.org

Provides advocacy for people w/disabilities who have been discriminated against, neglected, abused, or denied a needed service or program based on a disability. Discrimination in housing, employment, or public accommodations. Does NOT provide advocacy for people w/ disabilities who need legal assistance w/bankruptcies, traffic ticket cases, criminal cases, or family law issues. Provides advocacy assistance to children/adults w/disabilities who have had their rights denied based on a disability.

#### DIVISION OF QUALITY ASSURANCE

PO Box 2969. Madison WI 53701-2969. (800) 642-6552 or (608) 266-8481 www.dhs.wisconsin.gov/dga/index.htm Responsible for assuring the health, safety, & welfare of the citizens of Wisconsin. If an individual believes that a caregiver, agency, or DQA-regulated facility has violated State or Federal laws pertaining to regulated entities, that individual has the right to file a complaint.

#### FAIR HOUSING COUNCIL

(877) 647-3247

www.fairhousingwisconsin.com

The Fair Housing Council can help if you are experiencing neighbor harassment, accessibility issues in housing, difficulty getting an emotional support or service animal approved, or other fair housing issues. If you've experienced housing discrimination, it's important to stand up for your rights People who win housing discrimination cases can achieve REAL results for themselves, and help make sure that other people don't face the same discrimination.

#### HMONG AMERICAN CENTER, INC

1109 6th St, Wausau WI 54403 2821 8th St S, Ste 5, Wisc. Rapids WI 54494 (715) 842-8390

www.hmongamerican center.org

Personalized services to the Hmong community & all refugees.

#### LAWYER REFERRAL & INFO. SERVICE (LRIS)

PO Box 7158, Madison WI 53707 (800) 362-9082

www.wisbar.org/forPublic/INeedaLawyer/Pages/LRIS.aspx Legal assistants provide info., make referrals to appropriate agencies, & help callers locate an attorney to hire.

#### MIDSTATE INDEPENDENT LIVING CHOICES, INC.

3262 Church Street, Stevens Point WI 54481 (715) 344-4210 or (800) 382-8484

www.milc-inc.org

https://www.facebook.com/milcinc/

Serves people w/disabilities of all ages. Services include: Information & Referral, Advocacy, Independent Living Skills Training, Peer Support, Transition to Community Services, Adaptive Equipment Demonstration, Loan & Assessment, Mental Health Recovery Centers, Residential & Architectural Accessibility, Personal Assistant Services (PAS), Certified IRIS Consultants, and Representative Payee.



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Townhome Villas. Assisted & Independent Living 2100 Townline Road, Wausau, WI (715) 842-1818

Memory Care 7704 Franciscan Way, Weston, WI (715) 679-3008



#### NORTHEAST REGIONAL OFFICE OF DIVISION OF QUALITY ASSURANCE

200 N Jefferson St, Ste 501, Green Bay WI 54301 (800) 642-6552

www.dhs.wisconsin.gov

Responsible for assuring health, safety, & welfare of the citizens of Wisconsin. If an individual believes that a caregiver, agency, or DQA-regulated facility has violated State or Federal laws pertaining to regulated entities, that individual has the right to file a complaint w/DQA.

#### OMBUDSMAN PROGRAM - DRW

131 W Wilson St, Ste 700, Madison WI 53703 (608) 267-0214 or (800) 928-8778

www.disabilityrightswi.org

Assists people experiencing problems w/Family Care or IRIS programs. Person's must be age 18-59 & eligible for Family Care or IRIS. Can provide info. & education on consumer rights, negotiate, mediate, & investigate complaints, assist consumers in filing complaints & appeals, assist in filing for administrative hearings. No charge for these services.

#### OMBUDSMAN PROGRAM ON AGING & LONG TERM CARE

1402 Pankratz St, Suite 111, Madison 53704 (800) 815-0015

http://longtermcare.wi.gov

This program was established by the state legislature to investigate complaints from any person concerning improper treatment of elderly persons receiving long-term care in a Wisconsin nursing home, Community Based Residential Facility, or Adult Family Home licensed by the State of Wisconsin. The program also offers advocacy for Family Care & IRIS program participants age 60 and over statewide. The Ombudsman in this office will:\*Be an advocate to help resolve any problem or dispute relating to long-term care.\*Provides presentations on nursing home residents' rights and other topics related to long-term care.

#### U. S. DEPARTMENT OF HOUSING & URBAN DEVELOPMENT

310 W Wisconsin Ave, Ste 950 W, Milwaukee WI 53203 (414) 297-3214

www.hud.gov or www.espanol.hud.gov

Services include: Low-income housing list. Refinancing assistance; assistance to avoid foreclosure; utilized w/ home improvements (800) 225-5342; Investigating housing discrimination complaints (800) 765-9372.

#### WI GUARDIANSHIP SUPPORT CENTER (GSC)

Helpline: (855) 409-9410 (leave a message)

Email: guardian@gwaar.org

Resources available at www.gwaar.org/gsc

Answers your questions about guardianships, powers of attorney, and other advance directives.

#### WISCONSIN SENIOR EMPLOYMENT PROGRAM (WISE)

(920) 469-8858 or (608) 242-4928 Resources available: www.gwaar.org/wise Provides eligible adults age 55 & older with training opportunities & part-time, paid work experience to help get back into the workforce. Put your experience back to work!

#### WISCONSIN SENIOR MEDICARE PATROL (SMP)

Helpline: (888) 818-2611 Email: smp-wi@gwaar.org https://www.smpwi.org/

The Wisconsin SMP empowers and assists Medicare beneficiaries, their families, and caregivers to prevent, detect, and report health care fraud, errors, and abuse through outreach, counseling, and education. Complimentary resources available: quarterly newsletter, fraud alerts, personal health care journals, educational presentations, attendance of resource fairs, individual assistance via helpline.

#### ALCOHOL & OTHER DRUG **ABUSE**

#### AL-ANON/ALATEEN

Email: publicoutreach@area61afg.org Meeting Info. Line at (888) 425-2666

www.al-anon.alateen.org

Al-Anon is a fellowship of people whose lives have been affected by someone else's drinking and who share their experience, strength and hope with each other that they may solve their common problem.

#### ALCOHOLICS ANONYMOUS

#### LANGLADE, LINCOLN

(715) 966-9343

https://northwoodsaa.org/

#### **MARATHON**

(715) 503-0880

https://www.aawausauwi.org/

#### **MARSHFIELD**

Mike H. (715) 207-9801 Greg F. (715) 255-2754

Randy S. (715) 305-6523 Sam S. (920) 419-2385

#### **WISCONSIN RAPIDS**

(715) 229-5444

https://wiaadistrict3.org/

www.area74.org

Fellowship of men & women who share their experiences, strengths & hopes w/each other that they may solve their common problem & help others to recover from alcoholism.

#### COURAGE TO CHANGE RECOVERY

106 Galvin Rd, Abbotsford WI 54405

(715) 223-0480

Adult, adolescent & family AODA treatment program, outpatient mental health counseling services, & anger management programs.

#### CRANBERRY OXFORD HOUSE FOR WOMEN

341 8th St S, Wisconsin Rapids WI 54494 (715) 819-2700

www.oxfordhouse.ora

Offers a supportive way of living & opportunities to learn skills in an alcohol & drug-free environment. Self-ran, for women only-no children-who are committed to being alcohol & drug free. No time limit on length of stay. The rent is \$80 per week. Plus a security deposit of \$80. Call for application.

#### NARCOTICS ANONYMOUS

PO Box 256, Plover WI 54467 (866) 590-2651 www.ncwana.org

Offers recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings.

#### NORTH CENTRAL HEALTH CARE

LANGLADE, LINCOLN, MARATHON

Crisis Line: (800) 799-0122

(715) 841-5172 (Prevocational Services)

www.norcen.org

North Central Health Care's Wausau Campus offers services for treatment, rehabilitation and support for individuals and families challenged with mental illness, substance abuse or dependency, or developmental disabilities. Assessments, coordinated care and treatment is available through a variety of adaptable and customized programs including Outpatient Services, Community Treatment, Children's Services, Adult Day Services and Prevocational Services. Emergency services are available 24/7 at the Crisis Center. No appointment needed. Please call ahead if possible for Crisis Service 1-800-799-0122.

#### RAPIDS OXFORD HOUSE FOR MEN

440 Birch St. Wisconsin Rapids WI 54494 (715) 935-8109

www.oxfordhouse.org

Offers a supportive way of living & opportunities to learn skills in an alcohol & drug-free environment. Self-ran, for men only-no children-who are committed to being alcohol & drug free. No time limit on length of stay. The rent is \$80 per week. Plus a security deposit of \$80.

#### **WOOD COUNTY HUMAN SERVICES -**SUBSTANCE USE TREATMENT

111 W Jackson St, Wisconsin Rapids WI 54495 (715) 421-8840

www.co.wood.wi.us

Provides alcohol & drug evaluations, couneseling to residents, assessments to Wood County residents charged w/operating a motor vehicle while intoxicated or Implied Consent Refusal. Offers a range of treatment services including Day Treatment, Intensive Outpatient and Individual & Group counseling.

#### **ASSISTED SERVICES/ DEVICES**

#### ADRC-CW LOAN CLOSET

(888) 486-9545

www.adrc-cw.org

The ADRC-CW provides temporary loan of medical equipment for adults w/urgent or short term equipment needs. Equipment loans are short term in length, not to exceed 6 months. Examples: walkers, rollators, shower chairs, wheelchairs. Call for equipment availability. Alternative loan closet options available in the Wausau area.

#### AGRABILITY OF WISCONSIN

460 Henry Mall, Madison WI 53706 (608) 262-9336

Services available to those individuals & their families who are engaged in farming or farm related occupations & are coping w/effects of a disability such as: arthritis, respiratory impairments, hearing/visual impairments, chronic back pain, amputations. Services are provided at home/farm & are confidential.

#### LINCARE

4925 Coye Dr, Stevens Point WI 54481 (715) 343-5440

Provides Oxygen, Bi-pap, C-Pap, Durable Medical Equipment, Nebulizer medication, Non-invasive vents, Home Coumadin & overnight oximetry testing.

#### THERAPY DOGS INTERNATIONAL CHAPTER #184

705 Southline Rd, Rothschild WI 54474 (715) 359-0747

tdi-dogs.org

Therapy dogs & their owners voluntarily visit people w/ special needs, to provide them w/ hands-on therapy & unconditional love.

#### ASSISTIVE TECHNOLOGY

#### MIDSTATE INDEPENDENT LIVING CHOICES, INC.

3262 Church Street, Stevens Point WI 54481 (715) 344-4210 or (800) 382-8484

www.milc-inc.org

https://www.facebook.com/milcinc/

Serves people w/disabilities of all ages. Services include: Information & Referral, Advocacy, Independent Living Skills Training, Peer Support, Transition to Community Services, Adaptive Equipment Demonstration, Loan & Assessment, Mental Health Recovery Centers, Residential & Architectural Accessibility, Personal Assistant Services (PAS), Certified IRIS Consultants, and Representative Payee.

#### ASSISTIVE TECHNOLOGY, BLIND/VISUALLY IMPAIRED

#### OPPORTUNITY DEVELOPMENT CENTER, INC. (ODC)

LINCOLN

903 E 2nd St, Merrill WI 54452 (715) 536-7322

#### **MARSHFIELD**

2406 E 21st St. Marshfield WI 54449 (715) 387-1161

#### **WISCONSIN RAPIDS**

1191 Huntington Ave, Wisconsin Rapids WI 54494 (715) 424-2712 or (888) 544-6331

www.odcinc.com

ODC assists individuals in achieving their goals in both work & life. ODC supports children and adults with disabilities by providing employment services and assistance in becoming more independent in their communities. ODC Mental Health Services supports adults, adolescents and children through recovery from mental health and/or substance abuse disorders.

#### STOUT VOCATIONAL REHAB INSTITUTE

221 10TH Ave East, Menomonie WI 54751 (715) 232-2248 or (715) 232-1410 biedermanb@uwstout.edu

moonb@uwstout.edu

SVRI provides Assistive Technology assessment and implementation services; AT devices can be trialed, modified, or custom-fabricated. Services can be funded through DVR, Managed Care, IRIS, and other agencies. Private funding is also accepted.

#### BLIND/VISUALLY IMPAIRED

#### LEADER DOGS FOR THE BLIND

1039 S Rochester Rd, Rochester Hills MI 48307 (248) 651-9011 or (888) 777-5332 www.leaderdog.org

Leader Dogs for the Blind provides free services that empower people who are legally blind with lifelong skills for safe and independent daily travel. Guide dog instruction, O&M / white cane training and Summer Camp Experience for Teens are just a few of the free programs offered to fulfill our mission.

#### OCCUPAWS GUIDE DOG ASSOCIATION

PO Box 45857, Madison WI 53744 (608) 772-3787

www.occupaws.org

info@occupaws.org

Provides guide dogs at no cost to the blind of Wisconsin by utilizing an in-home training program. The guide dog team is trained where they live, work & travel. Blinded veterans are eligible to have their dogs expenses paid by the VA.

#### OFFICE FOR THE BLIND & VISUALLY IMPAIRED

1940 Maria Dr Rm 101 Stevens Point WI 54481 (715) 315-9970

www.dhfs.wisconsin.gov/blind/

Provides training to help blind/visually impaired adults to gain/regain independence. Includes developing techniques of daily living, personal care, communication skills, & other specialized skills.

#### TELEPHONE EQUIPMENT PURCHASE PROGRAM (TEPP) - PUBLIC SERVICE COMMISSION

PO Box 7854, Madison WI 53707-7854 (608) 231-3305 or (888) 816-3831

http://tepp.solixinc.com

Helps individuals w/disabilities purchase telecommunications equipment necessary for affordable access to basic telephone services.

#### WAUSAU OUTREACH FOR BLIND & VISUALLY **IMPAIRED**

501 Stewart Ave, Wausau WI 54401 (715) 842-0769

Provides opportunities for blind & visually-impaired people to experience fellowship, social activities, to network w/others, & to learn of resources available. Meets the last Saturday of February, April, June, August, October, and the first Sunday of December.

#### WISCONSIN SCHOOL FOR THE VISUALLY **IMPAIRED**

1700 W State St. Janesville WI 53546 (800) 832-9784 or (608) 758-6100 A residential school for K-12 students who are blind & visually impaired. Providing a general education curriculum,

intensive instruction in skills which minimizes the effects.

#### WISCONSIN TALKING BOOK & BRAILLE LIBRARY

813 W Wells St, Milwaukee WI 53233 (800) 242-8822 or (414) 286-3045 dpi.wi.gov/talkingbooks

wtbbl@milwaukee.gov

The Wisconsin Talking Book and Braille Library (WTBBL) provides free library service to Wisconsin residents who cannot read normal print or hold a book. WTBBL patrons receive and return books, magazines, audio-described DVDs and equipment, postage-free through the U.S. Postal Service. Check our website or call for more information.

### **CAREGIVER-IN HOME CARE/RESPITE**

Organization	Counties Served	Description
A1 HOME HEALTH CARE, LLC 2909 Norma Ave, Weston WI 54476 (715) 359-8160 or (715) 432-0911	Lincoln Marathon	Care designed to meet your needs: daily living, supportive, personal cares, companionship, errands, meals, transport, exercise/mobility–affordable, and much more.
ALDIN ADULT CARE (715) 573-1978 aldineldercare@charter.net	Marathon	Offers: personal care, medication reminders, housekeeping, errands, transportation, meal prep, companionship, moving services, lawn care & snow removal.
ALMOST FAMILY Marshfield WI 54449 (715) 831-0631 Ihcgroup.com	Part of MarathonWood	Home health aide services including: grooming, bathing, dressing, medicine reminders, meal prep. & feeding, light housekeeping, errand services, toileting & incontinence cares, respite care & transportation. Skilled nursing services including wound care, medication management & oxygen use & safety.
AURORA RESIDENTIAL ALTERNATIVES, INC 915 Indianhead Dr, Mosinee WI 54455 (715) 692-2170 www.auroraservices.com	Marathon Wood	Services for individuals w/cognitive disabilities, mental illness or traumatic brain injury provided in Adult Family Homes.
CHRISTIAN SERVANTS HOME CARE. LLC W5866 Easter Lily Drive Appleton WI 54915 (715) 261-7965 melissa.iverson@christianservantshomecare.com www.christianservantshomecare.com	Langlade Lincoln Marathon Wood	At Christian Servants Home Care we believe in making you a member of our family. We provide non-medical care that includes personal cares, transportation/errands, meal prep, housekeeping and companionship. We offer flexibility in schedules and want to make life as easy as possible. Our only concern is you!
COMPASSUS-HOME HEALTH SERVICES (800) 397-0270 www.compassus.com Marathon	Langlade Lincoln Wood	Home health care; skilled nursing care; physical/ occupational therapy, speech/language pathology, medical social work support & home health aide services. Medicare, Medicaid & private pay insurance accepted.
DEANNA BAHRKE, YOUR GIRL FRIDAY LLC Tomahawk (608) 334-3624	Lincoln	Supportive home care that allows seniors to stay in their homes. Services can include help with activities of daily living, shopping, errands, med reminders, light housekeeping, transportation. Happy to help where needed.
ELDERS SANCTUARY LLC 205 E Thomas St, Wausau WI 54401 (715) 302-0773	Marathon	Funeral services.
FAITH IN ACTION OF MARATHON COUNTY INC 630 Adams St, Wausau WI 54403 (715) 848-8783 wausaufiainfo@gmail.com www.faithinactionmarathoncounty.org	Marathon	FIAMC provides transportation for medical appointments, grocery shopping, personal appointments, and community activities. Delivery for the Neighbor's Place Food Pantry and Marathon County Public Library. Wellness and compassionate, friendly visits via phone or in person. ALL services are provided at NO CHARGE to senior Marathon County residents–60+ years of age, regardless of income, religious belief, race, or ethnic background. Trained volunteers provide services to help area seniors whose needs are unmet, do not qualify for existing services, or do not have friends or family nearby.

#### **CAREGIVER-IN HOME CARE/RESPITE**

Organization	Counties Served	Description
HANDS WITH HEART LLC 524 Morse St, STE B208, Antigo WI 54409 (715) 610-0128 www.handsw/heartllc.net	Langlade	Supportive home care/personalized assistance to fill you & your loved ones needs.
HILLTOP HOME CARE INC 1400 24th St, Wisconsin Rapids WI 54494 (715) 712-3400 www.hilltophomecare.net hilltop@hilltophomecare.net	WI Rapids	Provides supportive in-home care services 2-24 hours per day for clients in the Wisconsin Rapids area. Provides assistance w/personal care, meal preparation, laundry, housekeeping, errands, grocery shopping, appointment assistance, respite care, companionship & dementia/memory care.
HOME HEALTH CARE HOTLINE PO Box 2969, Madison WI 53701 (608) 267-1441 or (800) 642-6552 hotline www.dhs.wisconsin.gov/regulations/hha/ hotline.htm	Statewide	Helps residents w/info. about local home health care agencies, agency certification for Medicare &/or Medicaid assistance programs. Specify when calling for general info. or wanting to file a complaint.
HOME INSTEAD SENIOR CARE 1820 Plover Rd Ste 1, Plover WI 54467 (715) 496-7696	Wood	From 4 -24 hours per day, our bonded and insured Care Professionals can provide supportive in-home services suited to your needs and lifestyle such as Alzheimer's & dementia care, hospice support, light housekeeping, meal prep, transportation, transfer & ambulation assistance, bathing, dressing & grooming, incontinence care and more.
INNER PEACE HOME CARE SERVICES, INC Mosinee WI 54445 Cell: (715) 347-9494 www.innerpeacehomecare.com innerpeacecares@gmail.com	Lincoln Marathon Wood	We offer home care with a variety of services: transportation to & from appointments, light home cleaning, preparing meals, personal cares, respite care, laundry, medication administration & set up. RN on staff.
INNOVATIVE SERVICES, INC 2619 Post Rd, Ste A, Stevens Point WI 54481 (715) 498-4326 www.isiinc.org	Langlade Lincoln Marathon Wood	Helps promote independence. Services include: personal care; supportive home care; supported employment; supported apartment; CCS Services; Youth services; Community Supported Living.
INTERIM HEALTHCARE 510 N 17th Ave Ste A Wausau WI 54401 (715) 842-7707 www.interiumhealthcare.com/wausauwi	Lincoln Marathon Wood	Home health care for short-term/long-term needs. Nursing & Palliative Care; Physical, Occupational & Speech Therapies; IV therapy; Private duty; Flu shots; Respite care; Housekeeping/companion; Grocery shopping; Meal Prep; Home health aides; Personal care workers.
INTERNATIONAL QUALITY HOME CARE CORP, INTERANTIONAL QUALITY PCA SERVICES 5600 Woodland St, Ste 1A, Stevens Point WI 54482 (888) 544-2282 international quality.com	Langlade Lincoln Marathon Wood	Skilled Nursing Services-Medicaid, Medicare, LTC; Private Duty: call for all services start rate. Psychiatric Nursing; Transportation, Escort; Daily Living Skills-CLS; 24-7 hour care; Personal Care & Supportive Home Care; Companion Care; Home Health Care; Therapy Services; In Home Respite Services; Transitional, Short-term Care; Wound Care; Memory Care; Hospice Care.
JENEROSITY (715) 451-3434 jen@jenerositycares.com	Marshfield	Services: Errands & shopping, bathing assistance, appointment escorting, companionship, pet therapy, transportation, home modification/ramps, respite care, compression stockings assist, INR testing and more. Call for details.

Organization	Counties Served	Description
KELSEYS ANGELS HOME CARE LLC (715) 573-9862 kelseysangelshomecare2498@gmail.com www.kelseysangels.com	Langlade Lincoln Marathon Wood	Kelsey's Angels Home Care LLC is a non-medical supportive home care agency. We service to elder individuals and individuals with physical and cognitive limitations. We provide our services Monday-Friday and possible weekends upon request. Also, offers window cleaning services, inside and outside of reachable windows, sliding doors (glass, screen, & December 2018). Provides non-emergency medical transportation.
KINDHEARTED HOME CARE, LLC- SUPPORTED HOME CARE 120 S Mill St, Merrill WI 54452 (715) 218-3772 www.kindheartedhomecare.com	Lincoln	Provides companion/homemaker services. Shopping/errands, meal planning/preparation, laundry, personal cares, bathing/grooming, housekeeping, companionship, respite care & coordination of appointments.
LOVING TOUCH HOME CARE LLC PO Box 535, Rhinelander WI 54501 (715) 490-5800 or (888) 326-9132 www.lovingtouchhomecare.com	Lincoln	Provides home health care services, personal care, homemaker services, medications, respite, companionship; hospice; transportation, quality of life services & assistance w/daily living.
LUTHERAN SOCIAL SERVICES-Community Supported Living 207 S Cherry Ave, Marshfield WI 54449 (715) 223-5819 www.lsswis.org	Wood	Offers a wide variety of services & supports aimed at increasing or maintaining independence at home. Trans., meal planning & prep., personal cares, money management, health care support, personal safety, behavioral support, crisis management, technology assistance, Meaningful Day housing counseling through Community Connections. Call for information.
MARSHFIELD SENIOR SERVICES, INC 1001 N Central Ave, Marshfield WI 54449 (715) 387-8004 www.marshfieldseniorservices.com	Marathon Marshfield	Non-medical in home care 1-24 hours a day including Holidays. Bathing/Grooming; Dressing; Medication reminders; Meal planning & preparation; Light housekeeping; Toileting assistance; Shopping & errands; Companionship; Respite care.
MIDSTATE INDENPENDENT LIVING CHOICES, INC 3262 Church St, Stevens Point WI 54481 (715) 344-4210 or (800) 382-8484 www.milc-inc.org https://www.facebook.com/milcinc/	Langlade Lincoln Marathon Wood	Serves people w/disabilities of all ages. Services include: Information & Referral, Advocacy, Independent Living Skills Training, Peer Support, Transition to Community Services, Adaptive Equipment Demonstration, Loan & Assessment, Mental Health Recovery Centers, Residential & Architectural Accessibility, Personal Assistant Services (PAS), Certified IRIS Consultants, and Representative Payee.
NICOLET SUPPORTIVE HOME CARE Langlade: (715) 843-9396 Lincoln: (715) 350-6405 Marathon: (715) 748-6070 Wis. Rapids: (715) 424-8367 staffworksgroup.com	Langlade Lincoln Marathon Wood	Provides non-medical, supportive home care & chore services. Also respite, adult day care & transportation.
PASTIKA INDEPENDENT LIVING SERVICES, LLC Langlade: (715) 370-5425 or (715) 350-9010 or (833) 586-0107 www.gwaar.org Marathon: 3503 Sternberg Ave # 3, Schofield WI 54476 (715) 297-3999	Langlade Marathon	Provides: HH chores, menu planning, grocery shopping, meal prep, laundry assistance, companionship, community outings/activities, transportation & money management. Payee services available.

### CAREGIVER-IN HOME CARE/RESPITE

Organization	Counties Served	Description
PEACE OF MIND IN HOME CARE 9128 Mill Creek Drive, Marshfield WI 54449 (715) 660-6069	Southwest Marathon & Wood	Services include: Alzheimer's (dementia) support, bathing assistance, end of life care, medical appointments, transportation, grocery shopping & delivery, respite, companionship. limited light housekeeping. 3 hr. minimum for normal cares. Call for details.
PREFERRED HOME HEALTH SOLUTIONS, LLC 1307 Cty Rd F, Adams WI (608) 339-7447 www.phhs-llc.com	Wood	Offers personal/supportive home care & respite services.
AVEANNA HEALTHCARE 801 W Fulton St, Ste A, Waupaca WI 54981 (715) 258-2130 aveanna.com	Langlade Lincoln Marathon Wood	Provides skilled nursing for med set-up. IV, home health aides, vents, trachs, wound vacs. Accepts Medicaid, Medicare, some private ins.
SHEPHERDS COMPREHENSIVE HOME NURSING SERVICES, LLC 5255 Pine Crest Rd, Rhinelander WI 54501 (715) 490-2019	Lincoln	Provides registered nursing services in medical, surgical, critical care, & home health. Medication set up, injections, diabetes care, comprehensive nursing assessments, ostomy care, wound care, catheter care, post surgical care, enteral nutrition administration, cardiac & blood pressure monitoring, ventilation care, tracheostomy care, seizure intervention, & other physician prescribed care & treatment.
SOUND HEALTH HOME CARE 802 S 8th Ave, Wausau WI 54401 (715) 219-2070 https://soundhealthhomecare.com	Marathon	Provides light housekeeping, bathing, dressing, laundry, grocery shopping, medication reminders & administration, meal preparation, companionship, grooming, guidance. Call for other services.
SYNERGY HOMECARE 101 Division St N, Stevens Point WI 54481 (715) 869-6100	Langlade Lincoln Marathon Wood	Provides supportive home care services hourly, daily, 24 hour & live-in. Companionship; Meal Planning/Prep; Light Housekeeping; Transportation/Errands; Personal Care; Medication Reminders; Respite Care for Family; Surgery/Cancer Recovery; Alzheimer's/Dementia Care; Showering/Bathing.
TLC HOMECARE 52545 Parrot Ln, Wausau WI 54401 (715) 355-5673 or (715) 581-0491 www.tlchomecarewi.com	Langlade Lincoln Marathon Wood	Provides short term/long term in home services. Shopping/errands, meal planning/prep, laundry, personal cares, housekeeping, companionship, respite care, & medication reminders 24/7. Insured & bonded.
TRANSITIONS AT HOME 4949 Kirschling Court Ste 2, Stevens Point WI 54481 transitionshealth.org (715) 544-2322 Fax: 715-544-6398	Lincoln Marathon Wood	Offers skilled nursing, physical therapy, occupational therapy, and home health aides.
UNIVERSAL HOME HEALTH CARE 1105 Grand Ave Ste 4, Schofield WI 54476 (715) 298-9307 www.uhhci.com	Marathon	Provide services as personal cares, meal preparation, transportation & supportive home care to Hmong, Laotian & other nationalities.
VILLAGE CAREGIVING 800 Wisconsin St, Ste 405A, Eau Claire WI 54703 (715) 492-0191	Langlade Lincoln Marathon Wood	Provides in home, non-medical caregiving. This includes bathing, dressing, hygiene, toileting, ambulation, eating assistance, meal prep, errand running/grocery shopping/transportation, cleaning/laundry, medication reminders, respite, and companionship. We can also work in facilities to work directly with a client or to cover staffing shortages. We are available 24/7. Our caregivers are vetted, reliable, and have a heart made for caring.

#### **CAREGIVER SERVICES**

If you assist someone with their daily needs, such as medications, bathing, meal preparation, etc. you are a caregiver. Whether you're caring for a friend, family member, or neighbor, we can connect you with information, resources, and support to make your role as a caregiver a little easier.



#### **CAREGIVER SUPPORT COORDINATORS**

We have staff members available to meet with you and review the different options for your unique situation. Whether you're looking for information on support groups, respite care options, helping someone with personal care, or if you're simply looking for ways to take better care of yourself, our Caregiver Support Coordinators can help. They can provide information, support and resources to you over time as your role as a caregiver changes and evolves. Caregiver Support Coordinators can meet with you in your home or our office to discuss challenges you're experiencing and help identify workable solutions, share information about resources that can provide support, and help you connect with respite care and other in-home care options.

#### **POWERFUL TOOLS FOR CAREGIVERS**

Powerful Tools for Caregivers teaches caregivers how to take care of themselves while caring for another person. Participants learn about "tools" to become a better caregiver, including strategies to:

- Reduce feelings of stress, guilt, anger and depression
- Manage time, set goals, and solve problems
- Master caregiving transitions
- · Make difficult decisions, and
- Communicate effectively with the person needing care, family members, doctors and paid helpers

Whether you're caring for a spouse, partner, parent or friend who lives at home or in a skilled care facility, this class will help you cope with the challenges that come with your role as a caregiver.

#### ALZHEIMER'S FAMILY CAREGIVER SUPPORT PROGRAM

This program is funded through the State to provide caregivers with ongoing support and reimbursement of some of the expenses related to caring for someone with dementia in a home setting. Reimbursable services are those which are necessary to maintain a person with dementia in the community. Typical services include in-home help, respite care, adult day care and some supplies that assist the caregiver in providing care.

#### NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM

Limited financial assistance is available annually to individuals providing care to others. Call us for more information about program eligibility and status of funds.

For additional information contact ADRC-CW

Antigo Office 1225 Langlade Rd. Antigo, WI 54409 **715-627-6232** 

Marshfield Office 300 South Peach Ave., Suite 1 Marshfield, WI 54449 715-384-8479

Merrill Office 607 North Sales St., Suite 206 Merrill, WI 54452 715-536-0311

Wausau Office 2600 Stewart Ave., Suite 25 Wausau, WI 54401 715-261-6070

Wisconsin Rapids Office 220 3rd Ave. South Wisconsin Rapids, WI 54495 715-421-0014

Or toll free 888-486-9545

WEBSITE www.adrc-cw.org



For additional information contact ADRC-CW

Antigo Office 1225 Langlade Rd. Antigo, WI 54409 715-627-6232

Marshfield Office 300 South Peach Ave., Suite 1 Marshfield, WI 54449 715-384-8479

Merrill Office 607 North Sales St., Suite 206 Merrill, WI 54452 715-536-0311

Wausau Office 2600 Stewart Ave., Suite 25 Wausau, WI 54401 715-261-6070

Wisconsin Rapids Office 220 3rd Ave. South Wisconsin Rapids, WI 54495 715-421-0014

> Or toll free 888-486-9545

WEBSITE www.adrc-cw.org

#### **HOME CARE SERVICES**

Home care services are designed to help individuals remain living at home and in their communities for as long as they desire.

#### WHO SHOULD CONSIDER HOME CARE SERVICES?

- Adults 60 and older with support needs
- Individuals with a disability who have care needs
- Adults of any age recovering from an illness, surgery or hospital stay

#### **TYPES OF HOME CARE SERVICES AVAILABLE:**

- Supportive services house cleaning, meal preparation, laundry etc.
- Personal care services bathing, dressing
- Skilled care health care services, physical therapy, medical social work

#### TIPS FOR HIRING A HOME CARE PROVIDER:

- Interview providers in person
- Ask for references
- Ensure that a criminal background check has been completed for staff
- Document a plan for services to be provided
- Make billing/payment arrangements
- Check availability for services on off-hours or weekends as necessary

#### **QUESTIONS TO ASK WHEN HIRING A HOME CARE AGENCY**

- How long has the agency been in business?
- What training does the staff have?
- Are the caregivers and/or agency certified or licensed by the state?
- Are the caregivers insured?
- Do they experience significant staff turnover

#### **CAREGIVER- SUPPORT/ EDUCATION**

#### ALZHEIMER'S ASSOCIATION WISCONSIN CHAPTER

(800) 272-3900

www.alz.org/wi

Services offered are: help line, family consultation, education, advocacy, public awareness, diagnostic information, safety issues and support groups. The nation's largest voluntary health organization devoted to conquering Alzheimer's disease. Through its national network of chapters, the Alzheimer's Association serves as the premier source of information and support. Virtual options are available. Reach out to our Helpline for the most current offerings.

#### EASTER SEALS WISCONSIN

8001 Excelsior Dr. Ste 200. Madison WI 53717 (608) 277-8288 or (800) 422-2324

www.eastersealswisconsin.com

Provides services to help people w/disabilities gain greater independence. Primary services are: vocational rehabilitation, respite services, camping & recreation, information & referral, & public education.

#### LEUKEMIA & LYMPHOMA SOCIETY, INC-WISCONSIN CHAPTER

PO Box 772395, Detroit, MI 48277-2395 (800) 261-7399

www.lls.org

Provides patient financial/social/emotional support; research programs; public/professional education.

#### PISCES, LLC BEHAVIOR CONSULTING

PO Box 1326. Marshfield WI 54449 (715) 207-2213

Provides behavioral consulting to families & providers caring for individuals w/challenging behavior.

#### CONSUMER INFORMATION

#### BETTER BUSINESS BUREAU SERVING WISCONSIN

10019 W Greenfield Ave. Milwaukee WI 53214 (800) 273-1002 or (414) 847-6000

www.bbb.org/wisconsin

Provides free reviews on businesses & charities operating nationwide. Free complaint resolution service to help consumers resolve complaints against businesses. AUTO LINE for problems w/new cars under Wisconsin's "Lemon Law".

#### CONSUMER PROTECTION HOTLINE

WI Dept. of Agriculture Trade and Consumer Protection 2811 Agriculture Dr, 1PO Box 8911, Madison WI 53708 (800) 422-7128

www.datcp.wi.gov

datcphotline@wisconsin.gov

Provides assistance w/ Landlord/Tenant, telecommunications, ID Theft. Motor Vehicle Repairs. Telecommunications. complaints regarding consumer fraud, false advertising, & unfair/illegal business practices.

#### D M V LICENSING

(608) 264-7447

www.wisconsindmv.gov

Provides driver's license exams, vehicle license & titles. Wisconsin ID, handicapped parking stickers.

#### LEGISLATIVE DIRECTORY

PO Box 8952. Madison WI 53702

(608) 266-9960 or (800) 362-9472

www.legis.state.wi.us/

Will give you the toll-free number directly to your Senator or Representatives office.

#### MARSHFIELD AREA CHAMBER OF COMMERCE & INDUSTRY

700 S Central Ave, Marshfield WI 54449

(715) 384-3454

www.marshfieldchamber.com

Provides economic development services, coordinating community-wide promotions & serving as an information resource for the greater Marshfield area.

#### NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

#### LANGLADE, LINCOLN, MARATHON

(715) 432-0180 Wausau

www.naminorthwoods.org

#### WOOD

(715) 897-5215 Marshfield Area

(715) 544-9653 St Point & Wis Rapids Areas

www.namiportagewoodcounties.org

namiportagewoodcounties@gmail.com

Offers education, support & advocacy for people living with mental illness, as well as for family members & friends. Contact us for info. on free monthly support groups, education programs. We offer Peer Support groups and Family Support groups.

#### NATIONAL DO NOT CALL REGISTRY

(888) 382-1222

www.donotcall.gov

Gives you a choice about whether to receive telemarketing calls at home.

#### OFFICE OF THE COMMISSIONER OF INSURANCE

PO Box 7873, Madison WI 53707

(800) 236-8517

www.oci.wi.gov

Assists complainants w/their insurance problems.

#### PUBLIC SERVICE COMMISSION OF WISCONSIN

4822 Madison Yards Way, Madison 53705-9100 (800) 225-7729

http://psc.wi.gov/

Ensures access to affordable, reliable, safe, & sustainable utility service for every Wisconsinite through regulation of the state's public utilities. Helps resolve disputes w/utilities regarding electric, natural gas, water & limited aspects of telephone service.

#### STATE OF WI DEPARTMENT OF FINANCIAL INSTITUTIONS BUREAU OF CONSUMER AFFAIRS/DIVISION OF BANKING

PO Box 8041, Madison WI 53708 (800) 452-3328 or (608) 264-7969 \*800 line for inside WI

www.wdfi.org/wca/consumer\_credit

For complaints: https://www.wdfi.org/contact\_us/

ComplaintDefault.htm

Answers questions/complaints regarding regulated STATE banks, credit unions, credit cards, debt collection agencies, mortgage companies & investments.

#### UNITED WAY'S 2-1-1

211 or (877) 947-2211, 24/7 Text zip code to 898211, Mon-Fri 8am-4pm www.uwswac.org/2-1-1

Info. & referral program connecting callers w/questions to proper health & human services.

#### UNITED WAY OF MARATHON COUNTY

705 S 24th Ave, Ste 400B, Wausau WI 54401 (715) 848-2927

www.unitedwaymc.org

Brings together people, organizations & resources to create community level change in education, financial stability & health.

#### UNITED WAY OF SOUTH WOOD & ADAMS COUNTIES

351 Oak St, Wisconsin Rapids WI 54494 (715) 421-0390

www.uwswac.org

Focuses on the building blocks of a better life: Education, Income, Health & Safety Net Services.

#### WELL BADGER RESOURCE CENTER

2503 Todd Drive, Madison, WI 53713

(800) 642-7837

email: help@wellbadger.org https://www.wellbadger.org

Provides free, confidential health information and referral services, operated in partnership with the WI Department of Health Services. Well Badger is the place you can go for resources like WIC, BadgerCare Plus, services for children and youth with special health care needs, mental health services, nutrition help, and more.

#### WISCONSIN NO CALL LIST HOTLINE

(608) 224-4999 Madison Office

(866) 966-2255 to sign up for no call list

(800) 422-7128 to initiate a complaint

www.do not call.gov

Consumers signed up for the Wisconsin No Call list can expect to have a reduced number of telephone solicitations at home. Registered numbers will remain on the list forever.

#### DEAF/HARD OF HEARING

#### **HEAR WISCONSIN, INC.**

10243 W National Ave, West Allis WI 53227 (414) 604-2200

www.hearwi.org

HEAR Wisconsin is the most comprehensive nonprofit organization providing services to clients who are Deaf or Hard of Hearing. We help infants, children & adults w/ hearing loss by eliminating communication & language barriers through personalized services; technology/TEPP & education; sign language & Spanish interpreting, assistive hearing device consultations & sales/rental. We also have a mobile Audiology Clinic (MAC). www.hearwi.org/mac.

#### HEARING ADVANTAGE, LLC

5404 Alderson St. Schofield WI 54476 (888) 897-3711

Hearing Advantage is a true family-centered hearing healthcare provider. We offer a unique guided, step-by-step approach to regaining and correcting your hearing through education, quality products, trust in your provider, and longterm follow-up care. Free hearing tests, tinnitus therapy, hearing aid repair, rechargeable Bluetooth hearing aids, electronic hearing protection, hearing aid supplies, and assisted listening devices.

#### MIRACLE EAR

302 N St Joseph Ave, Marshfield WI 54449 (800) 993-2780 www.miracle-ear-marshfield.com 1361 8TH St South, Wisconsin Rapids, WI 54494 (715) 421-0660 or (888) 909-0660 www.miracle-ear-wisconsinrapids.com Free hearing tests (not a medical exam), fittings, personalized programming & aftercare.

#### OFFICE FOR THE DEAF & HARD OF HEARING

610 Gibson St., Ste 1, Eau Claire, WI 54701 (715) 502-9355

dhs.wisconsin.gov/odhh

Offers Info. about services, technologies, & related issues; referrals to appropriate community services & info. Resources; Support -Training to deaf, deafblind, & hard of hearing.

#### TELEPHONE EQUIPMENT PURCHASE PROGRAM (TEPP) - PUBLIC SERVICE COMMISSION

PO Box 7854, Madison WI 53707-7854 (608) 231-3305 or (888) 816-3831

http://tepp.solixinc.com

Helps individuals w/disabilities purchase telecommunications equipment necessary for affordable access to basic telephone services.

#### WI LIONS FOUNDATION (HEARING AID PROGRAM)

3834 Cty Rd A, Rosholt WI 54473 (877) 463-6953 www.wlf.info

Helps needy individuals who cannot afford to purchase hearing aids & does not qualify for other state financial assistance. Income restrictions apply.

#### WINDING CREEK AUDIOLOGY & HEARING AID CARE

903 Grand Ave, Ste C2, Rothschild WI 54474 (715) 298-3166

info@windingcreekaudiology.com

Hearing aid service that accepts all insurances. Services include all hearing tests, hearing aid fitting/services, tinnitus treatment & ear cleaning.

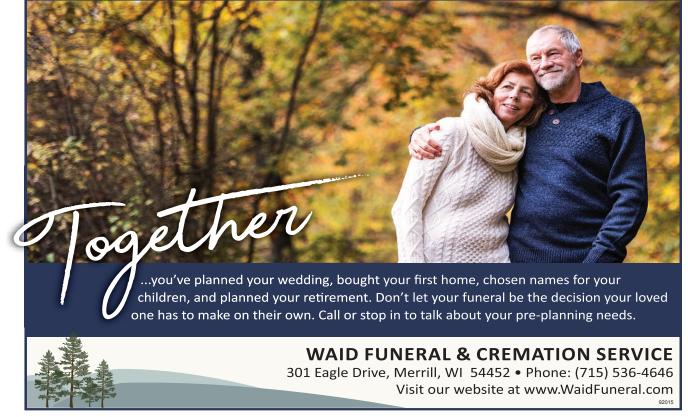
#### WISCONSIN RELAY SYSTEM

Standard User: 711 or (800) 947-3529 Voice Carryover 711 or (877) 490-3724 Hearing Carryover: 711 or (800) 947-3529 Speech to Speech: 711 or (800) 833-7637

Telebraille: 711 or (800) 947-3529 T-Mobile Accessibility Customer Service: (800) 676-3777

www.wisconsinrelay.com

Wisconsin Relay is a no-cost service that enables people who are Deaf, Hard of Hearing, DeafBlind or those with a Speech Disability to place and receive phone calls. Relay calls can be made to anyone, anywhere in the world, 24 hours a day, 7 days a week. Relay operators are specially trained to facilitate the calls. All calls are completely confidential.



#### **DEMENTIA SERVICES**

#### **DEMENTIA CARE SPECIALIST:**

The Dementia Care Specialist (DCS) will meet with individuals and families to help them better understand dementia. Discussion may include early detection, symptoms, progression, and how the person may be impacted over time. The DCS will participate in collaborative planning related to current care needs and anticipated future care needs. Strategies and tools will be offered to improve the quality of life of the person living with dementia, as well as addressing behavioral changes. Stress reduction and caregiver support options will also be identified and encouraged as needed.



#### **MEMORY SCREENS:**

The ADRC offers free, confidential memory screens. Memory screens are suggested for anyone concerned about and/or experiencing cognitive or memory changes. The screen is highly recommended for those at risk due to family history of dementia, and for those seeking to simply monitor their brain health. In general, early detection and treatment result in better outcomes.

#### **DEMENTIA FRIENDS:**

Dementia Friends USA is part of a global movement that is challenging the way people think, act, and talk about dementia. Anyone can be a Dementia Friend. Everyone has a part to play in creating dementia friendly communities! A Dementia Friend is someone who attends an informational session, learns about what it's like to live with dementia, and then turns that awareness and understanding into action.

#### **DEMENTIA FRIENDLY BUSINESS TRAINING:**

Dementia Friendly Business Training works to create 'Dementia Friendly Communities' throughout Central Wisconsin. A 'Dementia Friendly Community' is one in which local businesses, organizations, churches, and community groups become more aware and make simple changes that help a person living with dementia, or their caregiver, feel welcome and safe. The free training teaches about dementia and how to better serve those living with dementia. Dementia Friendly businesses will have access to resources and information about dementia and how it may affect their customers, clients, or participants. Culture, awareness, and community collaboration are keys to welcoming those living with dementia and their caregivers.

#### **DEMENTIA LIVE:**

An opportunity for participants to experience a simulation comparable to what it might be like to live with dementia and cognitive loss. The experience is offered by trained Dementia Care Specialists.

Dementia Basics: Learn about dementia! This class is intended for individuals, family members, caregivers, and anyone else interested in learning more about dementia. Whether you are adjusting to a new diagnosis or hoping to be able to support someone else better, this class will give you some basic knowledge about dementia. Areas that will be covered include; how dementia is defined, the expectations for normal aging, how dementia is different than normal aging, the different types of dementia, how to support someone who is living with dementia, and how to plan for the future. Classes are currently offered at the ADRC offices in Antigo, Merrill, Wausau, Marshfield, and Wisconsin Rapids. In addition, there is also a virtual class option. Additional classes may be available in the region as requested.

#### **BRAIN HEALTH BASICS:**

Learn about brain health! This class is intended for anyone interested in learning more about taking care of the brain. Whether you are adjusting to your later life career, recently retired, or enjoying your twilight years, it is never too early to learn how to care for your brain. This class will identify important options and choices in life that promote a healthy brain. Classes are currently offered at the ADRC offices in Antigo, Merrill, Wausau, Marshfield, and Wisconsin Rapids. In addition, there is also a virtual class option. Additional classes may be available in the region as requested.

#### **SAVVY CAREGIVER:**

7 week class for Caregivers of people living with dementia. The class will help Caregivers focus on themselves, while also increasing their knowledge about dementia, bolstering their skills as a Caregiver for someone living with dementia, and helping the Caregivers improve their outlook and attitude about their confidence in caregiving.

#### **DEMENTIA SERVICES**

#### ADRC-CW DEMENTIA CARE SPECIALIST

(888) 486-9545

www.adrc-cw.org

The Dementia Care Specialist (DCS) will meet with individuals and families to help them better understand dementia. Discussion may include early detection, symptoms, progression, and how the person may be impacted over time. The DCS will participate in collaborative planning related to current care needs and anticipated future care needs. Strategies and tools will be offered to improve the quality of life of the person living with dementia, as well as addressing behavioral changes. Stress reduction and caregiver support options will also be identified and encouraged as needed.

#### ALZHEIMER'S ASSOCIATION WISCONSIN CHAPTER

(800) 272-3900

www.alz.org/wi

Services offered are: help line, family consultation, education, advocacy, public awareness, diagnostic information, safety issues and support groups. The nation's largest voluntary health organization devoted to conquering Alzheimer's disease. Through its national network of chapters, the Alzheimer's Association serves as the premier source of information and support. Virtual options are available. Reach out to our Helpline for the most current offerings.

#### **EDUCATION**

#### ALTERNATIVE HIGH SCHOOL -NORTHCENTRAL TECHNICAL COLLEGE

1000 W Campus Dr, Wausau (715) 803-1786

www.ntc.edu

NTC offers the High School Equivalency Diploma. Student's local high school approval is necessary for enrollment. Students can earn a high school diploma from their home high school in addition.

#### AMERICAN RED CROSS

330 Grand Ave, Ste 104, Wausau WI 54403 Info. (877) 618-6628

Class Registration (800) 733-2767

www.redcross.org

The American Red Cross provides service to military families & offers assistance to victims of natural disasters as well as disasters involving home fires & home flooding. Education courses including first aid, CPR, swimming lessons, & babysitting.

#### CENTRAL WISCONSIN LITERACY COUNCIL

(715) 383-5773

www.centralwisconsinliteracy.org

Helps area adults enhance their quality of life w/English literacy skills.

#### COLLEGE PREP CENTER

1000 Campus Dr Rm C170, Wausau WI 54401 (715) 803-1152

www.ntc.edu

NTC's College Prep Center provides assistance in the areas of college prep (math, reading & writing), GED/HSED, ELL, computer literacy, employment readiness & more. Whether you are just beginning your college journey or returning to school after many years, the College Prep Center instructors & staff are here to help you succeed.

#### LEARNING IS FOREVER (LIFE)

c/o UW-Stevens Point 2100 Main Street Room 032 Old Main Stevens Point, WI 54481-3897 (715) 346-3838

https://www3.uwsp.edu/conted/Pages/LIFE.aspx Learning Is ForEver (LIFE) is a membership-based association dedicated to providing adult learners the opportunity to expand their knowledge, engage in discussion, and make new friends. Over 100 programs are delivered in-person and via Zoom. Membership is \$50/semester.

#### MERRILL ADULT DIPLOMA ACADEMY (MADA) & NTC LEARNING CENTER

1004 E 1st St, Merrill WI 54452 (715) 536-1431

Offers GED Diploma preparation; Employability classes; Computer skill improvement, Assistance with resume preparation, Reading, writing & math skill building. Services are free. Located in the lower level of Merrill City Hall.

#### MID-STATE TECHNICAL COLLEGE

Marshfield Campus 2600 W 5th St, Marshfield WI 54449 (715) 387-2538 Wisconsin Rapids Campus 500 32nd St N, Wisconsin Rapids WI 54494 (715) 422-5300 www.mstc.edu

MSTC offers...\*More than 60 different degree programs in today's most in-demand career fields \*Career advancement and worker retraining \*Entry-level education for recent high school graduates \*Basic skills and literacy education (including HSED/GED) \*Technical assistance to business and industry \*Community Economic development \*Personal enrichment opportunities \*Disability Services Specialist at each location (call 715-422-5452).

#### NCCAP AMERICORPS TEAM - GREATER WAUSAU AREA

911 Jackson St, Wausau WI 54403 (715) 849-5212

sfrodl@nccapinc.com

NCCAP AmeriCorps Team Members serve for a year (or less) in local non-profit, government and faith based agencies & schools to address the following problems: K-12 Mentoring & Tutoring; Adult & Family Literacy, Math, English as a Second Language, Human Service Needs; Disaster Preparedness/Relief/Response, Community Service projects, activities & events.

#### TRANSITION SERVICES

Transitioning from school to adulthood can be exciting and overwhelming especially for adults with disabilities. ADRC can help you navigate the options and make sure you have all of the necessary information to make your next stage in life successful. The ADRC can assist you.

#### WE ARE HERE TO HELP.

- Provide the tools necessary to assist with choices, rights and future planning into adult programs and services after high school including determining eligibility for Family Care or IRIS if appropriate;
- Provide information on Supported Decision Making; Power of Attorney for health and finances, Representative payee; and Guardianship;
- Provide direction and assistance in understanding your benefits such as Social Security and Medicaid;
- Review Vocational services and programs for future employment, whether part time or full time.
- Explore Educational opportunities beyond High School.



For additional information contact ADRC-CW

Antigo Office 1225 Langlade Rd. Antigo, WI 54409 715-627-6232

Marshfield Office 300 South Peach Ave., Suite 1 Marshfield, WI 54449 715-384-8479

Merrill Office 607 North Sales St., Suite 206 Merrill, WI 54452 715-536-0311

Wausau Office 2600 Stewart Ave., Suite 25 Wausau, WI 54401 715-261-6070

Wisconsin Rapids Office 220 3rd Ave. South Wisconsin Rapids, WI 54495 715-421-0014

> Or toll free 888-486-9545

WEBSITE www.adrc-cw.org

#### NORTHCENTRAL TECHNICAL COLLEGE

#### LANGLADE

312 Forrest Ave, Antigo WI 54409 (715) 623-7601 or (888) 682-7144

#### **LINCOLN & MARATHON**

1000 W Campus Dr. Wausau WI 54401 W Campus Dr, Wausau WI 54403 (715) 675-3331 or (888) 682-7144 www.ntc.edu

NTC offers associate degree, technical diploma & certificate options, as well as a variety of professional development and continuing education opportunities. Students have the opportunity to transfer with junior status to over 50 four-year colleges and universities and can take advantage of the College's Liberal Arts Transfer Degree.

#### PROJECT SEARCH

**MARSHFIELD:** Marshfield Medical Center 611 St Joseph Ave, Marshfield WI 54449

Anne Dick (715) 305-3188

dick@marshfieldschools.org

https://www.marshfieldschools.org/Page/1132 or www. projectsearch.us

**WAUSAU:** Aspirus Wausau Hospital-See contact info below.

WI RAPIDS: Aspirus Riverview Hospital 320 W Grand Ave, Ste 102, WI Rapids WI 54495

Caralee Morrison (715) 315-0593

Caralee.morrison@dwd.wi.gov

Ann Lepak (715) 424-2712

alepak@odcinc.com

The Project SEARCH Transition-to-Work Program is a unique, business-led, one-year employment preparation program that takes place entirely at the workplace. Total workplace immersion facilitates a seamless combination of classroom instruction, career exploration & hands-on training through worksite rotations. The program culminates in individualized job development.

#### PUBLIC LIBRARY

Provides a wide variety of materials in print, microfilm, digital, & electronic formats, including books (regular & large print). newspapers, eBooks, magazines, & genealogical material. Language library. Books on CD, music CDs, DVDs, & computer & video games. Call individual branches for times when open:

Antigo - 617 Clermont St (715) 623-3724

Arpin – 8091 County E (715) 652-2273

Athens – 221 Caroline St (715) 257-7292

Edgar – 224 S 3rd Ave (715) 352-3155

Elcho - Elcho School, N11268 State Hwy 45 (715) 275-3225 ext. 133

Elton – W4904 Hwy 64 East (715) 882-3881

Hatley - 435 Curtis Ave (715) 446-3537

Marshfield – 105 S Maple Ave (715) 387-8494

Marathon City – 515 Washington St (715) 443-2775

Mosinee - 123 Main St (715) 693-2144

Nekoosa - 100 Park St (715) 886-7879

Pittsville – 5291 3rd Ave (715) 884-6500

Rothschild – 211 N Grand Ave (715) 359-6208

Spencer – 105 S Park St (715) 659-3996

Stratford – 213201 Scholar St. (715) 687-4420

T.B. Scott Free Library – 106 W 1st St, Merrill, WI 54452:

(715) 536-7191

Tomahawk Public Library - 300 W Lincoln Ave, Tomahawk, WI 54487 (715) 453-2455

Vesper – 6550 Virginia St (715) 569-4669

Wausau - 300 N 1st St (715) 261-7200

WI Rapids - 490 E Grand Ave (715) 422-5133 or (715) 423-1040

White Lake – 615 School St (715) 882-8525

#### RETIREMENT WELL-BEING PROGRAMS

705 S 24th Ave, Ste 400B, Wausau WI 54401 (715) 298-5721

www.unitedwaymc.org/rsvp.htm

Monthly programs that focus on different aspects of healthy, active living for older adults. Topics:Program topics include: Vitamins & Supplements, Spring/Fall Birding, How to Prevent Fraud & Identity Theft, Hands Only CPR, Medicare Basics.

#### UW - EXTENSION

#### **LANGLADE**

1225 Langlade Rd, Antigo WI 54409 (715) 627-6236

langlade.uwex.edu/

#### LINCOLN

801 N Sales St, Ste 101, Merrill WI 54452

(715) 539-1072

www.lincoln.uwex.edu/

#### **MARATHON**

212 River Dr. Ste 3, Wausau WI 54403

(715) 261-1230

www.marathon.uwex.edu

#### WOOD

400 Market St, Wisconsin Rapids WI 54495

(715) 421-8440

www.wood.uwex.edu

Provides knowledge & resources to engage people & their communities in positive change.

#### **EMPLOYMENT**

#### **APTIV**

3000 South Ave, La Crosse WI 54601

https://www.aptiv.org/services-we-offer/adults/learn/benefitscounseling

(608) 784-9450

Provides work incentives counseling to Social Security Beneficiaries w/disabilities to help make informed decisions about their work & benefits.

#### AURORA VOCATIONAL SERVICES

451 Grand Ave, Schofield WI 54476 (715) 359-2879

www.auroraservices.com

Providing assistance to people w/disabilities seeking to obtain or maintain community based employment. Also have an Adult Day Center.

#### DEPARTMENT OF WORKFORCE DEVELOPMENT/ EQUAL RIGHTS DIVISION

PO Box 8928, Madison WI 53708-8928 (608) 266-6860

dwd.wisconsin.gov/er

Administers Wisconsin's Fair Employment Law, Public Accommodations Law, Family & Medical Leave Act (FMLA), Open Housing Law, & retaliation for filing complaints about health care facilities or toxic substances. Handles complaints for unpaid wages, minimum wage, overtime, business closing & mass layoff, cessation of health care benefits child labor, & personnel records. Filing of complaints is time sensitive.

### DIVISION OF VOCATIONAL REHABILITATION (DVR)

731 N 1st St, Ste 4000, Grand Ave, Wausau WI 54403 320 W Grand Ave, Ste 102, Wisconsin Rapids WI 54495

(715) 261-8760 or (800) 469-0917

www.dwd.wisconsin.gov/dvr

Individuals w/disabilities that are having problems getting or retaining employment due to their disability.

#### **EMPLOYMENT RESOURCES INC**

4604 Cottage Grove Rd, Madison WI 53714 (608) 246-3444

www.eri-wi.org

Provides work incentives planning & assistance to Social Security Beneficiaries w/disabilities to help make informed decisions about their work & benefits.

### FARM (FARM ASSESSMENT & REHABILITATION METHODS)

8001 Excelsiór Dr, Ste 200, Madison WI 53717 (608) 237-1446

http://farm.eastersealswisconsin.com

Program helps individuals & families cope w/effects of a disability & makes it possible for them to return to farming after a disabling injury or illness. Rural specialists statewide provide on-site rehabilitation assessments & recommendations.

#### FORWARD SERVICES CORPORATION

**LANGLADE** 

312 Forrest Ave, Antigo WI 54409 (Inside NTC) (715) 623-2117

LINCOLN

607 North Sales St, Merrill WI 54452 (inside Health & Human services building)

(715) 804-4018

**MARATHON** 

731 N First St St 4000, Wausau WI 54403 (inside Job Center)

(715) 261-8700

www.fsc-corp.org

Employment, training & support services to help eligible low income Wisconsin residents secure & maintain employment. Also, has emergency services, WEATP funds and Job Access Loans to help with transportation. Apply for the W2 Program at 855-733-1311 or apply on line at https://access.wisconsin.gov/access/

Apply for a Job Access Loan at: https://access.wisconsin.gov/access or call 1-855-733-1311. For Emergency Assistance you can apply online: https://access.wisconsin.gov/access or call 1-800-771-8420.

#### **GOODWILL INDUSTRIES**

**MARSHFIELD** 

2220 N Central Ave, Marshfield WI 54449 (715) 387-1300

**NC WISCONSIN** 

2405 Hwy 64 E Antigo WI 54409

(715) 623-3767

#### **RIB MOUNTAIN & WESTON**

152500 Morning Glory Ln, Wausau WI 54401 (715) 355-9452

2713 Schofield Ave, Weston WI 54476

(715) 355-6086

#### **WISCONSIN RAPIDS**

2561 8TH St S, Wisconsin Rapids WI 54494 (715) 421-2991

www.goodwillncw.org

Provides work experience for people w/special needs. The Good Neighbor program provides emergency assistance—on a referral basis only—to agency clients, allowing them to select products from our retail stores. Contact the ADRC-CW for certificates at (888) 486-9545.

#### **IBA RESOURCES LLC**

(888) 206-6028

info@ibaresources.com

www.ibaresources.com

Provides benefit analysis, work incentive counseling, job placement, supported employment, vocational skills training & job coaching.

#### JOB ACCESS LOAN PROGRAM

731 N 1st St, Ste 4000, Wausau WI 54403 (715) 261-8700

Loans are short-term, no interest designed to assist eligible individuals to meet emergency needs that support obtaining or maintaining employment. May include: assistance in paying car repairs necessary for employment, car loans for transportation to work, clothing/uniforms/equipment expenses, rent or security deposits, if related to employment (relocation, etc), moving expenses to a new area for employment.

### JOB CENTER OF WISCONSIN

211 E Second St Ste 123, Marshfield WI 54449 (888) 258-9966 or (715) 321-1011

WAUSAU

731 N 1st St, Ste 4000, Wausau WI 54403 (715) 261-8700

#### **WISCONSIN RAPIDS**

320 W Grand Ave, Ste 102, Wisconsin Rapids WI 54495 (715) 422-5000

www.jobcenterofwisconsin.com

Provides help for persons needing assistance in gaining employment.

#### JOB CORPS ADMISSIONS & PLACEMENT

903 Grand Ave, Ste C-2, Rothschild WI 54474 (800) 733-5627

www.jobcorps.gov

Comprehensive employment training program for young men & women. Program includes: GED/HSED, drivers licensing, free on-campus living/meals included, earned bonuses up to \$1,200, medical & dental coverage, job placement upon graduation, job skills training, w/8 trades to choose from, self-paced learning environment, bi-weekly allowance. Languages: Spanish speaking applicants please call 800-733-jobs.

Eligibilities: 16-24 yr. low-income, H.S. drop-out or graduate, w/or w/out disabilities.

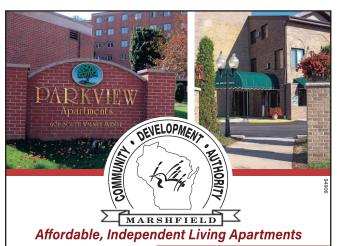
#### MIDSTATE INDEPENDENT LIVING CHOICES, INC.

3262 Church Street, Stevens Point WI 54481 (715) 344-4210 or (800) 382-8484

www.milc-inc.org

https://www.facebook.com/milcinc/

Serves people w/disabilities of all ages. Services include: Information & Referral, Advocacy, Independent Living Skills Training, Peer Support, Transition to Community Services. Adaptive Equipment Demonstration, Loan & Assessment, Mental Health Recovery Centers, Residential & Architectural Accessibility, Personal Assistant Services (PAS), Certified IRIS Consultants, and Representative Payee.



Available for eligible...

- Families
- Adults
- Seniors
- Persons with Disabilities

Monthly rent is based on 30% of income with a maximum rent payment of \$575

For more info or a tour. CALL 715-387-0528 ext. 308

#### NOW RENTING • • •

- ✓ 1-Bedroom Apartment
- ✓ Applications Processed Immediately
- ✓ 24 HR Security
- ✓ On-Site Laundry
- ✓ Kitchen Applicances Included
- ✓ TV & Internet at Reduced Rate
- ✓ Affordable Lunch Program
- ✓ Steps Away From Downtown

The CDA is pledged to the letter and spirit of U.S. policy for the achievement of equal housing opportunity throughout the Nation. We encourage and support an affirmative advertising and marketing program in which there are no ba housing because of race, disability, color, religion, gender, sexual orientation, or national origin.

#### NATIONAL COLLABORATIVE ON WORKFORCE & DISABILITY

Toll Free: (877) 871-0744 TTY Toll Free: (877) 871-0665 www.ncwd-youth.info

collaborative@iel.org

Making connections between youth w/disabilities & employment. Provides links for youth & their families, teachers, & service administrators. Posts resources to support employers who work w/youth w/disabilities.

#### NCHC PREVOCATIONAL SERVICES-MERRILL

2100 E 6th St. Merrill WI 54452

(715) 539-2510

www.co.lincoln.wi.us

Serves adults w/developmental/physical disabilities. Services: prevocational; integrated & supported employment; day services; job coaching.

#### NORTH CENTRAL HEALTH CARE PREVOCATIONAL SERVICES

5424 Sherman St, Wausau WI 54401 (715) 841-5183 or (715) 841-5172 1225 Langlade Road, Antigo WI 54409 (715) 627-6694

www.norcen.org

Pre-vocational & vocational services for adult's ages 18+ w/ developmental disabilities, offering prevocational training in production, community, & class room settings. Supportive employment, classroom education addressing both vocational & basic daily living skills.



#### NORTHERN VALLEY INDUSTRIES. INC.

5404 Sherman St, Wausau WI 54401-8390 (715) 845-7316

www.norvalinc.com

Employment and employment supports for individuals with obstacles to employment. Flexible part time light assembly and packaging work for people looking to supplement their income. Easy pace, great atmosphere and a welcoming group of co-workers. Join us...

### OPPORTUNITY DEVELOPMENT CENTER, INC. (ODC)

LINCÓLN

903 E 2nd St, Merrill WI 54452

(715) 536-7322 **MARSHFIELD** 

2406 E 21st St. Marshfield WI 54449

(715) 387-1161

#### **WISCONSIN RAPIDS**

1191 Huntington Ave, Wisconsin Rapids WI 54494 (715) 424-2712 or (888) 544-6331

www.odcinc.com

ODC assists individuals in achieving their goals in both work & life. ODC supports children and adults with disabilities by providing employment services and assistance in becoming more independent in their communities. ODC Mental Health Services supports adults, adolescents and children through recovery from mental health and/or substance abuse disorders.

#### PROJECT SEARCH

**MARSHFIELD:** Marshfield Medical Center

611 St Joseph Ave, Marshfield WI 54449

Anne Dick (715) 305-3188

dick@marshfieldschools.org

https://www.marshfieldschools.org/Page/1132 or www.projectsearch.us

**WAUSAU:** Aspirus Wausau Hospital-See contact info below. **WI RAPIDS:** Aspirus Riverview Hospital

320 W Grand Ave, Ste 102, WI Rapids WI 54495

Caralee Morrison (715) 315-0593

Caralee.morrison@dwd.wi.gov

Ann Lepak (715) 424-2712

alepak@odcinc.com

The Project SEARCH Transition-to-Work Program is a unique, business-led, one-year employment preparation program that takes place entirely at the workplace. Total workplace immersion facilitates a seamless combination of classroom instruction, career exploration & hands-on training through worksite rotations. The program culminates in individualized job development.

### SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM

401 Technology Drive E, Menomonie WI 54751 inquire@workforceresource.org

www.workforceresource.org

(855) 792-5439 or Gary (877) 711-9390 ext. 1311, E-mail: veltusg@workforceresource.org

Career Planners work one-on-one to set goals & create an individual plan for employment for each participant. Provide training at a local non-profit or government agency while working to find employment. This service is available to people who are age 55 & up & have low or no income.

### SENIOR TRAINING & EMPLOYMENT PROGRAM: STEP

PO Box 8027, 2900 Curry Ln, Green Bay WI 54311 (920) 468-1161

www.curativeconnections.org

Employment & training program to assist older workers in returning to the workforce.

# FINANCIAL ASSISTANCE PROGRAMS

### CENTRAL WISCONSIN COMMUNITY ACTION COUNCIL. INC

PO Box 430, Wisconsin Dells WI 53965 (608) 253-0944

Helping individuals manage their money to meet their needs & assure them a better quality of life. Provides Rep Payee Services, Conservatorships, Trustee Services, & Federal Fiduciary.

#### **CHRISTMAS CHARITIES**

202 Callon St, Wausau WI 54401 (715) 845-4272

Under the coordination of the Salvation Army, community groups provide seasonal charity in the form of Christmas food baskets, toy shop, hats, mittens, new underclothing, socks, blankets etc.

#### **COMMUNITY CLOSET**

N9570 Cty B, Summit Lake WI 54485 (across from P.O.) Offers free clothes to anyone who can use them. Bedding available. Hours: Tuesdays 10:00a.m.-noon, Wednesdays 4-6 p.m. & Saturdays 9-10 a.m. No calls accepted.

### COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM - ATHENS RESIDENTS

PO Box 220, Athens WI 54411

(715) 257-9170

www.athenswis.com

Housing rehabilitation program for low-to moderate-income Village of Athens residents only to make homes safe, sanitary & livable. Rehabilitation to make homes accessible & furnace replacement.

Uses revolving funds, so the grant is paid back when the home is sold. Also provides rehabilitation funds (these loans aren't zero% interest though) to landlords who rent to low-income residents.

### COMMUNITY DEVELOPMENT BLOCK GRANT CITY OF MERRILL

1004 E 1st St, Merrill, WI 54452

(715) 536-4880

www.ci.merrill.wi.us

Provides home ownership opportunities, home rehabilitation loans. Accessibility Modifications. Must be a Lincoln Co. resident to be eligible.

## COMMUNITY DEVELOPMENT BLOCK GRANT **PROGRAM - EDGAR RESIDENTS**

BG & Associates, Grant Administrators PO Box 10, Bear Creek WI 54922 (800) 762-0665 or (715) 752-4620 barb.gabrielson@gmail.com

Administers a revolving fund for home improvement, including weatherproofing (roof, insulation, siding, furnace, windows) & making home more accessible. Village of Edgar Residents only.

## COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM - SPENCER RESIDENTS

PO Box 360, Spencer WI 54479 (715) 659-5423

Revolving rehabilitation loan fund offers deferred-payment plan for low or moderate income Village of Spencer families or seniors, to fix up their houses (e.g. insulation & weatherization, emergency furnace repair or replacement, handicap accessibility, etc).

## COMMUNITY DEVELOPMENT DEPARTMENT. WAUSAU

407 Grant St, Wausau WI 54403 (715) 261-6680

www.ci.wausau.wi.us

Homeowners'/buyers' programs for properties w/in the Wausau city limits. Rehabilitation Program for home safety/repair; Home Rental Rehabilitation Program; Down Payment Program; Housing Counseling Program & Fair Housing Program.



#### COMMUNITY LINK PROGRAM - SACRED **HEART/ST. MARY'S HOSPITAL**

LINCOLN

St. Mary's Hospital 2251 North Shore Dr. Rhinelander WI 54501 Sacred Heart Hospital 401 W Mohawk Dr, Tomahawk WI 54487 (715) 453-7700 ext 62040 Helps you navigate through the healthcare system.

#### **ENERGY SERVICES**

#### LANGLADE

1225 Langlade Rd, Antigo, WI 54409 (715) 627-6500

#### LINCOLN

607 N Sales St, Ste 202, Merrill WI 54452 (715) 539-1344

#### **MARATHON**

401 5th St, Ste 443, Wausau WI 54403 (715) 842-3111

Apply online at heat.help

#### WOOD

111 West Jackson St, Wisconsin Rapids, WI 54495 (715) 421-8654

Email: heat@co.wood.wi.us

Wisconsin HomeEnergy Assistance Program (WHEAP) & Weatherization Assistance Program (WAP). WHEAP provides assistance for heating costs, electric costs, & energy crisis situations. One-time payment during the heating season (October 1 – May 15). It is intended to assist the resident w/their energy costs. Assistance may also be eligible for Weatherization, Crisis, &/or Furnace Services. Also offering rent assistance & water bill assistance for qualified households by calling 800 506-5596 or emailing www.wera.help for renters and www.wisconsinwater.help for homeowners.

Online application: https://energybenefit.wi.gov

#### FOUNDATION FOR RURAL HOUSING, INC.

4510 Regent St, Madison WI 53705 (608) 238-3448

www.wisconsinruralhousing.org

Provides small, one-time financial assistance to rural residents w/issues related to housing. Assistance w/security deposits, rent & utility payment assistance, may provide assistance w/overdue property taxes & mortgage payments.



#### GOODWILL INDUSTRIES

#### **MARSHFIELD**

220 N Central Ave, Marshfield WI 54449

(715) 387-1300

#### **NC WISCONSIN**

2405 Hwy 64 E Antigo WI 54409

(715) 623-3767

#### **RIB MOUNTAIN & WESTON**

1101 Morning Glory Ln, Wausau WI 54401

(715) 355-9452

2713 Schofield Ave, Weston WI 54476

(715) 355-6086

#### **WISCONSIN RAPIDS**

2561 8TH St S, Wisconsin Rapids WI 54494

(715) 421-2991

www.goodwillncw.org

Provides work experience for people w/special needs. The Good Neighbor program provides emergency assistance—on a referral basis only-to agency clients, allowing them to select products from our retail stores. Contact the ADRC-CW for certificates at (888) 486-9545.

## **GUARANTEED RURAL HOUSING LOAN PROGRAM**

5417 Clem's Way, Stevens Point WI 54482

(715) 345-7611

www.rd.usda.gov/wi

wisconsin-grh@wi.usda.gov

Assistance to support the housing needs of rural people (residing in communities up to 20,000 population) who are unable to get a conventional loan from a bank or other lending institution. Requires no down payment & loan closing costs/repairs up to the properties appraised value can be financed.

#### HOMEOWNER DOWN PAYMENT PROGRAM-**WAUSAU RESIDENTS ONLY**

407 Grant St, Wausau WI 54403

(715) 261-6680

www.ci.wausau.wi.us

Households who income qualify and have \$1500 of their own money may be eligible for a low-interest Down Payment Assistance loan between \$5,000-\$10,000 to purchase a single-family home (excl. mobile homes) in the City of Wausau. Funds can be used for down payment & closing costs.

#### INCOME MAINTENANCE – CENTRAL CONSORTIUM

#### LANGLADE, MARATHON

(888) 445-1621

INCOME MAINTENANCE - NORTHERN CONSORTIUM LINCOLN, WOOD

(888) 794-5722

Provide eligibility & enrollment services to residents of Marathon & Langlade Counties for public assistance programs. These programs include FoodShare, Medicaid, BadgerCare Plus, Family Planning Only Services, & Caretaker Supplement.

#### JOB ACCESS LOAN PROGRAM

731 N 1st St, Ste 4000, Wausau WI 54403 (715) 261-8700

Loans are short-term, no interest designed to assist eligible individuals to meet emergency needs that support obtaining or maintaining employment. May include: assistance in paying car repairs necessary for employment, car loans for transportation to work, clothing/uniforms/equipment expenses, rent or security deposits, if related to employment (relocation, etc), moving expenses to a new area for employment.

#### KINSHIP CARE PROGRAM

#### LANGLADE

1225 Langlade Rd, Antigo WI 54409 (715) 627-6500

LINCOLN

607 N Sales St, Ste 202, Merrill WI 54452 (715) 536-6200

**MARATHON** 

400 E Thomas St, Wausau WI 54403 (715) 261-7500

#### WOOD

111 West Jackson St, Wisconsin Rapids, WI 54495 (715) 421-8400 or (715) 387-3791

Program to help support a child who resides outside of his/ her own home, either temporarily/long term, w/a relative. Placement assessed to determine if there is a need for protection or services. Criminal background check of all adults having contact w/the child/adults living in the home is mandatory, along w/a home visit.

#### LIFELINE ASSISTANCE-PUBLIC SERVICE COMMISSION

(800) 225-7729

https://psc.wi.gov/Pages/Programs/LifeLineLinkup.aspx Program provides qualified consumers w/a discount on monthly charges for their primary phone line. WI residents are eligible for Lifeline service if they meet any of the following criteria: Household Income less than 135% of the federal poverty level; Receive Medical Assistance or Medicaid/BadgerCare; Receive Supplemental Security Income; Receive Food Stamps/SNAP; Qualify for State or Federal Home Energy Assistance; Qualify for WI Homestead Tax Credit; Section 8 Subsidized Housing; Veterans Pension & Survivors Benefit.

## **MARSHFIELD MEDICAL CENTER - PATIENT ASSISTANCE CENTER**

1000 N Oak St, Marshfield WI 54449 (715) 389-4475

Assists patients w/insurance eligibility, managed care requirements & patients who are uninsured/underinsured referring them to available programs that assist in paying for medical services, medication or other social needs.

#### **NEWCAP. INC**

#### LANGLADE

1201 Main St, Oconto WI 54153 (800) 242-7334 or (920) 834-4621

www.newcap.org

Provides assistance to individuals. Section 8 Voucher homebuyer, tenant based rental grant assistance, homeless prevention, rapid rehousing, home owner assistance program, work n wheels program, DV Rapid Re-Housing, Financial Capabilities, Steps to Success, Create Your Own Opportunities.

## NORTH CENTRAL COMMUNITY ACTION PROGRAM

#### LINCOLN

503 S Center Ave, Ste 1, Merrill WI 54452

(715) 536-9581

**MARATHON** 

911 Jackson St, Wausau WI 54403 (715) 842-0681

MARSHFIELD

149 N Central Ave, Marshfield WI 54449

(715) 387-2626

**WISCONSIN RAPIDS** 

2111 8th St S, Ste 102, Wisconsin Rapids WI 54494 (715) 424-2581

www.wiscap.org/

Provides assistance to individuals: Housing, Emergency Rent Payments, Outreach, Section 8 (Lincoln County), Americorps, and weatherization.

#### PARTNERSHIP FOR PRESCRIPTION ASSISTANCE

www.pparx.org

Offers a single point of access to more than 475 public & private patient assistance programs, including more than 150 programs offered by pharmaceutical companies. Eligibility: Patients who do not have prescription coverage & are having trouble affording their medicines.

#### PROPERTY TAX DEFERRAL LOAN PROGRAM

908 E Main Street, Suite 501 Madison, WI 53703 (800) 755-7835

Offering loans to assist lower income owner occupants age 65 or a qualified veteran, household income can't exceed \$20,000, must be current on property taxes—will not help pay back taxes. Maximum loan is \$3,525 or the higher of your tax bill. Outstanding mortgage/loan cannot be more than 33% of the appraised value of home. This is a loan & lien will be put on your property. Fee for the loan covers title search, Broker Price Opinion & recording lien. Program runs January 1 through June 30th.

#### SAFELINK WIRELESS

PO Box 220009, Milwaukee OR 97209-0009 (800) 723-3546

www.safelinkwireless.com

A program that enables qualifying customers to receive discounts on monthly telephone service.

#### SALVATION ARMY

#### **LANGLADE**

1630 N Superior, Antigo WI 54409 (715) 623-7838

www.usc.salvationarmy.org

#### LINCOLN

503 S Center Ave, Ste 2, Merrill WI 54452 (715) 539-2666

stvincentdepauloutreach@gmail.com

#### TOMAHAWK AREA

108 W Somo Ave, Tomahawk WI 54487 (715) 453-5939

#### **MARATHON**

202 Callon St, Wausau WI 54401

(715) 845-4272

www.sawausau.org

Provides material assistance of food & shelter to eligible individuals in emergency or disaster situations.

#### SHEPHERD'S LOFT

Baker Street Wesleyan Church 640 Baker St, Wisconsin Rapids WI 54494 www.bakerstwesleyan.org (715) 421-5335

Free clothing, limited household items. Call to make an appointment to come in.

#### ST MARY'S THRIFT CELLAR

320 E Washington Ave, Tomahawk WI 54487 (715) 453-2878

Specializing in gently used clothing, books, furniture and small household items. Proceeds from sales of donated items benefit St Mary's School. Hours are on Tuesdays 4-7:00 pm & Wednesdays & Fridays 9:00 am to 3:00 pm.

#### ST VINCENT DE PAUL OUTREACH

#### LINCOLN

503 S Center Ave, Ste 2, Merrill WI 54452 (715) 539-2666

#### **MARATHON**

131 West Thomas Street Wausau, WI 54401 Telephone: (715) 298-3028

#### WOOD

149 N Central Ave, Marshfield WI 54449 (715) 387-0395

Provides temporary/emergency assistance for food, emergency lodging, clothing, rent, transportation, utilities, & other needs based on funds available & level of need.

## FINANCIAL ASSISTANCE PROGRAMS, FINANCIAL COUNSELING

## WISCONSIN HOUSING & ECONOMIC DEVELOPMENT AUTHORITY (WHEDA)

908 E Main St, Ste 501, Madison WI 53703 (608) 266-7884 or (800) 334-6873 www.wheda.com

Provides low-cost, fixed interest rate mortgages to low & moderate income individuals & families to purchase a home.

#### WISLOAN PROGRAM

3262 Church St, Ste 1, Stevens Point WI 54481 (715) 344-4210 or (800) 382-8484

www.milc-inc.net

Wisloan is a loan program designed to provide financing for assistive technology, home modifications, or vehicle modifications. In order to apply for Wisloan you must apply through an Independent Living Center. One of the IL Department staff will assist in the application process.

## FINANCIAL COUNSELING

## CENTRAL WISCONSIN COMMUNITY ACTION COUNCIL. INC

PO Box 430. Wisconsin Dells WI 53965 (608) 253-0944

Helping individuals manage their money to meet their needs & assure them a better quality of life. Provides Rep Payee Services, Conservatorships, Trustee Services, & Federal Fiduciary.

#### COVANTAGE CREDIT UNION

723 6th Ave, Antigo WI 54409 (715) 627-4336

www.covantagecu.org

Provides free financial counseling, credit report counseling, dept management planning, & credit builder loans.

#### **GREEN PATH FINANCIAL WELLNESS**

725 Heartland Trail Ste #110, Madison WI 53717 (800) 550-1961

greenpath.com

Offers free credit & debt counseling to help ease financial stress, address your financial concerns & develop a plan for living a financially healthy life.

#### HOUSECALLS OF MENOMONIE, INC

1921 Talen St, Menomonie WI 54751 (715) 232-6475 or (888) 232-6475

www.housecallsinc.org

Representative Payee works w/a person to help them live on a budget. Makes sure the individual has the funds available for their housing, utilities, food, medical & personal needs. Helps them to save for unexpected costs that could arise. Corporate Guardianship services also provided as assigned by the courts.

#### MARSHFIELD MEDICAL CENTER - COMMUNITY RESOURCES

1000 N Oak Ave, Marshfield WI 54449 (715) 389-5008

Community Resources serves as a link to patients, families and providers of the Marshfield Medical Center system to obtain necessary community resources. Patients and families served through Marshfield Medical Center have access to outpatient social work services to assist them in navigating resources and services related to their health care needs.

#### MIDSTATE INDEPENDENT LIVING CHOICES, INC.

3262 Church Street, Stevens Point WI 54481 (715) 344-4210 or (800) 382-8484

www.milc-inc.org

https://www.facebook.com/milcinc/

Serves people w/disabilities of all ages. Services include: Information & Referral, Advocacy, Independent Living Skills Training, Peer Support, Transition to Community Services, Adaptive Equipment Demonstration, Loan & Assessment, Mental Health Recovery Centers, Residential & Architectural Accessibility, Personal Assistant Services (PAS), Certified IRIS Consultants, and Representative Payee.

#### ST LAWRENCE COMMUNITY SERVICE

540 S 3rd Ave, PO Box 2186, Wausau WI 54402 (715) 849-3311 or (888) 212-4357

Certified experienced staff will tailor assistance to clients who need help managing their finances.

#### **UPPER MIDWEST PENSION RIGHTS PROJECT**

1265 Grev Fox Rd. Arden Hills. MN 55112 (866) 783-5021

www.midwestpensions.org

Provides FREE pension counseling assistance, including filing Claims & Appeals for pension benefits, obtaining Pension Plan documents, checking pension calculations, & answering questions.

#### WISCONSIN DEPARTMENT OF REVENUE

730 N Third St, Wausau WI 54403

(715) 842-8665

www.revenue.wi.gov

Aids taxpayers filing for Homestead Credit & Wisconsin State Income Tax forms.

#### **WISPACT**

226 Corporate Dr, Madison WI 53714 (608) 268-6006

www.wispact.org

Wisconsin Pooled & Community Trusts is a statewide nonprofit that creates & manages pooled & community Special Needs Trusts for people w/disabilities, to help the person w/disabilities retain their public benefits & live a better quality of life.

## **NUTRITION PROGRAMS**

Balanced nutrition is so important to maintain independence and good health. Many older adults do not get the nutrition they need for a variety of reasons such as:

- It is difficult to cook for only one or two persons
- They simply do not feel like cooking
- There are physical and/or emotional reasons they cannot or do not prepare food

The ADRC-CW offers Senior Nutrition Program services to help older adults get good nutrition. Our meals meet 1/3 of the daily nutritional needs for older adults.



# HERE ARE SOME OF THE SERVICES WE OFFER: **SENIOR DINING**

Join us for delicious meals at many locations throughout our communities. Cooking ability or income/assets are not part of being eligible!

Who is eligible for Senior Dining?

Anyone age 60 or older, and their spouse.

A disabled individual who lives at home with an eligible older individual who participates in the program.

A person with a disability, under age 60, who lives in senior housing where Senior Dining is provided.

During the Pandemic: Call to ask about meal options.

See the Food-Home Delivered Meals/Senior Dining section of this Directory for more details.

## CAFÉ 60

Café 60 is a convenient nutrition program for mobile people age 60 and older. It is offered in rural Marathon County only. With this dining option participants present their Café 60 Coupon at a local participating restaurant and choose from a variety of menu choices that are program-approved. During the pandemic: carry-out meals are available. See the Food-Home Delivered Meals/Senior Dining section of this Directory for more details.

#### **MEALS ON WHEELS**

Delivered meals are helpful when someone is not easily able to prepare balanced meals for themselves. Meal delivery also eases the caregiving burden for spouses, family, and friends. Every meal delivery provides a friendly "checkin" opportunity.

Meals on Wheels eligibility includes all of the following: being age 60 or older; being mostly homebound; and being unable to prepare balanced meals.

A spouse of an eligible person or a disabled person who resides at home with an older eligible individual participating in the program can also participate. Before meal delivery begins, a home visit from staff of the Aging & Disability Resource Center of Central Wisconsin is completed to determine eligibility. Each request for Meals on Wheels is evaluated on an individual basis. See the Food-Home Delivered Meals/Senior Dining section of this Directory for more details.

For additional information contact ADRC-CW

Antigo Office 1225 Langlade Rd. Antigo, WI 54409 715-627-6232

Marshfield Office 300 South Peach Ave., Suite 1 Marshfield, WI 54449 715-384-8479

Merrill Office 607 North Sales St., Suite 206 Merrill, WI 54452 715-536-0311

Wausau Office 2600 Stewart Ave., Suite 25 Wausau, WI 54401 **715-261-6070** 

Wisconsin Rapids Office 220 3rd Ave. South Wisconsin Rapids, WI 54495 715-421-0014

Or toll free 888-486-9545

WEBSITE www.adrc-cw.org

## FOOD-HOME DELIVERED **MEALS/SENIOR DINING**

## **ADRC-CW CAFÉ 60**

2600 Stewart Ave, Ste 25, Wausau WI 54401 (715) 261-6070 or (888) 486-9545 www.adrc-cw.org Café 60 provides Senior Dining for adults age 60 or older. Café 60 dining offers balanced nutrition & social opportunities. Currently, Cafe 60 restaurant dining is available in rural Marathon County. With this dining option participants present their Café 60 Coupon at a local participating restaurant any time it is open & choose from a variety of menu choices that are program-approved. Suggested contribution of \$5.00 per meal. No eligible person is excluded if unable to contribute, however contributions are a very necessary part of the budget. To get started, call ADRC-CW or get a packet of information from a participating restaurant. Participating restaurant include: The Wild Steer Diner.

#### ADRC-CW MEALS ON WHEELS

(888) 486-9545 www.adrc-cw.org Delivers nutritious meals & offers a well-check to persons who are 1) age 60 or older, 2) confined to their home because of illness or disability, 3) unable to prepare their own meals. Staff complete an in-home assessment. Hot meals are delivered on weekdays with service days dependent upon route availability. There may be a waiting list. Suggested contribution of \$5.00. No eligible person is excluded if unable to contribute, however contributions are a very necessary part of the budget.

# "It's my life and they respect that."



Local long-term care supports and services delivered with a focus on Life. Defined by you.



inclusa.org | 877-622-6700

#### ADRC-CW SENIOR DINING

www.adrc-cw.org

Senior Dining provides an opportunity for persons age 60 & older, & their spouse/partner, to enjoy a nutritious meal at a reasonable cost with an opportunity to socialize & take part in planned activities. Nutrition education also provided. The suggested contribution is \$4.50 per meal. No eligible person is denied service due to inability to contribute, however contributions are a very necessary part of the budget. Reservations are required by noon, one day in advance, & are made by calling the ADRC-CW.

#### Community Senior Dining Sites

Community	Dining Location	Day & Time of Serving Meals	Phone Number
Antigo	Antigo Community Church	M-F 11:30	715-627-6232
Elcho	Community Center	Mon, Wed, Thurs 11:30	715-627-6232
Marshfield	Second Street Community Center	M-F 11:30	715-384-8479
Marshfield	Cedar Rail Apartments	M-F 11:45	715-384-8479
Merrill	Jenny Towers Apartments	M-F 11:30	715-536-0311
Merrill	Gleason Lions Club	3rd Wed. of the month @ noon	715-536-0311
Nekoosa	Senior Community Center	Reopening to be determined	715-421-0014
Pickerel	St. Mary's Church	Mon & Wed 11:30	715-627-6232
Tomahawk	Senior Community Center	M-F 11:30	715-536-0311
Wausau	New location to be determined	Unknown	715-261-6070
Wausau	Hmong American Center	Thursdays 4:30	715-261-6070
Wisconsin Rapids	Centralia Center	M-F 11:45	715-421-0014
Wisconsin Rapids	Huntington House	M-F 11:45	715-421-0014

#### **CLARK COUNTY HOME DELIVERED MEALS**

517 Court St Room 201, Neillsville WI 54456 (866) 743-5144

Serves Home Delivered Meals to people in Clark County. 60 & older, who are confined to their homes. Nutritional supplements & accommodations for special diets available w/a physician's order.

#### **HO-CHUNK NATION TRIBAL AGING UNIT**

4912 Winneshiek Ln. Nekoosa WI 54457 (715) 886-5416 or (715) 886-5199

Hot meals Mon.- Thurs. 11:00-12:30 at the site & breakfast on Thursday 9:00-10:30. Delivered to homebound elderly. Meals on a contribution basis w/contributions a necessary part of the budget.

#### **HOME DELIVERED MEALS – ASPIRUS** RIVERVIEW HOSPITAL

410 Dewey St, Wisconsin Rapids WI 54494 (715) 421-7447

Provides nutritious hot meals weekdays to elderly or homebound residents who cannot shop or prepare meals on their own. Low set fee per meal.

## MARSHFIELD MEDICAL CENTER - HOME **DELIVERED MEALS**

611 St. Joseph Ave, Marshfield WI 54449 (715) 387-9585

Home delivered meals are hot & nutritious, delivered daily, dietetically designed, delivered between 11 am & noon. Set fee per meal. Cold bag lunch available. Delivered on Holidays. Sometimes partially or fully funded. Eligibilities: Residents of Marshfield (w/in the city limits), unable to prepare their own meals, all income & age level.

#### MOM'S MEALS

(866) 716-3257

www.momsmealsnourishcare.com

intake@momsmeals.com

Meals delivered to seniors & patients homes nationwide. Dietitian designed & chef prepared, clients select from up to 50 fresh-made meals every order. Menus available to address many common health conditions.

#### NUTRITION SERVICES - MARSHFIELD MEDICAL CENTER

1000 N Oak Ave, Marshfield WI 54449 (715) 387-5480

Marshfield Medical Center's Nutrition & Diabetes Services can assist you with losing or gaining weight, lower your cholesterol or blood pressure, learn about diabetes & how to manage your blood glucose levels, or simply change your eating habits, Registered Dietitians & Nurses provide individualized assessment & treatment plans.

#### WAUSAU AREA MOBILE MEALS

609 Scott St. Wausau WI 54403 (715) 848-5848

Provides hot, nutritious meals to the elderly, convalescing and/or disabled members of the greater Wausau area. Meals are planned & prepared at Aspirus Wausau Hospital & we are able to accommodate special diets as prescribed by a medical professional. Meals are delivered between 11am-1 pm, 5 days a week.

## **FOOD-PANTRIES/ COMMUNITY MEALS**

#### LANGLADE COUNTY

#### ANTIGO COMMUNITY FOOD PANTRY

2120 Progress Blvd, Antigo WI 54409

(715) 623-1103

antigofoodpantry.com

antigofoodpantry@gmail.com

Distribution hours: Wednesdays 11 am.-1 pm. & Fridays 1-3 pm. Applicants must bring a photo ID, proof of address (ie utility bill, rent receipt), & birthdates of all household members to Register. Clients may come every 14 days.

#### ELCHO COMMUNITY FOOD PANTRY

N11224 Antigo St. Elcho WI 54428

(715) 275-5010

eacfpl@gmail.com

Serving all of Elcho school district. Weekly visits allowed. Hours: Mondays 2:30-4:30 & Wednesdays 4:00-6:00.

#### SALVATION ARMY

1630 N Superior, Antigo WI 54409

(715) 623-7838

www.usc.salvationarmy.org

Provides food for local families & individuals in need. Must have a current ID or driver's license & current proof of residency. Call for dates & times.

#### STOCKBOXES

888-486-9545

USDA program providing free, non-perishable food items (with the exception of a quantity of American cheese) on a monthly basis for eligible individuals. Must pick up the box or provide permission for another individual to pick up the box on your behalf. Boxes are distributed 1 time a month at locations in: Antigo, Marshfield, Merrill, Tomahawk and Wisconsin Rapids. Pre-registration is required. Eligibility: Must be age 60+ (regardless of disability status) and meet financial income requirements.

Typical food items: juice, cereal, canned/dry milk, canned fruits and vegetables, canned meat, canned soup, peanut butter & Rice, instant potatoes or pasta. To register or learn more call the Aging and Disability Resource Center of Central Wisconsin: 888-486-9545.

#### WHITE LAKE AREA CHRISTIAN FOOD PANTRY

638 Bissell St, White Lake WI 54491 (715) 882-2781

Food Distribution 1st & 2nd Tuesdays of the Month from 9-11 am. Serving the Village of White Lake & Townships of Evergreen, & Wolf River.

#### LINCOLN COUNTY

#### COMMUNITY FOOD PANTRY OF MERRILL

503 S Center Ave, Ste 3, Merrill WI 54452 (715) 536-4505. Emergency requests: (715) 722-1200 Monday-Thursday 10 a.m.-noon & Thursday 4-6 pm.

#### DINNER @ FIVE

A Community Table at Saint Stephens 903 E 2nd St., Merrill, WI 54452 (715) 536-7322

Dinner & fellowship held Monday evening at 5:00 pm. Closed if a Holiday is observed on that Monday. Open to ALL. Free will offerings accepted. Come in through middle set of double doors on Second Street, take elevator down to basement & into Fellowship Hall.

#### HIS HANDS EXTENDED FOOD PROGRAM

N2519 Hwy K, PO Box 90, Merrill WI 54452 (715) 536-8554

www.ntcministries.net

Open Tuesdays & Thursdays. An appointment is necessary.

#### OPEN ARMS COMMUNITY MEAL

320 E Washington Ave, Tomahawk WI 54487 (715) 218-4281

Coming together to share a meal with others. Everyone is welcome. Meal is served on Tuesdays from 5:00 pm to 6:00 pm.

#### SALVATION ARMY

503 S Center Ave, Ste 2, Merrill WI 54452 (715) 539-2666

stvincentdepauloutreach@gmail.com

#### TOMAHAWK AREA

108 W Somo Ave, Tomahawk WI 54487 (715) 453-5939

Provides food for local families & individuals in need. Must have a current ID or driver's license & current proof of residency. Call for dates & times.

#### STOCKBOXES

888-486-9545

USDA program providing free, non-perishable food items (with the exception of a quantity of American cheese) on a monthly basis for eligible individuals. Must pick up the box or provide permission for another individual to pick up the box on your behalf. Boxes are distributed 1 time a month at locations in: Antigo, Marshfield, Merrill, Tomahawk and Wisconsin Rapids. Pre-registration is required. Eligibility: Must be age 60+ (regardless of disability status) and meet financial income requirements.

Typical food items: juice, cereal, canned/dry milk, canned fruits and vegetables, canned meat, canned soup, peanut butter & Rice, instant potatoes or pasta. To register or learn more call the Aging and Disability Resource Center of Central Wisconsin: 888-486-9545.

## ST VINCENT DE PAUL OUTREACH

LINCOLN

503 S Center Ave, Ste 2, Merrill WI 54452 (715) 539-2666

#### **MARATHON**

131 West Thomas Street Wausau, WI 54401

Telephone: (715) 298-3028

#### WOOD

149 N Central Ave, Marshfield WI 54449

(715) 387-0395

Provides temporary/emergency assistance for food, emergency lodging, clothing, rent, transportation, utilities, & other needs based on funds available & level of need.

#### TRINITY LUTHERAN CHURCH

107 N State St, Merrill WI 54452 (715) 536-5482

www.trinitymerrill.com

Food pantry is open Wed. & Fri. from 2-4 pm to people in the Merrill area.

#### UNITED METHODIST CHURCH

1104 School Rd Tomahawk WI 54487 (715) 453-1386

Pantry is open Wednesdays 1-3 p.m. & Fridays 11:00 a.m.-12:30 p.m. People can come once a month.

#### **MARATHON COUNTY**

#### AMERICAN RED CROSS

330 Grand Ave, Ste 104, Wausau WI 54403 Info. (877) 618-6628

Class Registration (800) 733-2767

www.redcross.org

The American Red Cross provides service to military families & offers assistance to victims of natural disasters as well as disasters involving home fires & home flooding. Education courses including first aid, CPR, swimming lessons, & babysitting.

#### CIRCLES OF JOY

2918 Wildwood Ln, Wausau WI 54401 (715) 848-4177

Assists w/referrals to area agencies & organizations. Pantry of non-perishable groceries for people in their areas who have no food. May provide food vouchers to area stores &/ or assistance w/other material things. Clients must provide I.D. & own transportation. There are 8 Chapters of the Circle of Joy in Marathon Co. Callers are referred to the Chapter nearest their residence for assistance, or they may call 211 for referral.

## COME (COMMUNITY OUTREACH MEAL FOR **EVERYONE**)

210167 State Highway 13, Spencer WI 54479 (715) 659-5158

Free hot meal. Open to all. Served 4th Tuesday every month. 5-6 pm. No one turned away. No money accepted.

#### COMMUNITY CENTER OF HOPE FOOD PANTRY

607 13th St. Mosinee WI 54455

(715) 693-7145 www.cchope.net

Mosinee & Southern Marathon County residents in need. Thursday 9-11 am.

#### COMMUNITY CHRISTMAS DINNER

St Paul's United Church of Christ 426 Washington St, Wausau WI 54403 (715) 551-4166

Our Community Christmas Eve dinner will be held Christmas Eve from 4-6 pm. Take-outs are welcome if called ahead before Dec. 20th to 715-842-3733. We do not offer delivery service. For all those in need of a hot meal or companionship this holiday season, please join us!

## COMMUNITY UNITED PANTRY (CUP)

301 N 2nd, Colby WI 54421

(715) 223-2166

Emergency food supplies for residents in Colby, Curtiss, Abbotsford & Dorchester.

#### FIRST PRESBYTERIAN CHURCH FOOD PANTRY

406 Grant St. Wausau WI 54403

(715) 842-2116

www.firstpreswausau.org

Food is distributed on the 2nd & 4th Tuesday of each month between 1-2 pm.

#### FRIENDS THANKSGIVING DINNER

First Presbyterian Church

406 Grant St. Wausau WI 54403

715-216-9360

friendsdinnerwausau@gmail.com (year-round)

Annual FREE traditional fare for all who would be alone or hungry on Thanksgiving. The sit-down meal is served at the church, no reservations needed (or taken). Take-out meals are delivered to those who are unable to attend. No eligibility questions are asked.

#### JUBILEE HOUSE

225 S 28th Ave, Wausau WI 54401 (715) 848-6120

Located on the St. Matthew Catholic Church campus, Faith Christian Academy school cafeteria. Serving a free community meal every Thursday 4:30 to 6:00 pm w/exception to Holidays and Holy Thursday and when Wausau School District closes due to inclement weather. Handicapped accessible. Open to all. No calling ahead.

#### KINGS COMMUNITY FOOD PANTRY

Spencer WI 54479 (715) 659-5181

Food pantry for Spencer residents only. Call for dates & times.

#### LENTEN SOUP KITCHEN

621 N 2nd St, Wausau WI 54403

(715) 845-6715

Provides noon meals of soup & bread during Lent. Eligibilities: Open to all downtown visitors, workers & to the public. Free-will offerings accepted.

#### NEIGHBORS' PLACE FOOD PANTRY

PO Box 206, Wausau WI 54403

(715) 845-1966

www.neighborsplace.org

Distributes nonperishable & fresh food, pet food & hygiene supplies (personal care, cleaning products, adult incontinence, etc.) Pantry Hours: Mon, Tues, Thurs: 10:30am-1:30pm, Wednesday: 1:30pm-4:30pm. May visit the pantry as often as needed.

#### SALVATION ARMY

202 Callon St, Wausau WI 54401

(715) 845-4272

www.sawausau.org

Provides material assistance of food & shelter to eligible individuals in an emergency or disaster situation.

#### STOCKBOXES

888-486-9545

USDA program providing free, non-perishable food items (with the exception of a quantity of American cheese) on a monthly basis for eligible individuals. Must pick up the box or provide permission for another individual to pick up the box on your behalf. Boxes are distributed 1 time a month at locations in: Antigo, Marshfield, Merrill, Tomahawk and Wisconsin Rapids. Pre-registration is required. Eligibility: Must be age 60+ (regardless of disability status) and meet financial income requirements.

Typical food items: juice, cereal, canned/dry milk, canned fruits and vegetables, canned meat, canned soup, peanut butter & Rice, instant potatoes or pasta. To register or learn more call the Aging and Disability Resource Center of Central Wisconsin: 888-486-9545.

## ST PAUL'S FOOD PANTRY

426 Washington St, Wausau WI 54403 (715) 842-3733

Food pantry available the first and third Tuesdays of the month from 9 - 11 am for those in need of non-perishable food.

#### STRATFORD AREA PANTRY

Zion Lutheran Church 213501 Legacy St. Stratford WI 54484 (715) 687-4346 or (715) 687-3126 ot (715) 687-4254 Emergency food needs for residents in the Stratford School District. Call & set up an appointment.

#### SUNDAY COMMUNITY SUPPER

406 Grant St. Wausau WI 54403 www.firstpreswausau.org

(715) 842-2116 Serves a free weekly Sunday evening meal from 4-5 pm for all community members.

## FOOD-PANTRIES/COMMUNITY MEALS, HEALTH-CLINICS

#### WESLEY CHURCH FOOD PANTRY

1101 Elm St, Wausau WI 54401 (715) 842-3768

Food Pantry open by appointment only. Photo ID & transportation is required.

#### **WOOD COUNTY**

## FOCUS (FEEDING OUR COMMUNITIES WITH UNITED SERVICES)

2321 W Grand Ave. Wisconsin Rapids WI 54495 (715) 422-2050

Provides food for local families & individuals in need. Must have a current ID or driver's license & current proof of residency. Call for times.

#### **NEIGHBORHOOD TABLE**

441 Garfield St, Wisconsin Rapids WI 54494 (715) 422-1980

www.theneighborhoodtable.org

Offers a free meal to anyone in need of a meal or a connection to the community. Dinners held every Thursday of the month from 4:30-5:30 pm, except for Thanksgiving.

#### PITTSVILLE AREA NEIGHBORS SHELF

5318 1st Ave. Pittsville WI 54466 (715) 884-6688

PANS provides food on a short-term or emergency basis 1st & 3rd Saturdays of each month. 8-9:30 am. Service area of Pittsville, Vesper, Arpin, Babcock, City Point & Sherwood.

#### **RUBY'S PANTRY** WOOD

Food distribution:

Marshfield: 1st Saturday of every month - Marshfield Central WI Fairgrounds: 513 E 17th Street, Marshfield Wisconsin Rapids: 3rd Saturday every month - Pitsch Elementary School, 501 17th St South, Wisconsin Rapids

Registration at 8:00-9:30 am. Drive thru distribution.

**MARATHON** 

Wausau: 229375 Cty Rd J, Wausau

1st Tuesday of the month. Registration at 3:00 pm

Rhinelander: 1136 Military Rd, Rhinelander

3rd Tuesday of the month. Registration begins at 4:30 pm.

Dorchester: N648 Sunset Drive, Dorchester

4th Saturday of the month. Registration begins at 7:00 pm.

Drive thru distribution. Stay in vehicles. \$25 cash donation. No boxes/baskets needed. PrePay Online - www.rubyspantry. org Volunteers: https://rubyspantry.org/become-volunteer

#### SOUP OR SOCKS

200 S Lincoln Ave, Marshfield WI 54449 (715) 387-1796

https://www.marshfieldareaunitedway.org/soup-or-socks-0 Soup or Socks is dedicated to provide clothing and/or goods at no charge to people in need in the greater Marshfield Area. Food Pantry Hours: Tues & Thurs 11:00am-1:00pm Clothes Closet Hours: T-W-Th: 12:30-3:30 by appointment. Food and clothing are given at no charge. A registration form must be filled out. Head of Household must show photo ID & list income for all adults living in the house. Food pantry is limited to once per month and a maximum of 6 times per year. Clothes Closet may be given once per season. Seasons are winter (Oct-Apr) & Summer (May-Sept).

#### STOCKBOXES

888-486-9545

USDA program providing free, non-perishable food items (with the exception of a quantity of American cheese) on a monthly basis for eligible individuals. Must pick up the box or provide permission for another individual to pick up the box on your behalf. Boxes are distributed 1 time a month at locations in: Antigo, Marshfield, Merrill, Tomahawk and Wisconsin Rapids. Pre-registration is required. Eligibility: Must be age 60+ (regardless of disability status) and meet financial income requirements.

Typical food items: juice, cereal, canned/dry milk, canned fruits and vegetables, canned meat, canned soup, peanut butter & Rice, instant potatoes or pasta. To register or learn more call the Aging and Disability Resource Center of Central Wisconsin: 888-486-9545.

#### ST VINCENT DE PAUL OUTREACH

#### LINCOLN

503 S Center Ave. Ste 2. Merrill WI 54452 (715) 539-2666

#### **MARATHON**

131 West Thomas Street Wausau, WI 54401 Telephone: (715) 298-3028

WOOD

149 N Central Ave, Marshfield WI 54449 (715) 387-0395

Provides temporary/emergency assistance for food, emergency lodging, clothing, rent, transportation, utilities, & other needs based on funds available & level of need.

## **HEALTH-CLINICS**

#### ADVANCED FOOT & ANKLE CENTER

410 E 2nd St, Merrill WI 54452 (715) 536-7444 930 S 17th Ave. Wausau WI 54401 (715) 842-0800

www.podiatristwisconsin.com

We provide our patients with the latest in personalized foot and ankle care. We treat chronic conditions including nail fungus, ingrown nails and athlete's foot as well as injuries to feet and ankles. We provide diabetic foot care. Accepting new patients.

#### ANTIGO MEDICAL BUILDING

1111 Langlade Rd, Antigo WI 54409

Phone: (715) 623-3761 Fax: (715) 623-6764

#### **ASPIRUS**

www.aspirus.org

Toll Free: (800) 847- 4707

#### ASTIA

668 Maratech Ave #4. Marathon, WI 54448 200 S 18th Ave. Wausau WI 54401 (888) 885-4434

www.astiahealth.com

Affordable, accessible, quality driven healthcare. Three ways to access medical services: 1) Video chat; connect with a doctor from wherever you are with your smartphone, tablet, or computer. 2) Mobile medical unit cares to you (Marathon County only) and 3) 2 office locations for in person appointments. Accepts cash, debit or credit cards at the time of service. No insurance accepted.

#### BRIDGE COMMUNITY HEALTH CLINIC

1810 N 2nd St, Wausau WI 54403 (715) 848-4884

1111 Langlade Rd, Ste 103, Antigo WI 54409 (715) 627-4383

www.bridgeclinic.org

info@bridgeclinic.org

Wausau - Provides primary medical care, dental care. counseling, and medication management services. Spanish & Hmong translation onsite. Merrill & Antigo - dental care only. Medicaid and most payors accepted. Sliding fee discounts are available. Patient Financial Advocates & Certified Application Counselors help w/enrollment assistance for State & Marketplace insurance plans.

## LINCOLN COUNTY HEALTH DEPARTMENT-NAIL CARE CLINIC

607 N Sales, Ste 101, Merrill WI 54452 & Tomahawk Senior Center 113 S Tomahawk Ave, Tomahawk WI 54487 (715) 536-0307 www.co.lincoln.wi.us Call for questions or to schedule an appointment.

#### MARSHFIELD MEDICAL CENTER

www.marshfieldclinic.org Toll Free: (866) 520-2510

## MARSHFIELD MEDICAL CENTER FREE MEDICAL CLINIC AT ST VINCENT DE PAUL

149 N Central Ave, Marshfield WI 54449 (715) 387-0395

www.stvincentsmarshfield.org

The free medical clinic provides high quality basic health care to individuals who are uninsured or underinsured regardless of race, religion or beliefs. Our hours of operation are the 1st and 3rd Wednesday of each month by appointment only. Please call to schedule your appointment.

#### NORTHLAKES COMMUNITY CLINIC-WHITE LAKE LANGLADE

524 Bissell St, White Lake WI 54491 (715) 882-2353

After-hours nurse line: (888) 834-4551

nlccwi.ora

We provide a variety of services, including family medicine. mental health counseling, community health workers and patient financial advocates. All people are welcome to receive care regardless of their insurance status and ability to pay. For those that qualify we have a sliding fee scale that is based on income and accept insurance including Medicaid & Medicare.

#### **VETERANS AFFAIRS MEDICAL CENTER &** CLINICS

500 E Veterans St, Tomah WI 54660 (608) 372-3971

www.tomah.va.gov

A 266-bed facility focusing on primary care, mental health services & nursing home care.

#### VETERANS OUTPATIENT CLINIC

Wausau: 515 S 32nd Ave, Wausau WI 54401

(715) 842-2834

Wisconsin Rapids: 700 Hale St, Wisconsin Rapids WI 54495

(715) 424-4682

Provides primary medical care for veterans only.

## WAUSAU FREE CLINIC, a Ministry of First Presbyterian Church, Wausau

(715) 869-4922

wausaufreeclinic@gmail.com

http://www.wausaufreeclinic.com/

Offers primary care services to low income, uninsured people from the Wausau and Marathon County area. All services are provided at no-charge to the patient by skilled and dedicated local doctors, advanced practice providers, nurses, medical assistants, medical students and other caring volunteers. Translation services also are available.

## **HEALTH-DENTAL SERVICES**

#### BRIDGE COMMUNITY HEALTH CLINIC

#### LANGLADE

1111 Langlade Rd, Ste 103, Antigo WI 54409 (715) 627-4383

#### **MARATHON**

1810 N 2nd St, Wausau WI 54403

(715) 848-4884

www.bridgeclinic.org

info@bridgeclinic.org

Wausau - Provides primary medical, dental, counseling, and medication management services for Marathon, Lincoln, and Langlade County. Spanish & Hmong translation in person, all other languages by video or phone. Antigo - dental care only. Self-pay, Medicaid and most insurances accepted. Sliding fee discounts are available for income qualified. Assistance for State & Marketplace insurance plans.

#### **DENTAL HYGIENE CLINIC - NTC**

1000 W Campus Dr, Wausau WI 54401 (715) 803-1585

Provides community members w/variety of dental services for a small fee. Services by dental hygiene students under supervision of instructors include: Oral prophylaxis (cleaning); x-rays; fluoride treatments; sealants.

#### DONATED DENTAL SERVICES

PO Box 14173. West Allis WI 53214 888-338-6852

www.wda.org

A charitable dental care program offered through the WDA Foundation that provides comprehensive dental care for individuals demonstrating a financial income at 150-200% of FPL and are 65+ older, OR have a permanent disability or chronic illness. Emergency, cosmetic, and routine hygiene services are not provided.

#### FAMILY HEALTH CENTER - DENTAL CENTER **MARSHFIELD**

1307 N St Joseph Ave, Marshfield WI 54449 (715) 221-5600 or (800) 782-8581

#### **NEILLSVILLE**

8 Boon Blvd, Neillsville WI 54456

(715) 743-1900

#### RHINELANDER

2268 North Shore Dr. Rhinelander WI 54501 (715) 420-1400

Serves all patients, regardless of ability to pay or insurance status. A dental financial assistance program is available to help patients that have limited income & have out of pocket dental expenses. Program is available for services provided at the dental center, & it helps w/Forward Health approved services, 10 locations in central WI, Call for the center nearest you.

## **HEALTH-EDUCATION**

## ADRC-CW HEALTHY LIVING WITH DIABETES -Take charge of your health & feel in control.

(888) 486-9545 www.adrc-cw.org

Healthy Living is a workshop for adults of all ages who have pre-diabetes, type 2 diabetes, or live with someone that does. In the workshop, you set your own goals - the changes you see are things that matter most to you. A group setting brings fun and wisdom as you learn hands-on with others

to apply new skills in your life. Healthy Living with Diabetes doesn't replace your diabetes treatment plan - it teaches you the best ways to work with your doctor and your family. Meets one time a week for six weeks for 2 1/2 hours.

## ADRC-CW LIVING WELL WITH CHRONIC CONDITIONS - Put Life Back in Your Life!

(888) 486-9545

www.adrc-cw.org

Managing your health starts with taking care of yourself. Living Well workshops offer you a hands-on opportunity to discover solutions that work with your life, and your health concerns. Classes are for adults with an ongoing health condition like arthritis, high blood pressure, cancer, depression, heart disease and many others. With mutual support in a Living Well workshop, you can build confidence to make new choices and feel better. You set your goals and put new problem-solving skills to work in your own life. It's about doing what's important to you - and not just living, but Living Well! Meets one time a week for six weeks for 2 1/2 hours.

#### AIDS RESOURCE CENTER - VIVENT HEALTH

1105 S Grand Ave, Ste 1, Schofield WI 54476 (715) 355-6867 or (800) 551-3311

www.arcw.org

Provides education about HIV/AIDS & serves people affected by HIV/AIDS. Offers Hepatitis C & HIV testing. Lifepoint needle exchange.

#### AMERICAN CANCER SOCIETY

(800) 227-2345

www.cancer.org

The American Cancer Society is the nationwide, communitybased, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives & diminishing suffering from cancer through research, education, advocacy & service. Registered Nurses at the toll free number can answer questions. An American Cancer Society Navigator offers free, confidential assistance to cancer patients & those who care for them.

#### ASPIRUS CUSTOMER CONTACT CENTER

333 Pine Ridge Blvd, Wausau WI 54401 (715) 847-2380 or (800) 847-4707

www.aspirus.org

customercontactcenter@aspirus.org

Provides info. about health care services, & assistance in selecting a physician, audiologist, optometrist, psychiatrist, or psychologist, at no charge. Provides info. & takes registration for screenings, events & education programs.



## **HEALTHY LIVING PROGRAMS**

## **Healthy Living Programs**

Evidence-based programs are researched to make a real difference in your health and life. In Wisconsin, The Wisconsin Institute for Healthy Aging (WIHA) serves as a clearing house for evidence-based programs on a variety of topics. Locally, programs are offered by the Aging and Disability Resource Center of Central Wisconsin (ADRC-CW) and area partners. For more information, including when the next program will be held, please contact the ADRC-CW at 888-486-9545 or visit www.adrc-cw.org

For a complete listing of evidenced based programs offered to Wisconsin through WIHA, visit: https://wihealthyaging.org/

## **Powerful Tools for Caregivers**

Are you a spouse, adult child, relative or friend who helps care for someone else? Then you are a caregiver! This six-week program provides the caregiver with tools to help them take care of themselves. In this weekly interactive class, learn to reduce stress, improve confidence, communication, and locate helpful resources.

## Stepping On

Are you heading for a fall? Like many people, you may not realize you are at risk for being injured by a fall. Stepping On is a fall prevention workshop for adults 60 and older who live independently in their home or apartment and are able to walk and exercise safely on their own. Hear from local guest experts, trained leaders, and other group members on ways to reduce your fall risk, while increasing self-confidence. Workshops meet once a week for seven weeks.

For additional information contact ADRC-CW

Antigo Office 1225 Langlade Rd. Antigo, WI 54409 715-627-6232

Marshfield Office 300 South Peach Ave., Suite 1 Marshfield, WI 54449 715-384-8479

Merrill Office 607 North Sales St., Suite 206 Merrill, WI 54452 715-536-0311

Wausau Office 2600 Stewart Ave., Suite 25 Wausau, WI 54401 715-261-6070

Wisconsin Rapids Office 220 3rd Ave. South Wisconsin Rapids, WI 54495 715-421-0014

Or toll free 888-486-9545

WEBSITE www.adrc-cw.org

#### CENTRAL WISCONSIN LITERACY COUNCIL

www.centralwisconsinliteracy.org

Helps area adults enhance their quality of life w/English literacy skills.

#### FIBROMYALGIA SUPPORT GROUP

Marathon County Library 300 N First St, Wausau WI 54403 (715) 302-3851

For those w/chronic pain w/Fibromyalgia/Myofascial Pain Syndrome, Friends & loved ones welcome, Lectures or discussions on various topics related to chronic pain conditions.

#### **FOODWISE**

837 Clermont St, Antigo WI 54409 (715) 627-6236 www.langlade.uwex.edu Provides info. about foods, nutrition, & resource management, free of charge.

#### LANGLADE COUNTY HEALTH DEPARTMENT

1225 Langlade Rd, Antigo WI 54409 (715) 627-6250 www.langladecountyhealth.org Provides services to keep adults & children healthy.

#### LINCOLN COUNTY HEALTH DEPARTMENT

Merrill: (715) 536-0307 Tomahawk (715) 453-5757

http://www.lincolncountyhealthdepartment.com/ Services: Adult Vaccinations. Water Testing.

#### MARATHON COUNTY HEALTH DEPARTMENT

1000 Lake View Dr, Ste 100, Wausau WI 54403 (715) 261-1900

www.co.marathon.wi.us or www. marathoncountyhealthdepartment.org To advance a healthy Marathon County by preventing disease, promoting health and protecting the public from environmental hazards.

#### NATIONAL MULTIPLE SCLEROSIS SOCIETY-WI CHAPTER

1120 James Dr, Ste A, Hartland WI 53029 (800) 344-4867 contactus@nmss.org

www.wisms.org Serves people w/multiple sclerosis & their families, health care professionals & the general public. Services include financial assistance (for needs related to MS), educational materials, webinars & teleconferences, quarterly newsletter & magazine, advocacy, info. & referral, & peer support (online, in person, by phone).

## NATIONAL ORGANIZATION FOR RARE **DISORDERS INC (NORD)**

55 Kenosia Ave, Danbury CT 06810 (800) 999-6673 www.rarediseases.org

orphan@rarediseases.org

A nonprofit organization established in 1983 by rare disease patient organization leaders to represent all Americans affected by rare diseases. NORD provides programs of advocacy, education, research & patient/family services. It works closely w/approximately 290 member organizations representing people w/specific rare diseases. NORD still administers medication assistance programs for people who cannot afford their medications or their co-pays.

#### WISCONSIN COUNCIL ON PROBLEM GAMBLING

1585 Allouez Ave, Green Bay WI 54311 (800) 426-2535

www.wi-problemgamblers.org

Offers info. about compulsive gambling & ways for them to seek help. Can be referred to counselors, Gamblers Anonymous or Gam Anon meetings. No fees for services.

## WISCONSIN FAMILY ASSISTANCE CENTER FOR EDUCATION, TRAINING & SUPPORT (WI FACETS)

600 W Virginia St, Ste 501, Milwaukee WI 53204 (877) 374-0511

www.wifacets.org

Services to help parents/others support & enrich the lives of children w/disabilities. Info. & Referral: help w/your questions about programs, services & resources related to special education. Offers several programs for transition aged-youth & their families.

#### WOOD COUNTY HEALTH DEPARTMENT

111 W Jackson St Ste 301, Wisconsin Rapids WI 54495 (715) 421-8911

www.co.wood.wi.us/health

Public health programs are directed towards maximizing the quality of life across the lifespan. Programs include Health Promotion (Healthy People Wood County priorities), Communicable Disease (control and investigation), Family Health/Injury Prevention (home visits, car seats), WIC (nutrition program), & Environmental Health (code enforcement, food safety, public health hazard investigation).

## **HEALTH-EXERCISE /** FITNESS/WELLNESS

#### **5 KOSHAS YOGA & WELLNESS**

2220 Sherman St, Wausau WI 54401 (715) 298-1954

www.5koshasyoga.com

Yoga, Pilates, Arthritis Exercise, Feldendkrais, Chair Yoga, Meditation & Kali Martial Arts. Yoga therapeutic programs specifically designed for seniors. Individualized services: yoga therapy, massage, nutrition services & private instruction for a variety of movement modalities. Group classes, workshops, retreats & special events.

## ADRC-CW STEPPING ON – Building Confidence and Reducing Falls

(888) 486-9545

www.adrc-cw.org

Stepping On is for adults 60 and older who have fallen or fear falling, live independently at home/apartment and are able to walk/exercise without the help of another person. Local experts, trained leaders and other group members support and encourage you to find solutions to make your home safer and your body stronger. Stepping On can help you avoid a dangerous and costly fall so you can keep doing the things you love to do. Meets one time a week for seven weeks for 2 hours.

## CITY OF ANTIGO – PARKS, RECREATION, & CEMETERY DEPARTMENT

LANGLADE

700 Edison St. Antigo WI 54409 (715) 623-3633 Ext 154/131

www.alcinfo.com

Offers year round opportunities for recreation enjoyment; providing various programs & events, as well as a variety of parks, trails, & facilities. We also offer information on other resources & activities taking place in our community.

#### CLARA R MCKENNA AQUATIC CENTER

111 Western Ave, Antigo WI 54409 (715) 627-0497

www.antigo.k12.wi.us

Provides aquatic programs: open and lap swim, arthritis and aerobics classes, water exercise, swimming lessons, therapy/ activity and lap pools

# COMMUNITY SERVICES/GREENHECK FIELD

HOUSE - WAUSAU AREA

D C Everest Area Schools 6400 Alderson St, Weston WI 54476 (715) 359-6563 Ext 1

www.areenheckfieldhouse.com

Adult recreation opportunities include cycling, Zumba, bodypump, yoga, & many others. Adult fitness center memberships are available at \$180.00 annually or \$15.00 monthly for a adult and \$264.00 annually or \$22.00 for couples. We proudly accept Silver Sneakers cards for free memberships to our fitness center.

## KINDHEARTED HOME CARE, LLC HEALTH & **FITNESS CENTER**

120 S Mill St, Merrill WI 54452

(715) 218-3772

www.kindheartedhomecare.com

Provides a social/community oriented environment to work towards improving overall health. Exercise using our cardiovascular, resistance & free-weight equipment.

#### LINCOLN HIGH SCHOOL POOL - SENIOR WATER **AEROBICS**

1801 S 16th St, Wisconsin Rapids WI 54494 (715) 424-6750

https://www.rapidsathletics.org/page/show/1136062community-swim-program

6:30-7:30 am Monday/Wednesday/Friday mornings during the school year.

Select Tuesday & Thursday evenings 6:30pm - 7:30pm. Master's Swim Team: Tuesday & Thursday mornings 5:30-6:45am, Select Saturday Mornings 8-9:00 am.

#### MARATHON AREA SWIM ASSOCIATION INC

401 4th St. Marathon WI 54448

(715) 443-3772

www.masaswim.org

American Red Cross Water Safety Classes, Swim Lessons for youth & adults. Water Exercise & Aerobics including Aqua Zumba & Water in Motion, Memberships, Rehab, Fitness & Day Passes available.

#### NORTH CENTRAL HEALTH CARE AQUATIC SERVICES

1100 Lake View Dr. Wausau WI 54403 Aguatic Physical Therapy Registration (715) 848-4551. Aquatic Pool (715) 848-4535.

www.norcen.org

Therapeutic warm-water pool includes: Physical therapy w/referral by appointment, paid by Medicare, Medicaid or private insurance company. Fitt & arthritis exercise classes.

## **NUTRITION SERVICES - MARSHFIELD MEDICAL** CENTER

1000 N Oak Ave, Marshfield WI 54449 (715) 387-5480

Marshfield Medical Center's Nutrition & Diabetes Services can assist you with losing or gaining weight, lower your cholesterol or blood pressure, learn about diabetes & how to manage your blood glucose levels, or simply change your eating habits, Registered Dietitians & Nurses provide individualized assessment & treatment plans.

#### WARM UP AMERICANE

607 13th St, Mosinee WI 54455

(715) 693-2125

www.mosineeumc.org

Help make lap robes, afghans, baby caps & Other needlecrafts to deliver to local agencies. The group meets the 1st and 3rd Thursdays of the month, October - May.

## HEALTH-EXERCISE/FITNESS/WELLNESS, HEALTH INSURANCE

#### WELFIT

112 E 5th Ave, Antigo WI 54409 (715) 623-9924

Program gives the opportunity to exercise under the guidance of the Langlade Hospital Sports Medicine staff. Persons participating in the WelFit program will receive an individualized training protocol to meet goals, fitness testing is optional & includes a cardiovascular assessment, flexibility/ ROM testing, % body fat, & body mass index.

#### **YMCA**

#### **MARSHFIELD**

410 W McMillan St, Marshfield WI 54449 (715) 387-4900

www.mfldymca.org

#### **SOUTH WOOD COUNTY**

601 W Grand Ave. Wisconsin Rapids WI 54495 211 Wisconsin River Dr, Port Edwards WI 54469 (715) 818-9622

www.swcymca.org

#### **WESTON**

3402 Howland Ave, Weston WI 54476

(715) 841-1850

#### **WOODSON YMCA-WAUSAU & ASPIRUS BRANCHES**

707 3rd St. Wausau WI 54403 (715) 841-1819

www.woodsonvmca.com

The Y is the leading nonprofit committed to strengthening community by connecting all people to their potential, purpose and each other. Working locally, we focus on empowering young people, improving health and well-being and inspiring action in and across communities.

## **HEALTH INSURANCE**

## ADRC-CW DISABILITY BENEFIT SPECIALIST PROGRAM

(888) 486-9545

www.adrc-cw.org

Disability Benefit Specialists help adults with disabilities ages 18-59 answer questions and solve problems related to Social Security, Medicare, Medicaid, health insurance, and other public and private benefits. Get help with Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI). Disability Benefit Specialists can also help with Health insurance, including Medicare, Medicaid, and other programs that help cover health care costs.

## ADRC-CW ELDER BENEFIT SPECIALIST PROGRAM

(888) 486-9545

www.adrc-cw.org

Elder Benefit Specialists help older adults aged 60 and above understand, get, and keep public and private benefits, including health care and programs that help save money. Get help with Health insurance, including Medicare, Medicaid, SeniorCare, and other programs that help cover health care costs. Elder Benefit Specialists also help with Social Security Retirement and Disability, Supplemental Security Income (SSI), and debt collection, and FoodShare applications.

#### ADRC-CW MEDICARE BASICS

(888) 486-9545

www.adrc-cw.org

We provide free classes which provide information about Medicare parts A, B, C & D, Medicare Supplement policies, & other prescription drug coverage. Individuals are encouraged to attend a Medicare Basics class 2-3 months prior to their eligibility for Medicare. Classes are held regularly at our ADRC offices. Please call for information on specific dates & time & to register to attend one of our classes.

#### CENTERS FOR MEDICARE & MEDICAID SERVICES

7500 Security Blvd, Baltimore MD 21244-1850 (800) 633-4227

www.medicare.gov

Medicare.gov has useful info. for people w/Medicare & those that help them make health decisions.

#### DISABILITY DRUG BENEFIT HELPLINE

(800) 926-4862

Confused about Medicare Part D Prescription Drug Benefit? Having problems w/Medicare Part D? Call the Disability Drug Benefit Helpline.

#### FAMILY HEALTH CENTER OF MARSHFIELD. INC

1307 N St Joseph Ave, Marshfield WI 54449 (715) 221-5700

Assists participants w/limited income in affiliation w/ Marshfield Medical Center Health System & Security Health Plan. Community Health Program. Will assist people with Marketplace.

#### INCOME MAINTENANCE – CENTRAL CONSORTIUM

LANGLADE, MARATHON

(888) 445-1621

## **INCOME MAINTENANCE – NORTHERN** CONSORTIUM

LINCOLN, WOOD

(888) 794-5722

Provide eligibility & enrollment services to residents of Marathon & Langlade Counties for public assistance programs. These programs include FoodShare, Medicaid, BadgerCare Plus, Family Planning Only Services, & Caretaker Supplement.

#### KATIE BECKETT MEDICAID

(888)786-3246

Katie Beckett Medicaid is a special eligibility pathway for children under 19 who have certain healthcare needs and live at home. There are certain criteria children must meet to qualify for

Katie Beckett Medicaid.

They must:

Be under age 19.

Meet the definition of "disabled" under the Social Security

Be a U.S. citizen or qualifying immigrant.

Be a Wisconsin resident.

Live at home, in a foster care setting, or in another eligible community-based setting.

Require the kind of care typically provided by a hospital or long-term care facility.

Receive safe and appropriate care at home.

Not have income in their name that is more than the current income limit for those

living in an institution.

Not receive care at home that costs more than the care they would receive in a long-

term care facility covered by Medicaid.

#### MEDICARE RIGHTS CENTER

(800) 333-4114

www.medicarerights.org

Helpline counselors are available Monday through Friday, 10:00 am - 3:00 pm, & are happy to answer your Medicare related questions about dealing w/ payment denials or appeals, complaints about care or treatment, & Medicare bills. For consumer friendly info. about Medicare issues, visit www.medicareinteractive.org

#### MEDIGAP HELPLINE

1402 Pankratz St, Ste 111, Madison WI 53704 (800) 242-1060

https://longtermcare.wi.gov/Pages/Home.aspx Provides information & counseling to Wisconsin beneficiaries of all ages re: Health Insurance related to Medicare. Includes: Supplemental policies, Advantage plans, Preretirement counseling, Emplorer/Retiree group coverage including Cobra, Medicaid/Badgercare coordination w/ Medicare, Military health care, Health Insurance Marketplace, Prescription options, and Long-term care insurance. Also call Medigap Part D & Prescription Drug Helpline (855) 677-2783 for beneficiaries 60 & over.



## EDGEWATER HAVEN FOR MORE INFORMATION OR A VISIT GIVE US A CALL!

1351 Wisconsin River Drive Port Edwards WI 54469

715-885-8300 Outpatient Therapy: 715-885-8333 www.co.wood.wi.us/department/Edgewater

Email: edgewater@co.wood.wi.us

Check out our rating at https://www.medicare.gov/nursinghomecompare



The Only 5-Star Rated facility in the Wisconsin Rapids Area

"Happy with it (therapy) they are working with me. Getting to the goals I set for myself."

"Everybody's treated with respect. In my book that's the biggest thing."

- Orville S.

"My mother was a resident at Edgewater Haven for 2 ½ years... During that time she received care...lovingly, with dignity... and quality of life...it is absolutely amazing how kindly the staff treated her...she always had a smile whenever we visited. Her stay there definitely changed our attitude towards 'nursing home' care. The staff/facility is definitely the best in the area..."

"Thank you Edgewater..."

- Gail P.



#### WE OFFER:

- a. Short Term, Long Term and Respite Stays
- b. Secured Memory Care Unit
- c. Inpatient and Outpatient Therapy
  - i. Physical
  - ii. Occupation
  - iii. Speech
- d. Home Cooked Meals With an Always Available Menu
- e. Wi-Fi Throughout the Entire Building
- f. Daily Activities and Outings
- g. Newly Renovated Rooms Finished June 2021

## We Welcome Your Interest In Our Facility!

#### SENIORCARE PRESCRIPTION DRUG ASSISTANCE PROGRAM

PO Box 6710, Madison WI 53716 (800) 657-2038

www.dhs.wisconsin.gov/seniorcare

Wisconsin residents who are 65 or older who meet 1 of the 4 levels of program participation are eligible for the SeniorCare program. Participants must pay an annual enrollment fee of \$30 per one enrollee or \$60 per couple. If prescription drugs are covered under another health insurance plan, vou can still be enrolled in SeniorCare. Individuals enrolled in Medicaid will not be eligible because Medicaid already provides prescription drug coverage. Staff at the Aging & Disability Resource Center can assist seniors who need help w/filling out SeniorCare application forms. Contact ADRC-CW 888-486-9545.

## **HEALTH-RESOURCES**

## ALS ASSOCIATION WISCONSIN CHAPTER

LANGLADE. LINCOLN

(414) 831-3989

**MARATHON, WOOD** 

(414) 817-1541

www.alsawi.org

Provides support & resources for newly diagnosed people ALS.

## AMERICAN PARKINSON DISEASE ASSOCIATION- WISCONSIN CHAPTER

PO Box 14381 Madison, WI 53708 (608) 345-7938 apdawi@apdaparkinson.org apdaparkinson.org/wi

Provides support, education, & research to help everyone impacted by Parkinson's disease.

#### ASPIRUS CUSTOMER CONTACT CENTER

333 Pine Ridge Blvd, Wausau WI 54401 (715) 847-2380 or (800) 847-4707

www.aspirus.org

Provides info. about health care services, & assistance in selecting a physician, audiologist, optometrist, psychiatrist, or psychologist, at no charge. Provides info. & takes registration for screenings, events & education programs.

## BRAIN INJURY RESOURCE CENTER OF WISCONSIN

511 N Grand Ave. Waukesha WI 53186 (262) 770-4882

www.bircofwi.org

Offers assistance & provides education, advocacy & info. to brain injury survivors, their families, friends & support personnel. Can also provide brain injury identification wallet card.

#### CARPAL TUNNEL SYNDROME TREATMENT

3200 Westhill Dr, Ste 100, Wausau WI 54401 (715) 847-2827

Offers one-on-one educational & treatment sessions in occupational therapy to protect patients from re-injury due to carpal tunnel syndrome.

#### CHILDREN & YOUTH W/SPECIAL HEALTH CARE NEEDS

#### LANGLADE, LINCOLN, MARATHON, WOOD

1000 Lake View Dr. Ste 100. Wausau WI 54403 (866) 640-4106 or (715) 261-1906 www.northernregionalcenter.org

The Northern Regional Center for Children and Youth with Special Health Care Needs helps families of children with special health care needs/ disabilities through providing information, referrals to agencies, and links to local resources. Focus areas include health benefits consultation. finding medical and therapy providers, and transitions to adult care. We, along with our partners, offer a variety of trainings throughout the year.

## CYSTIC FIBROSIS FOUNDATION - WISCONSIN **CHAPTER**

400 S Executive Dr Ste 109, Brookfield WI 53005 (262) 798-2060 (Milwaukee area phone #) The mission is to cure cystic fibrosis and to provide all people with the disease the opportunity to lead full, productive lives by funding research and drug development, promoting individualized treatment, and ensuring access to high-quality, specialized care.

## **NUTRITION SERVICES - MARSHFIELD MEDICAL** CENTER

1000 N Oak Ave, Marshfield WI 54449 (715) 387-5480

Marshfield Medical Center's Nutrition & Diabetes Services can assist you with losing or gaining weight, lower your cholesterol or blood pressure, learn about diabetes & how to manage your blood glucose levels, or simply change your eating habits, Registered Dietitians & Nurses provide individualized assessment & treatment plans.

#### OPTION CARE

10100 Innovation Dr. Wauwatosa WI 53226 (414) 256-7234 or (888) 256-7234 www.optioncare.com

Offers a wide range of infusion therapies to treat patients with a broad variety of conditions. Comprehensive therapy management programs for antibiotics, heart failure, bleeding disorders, immunoglobulin (IG) therapy & home nutrition support (parenteral & enteral nutrition (overseen by registered dietitians).24/7 access to specially-trained infusion nurses, pharmacists, & enteral care coordinators.

#### REFUGEE HEALTH

#### **MARATHON**

1000 Lake View Dr, Ste 100, Wausau WI 54403 (715) 261-1900

www.co.marathon.wi.us

A full-time bilingual Hmong Community Health Worker coordinates services w/nurses, establishes contact w/medical provider, follows up on immunization schedules, makes health appointments, & acts as interpreter for new refugees.

#### WISCONSIN TOBACCO QUIT LINE

(800) 784-8669

www.wiquitline.org

Free info. on quitting smoking, one-on-one telephone counseling & starter kit of quit smoking medicine.

## **HEALTH-SCREENINGS/ EVALUATIONS**

#### BEHAVIORAL HEALTH CLINIC

630 S 36th Ave, Wausau WI 54401 (715) 842-9500

www.wibehavioralhealth.com

Same day evaluation & consultation for ADHD, depression. anxiety & memory concerns w/licensed psychologist.

#### BLOOD PRESSURE CLINIC – WISCONSIN RAPIDS FIREFIGHTERS

1511 12th St S, Wisconsin Rapids WI 54494 (715) 421-6277

www.wirapids.org

Wisconsin Rapids Firefighter's Association offers free blood pressure checks at both Wisconsin Rapids Fire Stations. Blood Pressure checks are open to everyone at no charge from 8:00-11:00 a.m. daily.

## **BLOOD PRESSURE SCREENINGS-UNITED WAY RSVP**

705 S 24th Ave. Ste 400B. Wausau WI 54401 (715) 298-5721

www.unitedwaymc.org/rsvp.htm

RSVP is providing free blood pressure screenings in our community that are staffed by volunteer nurses. When you attend a free blood pressure screening, you will receive your results on a personal tracking card. Other educational materials related to hypertension will be available. Call for dates and times.

#### **ELMERGREEN ASSOCIATES, INC**

114 Grand Ave, Wausau, WI 54403 (715) 845-7175 Elmergreen.com

Dr Elmergreen provides psychological evaluation to determine competency & I.Q.

#### HOME SAFETY INNOVATIONS

(920) 379-4439

homesafetyinnovations.com

homesafetyinnovations@gmail.com

Two Occupational Therapists provide services: home evaluations to determine safety w/aging in place & proper modifications, ramp & stair lifts w/installation (rentals available for ramps) & grab bar, railing, bathroom modification...such as roll in shower conversions & other small home modifications.

## MARSHFIELD MEDICAL CENTER COGNITIVE NEUROLOGY AND MEMORY DISORDERS CLINIC

611 N Saint Joseph Ave, Marshfield WI 54449 (715) 387-5350

If you have disruptions in daily life or concerns about family history due to cognitive or memory disorders, you can work with a multidisciplinary team for early diagnosis, evaluation, & treatment services for memory loss, dementia, Altheimer's & other memory disorders.

## NATIONAL KIDNEY FOUNDATION OF WISCONSIN, INC.

10909 W Greenfield Ave Ste 201, West Allis WI 53214-2379 (414) 897-8669 or (800) 543-6393

www.kidneywi.org

Offers free diabetes/kidney health screenings; helpline for caregivers & patients available weekdays 9-4; free community & online educational programs, brochures. Provides free medical identification jewelry for anyone w/ kidney disease, dialysis or received a kidney transplant. All services & programs are free.

#### NORTHERN WISCONSIN MEMORY DIAGNOSTIC CENTER

Ministry Medical Group-Northshore Clinic 2251 N Shore Drive, Rhinelander WI 54501 (715) 361-4560

Our team works together to diagnose and help treat many types of memory disorders, including L Dementia-Alzheimer's disease, Normal Pressure Hydrocephalus, Mild cognitive impairment & Vascular cognitive impairment.

#### WISCONSIN WELL WOMAN PROGRAM

(715) 345-5776 or (866) 920-2525

This program provides preventative health screening services to women with no health insurance, or their insurance policy has a high deductible for screening or tests. Coordinators will help members enroll who are age 45-64 years old & help coordinate preventative health screens & answer eligibility questions.

## **HOME MODIFICATION**

#### ACCESS ELEVATOR

(715) 393-8778 or (844) 945-4387

www.AllAboutAccess.com

sales@allaboutaccess.com

Home access solutions including stair lifts, ceiling lifts, vertical platform "porch lifts", wheelchair vans and vehicle lifts & modifications including hand controls, modular, portable ramping, residential elevators & bathroom modifications including grab bars, roll-in showers & walk-in tubs, transport products.

#### ALPINE HOME MEDICAL

1900 8th St S, Wisconsin Rapids WI 54494

(715) 421-3040

alpinehomemed.com

Home medical equipment sale & rental; home modifications; ramp sales & rentals; consignment sales; used equipment and delivery.

#### AMRAMP

(800) 649-5215

www.amramp.com

Amramp makes life accessible by helping people with limited mobility stay safely in their homes for as long as possible with safe access in, out & around the home. Amramp Modular Wheelchair Ramps-RENT or Buy, Stair Lifts, Vertical Platform Lifts, Grab Bars & Safety Railings.

#### ARROW LIFT

411 N Casaloma Dr, Appleton WI 54914 (920) 903-3600

www.arrowlift.com

Second generation, family owned, state licensed elevator & stair lift company that has been in business for over 34 years. Sell & install for both residential & commercial clients. Sell & install stair lifts (straight & curved), Vertical platform lifts, Inclined platform lift, Elevators, Dumbwaiters & Ceiling track lifts.

#### DISCOUNT RAMPS

760 S Indiana Ave, West Bend WI 53095 (888) 651-3431

www.discountramps.com/

Large selection & low prices on ramps, loading & transport products. Wheelchair & scooters, ramps, lifts & carriers, wheelchair shower platform.

#### ELDERLY & DISABLED HOME SAFETY CHECKS-

## **MARATHON,-Weston & Rib Mountain Residents**

5303 Mesker St, Weston WI 54476

(715) 355-6763

The South Area Fire District provides home safety checks for elderly & disabled.

#### HOME SAFETY INNOVATIONS

(920) 379-4439

homesafetyinnovations.com

homesafetyinnovations@gmail.com

Two Occupational Therapists provide services: home evaluations to determine safety w/aging in place & proper modifications, ramp & stair lifts w/installation (rentals available for ramps) & grab bar, railing & other small home modifications.

#### JENEROSITY - MARSHFIELD

(715) 451-3434

jen@jenerositycares.com

Services: Errands & shopping, bathing assistance, appointment escorting, companionship, pet therapy, transportation, home modification/ramps, respite care, compression stockings assist, INR testing and more. Call for details.

#### NORTH CENTRAL COMMUNITY ACTION **PROGRAM**

LINCOLN

503 S Center Ave, Ste 1, Merrill WI 54452

(715) 536-9581

**MARATHON** 

911 Jackson St, Wausau WI 54403

(715) 842-0681

**MARSHFIELD** 

149 N Central Ave, Marshfield WI 54449

(715) 387-2626

**WISCONSIN RAPIDS** 

2111 8th St S, Ste 102, Wisconsin Rapids WI 54494 (715) 424-2581

www.wiscap.org/

Provides assistance to individuals: Housing, Emergency Rent Payments, Outreach, Section 8 (Lincoln County), Americorps, and weatherization.

#### RAPID REHAB, LLC

2660 8th St South, Ste 101, Wis. Rapids, WI 54494 (715) 423-2084 or (866) 248-2920

www.rapidrehabllc.com

Rentals available: ramps, hospital beds, knee scooters & wheelchairs. Sales & installs: scooters, power wheelchairs, ramp, stairlifts, vehicle lift, lift chairs, CPAP & BIPAP machine & supplies, aids to daily living, diabetic shoes, wheelchairs, transport chairs, walkers, bathroom aids & canes.

## HOSPICE

#### ASPIRUS CANCER CARE - WISCONSIN RAPIDS

410 Dewey St, Wisconsin Rapids WI 54494 (715) 421-7442

aspirus.org/cancer-care-blood-disorders

Aspirus Cancer Care - Wisconsin Rapids offers cancer patients complete, leading edge cancer care. Convenient care and treatment includes oncology exams, diagnostic lab work and imaging scans, chemotherapy, radiation therapy, surgery and more. \*Chemotherapy treatments \*Radiation therapy treatments \*Full-time medical oncologist \*Radiation oncology team \*Oncology-certified registered nurses \*Link to multi-disciplinary medical staff throughout the Aspirus system \*Access to clinical trials locally.

#### **ASPIRUS COMFORT CARE & HOSPICE** SERVICES

520 N 32nd Ave, Wausau WI 54401 (715) 847-2424

https://www.aspirus.org/hospice-services

Provides comprehensive hospice services that encompass physical, psychosocial & spiritual care for persons w/ terminal illness & their families. Focus on comfort, not cure; emphasis on improving quality of remaining life. Hospice care is provided wherever a patient lives, including private home, hospital, community residential facility & nursing home. Services: nursing care, social work, medical care & therapy in collaboration w/person's private physician. Respite Care, Durable Medical Equipment, Prescription medications, Service coordination, Lab, X-ray/diagnostic tests, Palliative care, Grief Center, Community Education.

#### **COMPASSUS - HOSPICE SERVICES**

(800) 398-1297

www.compassus.com

Dedicated to quality of life, Hospice offers a support system of experienced health care

professionals who assist the patient and family in meeting their physical, emotional, social, and spiritual needs. Services are provided wherever they call home: in their own home, nursing home or assisted living facility.

#### **HEARTLAND HOSPICE**

(866) 216-5708

www.heartlandhospice.org

Provides care to patients at home, in a skilled nursing center, assisted living facility or independent living community.

#### HOSPICE HOUSE-ASPIRUS

530 N 32nd Ave, Wausau WI 54401 (715) 847-2725

https://www.aspirus.org/find-a-location/aspirus-hospice-

Alternative home for hospice patients, place of comfort & companionship for patients w/end-stage illnesses. Staffed 24 hrs./day by Certified Nursing Assistants, Licensed Practical Nurses & RN's. All needed hospice services, including nursing, social work, counseling, medication & supplies are provided.

#### **HOUSE OF THE DOVE**

1000 W 11th St, Marshfield WI 54449 (715) 389-0100

www.compassus.com

Facility constructed to provide care of all levels of hospice patients-Residential, Acute, & Respite.

#### INTERIM HOSPICE & PALLIATIVE CARE, LLC

510 N 17th Ave Ste A

Wausau WI 54401

(715) 842-7707

www.interimhealthcare.com/wausauwi

Optimizes quality of life for patients & families who are living with terminal &/or life threatening illness by anticipating, treating & preventing suffering & facilitating patient autonomy, access to info. & choice in physical, social, psychological & spiritual dimensions of holistic care & services.

#### LEROYER HOSPICE & PALLIATIVE CARE

Aspirus Langlade Hospital 112 E 5th Ave, Antigo WI 54409 Physical: Antigo Medical Building 1111 Langlade Rd, Antigo WI 54409

(715) 623-2331

www.aspirus.org

Home-based programs focusing on maintaining comfort, providing emotional & spiritual support & improving the quality of life for patients & their families. Hospice care is for the terminally ill in the final months of life. Palliative Care is for patients &, unlike hospice, may be provided at the same time as other potentially life prolonging treatments(chemo/radiotherapy/dialysis).

#### MOMENTS HOSPICE

2417 Post Rd Ste C, Stevens Point WI 54481 (715) 800-0900 or (877) 666-3687

info@momentshospice.com

www.momentshospice.com

Moments Hospice is a Medicare Certified Hospice Agency. We meet the needs of our patients wherever they call home. We provide individualized plans of care because everyone is unique and has unique needs and wishes. We will provide only the best end of life care for your mental, spiritual and physical being. It is not about curing--it is about caring.

## PALLIATIVE CARE PROGRAM OF MARSHFIELD MEDICAL CENTER

611 St. Joseph Ave. Marshfield WI 54449 (715) 387-7400

www.marshfieldclinic.org

The Palliative Care Unit is a specialized hospital unit specifically for patients w/life-limiting illness. Patients are admitted or transferred to the PCU for symptom management &/or terminal care. Consultation Services provide guidance & expertise.

## HOSPICE, HOSPITALS

#### ST. CROIX HOSPICE

204 B E. Upham St, Marshfield, WI 54449 (855) 278-2764

www.stcroixhospice.com

info@stcroixhospice.com

Our goal is to help you focus on your quality of life. We ensure hospice care is provided to you in a way which brings dignity, respect and compassion on your terms, wherever you call home. Funding comes from Medicare, Medicaid, private insurance companies & private pay funds. No one with a lifelimiting illness is ever turned away due to a proven inability to pay.

## HOSPITALS

#### ASCENSION GOOD SAMARITAN HOSPITAL

601 S Center Ave. Merrill WI 54452 (715) 536-5511

## ASCENSION SAINT MARY'S HOSPITAL-RHINELANDER

2251 N Shore Dr. Rhinelander WI 54501 (715) 361-2000 or (800) 578-0840 www.ascensionmedicalgroup.org

#### ASPIRUS LANGLADE HOSPITAL

112 E 5th Ave, Antigo WI 54409 (715) 623-2331 www.aspirus.org

#### ASPIRUS RIVERVIEW HOSPITAL

410 Dewey St. Wisconsin Rapids WI 54494 (715) 423-6060 or (800) 732-1956 www.aspirus.org

#### ASPIRUS WAUSAU HOSPITAL INC

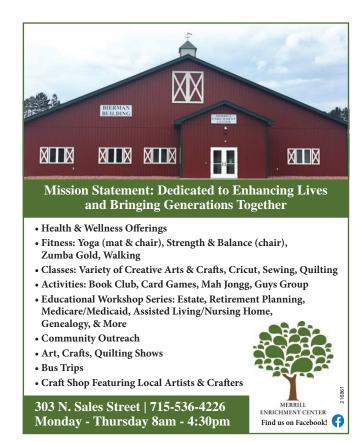
333 Pine Ridge Blvd, Wausau WI 54401 (715) 847-2121 www.aspirus.org

#### MARSHFIELD MEDICAL CENTER

611 St Joseph Ave, Marshfield WI 54449 (715) 387-1713 www.marshfieldclinic.org

#### MARSHFIELD MEDICAL CENTER-WESTON

3400 Ministry Pkwy, Weston WI 54476 (715) 393-1000 www.marshfieldclinic.org







# In our care, they are family.

Our goal is to create an environment that affords our residents the opportunity to be a partner in the care they receive, to develop trusting relationships with our caregivers, and to reach their highest level of independence. Our teams of dedicated healthcare professionals strive to deliver quality care with compassion.



We pride ourselves on being the cornerstone of healthcare in the communities we serve.

In addition to 24/7 admission and care plans designed to serve each of our residents' individual needs, our five-star center offers a spacious gym and home-like atmosphere to our residents.



We feature private rooms for our short-term rehabilitation patients. In addition, our cozy memory care unit serves residents with various diagnosis of dementia, including Alzheimer's. We are located in a quiet setting on the north edge of Marshfield next to the Hamus Nature Preserve and Recreation Area.

#### **MARSHFIELD HEALTH SERVICES**

814 W. 14th St Marshfield, WI 54449 715-387-1188 | marshfieldhs.com

#### THREE OAKS HEALTH SERVICES

209 Wilderness View Dr. Marshfield, WI 54449 715-389-6000 | threeoakshc.com

We are proud members of the North Shore Healthcare family.

## **COMMUNITY LIVING OPTIONS**

The following describes the various options available to individuals who need supportive services in their place of residence. Choice of a suitable alternative depends on a number of factors, including lifestyle preferences, the level of support needed, cost, and the options available in a particular community. Some of the options are subject to specific government regulation, while others are not.

#### IN HOME CARE

Supportive home care services can be provided to individuals in their own home or apartment. Homemaker, chore services, Meals on Wheels, home health care, attendant care, and transportation are some of the services that make it possible for people with care needs to remain in their homes. These can be arranged through public social service agencies, purchased from private agencies, or provided by family and friends.

# SENIOR AND DISABLED HOUSING/INDEPENDENT LIVING APARTMENTS

This housing is multi-unit rental housing that is specially designed for, and marketed to elderly and disabled tenants. Most offer studio and/or one bedroom apartments and some have a recreation room or other common space for social gatherings. There may be a manager available to make referrals or organize events. Tenants may individually arrange for supportive services from outside providers, as with any in-home care. No license or special regulation is required for the facility.

#### **ADULT FAMILY HOME**

An adult family home is a residence where one to four unrelated adults live and receive meals, supervision, and personal care. Many adult family homes, especially those with only one or two paying residents, are private homes where elderly or people with disabilities live with a foster family. Adult family homes caring for one or two unrelated adults are certified by the county; homes caring for three or four residents are licensed and regulated by the state.

## RESIDENTIAL CARE APARTMENT COMPLEX (RCAC)

RCACs combine apartment housing with supportive, personal and nursing services. Residents have their own apartments, including full bath and kitchen facilities, and retain control over their personal space, care decisions and daily routines. Services are individually tailored to each resident's capacities and preferences and are adjusted as necessary to avoid requiring people to move when their condition deteriorates with age. Facilities may provide up to 28 hours of service per resident per week. RCACs are either registered or certified. Certified facilities will be monitored by the state and eligible to receive Medical Assistance waiver funding, registered facilities will not.



## **COMMUNITY BASED RESIDENTIAL FACILITY (CBRFS)**

Community Based Residential Facilities (CBRFs) are staffed group living arrangements that provide room, board, supervision and other supportive services to five or more adult residents. Typically, residents have either a private or shared sleeping room and share living, dining, and bathroom space with other residents of the facility. CBRFs are intended for people who cannot live independently but are neither acutely ill nor need extensive amounts of nursing care. Facilities vary in size from five residents to over 100. Some are houses, others are facilities. Some serve a frail elderly population; others serve people with disabilities, people with Alzheimer's disease, or a mixed group of residents. All CBRFs must be licensed by the state.

#### **NURSING HOME**

A nursing home is a healthcare facility which provides room, board, and 24 hour a day care. Residents may be admitted for a short-term respite or rehabilitation stays or for long-term care for chronic conditions. Nursing homes are licensed by the state. Most are also certified for Medicare and Medicaid, which provide public funds to cover the cost of care for eligible residents.

## HTTPS://WWW.DHS.WISCONSIN.GOV/GUIDE/NURSING-HOME.HTM VISIT THE ABOVE WEBSITE FOR CURRENT/UPDATED INFO.

## **HOUSING-SENIOR & DISABLED HOUSING/INDEPENDENT** LIVING APARTMENTS

This housing is multi-unit rental housing that is specially designed for, & marketed to elderly & disabled tenants. Most offer studio &/or one bedroom apartments & some have a recreation room or other common space for social gatherings. There may be a manager available to make referrals or organize events. Tenants may individually arrange for supportive services from outside providers, as with any in-home care. No license or special regulation is required for the facility.

#### LANGLADE COUNTY

LANGLADE COOK!!							
Facility	Target Population	Handicap Accessible	Indoor Parking	Pets	Subsidized		
Antigo Depot Apt 929 Fifth Ave 511 & 517 Dorr St 514 & 524 Morse St Antigo WI 54409 715-623-5768	18 & older	2 Units	No	No	No		
Church Street Apts (White Lake) 321 & 325 Church St White Lake WI 54491 715-623-5768	18 & older	No	No	No	Yes		
First Ave Apts 1006 & 1014 First Ave Antigo WI 54409 715-623-5768	Elderly/Disabled	Yes	No	Yes	Yes		
Hunting River Manor (Elcho) W10649 Cole St Elcho WI 54428 715-623-5768	18 & older	Yes	No	No	Yes		
Lincoln Street Apt 1007 & 1021 Lincoln St Antigo WI 54409 715-623-5768	18 & older	1 Unit	No	No	Yes		
Park View Apartments 535 Third Ave Antigo WI 54409 715-623-5768	50 & older	Yes	No	Yes	Yes		
South Manor Apts (White Lake) 324 Church St White Lake WI 54491 715-623-5768	Elderly/Disabled	Yes	No	Yes	Yes		
Station House Apts 635 Dorr St Antigo WI 54409 715-623-5768	Elderly/Disabled	Yes	No	Yes	Limited		

#### **LINCOLN COUNTY**

Facility	Target Population	Handicap Accessible	Indoor Parking	Pets	Subsidized
Alice Henke Villa 215 W Mohawk Dr Tomahawk WI 54487 715-351-9358 www.impactseven.org	Elderly	Yes	No	Yes	Yes
Community Villa W1384 First Ave Gleason WI 54435 715-453-4233	Elderly Disabled	Yes	No	Yes	Yes
Jenny Towers High Rise 711 East First St Merrill WI 54452 715-722-1081 ext 103 www.merrillha.com	Elderly Disabled	Yes	No	Yes-62 Older or/ Disabled (pet under 30 lbs)	Yes
Jenny Towers Ranch House 100 S California St Merrill WI 54452 715-722-1081 ext 103 www.merrillha.com	18 & older	Yes	No	Yes-62 Older or/ Disabled (pet under 30 lbs)	Yes
Jenny Towers Ranch House 1803 W Main St Merrill WI 54452 715-722-1081 ext 103 www.merrillha.com	18 & older	Yes	No	Yes-62 Older or/ Disabled (pet under 30 lbs)	Yes
Jenny Towers Ranch House 1011 St Paul Dr Merrill WI 54452 715-722-1081 ext 103 www.merrillha.com	18 & older	Yes	No	Yes-62 Older or/ Disabled (pet under 30 lbs)	Yes
Lincoln Heights Apartments 700 Woodbine Ave Merrill WI 54452 715-536-5589 pgruetzmacher@zmeridian.com	Elderly Disabled Family	Yes	No	No	Yes
Lincoln Heights Apartments 603 Francis Drive Merrill WI 54452 715-536-5589 pgruetzmacher@zmeridian.com	Elderly Disabled Family	Yes	No	No	Yes
Longfellow Apartments 11 Merrill Ave Tomahawk WI 54487 715-453-4233	Elderly Disabled	Yes	No	Yes	Yes
Merrill Area Housing Authority 909 Grand Ave Merrill, WI 54452 715-722-1081 Ext 101 www.merrillha.com	18 & older	No	Yes	No	No

Facility	Target Population	Handicap Accessible	Indoor Parking	Pets	Subsidized
Merrill Area Housing Authority 1102 Van Buren St Merrill, WI 54452 715-722-1081 Ext 101 www.merrillha.com	18 & older	No	Yes	No	No
Park City Apartments 711 &713 Martin St Merrill WI 54452 715-921-9311	All	Yes	Yes	Yes	Yes
Park Place High Rise 215 Grand Ave Merrill WI 54452 715-722-1081 Ext 102 www.merrillha.com	18 & older	Yes	No	Yes-62/ older or disabled (pet under 30 lbs)	Yes
Somo Court Apartments 15 Marinette St Tomahawk WI 54487 715-453-4233	All	Yes	Yes	Yes	Yes
Stonebridge Apartments 307 W Main St Merrill WI 54452 715-722-1081 Ext 102 www.merrillha.com	18 & older	Yes	No	Yes-62/ older or disabled (pet under 30 lbs)	Yes
Westgate Apartments 1705, 1707 & 1709 Water St Merrill WI 54452 715-722-1081 Ext 102 www.merrillha.com	18 & older	Yes	No	Yes-62/ older or disabled (pet under 30 lbs)	Yes
Whittier Apartments 2-8 South 7th St Tomahawk WI 54487 715-453-4233	Elderly Disabled	Yes	No	Yes	Yes
Woodbine Duplexes Woodbine Ave Merrill WI 54452 715-722-1081 Ext 103 merrillha.com	18 & older	Yes	Yes	Yes-62 & older or disabled (pet under 30 lbs)	Yes
Woodridge Apartments 44 E Birchwood Ave Tomahawk WI 54487 715-612-2623	Elderly Disabled	Yes	No	Yes	No

## **MARATHON COUNTY**

Facility	Target Population	Handicap Accessible	Indoor Parking	Pets	Subsidized
Alvin O'Konski Manor 920 West Campus Dr Wausau WI 54401 715-351-9357 www.impactseven.org	Physically Disabled	Yes	No	Yes	Yes

Facility	Target Population	Handicap Accessible	Indoor Parking	Pets	Subsidized
Birchwood Highlands 8005 Birch St Weston WI 54476 715-359-7000 http://www.highlandscommunities.com	55 & older	Yes	Yes	Yes	Limited *42*
Carolyn Rock Apartments 213418 State Hwy 97 Stratford WI 54484 715-443-0036 www.wisconsinmanagement.com	Elderly, Mentally/Physically Disabled	Yes-1	No	Yes	Yes
Casa Therese Apartments 2114 Clarberth St Schofield WI 54476 715-571-5309	55 & older	Yes-3	No	No	No
Cedar Creek Senior Housing 605 & 607 Eagles Nest Blvd Rothschild WI 54474 715-241-7601	55 & older	Yes	Yes	No	Limited
Cedarwood Apartments 508 6th St Mosinee WI 54455 715-443-0036 www.wisconsinmanagement.com	Elderly 62+ Mentally/Physically Disabled	Yes-1	No	Yes	Yes
City Walk Apartments 120 Grand Ave Wausau WI 54403 715-409-3582 www.impactseven.org	Elderly 55+	Yes Limited	No	Yes	No
Colby-Abbotsford Senior Village 320 Dehne Dr Colby WI 54421 715-409-3582 www.impactseven.org	Elderly 55+	Yes	Yes	Yes	No
Colby Cottages 800 Community Drive Colby WI 54421 715-409-3582 www.impactseven.org	Elderly 55+	Yes	Yes	Yes	No
Donald Sykes Villa 420 West Fir St Stratford WI 54484 715-650-7783 www.impactseven.org	Elderly	Yes	Yes	Yes	Yes
Forest Park Village 2901 N 7th St Wausau WI 54403 715-845-1214 www.homme.org	Elderly	Yes	Yes	Yes	No
Harry & Velma Hamilton Villa 4001 Stewart Ave Wausau WI 54401 715-351-9357 www.impactseven.org	Elderly	Yes	No	Yes	Yes

Facility	Target Population	Handicap Accessible	Indoor Parking	Pets	Subsidized
Heidi Apartments PO Box 131 Edgar WI 54426 715-352-2174	Elderly Physically Disabled	Yes-2	No	No	Yes
Island Place Apartments 400 River Dr Wausau WI 54403 715-848-1369	55 & older	Yes	Yes	Yes	No
Kannenberg Plaza 1240 N Merrill Ave Wausau WI 54401 715-675-7952	Elderly Physically Disabled	Yes	No	Yes	Yes
Larry Thompson Apartments 421 George Wagner Dr Edgar WI 54426 715-443-0036 www.wisconsinmanagement.com	Elderly Disabled	Yes	No	Yes	Yes
Maplewood Apartments 503 High St Mosinee WI 54455 715-443-0036 www.wisconsinmanagement.com	Elderly Physically Disabled	Yes	No	Yes	Yes
Parkview Court 404 4th St Marathon WI 54448 715-443-0036 www.wisconsinmanagement.com	Elderly Physically Disabled	Yes	No	Yes	Yes
Pinewood Apartments 504 Pine St Mosinee WI 54455 715-443-0036 www.wisconsinmanagement.com	Elderly Physically Disabled	Yes	No	Yes	Yes
Plisch Apartments 308 Jensen Athens WI 54411 715-443-0036 www.wisconsinmanagement.com	Elderly, Mentally/Physically Disabled	Yes-1	No	Yes	Yes
Rietbrock Apartments 610 Schlegel Athens WI 54411 715-443-0036 www.wisconsinmanagement.com	Elderly, Mentally/Physically Disabled	Yes	No	Yes	Yes
Riverview Terrace 540 E Thomas St Wausau WI 54403 715-261-6687 http://riverviewterrace.com/	Elderly	Yes	No	Limited	Yes
Riverview Towers 500 Grand Ave Wausau WI 54403 715-203-4032	Elderly, Mentally/Physically Disabled	Yes	Yes	Yes	Yes

Facility	Target Population	Handicap Accessible	Indoor Parking	Pets	Subsidized
Rothschild Apartments 105 Becker St Rothschild WI 54474 715-443-0036 www.wisconsinmanagement.com	Elderly Mentally/Physically Disabled	Yes	No	Yes	Yes
Schofield Court Apartments 2035 Grand Ave Schofield WI 54476 715-443-0036 www.wisconsinmanagement.com	Elderly Mentally/Physically Disabled	Yes	No	Yes	Yes
Sturgeon Bluff Apartments 1320 Grand Ave Wausau WI 54403 715-848-7200	Elderly Mentally/Physically Disabled	Yes	No	Yes	Eligible
The Pines at Mount View 3700 Mount View Ave Weston WI 54476 715-355-2818	55 & older	Yes	Yes	No	Limited

#### **MARSHFIELD AREA (WOOD & MARATHON COUNTY)**

Facility	Target Population	Handicap Accessible	Indoor Parking	Pets	Subsidized
Anne Auburn 5828 First St Auburndale WI 54412 715-305-6078	Elderly	Yes	No	Yes	Yes
Capistry Town Houses 108 E 4th St Marshfield WI 54449 715-387-2626	Elderly/Disabled Very low income	Yes	No	No	No
Carolyn Rock Apts 213418 State Hwy 97 Stratford WI 54484 715-443-0036 www.wisconsinmanagement.com	Elderly/Disabled	Yes	No	Yes	Yes
Cedar Rail 601 S Cedar Ave Marshfield WI 54449 715-387-0528 www.marshfieldcda.com	General	Yes	No	Yes	Yes
Colby-Abbotsford Senior Village 320 Dehne Dr Colby WI 54421 715-409-3582 www.impactseven.org	Elderly 55+	Yes	Yes	Yes	No
Colby Cottages 800 Community Drive Colby WI 54421 877-377-1434 www.impactseven.org	Elderly 55+	Yes	Yes	Yes	No

Facility	Target Population	Handicap Accessible	Indoor Parking	Pets	Subsidized
Donald Sykes Villa 420 W Fir St Stratford WI 54484 715-650-7783 www.impactseven.org	Elderly	Yes	Yes	Yes	Yes
Green Vista 310 E Pine St Abbotsford WI 54405 715-223-4631	General	Yes	No	Yes	Yes
John H Ringstad Villa 808 E Grant St Marshfield WI 54449 715-496-1245 www.impactseven.org	Developmentally Disabled Chronic Menally III	Yes	No	Yes	Yes
Laurel Gardens Apartments 622 Laurel Ct Apt 110 Marshfield WI 54449 715-387-1500	General	Yes	No	Eligible	Yes
Mel Gunther Apartments 601 N Weber Ave Stratford WI 54484 715-443-0036 www.wisconsinmanagement.com	Elderly/Disabled	Yes	No	Yes	Yes
Nancy Nye Villa 8140 Main St Pittsville WI 54466 715-496-1245 www.impactseven.org	Elderly Age 62	Yes	Yes	Yes	Yes
Norris Manor 1412 S Adams Ave Marshfield WI 54449 715-387-4419	Elderly/Disabled	Yes	No	Yes	Yes
Parkview Apartments 606 S Walnut Ave Marshfield WI 54449 715-387-0528 www.marshfieldcda.com	General	Yes	Limited	Yes	Yes
Plisch Apartments 308 Jensen Athens WI 54411 715-443-0036 www.wisconsinmanagement.com	Elderly/Disabled	Yes	No	Yes	Yes
Ponderosa Apartments I 408 W Main St Spencer WI 54479 715-443-0036 www.wisconsinmanagement.com	Elderly/Disabled	Yes	No	Yes	Limited
Ponderosa Apartments II 412 W Main St Spencer WI 54479 715-443-0036 www.wisconsinmanagement.com	Elderly/Disabled	Yes	No	Yes	Limited

Facility	Target Population	Handicap Accessible	Indoor Parking	Pets	Subsidized
Ponderosa Apartments III 506 W Main St Spencer WI 54479 715-443-0036 www.wisconsinmanagement.com	Elderly/Disabled	Yes	No	Yes	Limited
Rietbrock Apartments 610 Schlegel Athens WI 54411 715-443-0036 www.wisconsinmanagement.com	Elderly/Disabled	Yes	No	Yes	Yes
Round River Court 1411 W Veterans Parkway Marshfield WI 54449 715-384-9121	Emotionally Disturbed Mental Illness	Yes	No	Yes	Yes
Tealwood 1907 S Vine Ave Marshfield WI 54449 715-305-6078	Elderly/Disabled	Yes	No	Yes	Yes
The Dix Apartments 303 Lieders St Colby WI 54421 715-443-0036 www.wisconsinmanagement.com	Elderly/Disabled	Yes	No	Yes	Yes
Upham Village and Townhouses 1600 N Fig Ave Marshfield WI 54449 715-384-5747 www.homzmanagement.com	Elderly/Disabled	Yes	No	Yes	Yes
Valley Crest Apartments 105 W Elm St Abbotsford WI 54405 715-223-4631	Elderly/Disabled	Yes	No	Yes	Yes
Wildwood Regency 1624 S Roddis Ave Marshfield WI 54449 715-486-0066 or 715-305-7368 www.doneff.com	Elderly/Disabled	No	Yes	Yes	No
Woodco Housing 7961 Church Rd Arpin WI 54410 608-784-1381 or 888-393-3282	Elderly/Disabled	No	No	Yes	Yes
Woodco Housing 5379 4th Ave Pittsville WI 54466 608-784-1381 or 888-393-3282	Elderly/Disabled	Yes	No	Yes	Yes
Wyndham Villa hands w1307 N Hinman Ave Marshfield WI 54449 715-387-3995 www.wyndhamsenior.com/	Elderly 55+ Disabled	Yes	Yes	Yes	Moderate

## **WISCONSIN RAPIDS AREA (WOOD COUNTY)**

Facility	Target Population	Handicap Accessible	Indoor Parking	Pets	Subsidized
Arborcreek Apartments 1410 Two Mile Ave Wisconsin Rapids WI 54494 715-340-1479	Elderly Disabled	Yes	Yes	Yes	No
Briarwood Cottages 3231 Washington St Wisconsin Rapids WI 54494 715-424-2515	Elderly	Yes	Yes	Yes	No
Centralia View Senior Living 301 7th Ave South Wisconsin Rapids WI 54495 844-210-7701	Elderly 55+	Yes	Yes	Yes	No
Chula Vista Manor 1200 Huntington Wisconsin Rapids WI 54494 715-421-5353	General Disabled	Yes	No	Yes	Yes
Duane Flogstad Villa 2710 12th St Wisconsin Rapids WI 54494 715-496-1245 www.impactseven.org	Physically Disabled	Yes	No	Yes	Yes
Grace Apartments 1531 23rd Ave S Wisconsin Rapids WI 54495 866-999-0949 or 262-689-7771 www.graceapartments.com	62+ Elderly Disabled	Yes	No	No	Yes
Huntington House 2521 10th St S Wisconsin Rapids WI 54494 715-423-7288	General Disabled	No	No	Yes	Yes
Jerry Drahos Villa 1230 Pepper St Wisconsin Rapids WI 54494 715-496-1245 www.impactseven.org	Developmentally Disabled Chronic Mentally III	Yes	No	Yes	Yes
Nancy Nye Villa 8140 Main St Pittsville WI 54466 715-496-1245 www.impactseven.org	Elderly Age 62	Yes	Yes	Yes	Yes
Nekoosa Senior Village 200 Buehler Ave Nekoosa WI 54457 877-377-1434 www.capservices.org/rentals	Elderly 55+	Yes	Yes	Yes	No
Parkview Apts 1750 S 2nd Ave Wisconsin Rapids WI 54495 715-423-7288	General	No	No	Yes	Yes

Facility	Target Population	Handicap Accessible	Indoor Parking	Pets	Subsidized
Pine Creek Apts 2610 12th St S Wisconsin Rapids WI 54494 715-424-3931	Elderly 55+ Disabled	Yes	No	Eligible	No
Ripple Creek Apts 1050 S 6th St Port Edwards WI 54469 715-421-4385	Elderly 55+	Yes	No	Yes	Limited
River City Senior Village 810-826 Goggins St & 811-829 Hale St Wisconsin Rapids WI 54495 877-377-1434 www.capservices.org/rentals	Elderly 55+	Yes	Yes	Yes	No
River Grove Senior Village 3411 Washington St Wisconsin Rapids WI 54494 715-423-8810 Rivergrove.seniorvillage.com	Elderly 55+ Disabled	Yes	Yes	Yes	Partial
River Wood Apartments 2321 Carey St Wisconsin Rapids WI 54495 877-377-1434 www.capservices.org/rentals	Elderly 55+	Yes	Yes	Yes	No
Sylvan Glen Apartments 1155 19th Ave S Wisconsin Rapids WI 54495 715-424-3321	Elderly/Disabled	No	No	Yes	Limited
Tenth Ave Apts 220 N 10th Ave Wisconsin Rapids WI 54495 715-423-7288	General	Yes	No	Yes	Yes
Westwood Townhouses 1520 23rd Ave S Wisconsin Rapids WI 54495 715-421-0404	Elderly/Disabled	Yes	No	Yes	Yes
Woodco Housing 7961 Church Rd Arpin WI 54410 608-784-1381 or 888-393-3282	Elderly/Disabled	No	No	Yes	Yes
Woodco Housing 5379 4th Ave Pittsville WI 54466 608-784-1381 or 888-393-3282	Elderly/Disabled	Yes	No	Yes	Yes
Woodco Housing 6491 S Robert St Vesper WI 54489 608-784-1381 or 888-393-3282	Elderly/Disabled	No	No	Yes	Yes
Woodlake East Apts 1055 Market St Nekoosa WI 54457 715-886-4090	Elderly	Yes	No	Yes	Yes

## HTTPS://WWW.DHS.WISCONSIN.GOV/GUIDE/ASSISTED-LIVING.HTM VISIT THE ABOVE WEBSITE FOR CURRENT/UPDATED INFO.

## HOUSING-ADULT FAMILY HOMES

An adult family home is a residence where one to four unrelated adults live & receive meals, supervision, & personal care. Many adult family homes, especially those w/ only one or two paying residents, are private homes where elderly or people w/ disabilities live w/ a foster family. Adult family homes caring for one or two unrelated adults are certified by the county; homes caring for three or four residents are licensed & regulated by the state.

#### **LANGLADE COUNTY & LINCOLN COUNTY**

Facility	Private Room	Bathrooms	Target Population
Assisted Living at The Log Cabin W7641 State Hwy 47 Antigo WI 54409 715-489-3711 thelogcabin.webs.com	Yes	Shared	Advanced Aged Developmentally Disabled
Debroux Adult Family Home W7343 Hwy 47 Phlox WI 54464 715-489-3850	Yes	Shared	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Traumatic Brain Injury
Forward House 700A East Eugene St Merrill WI 54452 715-536-1007	Yes	Shared	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled Terminally Ill Traumatic Brain Injury
Haven House W7331 Hwy 47 Phlox WI 54464 715-610-7547	Yes	Shared	Developmentally Disabled
Ken Crass Memorial Home 700 B Eugene St Merrill WI 54452 715-536-1007	Yes	Shared	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled Terminally Ill Traumatic Brain Injury
Scheuermann Adult Family Home N10928 Cty Rd H Gleason WI 54435 715-966-5427	Yes	Shared	Developmentally Disabled Traumatic Brain Injury

#### **MARATHON COUNTY**

Facility	Private Room	Bathrooms	Target Population
A New Visions 503 N 4th Ave Wausau WI 54401 715-298-9488	Yes	Shared	Advanced Aged Alcohol/Drug Dependent Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Traumatic Brain Injury

Facility	Private Room	Bathrooms	Target Population
Aspen 1807 Milwaukee Ave Wausau WI 54403 715-842-8700	Yes	Shared	Advanced Age Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled Traumatic Brain Injury
Auberg Acres N14062 Doe Ave Colby WI 54421 623-202-1837	Yes	Shared	Advanced Age Developmentally Disabled Emotionally Disturbed/Mental Illness
Aurora Residential Alternatives #129 1801 Milwaukee Ave Wausau WI 54403 715-359-2879 www.auroraservices.com/	Yes	Shared	Developmentally Disabled Traumatic Brain Injury
Aurora Residential Alternatives #123 796 Stone Ridge Dr Mosinee WI 54455 715-693-4602 www.auroraservices.com/	Yes	Both	Developmentally Disabled Physically Disabled Traumatic Brain Injury
Aurora Residential Alternatives #128 3308 Horizon Court Weston WI 54476 715-241-9691 www.auroraservices.com/	Yes	Both	Developmentally Disabled Emotionally Disturbed/Mental Illness Traumatic Brain Injury
Aurora Residential Alternatives #124 798 Stone Ridge Dr Mosinee WI 54455 715-693-5361 www.auroraservices.com/	Yes	Both	Developmentally Disabled Physically Disabled Traumatic Brain Injury
Autumn Lane Family Care 384 Lyons Rd Birnamwood WI 54414 715-449-3444	Yes	Shared	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Physically Disabled Terminally III
Birchwood 1811 Milwaukee Ave Wausau WI 54403 715-842-8700	Yes	Shared	Developmentally Disabled Physically Disabled Traumatic Brain Injury
Cherish 1610 Ginger Lane Wausau WI 54403 715-842-8700	Yes	Shared	Developmentally Disabled Physically Disabled Traumatic Brain Injury
Circle of Love Haven 1 9207 Andrea St Weston WI 54476 715-355-2689 www.circleofloveafh.com	Yes	Both	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Physically Disabled Traumatic Brain Injury Dementia/Alzheimer's

Facilities	Deirosto Docum	Dethasess	Towns Dominion
Facility	Private Room	Bathrooms	Target Population
Circle of Love Haven 2 9209 Andrea St Weston WI 54476 715-355-2680 www.circleofloveafh.com	Yes	Both	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Physically Disabled Traumatic Brain Injury Dementia/Alzheimer's
Dane Great LLC 7020 Cty Rd K Wausau WI 54401 715-551-3840	Yes	Shared	Developmentally Disabled
Eagles View 514 Sherman St #2 Wausau WI 54401 715-842-8700	Yes	Shared	Developmentally Disabled Physically Disabled Traumatic Brain Injury
Embers 514 Sherman St #1 Wausau WI 54401 715-842-8700	Yes	Shared	Developmentally Disabled Physically Disabled Traumatic Brain Injury
Everest Housing, LLC 2010 Bloedel Ave Schofield WI 54476 715-298-2924	Yes	Shared	Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Traumatic Brain Injury
Everest Housing, LLC 2012 Bloedel Ave Weston WI 54476 715-298-1045	Yes	Shared	Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Traumatic Brain Injury
Hamilton House 617 Hamilton St Wausau WI 54403 715-571-2092 www.mrcs.us	Yes	Shared	Developmentally Disabled Emotionally Disturbed/Mental Illness Traumatic Brain Injury
Kim Tryba Adult Family Home 212772 Tryba Rd Hatley WI 54440 715-370-2875	Yes	Private	Developmentally Disabled
Lake Aire Manor 183459 Norrie Rd Birnamwood WI 54414 715-449-2480	Yes	Shared	Advanced Aged Emotionally Disturbed/Mental Illness Developmentally Disabled
Natures Walk 510 Sherman St #3 Wausau WI 54401 715-842-8700	Yes	Shared	Developmentally Disabled Physically Disabled Traumatic Brain Injury

Facility	Private Room	Bathrooms	Target Population
New Beginnings Adult Family Home 702 Plumer St Wausau WI 54403 715-848-1938	Yes	Shared	Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's
Prospect Place 412 Prospect Ave Wausau WI 54403 715-848-0006 www.mrcs.us	Yes	Shared	Developmentally Disabled Emotionally Disturbed/Mental Illness Traumatic Brain Injury
REM-Northwestern 1909 Northwestern Ave Wausau WI 54403 (608) 327-5945	Yes	Shared	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled Traumatic Brain Injury
REM Wisconsin III 2105 & 2107 Northwestern Ave Wausau WI 54403 715-536-8322	Yes	Shared	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Physically Disabled Traumatic Brain Injury
Reynolds Place 527 Hamilton St Wausau WI 54403 715-842-1154 www.mrcs.us	Yes	Shared	Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled Traumatic Brain Injury
Rustic Willows 142943 Moon Rd Mosinee WI 54455 715-693-1313	Yes	Shared	Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled
Sekara LLC I 2013 Northwestern Ave Wausau WI 54403 715-355-3751 http://sekarallc.com/	Yes	Shared	Advanced Aged Dementia/Alzheimer's Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Physically Disabled
Sekara LLC II 2011 Northwestern Ave Wausau WI 54403 715- 845-3170 http://sekarallc.com/	Yes	Shared	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled
Sekara LLC III 3305 Horizon Ct Weston WI 54476 715-846-3170	Yes	Shared	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled
Sekara LLC IV 3303 Horizon Ct Weston WI 54476 715-846-3170	Yes	Shared	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled

Facility	Private Room	Bathrooms	Target Population
Sekara LLC V 4907 Annabelle Ct Weston WI 54476 715-298-2991	Yes	Shared	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Physically Disabled
Sekara LLC VI 4909 Annabelle Ct Weston WI 54476 715-298-5116	Yes	Shared	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Physically Disabled
Sekara LLC VII 3302 Horizon Ct Weston WI 54476 715-370-4836	Yes	Shared	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Physically Disabled
St Rita LLC 575 212976 Hwy B Mosinee WI 54455 715-693-6768 http://saintritasafh.com/	Yes	Both	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled Terminally III
Tharens Place 1813 Milwaukee Ave Wausau WI 54403 715-842-8700	Yes	Shared	Developmentally Disabled Physically Disabled Traumatic Brain Injury
Unity 1710 Milwaukee Ave Wausau WI 54403 715-842-8700	Yes	Shared	Developmentally Disabled Physically Disabled Traumatic Brain Injury
Willows Way 510 Sherman St #4 Wausau WI 54401 715-842-8700 www.balancinglives.org	Yes	Shared	Developmentally Disabled Physically Disabled Traumatic Brain Injury

#### **MARSHFIELD AREA (WOOD & MARATHON COUNTY)**

Facility	Private Room	Bathrooms	Target Population
Alice & Louise's Adult Family Home LLC 814 East 6th St Marshfield WI 54449 715-897-2666	Yes	Shared	Advanced Age Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled Irreversible Dementia/Alzheimer's
Althea House 2404 Monique Marshfield WI 54449 715-207-6038	Yes	Shared	Advanced Age Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Traumatic Brain Injury
Aurora Residential Alternatives #127 R5548 Hwy H Edgar WI 54426 715-352-3432 www.auroraservices.com/	Yes	Shared	Developmentally Disabled
Aurora Residential Alternatives #128 R5556 Hwy H Edgar WI 54426 715-352-7926 www.auroraservices.com/	Yes	Shared	Developmentally Disabled Physically Disabled
Cedar Gate S2929 N Frey Ave Marshfield WI 54449 715-384-4657	Yes	Shared	Developmentally Disabled Physically Disabled
Comforts of Home 812 E 18th St Marshfield WI 54449 715-207-0678	Yes	Shared	Advanced Age Irreversible Dementia/Alzheimer's Physically Disabled Terminally III
Epic Home Care LLC 1607 Immanuel Ct Marshfield WI 54449 715-897-5911	Yes	Shared	Advanced Age Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Physically Disabled Terminally III Traumatic Brain Injury
Guiding Hand Adult Family Home 1200 St Joseph Ave Marshfield WI 54449 715-389-2290	Yes	Shared	Advanced Age
Holland House of Hope LLC 812 E 18th St Marshfield WI 54449 715-207-0678	Yes	Shared	Advanced Age Developmentally Disabled Irreversible Dementia/Alzheimer's Physically Disabled Terminally III
Joyful Hearts 1704 E Mcmillan Marshfield WI 54449 715-207-0904	Yes	Shared	Advanced Age Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Physically Disabled Traumatic Brain Injury

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Facility	Private Room	Bathrooms	Target Population
Hillside Hollow 11854 Cty Rd T Marshfield WI 54449 715-897-5207	Yes	Shared	Developmentally Disabled Physically Disabled Emotionally Disturbed/Mental Illness
Kinship Home Inc 3100 Popp Ave Marshfield WI 54449 715-389-2272 www.kinshiphome.com	Yes	Shared	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Physically Disabled
Kramer's Kottage 203702 N Frey Ave Marshfield WI 54449 715-384-4125	Yes	Shared	Developmentally Disabled Emotionally Disturber/Mental Illness Dementia/Alzheimer's Traumatic Brain Injury
Murphy Adult Family Home 5194 Tower Dr Auburndale WI 54412 715-652-3678	Semi	Shared	Advanced Age Emotionally Disturbed/Mental Illness Physically Disabled Developmentally Disabled
Our Home AFH 910 South Columbus Ave Marshfield WI 54449 715-387-1140	Yes	Shared	Advanced Aged Physically Disabled
Parkside Point 503 West 17th St Marshfield WI 54449 715-384-8470	Yes	Shared	Developmentally Disabled Emotionally Disturbed/Mental Illness
River City Estates 112730 Cty Rd C Marshfield WI 54449 715-486-9140	Both	Shared	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled Traumatic Brain Injury
River City Estates 112732 Cty Rd C Marshfield WI 54449 715-486-9150	Both	Shared	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled
River City Estates Heritage 8391 & 8393 Heritage Dr Marshfield WI 54449 715-591-7769	Both	Shared	Advanced Aged Developmentally Disabled Physically Disabled Traumatic Brain Injury
River City Estates Heritage 8397 8397 Heritage Drive Marshfield WI 54449 715-591-7767	Both	Shared	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled Traumatic Brain Injury

Facility	Private Room	Bathrooms	Target Population
River City Estates Hewitt House 11002 Main St Hewitt WI 54441 715-389-2281	Yes	Shared	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled Traumatic Brain Injury
River City Estates Maple Lane 7630 7630 Maple Ln Hewitt WI 54441 715-305-1174	Both	Shared	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled Traumatic Brain Injury
Wolf's Den Family Home 203700 N Frey Ave Marshfield WI 54449 715-384-4434	Yes	Private	Developmentally Disabled Emotionally Disturbed/Mental Illness
Young at Heart 3 301 N Schmidt Ave Marshfield WI 54449 715-207-6668	Yes	Shared	Advanced Aged Developmentally Disabled Traumatic Brain Injury Physically Disabled

# **WISCONSIN RAPIDS AREA (WOOD COUNTY)**

Facility	Private Room	Bathrooms	Target Population
2nd Street House 3111 2nd St S Wisconsin Rapids WI 54494 715-712-0828	Yes	Shared	Advanced Aged Developmentally Disabled Irreversible Dementia/Alzheimer's Emotional Disturbed/Mental Illness Physically Disabled Traumatic Brain Injury
Aspiring Horizons 820 Lincoln St Wisconsin Rapids WI 54494			Advanced Aged Developmentally Disabled Irreversible Dementia/Alzheimer's Emotional Disturbed/Mental Illness Physically Disabled
Aurora Residential Alternatives #096 5307 6th Ave Pittsville WI 54466 715-884-2210 www.auroraservices.com/	Yes	Shared	Developmentally Disabled Emotionally Disturbed/Mental Illness Traumatic Brain Injury Physically Disabled
Aurora Residential Alternatives #093 3010 Kingston Rd Wisconsin Rapids WI 54494 715-424-7780 www.auroraservices.com/	Yes	Shared	Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled Traumatic Brain Injury
Aurora Residential Alternatives #193 3020 Kingston Rd Wisconsin Rapids WI 54494 715-424-8343 www.auroraservices.com/	Yes	Shared	Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled Traumatic Brain Injury
Aurora Residential Alternatives #092 2910 Kingston Rd Wisconsin Rapids WI 54494 715-421-5719 www.auroraservices.com/	Yes	Shared	Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled Traumatic Brain Injury

Facility	Private Room	Bathrooms	Target Population
Aurora Residential Alternatives #192 2920 Kingston Rd Wisconsin Rapids WI 54494 715-421-5753 www.auroraservices.com/	Yes	Shared	Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled Traumatic Brain Injury
Best Place 2 B LLC 2920 Shady Ln Wisconsin Rapids WI 54494 715-421-1970	Yes	Both	Advanced Aged Developmentally Disabled Physically Disabled Traumatic Brain Injury Irreversible Dementia/Alzheimer's
Best Place 2 B LLC 2941 Shady Ln Wisconsin Rapids WI 54494 715-421-1970	Yes	Both	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Traumatic Brain Injury
Best Place 2 B LLC 1610 Boles St Wisconsin Rapids WI 54495 715-421-1970	Yes	Both	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Traumatic Brain Injury
Clarity Care 10th 1030 Grove Ave Wisconsin Rapids WI 54494 715-650-1186	Yes	Both	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Physically Disabled Traumatic Brain Injury
Clarity Care Grandview 1340 Rosewood Ave Wisconsin Rapids WI 54494 715-650-1186	Yes	Both	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Physically Disabled Traumatic Brain Injury
Clarity Care Rosewood 1338 Rosewood Ave Wisconsin Rapids WI 54494 715-650-1186	Yes	Both	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Physically Disabled Traumatic Brain Injury
Evergreen 2131 Cindy Ct Wisconsin Rapids WI 54494 715-842-8700	Yes	Private	Developmentally Disabled Physically Disabled Traumatic Brain Injury
Heartland Family Care 1120 Gardner St Wisconsin Rapids WI 54495 715-421-4698	Yes	Shared	Advanced Aged Developmentally Disabled Physically Disabled
Hilltop Assisted Living Ravenwood 2530 Gaynor Ave Wisconsin Rapids WI 54495 715-423-1603 www.hilltopaffiliatesinc.com	Yes	Private	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Physically Disabled Traumatic Brain Injury

#### HOUSING-RESIDENTIAL CARE APARTMENT COMPLEX (RCAC)

Facility	Private Room	Bathrooms	Target Population
Murphy Adult Family Home 5194 Tower Dr Auburndale WI 54412 715-652-3678	Semi	Shared	Developmentally Disabled Emotionally Disturbed/Mental Illness
Pathways 2121 Cindy Ct Wisconsin Rapids WI 54494 715-842-8700	Yes	Private	Developmentally Disabled Physically Disabled Traumatic Brain Injury
Ridgewood 1520 Michael Ct Wisconsin Rapids WI 54494 715-421-1380	Yes	Private	Developmentally Disabled Physically Disabled Traumatic Brain Injury
River City Estates LLC Garfield 541 Garfield St Wisconsin Rapids WI 54495 715-423-1420	Yes	Shared	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled
River City Estates LLC Kellner 5512 Kellner Rd Wisconsin Rapids WI 54494 715-451-1599	Yes	Shared	Developmentally Disabled Emotionally Disturbed/Mental Illness
River City Estates LLC Kellner 5510 Kellner Rd Wisconsin Rapids WI 54494 715-451-1599	Yes	Shared	Developmentally Disabled Emotionally Disturbed/Mental Illness
River City Estates LLC Lincoln 1810 Lincoln St Wisconsin Rapids WI 54495 715-423-1477	Yes	Shared	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled
River City Estates LLC Wisconsin 550 Wisconsin St Wisconsin Rapids WI 54494 715-213-9580	Yes	Shared	Developmentally Disabled Emotionally Disturbed/Mental Illness

### HTTPS://WWW.DHS.WISCONSIN.GOV/GUIDE/NURSING-HOME.HTM VISIT THE ABOVE WEBSITE FOR CURRENT/UPDATED INFO.

# HOUSING-RESIDENTIAL CARE APARTMENT COMPLEX (RCAC)

RCACs combine apartment housing w/ supportive, personal & nursing services. Residents have their own apartments, including full bath & kitchen facilities, & retain control over their personal space, care decisions & daily routines. Services are individually tailored to each resident's capacities & preferences & are adjusted as necessary to avoid requiring people to move when their condition deteriorates w/ age. Facilities may provide up to 28 hours of service per resident per week. RCACs are either registered or certified. Certified facilities will be monitored by the state & eligible to receive Medical Assistance waiver funding, registered facilities will not.

#### LANGLADE COUNTY

Facility	Private Room	Bathrooms
Pine Meadows Retirement Community 525 Flight Rd Antigo WI 54409 715-627-2613	Yes	Private

# HOUSING-RESIDENTIAL CARE APARTMENT COMPLEX (RCAC)

### LINCOLN COUNTY

Facility	Private Room	Bathrooms
Milestone Senior Living 314 E Lincoln Ave Tomahawk WI 54487 715-224-3740	Yes	Private

#### **MARATHON COUNTY**

MARATHON COUNTY		
Facility	Private Room	Bathrooms
Acorn Hill Senior Living Community 430 Orbiting Dr Mosinee WI 54455 715-693-8844 www.acorn-hill.net/	Yes	Private
Addies House 1207 W Taylor St Merrill WI 54452 715-722-0968	Yes	Private
Applegate Terrace 3001 Westhill Dr Wausau WI 54401 715-849-1514 www.applegateterraceassistedliving.com	Yes	Private
Athenian Living RCAC 716 Caroline St Athens WI 54411 715-257-2053	Yes	Private
Gardens Apartment (The) 801 Parcher St Wausau WI 54403 715-845-1214	Yes	Both
Mountain Terrace Senior Living RCAC 3312 Terrace Ct Wausau WI 54401 715-848-6257	Yes	Private
Primrose Retirement Community 2100 Townline Rd Wausau WI 54403 715-842-1818 www.primroseretirement.com/wausau	Yes	Private
Renaissance Weston 4602 Barbican Ave Weston WI 54476 715-355-5858 www.rennesgroup.com	Yes	Private
Terrace Court 3402 Terrace Ct Wausau WI 54401 715-843-5230	Yes	Private

# HOUSING-RESIDENTIAL CARE APARTMENT COMPLEX (RCAC)

#### **MARSHFIELD AREA (WOOD & MARATHON COUNTY)**

Facility	Private Room	Bathrooms
Acorn Hill Senior Living Community 430 Orbiting Dr Mosinee WI 54455 715-693-8844 www.acornhill.net/	Yes	Private
Aster Assisted Living of Marshfield 305 S Chestnut Ave Marshfield WI 54449 715-384-6611 www.asterassistedliving.com/	Yes	Private
Colby Retirement Community 510 W Wausau St Colby WI 54421 715-223-1612	Yes	Private

#### **WISCONSIN RAPIDS AREA (WOOD COUNTY)**

Facility	Private Room	Bathrooms
Arborwood Lodge 1175 Blue Iris Ct Wisconsin Rapids WI 54494 715-712-1299	Yes	Private
Hilltop Grand Village 1400 24th St S Wisconsin Rapids WI 54494 715-423-7400 hilltopgrandvillage.com/	Yes	Private
Nekoosa Court 145 North Cedar St Nekoosa WI 54457 715-886-5353	Yes	Private
Renaissance (The) 1500 Pepper Ave Wisconsin Rapids WI 54494 715-424-6500	Yes	Private
Wisconsin Rapids Senior Living at River Run 1400 River Run Dr Wisconsin Rapids WI 54494 715-421-1400	Yes	Private

# HTTPS://WWW.DHS.WISCONSIN.GOV/GUIDE/NURSING-HOME.HTM VISIT THE ABOVE WEBSITE FOR CURRENT/UPDATED INFO.

# HOUSING-COMMUNITY BASED RESIDENTIAL FACILITY (CBRFS)

Community Based Residential Facilities (CBRFs) are staffed group living arrangements that provide room, board, supervision & other supportive services to five or more adult residents. Typically, residents have either a private or shared sleeping room & share living, dining, & bathroom space w/ other residents of the facility. CBRFs are intended for people who cannot live independently but are neither acutely ill nor need extensive amounts of nursing care. Facilities vary in size from five residents to over 100. Some are houses, others are facilities. Some serve a frail elderly population; others serve people w/ disabilities, people w/ Alzheimer's disease, or mixed groups of residents. All CBRFs must be licensed by the state.

#### **LANGLADE COUNTY**

Facility	Private Room	Bathrooms	Target Population
Bay at Garden View Assisted Living 729 Park St Antigo WI 54409 715-623-2356	Yes	Private	Advanced Aged Physically Disabled Terminally III
Care Partners Assisted Living Antigo LLC 1415 10th Ave Antigo WI 54409 715-627-4698	Yes	Private	Advanced Aged Irreversible Dementia/Alzheimer's Terminally III
Care Partners Assisted Living Antigo LLC 1417 10th Ave Antigo WI 54409 715-350-4522	Yes	Private	Advanced Aged Dementia/Alzheimer's Irreversible Physically Disabled Terminally III
Evergreen Terrace LLC 715 Ackley St Antigo WI 54409 715-623-0423	Yes	Private	Advanced Aged Irreversible Dementia/Alzheimer's Terminally III
Rosalia Gardens 519 Flight Rd Antigo WI 54409 715-627-2613	Yes	Private	Advanced Aged Irreversible Dementia/Alzheimer's Terminally III

#### LINCOLN COUNTY

Facility	Private Room	Bathrooms	Target Population
Bell Tower Residence 1500 O'Day St Merrill WI 54452 715-536-5575	Yes	Private	Advanced Aged Irreversible Dementia/Alzheimer's Terminally III
Country Terrace Tomahawk 300 Theiler St Tomahawk WI 54487 715-224-3701	Yes	Private	Advanced Aged Dementia/Alzheimer's Physically Disabled Terminally III Developmentally Disabled
Milestone Senior Living 314 E Lincoln Ave Tomahawk WI 54487 715-224-3747	Yes	Private	Advanced Aged Dementia/Alzheimer's Terminally III

Facility	Private Room	Bathrooms	Target Population
Pat Weber Home 1209 W Taylor St Merrill WI 54452 715-539-9700	Yes	Private	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Physically Disabled Terminally Ill Traumatic Brain Injury
Rescare Railway 18 S Railway St Tomahawk WI 54487 715-453-7615	Yes	Shared	Developmentally Disabled
Woodland Court Elder Services LLC I & II 1102 S Center Ave Merrill WI 54452 715-539-9700	Yes	Both	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Physically Disabled Terminally Ill

#### **MARATHON COUNTY**

Facility	Private Room	Bathrooms	Target Population
Andrea Street Community Residence 9205 Andrea St Weston WI 54476 715-848-4405	Yes	Shared	Developmentally Disabled Emotionally Disturbed/ Mental Illness Traumatic Brain Injury
Applegate Reflections 3001 Westhill Dr Wausau WI 54401 715-849-1514 www.applegateterraceassistedliving.com	Yes	Private	Advanced Aged Irreversible Dementia/Alzheimer's
Azura Memory Care 3704 Hummingbird Rd Wausau WI 54401 715-355-0812	Yes	Shared	Advanced Aged Irreversible Dementia/Alzheimer's
Bissell Street Community Res 1408 Bissell St Wausau WI 54401 715-675-4252	Yes	Both	Developmentally Disabled Physically Disabled
Cady Home 380 Maple St Birnamwood WI 54414 715-449-3177	Yes	Shared	Advanced Aged Developmentally Disabled Physically Disabled Emotionally Disturbed/Mental Illness Dementia/Alzheimer's
Cady Home West 1 1805 N 6th Ave Wausau WI 54401 715-675-5487	Yes	Private	Advanced Aged Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's
Cady Home West 2 1815 N 6th Ave Wausau WI 54401 715-675-5726	Yes	Private	Advanced Aged Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's

Facility	Private Room	Bathrooms	Target Population
Care Partners Assisted Living Weston 5905 Delikowski St Weston WI 54476 715-298-1688	Yes	Private	Advanced Aged Irreversible Physically Disabled Terminally III Dementia/Alzheimer's
Care Partners Assisted Living Weston 5855 Delikowski St Weston WI 54476 715-355-0322	Yes	Private	Advanced Aged Irreversible Physically Disabled Terminally III Dementia/Alzheimer's
Cedar Creek Manor 2480 Terrebonne Dr Mosinee WI 54455 715-355-8246	Yes	Both	Advanced Aged Irreversible Physically Disabled Dementia/Alzheimer's
Cedar Creek Manor II 2482 Terrebonne Dr Mosinee WI 54455 715-241-8807	Yes	Both	Advanced Aged Irreversible Physically Disabled Dementia/Alzheimer's
Cedar Ridge Elder Services I 4930 Alderson St Schofield WI 54476 715-359-1913	Yes	Both	Advanced Aged Irreversible Physically Disabled Terminally III Dementia/Alzheimer's
Cedar Ridge Elder Services II 4932 Alderson St Schofield WI 54476 715-359-4838	Yes	Both	Advanced Aged Irreversible Physically Disabled Terminally III Dementia/Alzheimer's
Cedar Ridge Elder Services III 2309 Ross Ave Schofield WI 54476 715-355-6170	Yes	Both	Advanced Aged Irreversible Physically Disabled Terminally III Developmentally Disabled Dementia/Alzheimer's
Cedar Ridge Elder Services IV 385 Orbiting Dr Mosinee WI 54455 715-693-7024	Yes	Both	Advanced Aged Irreversible Physically Disabled Terminally III Dementia/Alzheimer's
Chadwick Street Community Residence 5006 Chadwick St Schofield WI 54476 715-355-7759	Yes	Shared	Developmentally Disabled Physically Disabled
Cloverleaf Terrace 401 Center Street Birnamwood WI 54414 715-449-9626 www.circleofloveafh.com	Yes	Private	Advanced Aged Developmentally Disabled Irreversible Dementia/Alzheimer's Physically Disabled Terminally III Traumatic Brain Injury

Facility	Private Room	Bathrooms	Target Population
Copperleaf Assisted Living 1408 Lili Ln Schofield WI 54476 715-298-0218	Yes	Private	Advanced Aged Dementia/Alzheimer's Emotionally Disturbed/Mental Illness Irreversible Physically Disabled Terminally III
Copperleaf Assisted Living of Marathon 663 Maratech Ave Marathon City WI 54448 715-443-2727	Yes	Private	Advanced Aged Irreversible Dementia/Alzheimer's Emotionally Disturbed/ Mental Illness Terminally III
Copperleaf Memory Care 1404 Lili Ln Schofield WI 54476 715-355-0586	Yes	Private	Advanced Aged Dementia/Alzheimer's Emotionally Disturbed/ Mental Illness Irreversible Physically Disabled Terminally Ill Traumatic Brain Injury
Evergreen Park 1957 Kowalski Rd Kronenwetter WI 54455 715-903-0177	Yes	Shared	Advanced Aged Developmentally Disabled Irreversible Dementia/Alzheimer's Physically Disabled Terminally III
Heather Street Community Residence 5010 Heather St Schofield WI 54476 715-359-4815 www.norcen.org	Yes	Shared	Developmentally Disabled Physically Disabled
Lakeside Recovery 1100 Lake View Dr Wausau WI 54403 715-848-4405	No	Shared	Alcohol/Drug Dependent Emotionally Disturbed/ Mental Illness
Mountain Terrace Senior Living 3402 Terrace Ct Wausau WI 54401 715-843-5230	Yes	Private	Advanced Aged Irreversible Dementia/Alzheimer's
Oak Heights 2023 Kimberly Rd Mosinee WI 54455 715-903-0177	Yes	Shared	Advanced Aged Irreversible Dementia/Alzheimer's
Pride TLC Assisted Living 7805 Birch St Weston WI 54476 715-298-3833 www.stoneyriverliving.com	Yes	Private	Advanced Aged Irreversible Physically Disabled Terminally III Dementia/Alzheimer's
Primrose Memory Care of Wausau 7704 Franciscan Way Weston WI 54476 715-842-1818	Yes	Private	Advanced Aged Irreversible Dementia/Alzheimer's Physically Disabled Terminally III

Facility	Private Room	Bathrooms	Target Population
Spring Crest Residence 5601 Sherman St Wausau WI 54403 715-298-3101	Yes	Shared	Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled Traumatic Brain Injury
Steve's Home 309 Bellis St Wausau WI 54403 715-842-3902	Semi	Shared	Developmentally Disabled
Stone Crest Residence 805 Parcher St Wausau WI 54403 715-849-9563	Yes	Private	Advanced Aged Irreversible Physically Disabled Terminally III Dementia/Alzheimer's
Sunshine Home of Wausau 719 Washington St Wausau WI 54403 715-848-8868	Yes	Shared	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's
Sylvan Crossings on Evergreen 1605 Evergreen Rd Wausau, WI 54403 715-675-3827 www.sylvancrossings.com	Yes	Private	Advanced Aged Terminally III Dementia/Alzheimer's Irreversible Physically Disabled
The Waterford at Colby 1110 N. Division Street Colby, WI 54421 844-305-9252 www.waterfordatcolby.com	Yes	Both	Advanced Aged Irreversible Physically Disabled Terminally III Dementia/Alzheimer's
Wausau Assisted Care - Our House 210 W Campus Dr Wausau WI 54401 715-675-4444	Yes	Both	Advanced Aged Irreversible Dementia/Alzheimer's
Wausau Memory Care - Our House 220 W Campus Dr Wausau WI 54401 715-675-4440	Yes	Both	Advanced Aged Irreversible Dementia/Alzheimer's
Wellington Place of Rib Mountain 149500 Cty Rd NN Wausau WI 54401 715-842-5000 www.wellingtonplaceribmountain.org	Yes	Both	Advanced Aged Irreversible Dementia/Alzheimer's
Willow Haven CBRF LLC 804 12th St Mosinee WI 54455 715-693-8233	Yes	Shared	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Physically Disabled Dementia/Alzheimer's

### **MARSHFIELD AREA (WOOD & MARATHON COUNTY)**

Facility	Private Room	Bathrooms	Target Population
Adams Avenue Group Home 613 W 11th St Marshfield WI 54449 715-389-2720	Yes	Shared	Developmentally Disabled Physically Disabled
Apple Avenue Group Home 1406 S Apple Ave Marshfield WI 54449 715-486-8421	Yes	Both	Developmentally Disabled Physically Disabled
Back Country Manor 104995 Back County Rd Spencer WI 54479 715-659-4729	Yes	Private	Advanced Aged Developmentally Disabled
Bridgeway 1600 N Chestnut Ave Marshfield WI 54449 715-421-8881	Yes	Both	Emotionally Disturbed/Mental Illness
Clarity Care 3013 & 3017 Mann St Marshfield WI 54449 920-236-6560	Yes	Both	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Physically Disabled Tramatic Brain Injury
Delaney Home 5342 3rd Ave Pittsville WI 54466 715-884-2782	Yes	Both	Advanced Aged
Drake House I 800 S Drake Ave Marshfield WI 54449 715-389-9902	Yes	Shared	Advanced Aged Developmentally Disabled Irreversible Dementia/Alzheimer's Emotionally Disturbed/ Mental Illness
Drake House II 212 Columbus Dr Marshfield WI 54449 715-389-1200	Yes	Shared	Advanced Aged Developmentally Disabled Irreversible Dementia/Alzheimer's Emotionally Disturbed/ Mental Illness
Peach Avenue Group Home 2401 S Peach Ave Marshfield WI 54449 715-389-2854	Yes	Shared	Developmentally Disabled Physically Disabled
Safe Haven Senior Care LLC 414 E 19th St Marshfield WI 54449 715-898-1731	Yes	Both	Advanced Aged Developmentally Disabled Irreversible Dementia/Alzheimer's Terminally III
Serenity Living LLC 1301 E Doege Marshfield WI 54449 715-221-0377	Yes	Both	Advanced Aged Dementia/Alzheimer's Irreversible

Facility	Private Room	Bathrooms	Target Population
Serenity Living LLC (A Touch of Home 1) 9787 Ives St Marshfield WI 54449 715-221-0377	Yes	Both	Advanced Aged Dementia/Alzheimer's Emotionally Disturbed/ Mental Illness Irreversible
Serenity Living LLC (A Touch of Home 2) 720 Cypress Ave Marshfield WI 54449 715-221-0377	Yes	Both	Advanced Aged Dementia/Alzheimer's Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Physically Disabled Terminally III
Serenity Living LLC (A Touch of Home 3) 612 E 25th St Marshfield WI 54449 715-221-0377	Yes	Both	Advanced Aged Dementia/Alzheimer's Developmentally Disabled Irreversible Physically Disabled Terminally III
Stoney River 1204 W. McMillan Ave Marshfield, WI 54449 715-312 2021	Both	Private	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Physically Disabled Terminally III
Stoney River Memory 1606 N St Joseph Ave Marshfield WI 54449 715-384-7007 www.stoneyriverliving.com	Both	Private	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Physically Disabled Terminally III
The Waterford at Colby 1110 N Division St Colby WI 54421 715-223-2200 www.waterfordatcolby.com	Yes	Both	Advanced Aged Irreversible Physically Disabled Terminally III Dementia/Alzheimer's
Vitacare Living 213721 Legion St Stratford WI 54484 608-843-3222	Yes	Both	Advanced Aged Irreversible Dementia/Alzheimer's Physically Disabled Terminally III
Wells Nature View I 1016 S Adams Ave Marshfield WI 54449 715-384-7615	Yes	Private	Advanced Aged Irreversible Terminally III Dementia/Alzheimer's
Wells Nature View II 601 E 21st St Marshfield WI 54449 715-387-1756	Yes	Private	Advanced Aged Irreversible Dementia/Alzheimer's
Wells Nature View III 2711 S Apple Ave Marshfield WI 54449 715-384-7882	Yes	Private	Advanced Aged Emotionally Disturbed/Mental Illness Irreversible Physically Disabled Terminally III Dementia/Alzheimer's

Wells Nature View IV 2807 S Apple Ave Marshfield WI 54449 715-898-1119	Yes	Private	Advanced Aged Irreversible Dementia/Alzheimer's Physically Disabled
			Terminally III

### **WISCONSIN RAPIDS (WOOD COUNTY)**

Facility	Private Room	Bathrooms	Target Population
Arborview Court 3750 Blue Violet Ln Wisconsin Rapids WI 54494 715-424-3758 www.lifeatthelodge.com	Yes	Private	Advanced Age Irreversible Dementia/Alzheimer's
Cranberry Court Assisted Living I 2230 14th St South Wisconsin Rapids WI 54494 715-421-2121	Yes	Both	Advanced Aged Irreversible Dementia/Alzheimer's
Cranberry Court Assisted Living II 2230 James Ct Wisconsin Rapids WI 54494 715-421-2121	Yes	Both	Advanced Aged Irreversible Dementia/Alzheimer's
Delaney Home LLC 5342 3rd Ave Pittsville WI 54466 715-884-2782	Yes	Both	Advanced Aged
Hilltop Assisted Living 630 Pepper Ave Wisconsin Rapids WI 54494 715-423-7400 www.hilltopaffiliatesinc.com	Yes	Private	Advanced Aged Irreversible Dementia/Alzheimer's
Hilltop Assisted Living Alpine Terrace 1610 25th Ave South Wisconsin Rapids WI 54494 715-423-7400 www.hilltopaffiliatesinc.com	Yes	Private	Advanced Aged Developmentally Disabled Emotionally Disturbed/Mental Illness Irreversible Dementia/Alzheimer's Physically Disabled Traumatic Brain Injury
Hilltop Estates 914 State Hwy 73 South Wisconsin Rapids WI 54494 715-423-7400 www.hilltopaffiliatesinc.com	Yes	Shared	Developmentally Disabled Emotionally Disturbed/Mental Illness Physically Disabled Traumatic Brain Injury
Our House Assisted Care 2941 16th St South Wisconsin Rapids WI 54494 715-421-3060 http://ourhousesl.com/	Yes	Private	Advanced Aged Irreversible Dementia/Alzheimer's
Our House Memory Care 2711 12th St South Wisconsin Rapids WI 54494 715-423-1700 http://ourhousesl.com/	Yes	Private	Advanced Aged Irreversible Dementia/Alzheimer's
Solarte Residence 1171 21st St North Wisconsin Rapids WI 54494 715-421-2676	Yes	Shared	Developmentally Disabled Emotionally Disturbed/Mental Illness Traumatic Brain Injury

Facility	Private Room	Bathrooms	Target Population
The Waterford at Wisconsin Rapids 491 25th St North Wisconsin Rapids WI 54494 715-421-0045	Yes	Private	Advanced Aged Irreversible Physically Disabled Terminally III Dementia/Alzheimer's
The Waterford at Wisconsin Rapids Memory Care 2440 Baker St Wisconsin Rapids WI 54494 715-421-0045	Yes	Private	Advanced Aged Irreversible Dementia/Alzheimer's
Wellington Place of Biron 1661 South Biron Dr Wisconsin Rapids WI 54494 715-423-5600 www.wellingtonplacebiron.org	Yes	Private	Advanced Aged Irreversible Dementia/Alzheimer's

### HTTPS://WWW.DHS.WISCONSIN.GOV/GUIDE/NURSING-HOME.HTM VISIT THE ABOVE WEBSITE FOR CURRENT/UPDATED INFO.

### **HOUSING-NURSING HOMES**

A nursing home is a health care facility which provides room, board, & 24 hour a day care. Residents may be admitted for a short-term respite or recuperative stays or for long-term care for chronic conditions. Nursing homes are licensed by the state. Most are also certified for Medicare & Medicaid, which provide public funds to cover the cost of care for eligible residents.

#### **LANGLADE COUNTY & LINCOLN COUNTY**

Facility	Private Room	Private Bathroom	Affiliated w/ CBRF	Outpatient Rehab	Secure Unit	Specialized Units
Eastview Health & Rehabilitation Center Short Term Care 729 Park St Antigo WI 54409 715-623-2356 www.mgmhealthcare.com/	Both	Both	Yes	Yes	No	Dementia/Alzheimer's care Long Term Care Rehabilitation Care Respite Care
Homme Home 604 South Webb St Wittenberg WI 54499 715-253-2125 www.homme.org	Both	Both	Yes	Yes	Yes	Dementia/Alzheimer's Unit Short Term Care Long Term Care Rehabilitation Care
Pine Crest Nursing Home 2100 E 6th St Merrill WI 54452 715-536-0355 www.pinecrestmerrill.com	Both	Both	No	Yes	Yes	Short Term Care Long Term Care
Riverview Health Services 428 N 6th St Tomahawk WI 54487 715-453-2511	Both	Shared	No	Yes	No	Short Term Care Long Term Care
Tomahawk Health Services 720 E Kings Rd Tomahawk WI 54487 715-458-2164	Both	Both	No	No	Yes	Dementia/Alzheimer's Unit Short Term Care Long Term Care Respite Care Adult Day Care

#### **MARATHON COUNTY**

Facility	Private Room	Private Bathroom	Affiliated Assisted Living	Outpatient Rehab	Secure Unit	Specialized Units/Care
Bedrock HCS at Abbotsford 600 E Elm St Abbotsford WI 54405 715-223-2359 www.goldenlivingcenters.com	Both	Both	No	Yes	Yes	Long Term Care Short Term Care Rehabilitation Care
Benedictine Manor of Wausau 1821 N 4th Ave Wausau WI 54401 715-675-9451 www.blcwausau.org	Both	Both	No	Yes	Yes	Long Term Care Short Term Care Rehabilitation Care
Colonial Center 702 W Dolf St Colby WI 54421 715-223-2352 www.exceptionallivingcenters.com	Both	Both	No	No	No	Long Term Care Short Term Care Rehabilitation Care
Marshfield Health Services 814 W 14th St Marshfield WI 54449 715-387-1188 marshfieldhs.com	Both	Both	No	Yes	No	Long Term Care Short Term Care Rehabilitation Care
Mount View Care Center 2400 Marshall St Wausau WI 54403 715-848-4300	Both	Both	No	Yes	No	Long Term Care Short Term Care Rehabilitation Care Dementia
Pride TLC Rehab 7805 Birch St Weston WI 54476 715-298-3833 www.stoneyriverliving.com	Both	Both	Yes	Yes	Yes	Long Term Care Short Term Care Rehabilitation Care
Rennes Health & Rehab 4810 Barbican Ave Weston WI 54476 715-393-0400 rennesgroup.com	Both	Both	Yes	Yes	No	Long Term Care Short Term Care Rehabilitation Care
Three Oaks 209 Wilderness View Dr Marshfield WI 54449 715-389-6000 www.goldenliving.com	Both	Both	No	Yes	Yes	Long Term Care Short Term Care Rehabilitation Care Dementia/Alzheimer's Unit
Waterfall Health of Wausau 1010 E Wausau Ave Wausau WI 54403 715-842-2028 Dementia	Both	Both	No	Yes	No	Long Term Care Short Term Care Rehabilitation Care
Wausau Manor 3107 Westhill Dr Wausau WI 54401 715-842-0575 www.wausaumanorcare.com	Both	Both	No	Yes	No	Long Term Care Short Term Care Rehabilitation Care

### MARSHFIELD AREA (WOOD COUNTY & MARATHON COUNTY)

Facility	Private Room	Private Bathroom	Affiliated with CBRF	Outpatient Rehab	Secure Unit	Specialized Units/Care
Marshfield Health Services 814 W 14th St Marshfield WI 54449 715-387-1188	Both	Both	No	Yes	No	Long Term Care Short Term Care Rehabilitation Care
Norwood Health Center 1600 N Chestnut Ave Marshfield WI 54449 715-384-2188	Both	Both	No	Yes	Yes	Long Term Care Short Term Care Rehabilitation Care Alzheimer's/Dementia Care
Three Oaks Health Services 209 Wilderness View Dr Marshfield WI 54449 715-389-6000 threeoakshc.com	Both	Both	No	Yes	Yes	Long Term Care Short Term Care Rehabilitation Care Alzheimer's/Dementia Care

### **WISCONSIN RAPIDS AREA (WOOD COUNTY)**

Facility	Private Room	Private Bathroom	Affiliated with CBRF	Outpatient Rehab	Secure Unit	Specialized Units/Care
Edenbrook of Wisconsin Rapids 130 Strawberry Ln Wisconsin Rapids WI 54494 715-424-1600 www.strawberrylanenursing.com	Both	Both	No	Yes	No	Long Term Care Short Term Care Rehabilitation Care
Edgewater Haven 1351 Wisconsin River Dr Port Edwards WI 54469 715-885-8300 www.co.wood.wi.us/ departments/edgewater/	Yes	Yes	No	Yes	Yes	Long Term Care Short Term Care Rehabilitation Care
Wisconsin Rapids Health Services 1350 River Run Dr Wisconsin Rapids WI 54494 715-421-3140	Yes	Yes	Yes	Yes	No	Long Term Care Short Term Care Rehabilitation Care

# **Assisted Living Apartments & Enhanced Care Suites**

"Specializing in Senior Living & Memory Care"



SENIOR LIVING www.jaybirdsl.com











- Apartments & Suites Available with Private Bathrooms
- Specially tailored services to match your needs
- 3 Meals, Snacks, Utilities, Basic Cable, Wi-fi, Housekeeping & Laundry ALL INCLUDED!
- Passionate Staff Available 24/7 with Specialized Training in Dementia
- Social Activities
- Beauty/Barbershop
- Medication Management & Administration
- Music & Memories
- Respite Stay Program



# **Call Bella, Community Relations Coordinator** at 715-409-6511

Tomahawk • Rhinelander Woodruff • Eagle River

"Where friendships are made!"

# Riverview Terrace



Riverview Terrace is a 36-unit handicapped accessible apartment building located just minutes from downtown Wausau. We offer affordable apartments for 62 or older low-income individuals.

For rental information please call 715-261-6687.

All the amenities for comfortable and enjoyable living!

Owned and Operated by the Wausau Community Development Authority



#### Call today for a showing!

540 E Thomas St, Wausau, WI 54403 715-261-6687 www.riverviewterracewi.com www.facebook.com Riverview Terrace



#### AFFORDABLE INDEPENDENT APARTMENTS

1 Bedroom, 1 Bath - Rents based on 30% of gross annual income



#### **AMENITIES:**

- Community Room
- Storage
- Utilities Included
- Overnight Security
- **Grocery Bus**

Hair Salon

On Metro Bus Route **Guest Room Available** 

• Outdoor Courtyard

Immediate Availability

# HOUSING - EMERGENCY ASSISTANCE

#### AMERICAN RED CROSS

330 Grand Ave, Ste 104, Wausau WI 54403 Info. (877) 618-6628 Class Registration (800) 733-2767

www.redcross.org

The American Red Cross provides service to military families & offers assistance to victims of natural disasters as well as disasters involving home fires & home flooding. Education courses including first aid, CPR, swimming lessons, & babysitting.

# EHAF - EMERGENCY HOUSING ASSISTANCE FUNDS

911 Jackson St Rm 104, Wausau WI 54403 (715) 842-0681

www.northcentralcap.org

The Emergency Housing Assistance Fund (EHAF) agencies are a group of community organizations that are concerned about homelessness & poverty in the greater Wausau community. Its mission is to address & help alleviate problems of homelessness while maintaining the dignity of potentially homeless persons. EHAF grants may provide EMERGENCY housing assistance to area residents who would otherwise be homeless. Funds are intended for emergency rent.

## FORWARD SERVICES CORPORATION

**LANGLADE** 

312 Forrest Ave, Antigo WI 54409 (Inside NTC) (715) 623-2117

LINCOLN

607 North Sales St, Merrill WI 54452 (inside Health & Human services building)

(715) 804-4018

MARATHON

731 N First St St 4000, Wausau WI 54403 (inside Job Center)

(715) 261-8700

www.fsc-corp.org

Employment, training & support services to help eligible low income Wisconsin residents secure & maintain employment. Also, has emergency services, WEATP funds and Job Access Loans to help with transportation. Apply for the W2 Program at 855-733-1311 or apply on line at https://access.wisconsin.gov/access/

Apply for a Job Access Loan at: https://access.wisconsin.gov/access or call 1-855-733-1311. For Emergency Assistance you can apply online: https://access.wisconsin.gov/access or call 1-800-771-8420.

#### FREDERICK PLACE

204 W. Frederick St, Rhinelander WI 54501 (715) 369-9777

www.nathnorthwoods.com

16-bed emergency, temporary shelter for families, women & men who are experiencing homelessness.

#### NORTH CENTRAL COMMUNITY ACTION PROGRAM

LINCOLN

503 S Center Ave, Ste 1, Merrill WI 54452 (715) 536-9581

MARATHON

911 Jackson St, Wausau WI 54403

(715) 842-0681

MARSHFIELD

149 N Central Ave, Marshfield WI 54449

(715) 387-2626

#### **WISCONSIN RAPIDS**

2111 8th St S, Ste 102, Wisconsin Rapids WI 54494 (715) 424-2581

www.wiscap.org/

Provides assistance to individuals: Housing, Emergency Rent Payments, Outreach, Section 8 (Lincoln County), Americorps, and weatherization.

#### **RONALD MCDONALD HOUSE**

803 W North St, Marshfield WI 54449 (715) 387-5899

www.rmhc-marshfield.org

Provides a home environment on a temporary basis for parents/families of a seriously ill child (newborn through age 18) being treated at Marshfield Children's Hospital or Marshfield Medical Center. There are 10 bedrooms, kitchen, dining room, laundry facilities, rec room & living room, game room, deck & a small playground. Hospitalized children's place of residence must be outside the city limits of Marshfield. Referral from Hospital/Clinic staff required.

#### SALVATION ARMY

#### **ANTIGO**

1630 N Superior, Antigo WI 54409

(715) 623-7838

www.usc.salvationarmy.org

#### **MERRILL**

503 S Center Ave, Ste 2, Merrill WI 54452

(715) 539-2666

stvincentdepauloutreach@gmail.com

#### **TOMAHAWK**

108 W Somo Ave, Tomahawk WI 54487

(715) 453-5939

#### WAUSAU

202 Callon St, Wausau WI 54401

(715) 845-4272

www.sawausau.org

Provides material assistance of food & shelter to eligible individuals in an emergency or disaster situation.

#### ST VINCENT DE PAUL OUTREACH

#### LINCOLN

503 S Center Ave, Ste 2, Merrill WI 54452

(715) 539-2666

#### **MARATHON**

131 West Thomas Street Wausau, WI 54401

Telephone: (715) 298-3028

#### WOOD

149 N Central Ave, Marshfield WI 54449

(715) 387-0395

Provides temporary/emergency assistance for food, emergency lodging, clothing, rent, transportation, utilities, & other needs based on funds available & level of need.

#### TRANSITIONAL HOUSING PROGRAM

911 Jackson St, Wausau WI 54403 (715) 842-0681

www.northcentralcap.org

Provides individuals & families w/ shelter & extensive case management & support services.

#### TRUTH (THREE RIVERS UNITED TEMPORARY HOUSING/OUR SISTER'S HOUSE)

328 E Washington Ave, Tomahawk WI 54487 (715) 224-3520

www.oursistershousetomahawk.org oursistershousetomahawk@gmail.com

Our Sisters' House is a temporary homeless shelter. Individuals or families can stay in a home-like setting for up to three months while working with a dedicated Case Manager to achieve self-sufficiency. We maintain a strict drug and alcohol free sober living environment.

#### WAUSAU WARMING CENTER

360 Grand Ave, Ste 800, Wausau WI 54403 (715) 849-3311 or 888-212-4357

Fax: 715-849-8414

Warming Center hrs: 7 pm-8 am Warming Center Check-In Hrs: 7-9 pm

Staff available to help with Community Homeless Facilities, Disaster Relief & St. Lawrence Community Services.

#### WOMEN'S COMMUNITY SAFE SHELTER

3200 Hilltop Ave, Wausau WI 54401 (715) 842-7323 or (888) 665-1234 www.womenscommunitv.ora

Safe Shelter w/an informal & supportive setting. Available to domestic abuse victims, & victims of sexual assault/survivors. Emergency food & personal items are provided. Kitchen & laundry facilities. Sheltering may last a few days or several weeks, depending on the individual's & family members' needs.

# **HOUSING-HOME MAINTENANCE**

#### ATLAS NATIONAL ENTERPRISES, LLC

223 Discher St Apt 1, Schofield WI 54476 (715) 482-0649

atlasne.llc@gmail.com

Elder service business, helping elderly folks with regular home maintenance. Lawn care, carpet cleaning, window cleaning, handicap precautions, remodels, etc.

#### COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM - ATHENS RESIDENTS

PO Box 220, Athens WI 54411 (715) 257-9170

www.athenswis.com

Housing rehabilitation program for low-to moderate-income Village of Athens residents only to make homes safe, sanitary & livable. Rehabilitation to make homes accessible & furnace replacement.

Uses revolving funds, so the grant is paid back when the home is sold. Also provides rehabilitation funds (these loans aren't zero% interest though) to landlords who rent to lowincome residents.

#### COMMUNITY DEVELOPMENT BLOCK GRANT-CITY OF MERRILL

1004 E 1st St, Merrill WI 54452

(715) 536-4880

www.ci.merrill.wi.us

Provides home ownership opportunities, home rehabilitation loans. Accessibility Modifications. Must be a Lincoln Co. resident to be eligible.

#### COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM - EDGAR RESIDENTS

BG & Associates, Grant Administrators PO Box 10. Bear Creek WI 54922 (800) 762-0665 or (715) 752-4620

barb.gabrielson@gmail.com

Administers a revolving fund for home improvement, including weatherproofing (roof, insulation, siding, furnace, windows) & making home more accessible. Village of Edgar Residents only.

#### COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM - SPENCER RESIDENTS

PO Box 360, Spencer WI 54479 (715) 659-5423

Revolving rehabilitation loan fund offers deferred-payment plans for low or moderate income Village of Spencer families or seniors, to fix up their houses (e.g. insulation & weatherization, emergency furnace repair or replacement, handicap accessibility, etc).

#### COMMUNITY DEVELOPMENT DEPARTMENT. WAUSAU

407 Grant St, Wausau WI 54403

(715) 261-6680

www.ci.wausau.wi.us

Homeowners'/buyers' programs for properties w/in the Wausau city limits. Rehabilitation Program for home safety/ repair; Home Rental Rehabilitation Program; Down Payment Program; Housing Counseling Program & Fair Housing Program.

#### HOUSING-HOME MAINTENANCE, HOUSING-SUBSIDIZED HOUSING

# FIRE PREVENTION PROGRAMS -RIVERSIDE FIRE DISTRICT

1325 Schofield Avenue, Schofield WI 54476 (715) 359-3500

Replaces old smoke alarms & alarm batteries in Schofield & Rothschild senior citizens' homes, free of charge. Also will inspect homes for potential fire & life safety hazards.

#### FIRE PREVENTION PROGRAMS - WAUSAU

606 E Thomas St, Wausau WI 54403 (715) 261-7900

www.ci.wausau.wi.us

Evacuation/Fire Safety program speaker available for the elderly, disabled, independent living, teens, young parents, group homes, recent immigrants, service club/organizations. Programs offered through Wausau Fire Department: Smoke Detector Program, Installation of free smoke & carbon monoxide detectors for disabled, elderly or low-income homeowners. Must qualify as one of the above, occupy & own the property & are Wausau city residents. Supplies Available for Use (Provided to the City of Wausau residents) Chimney cleaning brushes & rods for cleaning chimneys. Different shapes/sizes available.

#### FOUNDATION FOR RURAL HOUSING, INC.

4510 Regent St, Madison WI 53705 (608) 238-3448

www.wisconsinruralhousing.org

Provides small, one-time financial assistance to rural residents w/issues related to housing. Assistance w/security deposits, rent & utility payment assistance, may provide assistance w/overdue property taxes & mortgage payments.

# HOMEOWNERS REHABILITATION PROGRAM - WAUSAU

407 Grant St, Wausau WI 54403 (715) 261-6680

www.ci.wausau.wi.us

For low to moderate income property owners in the city of Wausau who need help keeping their homes in safe repair. Repairs may include weatherization, roof or furnace replacement, and making the home more accessible for people with disabilities. The program will send a property inspector to assess needed repairs, and lend up to \$35,000 at 2% interest, to qualifying owners. There may be a waiting list apply at the Community Development Department.

# MARATHON COUNTY - MCDEVCO POWTS LOAN PROGRAM

Marathon County Conservation, Planning & Zoning Department

210 River Dr, Wausau, WI 54403

(715) 261-6000

www.co.marathon.wi.us\POWTS

cpz@co.marathon.wi.us

Low interest loans to help eligible property owners offset some of the cost of replacing a Private Onsite Wastewater Treatment System (POWTS), commonly called a "septic system". Eligibility is based upon criteria such as owner income and confirmation of a failing POWTS. Other criteria may apply.

#### **USDA RURAL DEVELOPMENT**

5417 Clem's Way, Stevens Point WI 54482 (715) 345-7601

603 B Lakeland Rd, Shawano, WI 54166 (715) 524-8522 Ext 4

www.rd.usda.gov/wi

Offers a home repair loan & grant program for residents that own their modest home. Income, asset & home value limits do apply. Credit standards may apply. Grants are available to individuals over the age of 62. Funds are available for the various home improvements & repairs, including appliances, to remove health & safety issues or make a home handicap accessible.

# WISCONSIN HOUSING & ECONOMIC DEVELOPMENT AUTHORITY (WHEDA)

908 E Main St, Ste 501, Madison WI 53703 (800) 334-6873 or (608) 266-7884

www.wheda.com

Provides low-cost, fixed interest rate mortgages to low & moderate income individuals & families to purchase their first home.

#### **HOUSING-SUBSIDIZED HOUSING**

#### ALLEGIANT PROPERTY MANAGEMENT COMPANY

412 South 3rd Street, La Crescent, MN 55947 608-784-1381 ext 205

www.allegiantpropertymgmtllc.com

Description: Provides clients with many services including Accounting, Maintenance and Housing Choice Voucher Programs in various counties in Wisconsin.

#### BADGER HOUSING ASSOCIATES

1111 W Veterans Pkwy, Marshfield WI 54449 (715) 384-5562 Ext 222

Badger Housing Associates offers federally subsidized housing for elderly & people w/low disabilities. We are not crisis housing. Application approval procedure through move-in date takes approximately 1-3 weeks, depending on availability of apartments. Good references are a must.

#### HOUSING AUTHORITY

#### **LANGLADE**

535 Third Ave, Antigo WI 54409 (715) 623-5768

www.antigohousingauthority.org

#### LINCOLN

402 S Park Dr, Tomahawk WI 54487 (715) 453-4233

701 E 1st St, Merrill WI 54452

(715) 722-1081

www.merrillha.com

#### MARATHON

550 E Thomas St, Wausau WI 54403

(715) 261-6687

www.ci.wausau.wi.us

#### WOOD

601 S Cedar Ave, Marshfield WI 54449

(715) 387-0528

www.marshfieldcda.com

2521 10th St S, Wisconsin Rapids WI 54494

(715) 423-7288

www.wisrapha.org

Provides safe & sanitary apartments for low to moderate income adults, seniors, or adults w/disabilities. Administers 149 Section 8 Housing Choice Vouchers.

# **HOUSING - SUPPORT SERVICES**

#### **DUST BUSTERS OF CENTRAL WISCONSIN**

114 E 3rd St, Marshfield WI 54449 (715) 207-7468

www.bustindusteveryday.com

Supportive home care, real estate cleaning, routine residential cleaning. Serving Marshfield & Stratford. Please call for a free estimate.

#### HABITAT FOR HUMANITY

#### LANGLADE

PO Box 604, Antigo WI 54409

(715) 627-7307

https://www.habitat.org/us-wi/antigo/hfh-langlade-county

PO Box 141, Merrill WI 54452-0141

(715) 539-3337

www.habitat.org

#### **MARSHFIELD**

PO Box 784, Marshfield WI 54449

(715) 384-7533

http://www.marshfieldhabitat.org/

**WAUSAU** 

1810 Schofield Ave, Weston WI 54476

(715) 848-5042

#### **WISCONSIN RAPIDS**

PO Box 1134, Wisconsin Rapids WI 54495

(715) 423-8042

www.wrahfh.org

Habitat for Humanity builds houses using volunteer labor & funds raised from the support of local businesses, churches, individual donors and with the proceeds from sale of items at our retail store. These homes are sold to qualified partner families a no-interest mortgage held by Habitat for Humanity.

#### OPPORTUNITY DEVELOPMENT CENTER, INC. (ODC)

LINCÓLN

903 E 2nd St, Merrill WI 54452

(715) 536-7322

#### **MARSHFIELD**

2406 E 21st St, Marshfield WI 54449

(715) 387-1161

#### **WISCONSIN RAPIDS**

1191 Huntington Ave, Wisconsin Rapids WI 54494

(715) 424-2712 or (888) 544-6331

www.odcinc.com

ODC assists individuals in achieving their goals in both work & life. ODC supports children and adults with disabilities by providing employment services and assistance in becoming more independent in their communities. ODC Mental Health Services supports adults, adolescents and children through recovery from mental health and/or substance abuse disorders.

#### LEGAL

#### FAIR HOUSING COUNCIL

(877) 647-3247

www.fairhousingwisconsin.com

The Fair Housing Council can help if you are experiencing neighbor harassment, accessibility issues in housing, difficulty getting an emotional support or service animal approved, or other fair housing issues. If you've experienced housing discrimination, it's important to stand up for your rights People who win housing discrimination cases can achieve REAL results for themselves, and help make sure that other people don't face the same discrimination.

#### **HELPS – NON PROFIT LAW FIRM**

(855) 435-7787

www.helpsishere

HELPS is a nationwide 501C charity nonprofit law firm that protects seniors & disabled persons receiving federally protected social security, pensions, disability & VA benefits from unwanted collector contacts. HELPS also educates lower income & poor seniors how they can maintain their financial independence.

#### HOUSECALLS OF MENOMONIE, INC

1921 Talen St, Menomonie WI 54751 (715) 232-6475 or (888) 232-6475

Representative Payee works w/a person to help them live on a budget. Makes sure the individual has the funds available for their housing, utilities, food, medical & personal needs. Helps them to save for unexpected costs that could arise.

#### INDIAN LAW OFFICE OF JUDICARE LEGAL AID

401 N Fifth St., Ste 200, Wausau WI 54403 (715) 842-1681

www.judicare.org

Services Offered: Legal assistance & representation to Tribal members. Service Areas: State of Wisconsin. Native Americans do not have to reside on reservations to receive assistance.

#### JUDICARE

(800) 472-1638

www.judicare.org/

Provides free civil legal help for eligible persons w/low income.

#### LAWYER REFERRAL & INFO. SERVICE (LRIS)

PO Box 7158. Madison WI 53707

(800) 362-9082

www.wisbar.org/lris

Legal assistants provide info., make referrals to appropriate agencies, & help callers locate an attorney to hire.

#### LINCOLN COUNTY REGISTER IN PROBATE

1110 E Main St. Merrill WI 54452

(715) 536-0342

www.co.lincoln.wi.us or www.wicourts.gov for state guardianship & probate forms.

Provides accurate info. & assistance regarding probate & guardianship matters. Files wills for safekeeping.

#### LEGAL, LEGAL SERVICES-ADVANCED DIRECTIVES, MEDICAL EQUIPMENT

#### MARSHFIELD MEDICAL CENTER - COMMUNITY RESOURCES

1000 N Oak Ave, Marshfield WI 54449 (715) 389-5008

Serves as a link to patients, families & providers of the Marshfield Medical Center system to obtain necessary community resources.

#### STATE BAR OF WISCONSIN

5302 Eastpark Blvd, Madison WI 53707 (608) 257-3838 or (800) 728-7788 www.wisbar.org

Public Lawyer referral & info. service (608) 257-4666 or (800) 362-9082; Law related education resources; Resources for individuals who may have a dispute w/their lawyer; Modest Means Program to assist people whose income is too high to qualify for free legal services, but too low to pay a lawyer's standard rate.

# U S CITIZENSHIP & IMMIGRATION SERVICES

2901 Metro Dr, Ste 100, St Paul MN 54425 (800) 375-5283

www.uscis.gov/portal/site/uscis

Pre-recorded messages w/touch tone phone. Info: pending cases, cases ready to file in person, USCIS local office info, Doctors for USCIS medical exams, forms, & questions about forms, immigration benefits.

# SENIORS, Caregivers and Concerned Families...

Learn how to protect your legal authority and choices in aging.

Powers of Attorney, Wills, Trusts, Personal Care Contracts for Home Care. Planning for eligibility for long term care programs and preserving assets



LATTYAK ELDER LAW LLC

715-359-8833

JANET M. LATTYAK, ATTORNEY "LEGAL SERVICES FOR AGING ON YOUR TERMS"

#### WI GUARDIANSHIP SUPPORT CENTER (GSC)

Helpline: (855) 409-9410 (leave a message)

Email: guardian@gwaar.org

Resources available at www.gwaar.org/gsc

Answers your questions about guardianships, powers of attorney, and other advance directives.

#### WISCONSIN I. D. CARDS

(800) 924-3570

www.dmv.org

Info.is available at DMV office during office hours, via the website, or by phone 24 hrs./day. I. D. Cards are available for people who do not drive in Wisconsin.

# **LEGAL SERVICES-**ADVANCED DIRECTIVES

#### ADVANCE CARE PLANNING

715 843-1340

aspirus.org

Advance Care planning professional is available to help families complete Advanced Directives, or just to answer questions about living wills and power of attorney for health

#### ASCENSION SACRED HEART HOSPITAL

401 W Mohawk Dr. Tomahawk WI 54487 (715) 453-7700 or (800) 242-9252

www.ascension.org

Free assistance in filling out the Power of Attorney for Health Care. MUST call for an appointment.

#### ASPIRUS HONORING CHOICES

www.Aspirus.org

(715) 847-1340 Aspirus Advance Care Planning Warm Line Offers free appointments to begin the advance care planning

#### CARING CONVERSATIONS

Marshfield Clinic Health Systems (844) 853-4106

www.marshfieldclinic.org

Free appointments and workshops available. Call to schedule.

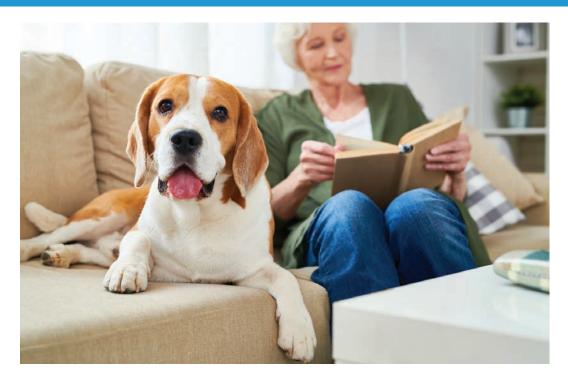
# **MEDICAL EQUIPMENT**

#### **A&J MOBILITY**

2650 Prospect Dr, Eau Claire WI 54703 (715) 874-6630

www.ajmobility.com

A&J Mobility provides automotive mobility solutions. We offer wheelchair vans, wheelchair lifts, scooter lifts, turning automotive seats, transfer seats, hand controls, and many more driving aids. A&J Mobility believes in finding the solution that fits you. Solutions for automotive freedom are different for everyone; we will help you find yours.



# **ADVANCE DIRECTIVES**

An advance directive is a legal document that allows you to make your health care desires and preferences known in the even that you are unable to make your own decisions due to becoming incapacitated.

An advance directive includes written instructions recognized under state law by which you communicate your health care preferences. There are many different terms used to describe advance directives. The written advance directives recognized by Wisconsin law are:

- Power of Attorney for Health Care (POAHC)
- Declaration to Physicians (known in Wisconsin as Living Will)

Completing either of these documents is voluntary. They are "valid" once they have been completed, properly witnessed and signed. It is important to know that you continue to make your own health decisions as long as you are able. A Power of Attorney for Health Care becomes effective or Activated when two physicians, or one physician and one psychologist, personally examine you and sign a certificate thatyou are "incapacitated" to make health care decisions. A Living Will becomes effective when you are either in a "persistent vegetative state" or have a terminal illness with death imminent. Two physicians must certify that one of these conditions exists.

For further information, or to access Advanced Directive Forms visit www.dhs. wisconsin.gov/forms/AdvDirectives

For additional information contact ADRC-CW

Antigo Office 1225 Langlade Rd. Antigo, WI 54409 **715-627-6232** 

Marshfield Office 300 South Peach Ave., Suite 1 Marshfield, WI 54449 715-384-8479

Merrill Office 607 North Sales St., Suite 206 Merrill, WI 54452 715-536-0311

Wausau Office 2600 Stewart Ave., Suite 25 Wausau, WI 54401 715-261-6070

Wisconsin Rapids Office 220 3rd Ave. South Wisconsin Rapids, WI 54495 715-421-0014

Or toll free 888-486-9545

WEBSITE www.adrc-cw.org

#### ALPINE HOME MEDICAL

1845 8th St S, Wisconsin Rapids WI 54494 (715) 421-3040

alpinehms.com

Home medical equipment sale & rental; home modifications; ramp sales & rentals; consignment sales; used equipment & delivery.

#### AMERICAN LEGION PALMER RITCHIE THOMAS **POST 153**

Pittsville, WI 54466 (715) 459-3463

Local residents can borrow wheelchairs, walkers, crutches, & commodes.

#### APRIA HEALTHCARE

1207 W Veterans Pkwy, Marshfield WI 54449 (715) 384-0088 or (800) 337-3432 Provides Home Medical Equipment (Negative Pressure Wound Therapy) & Home Respiratory Equipment (Oxygen, Cpap & Bipap, Nebulizers to Non-Invasive Ventilators), (Continuous Glucose Monitor - CGM), nationwide.

#### ASPIRUS AT HOME - MEDICAL EQUIPMENT

5450 W Stewart Ave, Wausau WI 54401 (715) 847-2545 or (800) 338-6121

http://www.aspirushomemedical.org/

Offers a full line of home medical equipment. Under the direction of the person's physician, staff assists people w/ purchase or rent of the equipment.

#### ATHENS AREA LOAN CLOSET

217 Allen St, Athens WI 54411 (715) 257-7658

Short-term loans up to 6 months: medical equipment & supplies like toilet adaptations, crutches, canes, electric hospital beds, walkers, wheelchairs and knee scooters. Available to people in the Athens Fire & Ambulance area.

#### GOOD NEWS PROJECT - HEALTH EQUIPMENT LENDING PROGRAM

1106 N Fifth St. Wausau WI 54403 (715) 843-5985

http://www.goodnewswi.com/

Lends equipment to people w/short-term medical needs. Wheelchairs, hospital beds, walkers, crutches, shower chairs, commodes, etc. A tax-deductible donation is suggested for use of each item to cover the costs of program maintenance. Good News Project accepts some donations of medical equipment in working order. Call first or check website for additional information.



#### HOME MEDICAL PRODUCTS & SERVICES

3416 E Main St, Merrill WI 54452 (715) 536-2525

www.homeoxygen.com

Home medical equipment, respiratory, daily living aids, ramps, wheelchairs, beds, lift chairs, & hoyer lifts.

#### J & B MEDICAL SUPPLY

50496 W Pontiac Trail, Wixom MI 48393 (866) 674-5850

www.j&bmedical.com

Offers medical & diabetic supplies, mail order, urological supplies, homecare supplies & incontinence products. Contracts w/State of Wisconsin for incontinent supplies through Medicaid & Medicare programs.

#### KNIGHTS OF COLUMBUS

Wisconsin Rapids WI 54495

(715) 421-1698

Loan closet w/hospital beds, wheelchairs, crutches, shower chairs, & commodes.

#### LAKESIDE PHARMACY

536 5th Ave, Antigo WI 54409 (715) 623-2631

www.lakesidepharm.com

Full service Pharmacy. Open 7 days a week. Medical equipment & incontinence supplies. Home delivery & mail service available.

#### LINCARE

4925 Coye Dr. Stevens Point WI 54481 (715) 343-5440

Provides Oxygen, Bi-pap & C-Pap Equipment, Durable Medical Equipment, Nebulizer medication, Non-invasive vents, Home Coumadin testing & overnight oximetry testing.

#### **MEDICAL EQUIPMENT - ST STEPHEN'S**

903 E 2nd St, Merrill WI 54452

(715) 536-7322

Loan of medical equipment. Equipment loans are indefinite. Examples: knee scooters, crutches, walkers, rollators, wheelchairs, canes, quad canes, raised toilet seats, shower chairs, commodes, Call.

#### MUSCULAR DYSTROPHY ASSOCIATION NATIONAL OFFICE

161 N Clark, Ste 3550, Chicago IL 60601 (800) 572-1717

www.mda.org

Services for individuals w/neuromuscular diseases include: Access to MDA Clinics; Free summer camps for youth ages 6-17. Extensive loan closet to registered MDA clients.

#### NURSES CLOSET - ST PAUL

St Paul Lutheran Church

12 E Wisconsin Ave, Tomahawk WI 54487 (715) 453-5391

Loan of medical equipment, for temporary use. Walkers, wheel chairs, canes, crutches, commodes, shower benches, & benches.

#### RAPID REHAB. LLC

2660 8th St South, Ste 101, Wis. Rapids, WI 54494 (715) 423-2084 or (866) 248-2920

www.rapidrehabllc.com

Rental ramps available; hospital beds; scooters; wheelchairs; stair, vertical, vehicle lifts, ramps, respiratory Services (CPAP), bathroom accessories, aids to daily living, cushions, diabetic shoes, canes & walkers.

#### YOUNG'S DRUG STORE

301 E 2nd St. Merrill WI 54452 (715) 536-2909

Prescription delivery for a fee within 14 miles radious.

# MENTAL HEALTH -ADVOCACY

#### NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

#### LANGLADE, LINCOLN, MARATHON

(715) 432-0180 Wausau www.naminorthwoods.org

#### WOOD

(715) 897-5215 Marshfield Area

(715) 544-9653 St Point & Wis Rapids Areas

www.namiportagewoodcounties.org

namiportagewoodcounties@gmail.com

Offers education, support & advocacy for people living with mental illness, as well as for family members & friends. Contact us for info, on free monthly support groups. education programs. We offer Peer Support groups and Family Support groups.

# **MENTAL HEALTH-CASE MANAGEMENT/SUPPORT SERVICES**

#### A BETTER WAY CLUBHOUSE

205 S Cherry Ave, Marshfield WI 54449 (715) 207-6622

A recovery environment for adults living w/challenges of mental illness &/or substance use disorders.

#### ASCENSION BEHAVIORAL HEALTH -NORTHERN REGION

401 Mohawk Dr, Tomahawk WI 54487

(715) 453-7785

1020 Kabel Ave, Rhinelander WI 54501

(715) 361-2805

www.ascension.org

Offers inpatient/outpatient diagnosis & treatment for mental health & substance abuse issues. Variety of disorders are treated in patients of all ages through a comprehensive array of treatment options.

#### CENTER FOR HUMAN DEVELOPMENT

631 Forest St, Wausau WI 54403 1509 N 4th St, Tomahawk WI 54487 (715) 842-0944 or (800) 236-3792

Outpatient behavioral health for adults, youth, children, couples & families. Counseling for ADD, anger management, anxiety, attachment disorders, depression, eating disorders, mental problems, pre-marriage, separation, parenting issues, PTSD & stress management.

#### COMMUNITY TREATMENT

1100 Lake View Dr. Wausau WI 54403 (715) 843-6120 or (715) 841-5145 www.norcen.org

Offers community-based case management & services to individuals w/chronic, severe mental illness &/or substance use disorders. Services are available for children & adults.

#### CORNERSTONE RESOURCE CENTER

630 S Central Ave, Ste 204, Marshfield WI 54449 (715) 387-4529

www.co.wood.wi.us/departments/humanservices/ Community Support is provided to adults & children experiencing mental health &/or substance abuse services: Psychiatric medication management, daily living skills training, advocacy, socialization, assistance finding housing, assistance in applying for financial assistance, Case management, etc.

#### NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

#### LANGLADE. LINCOLN. MARATHON

(715) 432-0180 Wausau www.naminorthwoods.org

#### WOOD

(715) 897-5215 Marshfield Area (715) 544-9653 St Point & Wis Rapids Areas www.namiportagewoodcounties.org namiportagewoodcounties@gmail.com

Offers education, support & advocacy for people living with mental illness, as well as for family members & friends. Contact us for info. on free monthly support groups, education programs. We offer Peer Support groups and Family Support groups.

#### NORTH CENTRAL HEALTH CARE LANGLADE, LINCOLN, MARATHON

Crisis Line: (800) 799-0122

(715) 841-5172 (Prevocational Services)

www.norcen.org

Offers services for treatment, rehabilitation & support for individuals & families challenged w/mental illness, substance abuse or dependency, or developmental disabilities. Assessments, coordinated care & treatment is available through a variety of adaptable & customized programs including Outpatient Services, Community Treatment, Children's Services, Adult Day Services & Prevocational Services. Offices are located in Wausau, Merrill, Tomahawk and Antigo.

#### OPPORTUNITY DEVELOPMENT CENTER, INC. (ODC)

#### LINCOLN

903 E 2nd St. Merrill WI 54452 (715) 536-7322

#### **MARSHFIELD**

2406 E 21st St, Marshfield WI 54449 (715) 387-1161

#### **WISCONSIN RAPIDS**

1191 Huntington Ave, Wisconsin Rapids WI 54494 (715) 424-2712 or (888) 544-6331

www.odcinc.com

ODC assists individuals in achieving their goals in both work & life. ODC supports children and adults with disabilities by providing employment services and assistance in becoming more independent in their communities. ODC Mental Health Services supports adults, adolescents and children through recovery from mental health and/or substance abuse disorders.

#### **RIVER CITIES CLUBHOUSE**

441 Garfield St, Wisconsin Rapids WI 54494 (715) 424-4115

A recovery environment for adults living w/challenges of mental illness &/or substance use disorders.

# **MENTAL HEALTH-**COUNSELING

#### ASPIRUS WESTON BEHAVIORAL MEDICINE CLINIC

4005 Community Center Dr, Weston WI 54476 (715) 241-5470

htttp://www.aspirus.org

Provides child & adolescent psychiatry, & neuropsychology.

#### BRIDGE COMMUNITY HEALTH CLINIC

#### **LANGLADE**

1111 Langlade Rd, Ste 103, Antigo WI 54409 (715) 627-4383

#### **MARATHON**

1810 N 2nd St. Wausau WI 54403

(715) 848-4884

www.bridgeclinic.org

info@bridaeclinic.ora

Wausau - Provides primary medical care, dental care, counseling, and medication management services. Spanish & Hmong translation onsite. Merrill & Antigo – dental care only. Medicaid and most payors accepted. Sliding fee discounts are available. Patient Financial Advocates & Certified Application Counselors help w/enrollment assistance for State & Marketplace insurance plans.

#### COURAGE TO CHANGE RECOVERY

106 Galvin Rd, Abbotsford WI 54405 (715) 223-0480

State Licensed, Offers a variety of adolescent, adult. & individual counseling for family, marriage, anger management, mental health, EMDR therapy, alcohol & all other drugs. Accepts Medicaid, private insurance & other self pay options.

#### **ELMERGREEN ASSOCIATES, INC**

114 Grand Ave. Wausau. WI 54403 (715) 845-7175

Elmergreen.com

Dr Elmergreen provides psychological evaluation to determine competency & I.Q.

#### MARSHFIELD MEDICAL CENTER DEPARTMENT OF PSYCHIATRY & BEHAVIORAL HEALTH LINCOLN

9601 Townline Road, Minocqua WI 54548 (800) 347-0673

WOOD

605 W Kalsched, Marshfield WI 54449 (715) 387-5744 www.marshfieldclinic.org Outpatient mental health counseling.

#### NORTH CENTRAL HEALTH CARE OUTPATIENT SERVICES

1100 Lake View Dr, Wausau WI 54403 (715) 848-4356

www.norcen.org

Provide an outpatient support network to help you manage the steps to your recovery. May include individual/group therapy or specialized care for treatment of depression, anxiety, trauma, anger management, family challenges & addictions. Care & treatment is for all ages. Offices are located in Wausau, Merrill, Tomahawk & Antigo.

#### NORWOOD HEALTH CENTER

1600 N Chestnut Ave, Marshfield WI 54449 (715) 384-2188

Provides inpatient treatment services for those over the age of 18. Services: Admissions Unit: Short term inpatient treatment for persons experiencing acute psychiatric crisis. Crossroad Unit: Psychiatric nursing home for chronically mentally ill (locked unit). Pathways Unit: Psychiatric nursing home for chronically mentally ill (unlocked unit).

#### OPPORTUNITY OF HOPE

1191 Huntington Ave, Wisconsin Rapids WI 54494 (715) 818-9443

www.odcinc.com

Opportunity of Hope is an outpatient mental health clinic.

#### PEACEFUL SOLUTIONS COUNSELING

731 N 1st St, Suite 5000 Wausau WI 54403 726 E Second St, Merrill WI 54452 (715) 675-3458

www.peacefulsolutions.org

Provide mental health & substance abuse counseling. Depression, anxiety, life losses, addictions to alcohol, drugs, gambling, food, tobacco, sex, internet, sexual & physical abuse, anger management, co-dependency, eating disorders, domestic violence, & others. Services all communities. Accept all major insurance plans including Badgercare. Sliding fee scale available to clients w/out insurance.

#### PSYCHOLOGICAL RESOURCE CENTER

1218 N 4TH St, Ste 108, Tomahawk WI 54487 (715) 224-2100

psychologicalresourcecenter.com

Counseling families & individuals of all ages w/variety of disorders, anger issues, anxiety, AD/HD, autistic spectrum disorders, critical incident stress debriefing, loss, grief, marital & family conflict, mental health, PTSD, sexual abuse & stress.

#### THE CENTRE FOR WELL-BEING, INC

607 Cedar St Merrill 901 N. 6th St Wausau 4601 Camp Phillips Rd Weston (715) 848-5022

Outpatient mental health for a wide range of mental health and life challenges. Alcohol/drug counseling. Individual, couple, family, and group therapy. Several specialty treatments offered including DBT, EMDR, IFS, Brainspotting, and trauma-related treatment for children, adolescents, and adults. Ages 3 to end of life. All major insurance plans, Medicaid, Medicare, and self-pay.

#### VISIONS COUNSELING INC

N2355 Smith Rd, Merrill WI 54452 (715) 551-1970

www.visioncounseling.org

Individual, couple, family, & group counseling that is focused on problem-solving, wellness, & is affordable. Services include how to overcome anxiety, depression, trauma, addiction, and relationship problems. Supportive counseling will help you understand alcohol, drug, tobacco & food dependency & kick unhealthy habits. Learn tools to help you see things in a new light. Consider nutrition, supplements, sleep, & exercise options. Christian & Bible-based for believers. Private insurance, Medicare, Medicaid, & self-pay are accepted w/an aim to make counseling affordable.

#### WOOD COUNTY HUMAN SERVICES **MARSHFIELD**

630 S Central Ave, Ste 204, Marshfield WI 54449 WISCONSIN RAPIDS

111 W Jackson St, Wisconsin Rapids WI 54495 (715) 421-8800 regular business hours or (715) 421-2345 or (715) 384-5555 - 24 hour hotline

www.co.wood.wi.us

Provides & coordinates a variety of services in the areas of mental health, alcohol & other drug abuse.

# **MENTAL HEALTH-CRISIS/HOTLINE**

#### CRISIS INTERVENTION – WOOD COUNTY **HUMAN SERVICES DEPT.**

111 W Jackson St, Wisconsin Rapids WI 54495 (715) 421-2345

(715) 384-5555 Marshfield

www.co.wood.wi.us

Offers info. & referral to local resources, supportive listening, & emergency services. Helps people in crisis situations anytime day or night & is a suicide intervention hotline.

#### **CRISIS LINE**

(800) 799-0122

www.norcen.org

Program offers suicide & crisis intervention 24 hrs./day to individuals in the tri-county area of Marathon, Lincoln & Langlade Counties.

#### CRISIS STABILIZATION

1100 Lake View Dr, Wausau WI 54403 (715) 845-4326 or (800) 799-0122

Crisis Stabilization CBRF is a non-medical setting for adults in crisis who might otherwise require hospitalization. Staff provide support 24 hrs./day. Located on the Wausau NCHC campus. Provides services to adult residents of Marathon, Lincoln, & Langlade Counties.

#### DIVISION OF QUALITY ASSURANCE

PO Box 2969. Madison WI 53701-2969 (800) 642-6552 or (608) 266-8481

www.dhs.wisconsin.gov/dqa/index.htm

Responsible for assuring the health, safety, & welfare of the citizens of Wisconsin. If an individual believes that a caregiver, agency, or DQA-regulated facility has violated State or Federal laws pertaining to regulated entities, that individual has the right to file a complaint.

#### MOBILE CRISIS TEAM

1100 Lake View Dr, Wausau WI 54403 (800) 799-0122

www.norcen.org

Professional staff go to a safe setting for face-to-face intervention & clinical assessment for people experiencing mental health crisis or thoughts of harming self or others. Persons in Marathon, Lincoln or Langlade County.

#### NATIONAL SUICIDE PREVENTION LIFELINE

Dial 9-8-8

suicidepreventionlifeline.org

The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. We're committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness.

#### OMBUDSMAN PROGRAM ON AGING & LONG TERM CARE

1402 Pankratz St, Suite 111, Madison 53704 (800) 815-0015

http://longtermcare.wi.gov

This program was established by the state legislature to investigate complaints from any person concerning improper treatment of elderly persons receiving long-term care in a Wisconsin nursing home, Community Based Residential Facility, or Adult Family Home licensed by the State of Wisconsin. The program also offers advocacy for Family Care & IRIS program participants age 60 and over statewide. The Ombudsman in this office will:\*Be an advocate to help resolve any problem or dispute relating to long-term care.\*Provides presentations on nursing home residents' rights and other topics related to long-term care.

# PERSONAL EMERGENCY **RESPONSE SYSTEMS/ID'S**

#### **ASPIRUS RIVERVIEW LIFELINE**

410 Dewey St. Wisconsin Rapids WI 54494 (800) 533-8954 ext. 54600

24 hours a day personal response system. You wear a small, waterproof personal help button either as a necklace or bracelet. One punch of the help button will activate the Lifeline unit installed in your home. The unit will put you in touch w/a caring Lifeline monitor, who will then call for the help you need. Lifeline units are installed & serviced locally.

#### FIRSTCALL MEDICAL MONITORING

Clark Electric Appliance & Satellite Inc. Greenwood WI

(866) 279-6544 or (715) 267-6544

Service is a simple, cost-effective solution that allows individuals the satisfaction of independent living. With a touch of a button (worn around the neck or wrist), two-way voice communication is established w/the Cooperative Response Center & they will summon help from your custom contact list &/or medical personnel. Offer personal installation w/in a radius of our office in Greenwood, WI.

#### FREEDOM ALERT

(800) 519-2419

www.logicmark.com

Programmable two-way voice pendant communication w/ no monthly fees. Freedom Alert can be programmed to call family, friends, or neighbors, at any time from anywhere in the home & into the surrounding yard.

#### LIFE ALERT

(800) 360-0329

www.lifealert.com

Provides 24/7 protections to customers. Protection packages available for those at home or on the go. Free informational brochure available just by calling. Life Alert can help during medical emergencies, shower emergencies, for personal protection at home and help on the go + GPS.

#### LIFELINE MEDICAL ALERT

#### LANGLADE

Aspirus Langlade Hospital 112 E 5th Ave, Antigo WI 54409 (715) 623-9422

#### LINCOLN

(715) 536-5575 (715) 847-2781

### **MARATHON**

Aspirus Wausau Hospital 333 Pine Ridge Blvd, Wausau WI 54401 (715) 847-2781

www.aspirus.org/lifeline

Permits people who are elderly or disabled, or those just concerned about their safety, to summon help 24 hours a day by pushing a button worn as a wristband & or neckcord. Help buttons are waterproof.

#### PROJECT LIFESAVER

#### LANGLADE

Langlade County Sheriff's Office (715) 627-6411 LINCOLN

(715) 536-6272

#### **CITY OF TOMAHAWK**

(715) 453-2121

#### WOOD

Age 17 or under contact Wood County Human Services: (715) 421-8669

Age 18 & over contact Wood County Sheriff's Dept: (715) 421-8700

www.safetynettracking.com

Program is designed to track, rescue & help those w/ cognitive conditions who tend to wander, including those w/Alzheimer's, Autism, Down Syndrome, Intellectual Disabilities, & Dementia through the use of a personal transmitter bracelet that emits an individualized tracking signal.

# SAFETY NET TRACKING SYSTEMS

#### **MARATHON**

(877) 434-6384

https://safetynettracking.com/

Technology to help locate someone with a cognitive condition when they wander. Participants wear a SafetNet bracelet that features a radio frequency transmitter that emits a continuous signal which is used by local authorities to track their location.

#### WISCONSIN CRIME ALERT NETWORK SILVER ALERT PROGRAM

https://silveralertwisconsin.org/ wisilveralert@doj.state.wi.us

Silver Alerts notify the public when at-risk/vulnerable seniors are missing. Those w/Alzheimer's & dementia but not limited to those over 60 years. Silver Alerts go out by email, text message or fax. Visit their website to sign up.

# **PRESCRIPTION MEDICATION ASSISTANCE**

#### CANCER DRUG REPOSITORY PROGRAM

PO Box 2969, Madison WI 53701 (608) 266-8481

www.dhs.wisconsin.gov/guide/cancer-drugrepo.htm Donate unused/discontinued medications/supplies to participating pharmacies or medical facilities. Items given to individuals who do not have insurance/under-insured.

#### DISABILITY DRUG BENEFIT HELPLINE

(800) 926-4862

Confused about Medicare Part D Prescription Drug Benefit? Having problems w/Medicare Part D? Call the Disability Drug Benefit Helpline.

#### NATIONAL ORGANIZATION FOR RARE **DISORDERS INC (NORD)**

55 Kenosia Ave, Danbury CT 06810 (800) 999-6673

rarediseases.org

orphan@rarediseases.org

Provides programs of advocacy, education, research, & patient/family services. Administers medication assistance programs for people who cannot afford their medications or their co-pays.

#### PARTNERSHIP FOR PRESCRIPTION ASSISTANCE

www.pparx.org

Offers a single point of access to more than 475 public & private patient assistance programs, including more than 150 programs offered by pharmaceutical companies. Eligibility: Patients who do not have prescription coverage & are having trouble affording their medicines.

#### SENIORCARE PRESCRIPTION DRUG ASSISTANCE PROGRAM

PO Box 6710, Madison WI 53716 (800) 657-2038

www.dhs.wisconsin.gov/seniorcare

Wisconsin residents who are 65 or older who meet 1 of the 4 levels of program participation are eligible for the SeniorCare program. Participants must pay an annual enrollment fee of \$30 per one enrollee or \$60 per couple. If prescription drugs are covered under another health insurance plan, you can still be enrolled in SeniorCare. Individuals enrolled in Medicaid will not be eligible because Medicaid already provides prescription drug coverage. Staff at the Aging & Disability Resource Center can assist seniors who need help w/filling out SeniorCare application forms. Contact ADRC-CW 888-486-9545.

### SOCIAL/RECREATIONAL

#### ABLE TREK TOURS

PO Box 384, Reedsburg WI 53959 (800) 205-6713

www.abletrektours.com

We offer fully staffed and escorted vacations for adults with developmental or cognitive disabilities. Typical staff to Traveler ratio is 1:3 or 1:4. We also offer Charter motorcoach service. Many of our special needs tours have a pick-up in Stevens Point, Appleton, & Waupaca.

#### COMMUNITY COMPANIONS

Opportunity Inc 388 River Dr. Wausau WI 54401 (715) 218-6945

Our HCE club provides leadership, education and community service projects. New members are always welcome.

#### LOWELL CENTER

220 S 3rd Ave, Ste 3, Wisconsin Rapids WI 54495 (715) 421-1051

http://www.lowell-center.org/

Gathering place for seniors (50+) w/activities & events scheduled

#### MARSHFIELD SENIOR COMMUNITY CENTER

211 E Second St. Marshfield WI 54449

(715) 384-4642 ext 0

www.ci.marshfield.wi.us, departments, Parks & Recreation, Senior Community Center

A drop-in center w/planned activities & classes for all persons 50 & older. Mon-Fri 7:30a.m.-4:30p.m.

## **MEMORY CAFÉ**

#### MARSHFIELD

2nd Street Community Center

211 E Second St (Drendel Room), Marshfield WI 54449 (715) 384-1924

stoneyrivermarshfield.com or marshfieldarearespite@outlook.

VA approved. Provides services to meet the needs of vulnerable populations, young, elder, any type of physical or mental disability. Staff providing "person centered care" giving choices of activities, assisting in maintaining optimal levels of independence, well-being. Bathing program, wheelchair accessible showers. Memory Café for those experiencing dementia & mild memory loss.

#### MEMORY CAFÉ **MARSHFIELD**

Sponsored by Marshfield Area Respite Care Center. 211 S Maple Ave., Marshfield WI 54449 (715) 384-8478

Meets every 2nd Wednesday of the month. Use the entrance off of 3rd St. Please RSVP.

#### MERRILL ENRICHMENT CENTER

303 N Sales St, Merrill WI 54452 (715) 536-4226

The Merrill Enrichment Center offerings focus on people's overall mind & body wellness. Fitness activities include chair yoga, chair strength & balance, regular yoga, Strong Bodies (partnered with UW Extension), & Zumba. Educational courses include mind & body wellness, workshops & informational sessions focused on planning for your future, creative classes including Cricut, painting, sewing, art, & crafts. We have many volunteer opportunities including our holiday & guilting outreach. Our craft shop features local artists & crafters works for purchase. We are always looking for new artists & crafters. We also offer bus trips from April through November. Social activities include a guvs group. book club, Quilt & Stitch Group, Mah Jongg, & a variety of card game. The MEC welcomes people of all ages to participate in our activities. However, we ask that children under 13 be supervised. Our classes and activities are not restricted to just Merrill or Lincoln county residents.

#### MOSINEE COMMUNITY EDUCATION

1000 High St. Mosinee WI 54455

(715) 693-2550 Ext 3696

www.mosineeschools.org/community/communityeducation.

Community education & recreational programming for the Greater Mosinee Area. Fees vary by class.

#### NEKOOSA AREA COMMUNITY CENTER

416 Crestview Ln, Nekoosa WI 54457 (715) 886-3939

Regular scheduled Senior activities take place on Tuesdays 12:30pm to 3pm in the small conference room. The Community Center is open daily for indoor walking 7am-4pm.

#### PROGRESSIVE TRAVEL INC - SPECIALTY TOURS

211085 Hwy 13, Spencer WI 54479 (715) 659-4391 or (800) 231-4391 www.progressivetravel.org Vacation tours for cognitively disabled clients.

#### SENSORY PROGRAM FOR THE PERFORMING **ARTS**

Wausau Community Theatre 136 Summer St, Schofield WI 54476 (715) 359-3972

www.wausaucommunitytheatre.org

Provides visually impaired patrons w/descriptive audio equipment, a pre-show tour of the stage & Braille programs. During performances, a trained volunteer will narrate the visual highlights.

#### STABLE HANDS EQUINE THERAPY CENTER

Mailing 225780 Rib Mountain Dr. PMB 243 Wausau, WI 54401

Physical 142744 Countryside Dr, Wausau WI 54401 (715) 359-6046

www.stablehandstherapy.com

Equine Therapy & Activities for children & adults with special needs. Riding provides sensory stimulation & help with muscle tone, strength, coordination, & balance. Stable Hands also has new mental health sessions called Equine Assisted Learning plus a program for Veterans called VAST (Veterans Assisted Sports Training).

#### TOMAHAWK SENIOR COMMUNITY CENTER

113 S Tomahawk Ave, Tomahawk WI 54487 (715) 453-5757

Provides congregate meals, volunteer opportunities, activities, socialization, Holiday gatherings, warming and cooling center, blood pressure checks, WII bowling, arthritis chair exercise, special event live entertainment, various card, dice and board games, library book exchange, puzzle exchange.

## UNITED SPECIAL SPORTSMAN ALLIANCE

N7864 Shotwell Ln, Pittsville WI 54466 (715) 884-2256 or (800) 518-8019 www.childswish.org

Sends critically ill & disabled individuals of all ages on the outdoor adventure of their dreams.

## WAUSAU METRO ADULT SPECIAL OLYMPICS

8100 Greenhouse Rd, Wausau WI 54401 (715) 573-7692

Provide sports competition & training for cognitive people over 18 years of age. Promotes physical & mental health as well as sociability.

## SOCIAL SECURITY

## ADRC-CW DISABILITY BENEFIT SPECIALIST PROGRAM

(888) 486-9545

www.adrc-cw.org

Disability Benefit Specialists help adults with disabilities ages 18-59 answer questions and solve problems related to Social Security, Medicare, Medicaid, health insurance, and other public and private benefits. Get help with Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI). Disability Benefit Specialists can also help with Health insurance, including Medicare, Medicaid, and other programs that help cover health care costs.

## ADRC-CW ELDER BENEFIT SPECIALIST PROGRAM

(888) 486-9545

www.adrc-cw.org

Elder Benefit Specialists help older adults aged 60 and above understand, get, and keep public and private benefits, including health care and programs that help save money. Get help with Health insurance, including Medicare, Medicaid, SeniorCare, and other programs that help cover health care costs. Elder Benefit Specialists also help with Social Security Retirement and Disability, Supplemental Security Income (SSI), and debt collection, and FoodShare applications.

## SOCIAL SECURITY ADMINISTRATION

#### WAUSAU

352 Grand Ave, Wausau WI 54403 (855) 269-9186 or (800) 772-1213

#### **WISCONSIN RAPIDS**

2213 8th St S, Wisconsin Rapids WI 54494 (855) 686-1465

www.socialsecurity.gov

Administers Social Security, Medicare, & Supplemental Security Income benefits. Issues new & replacement Social Security Cards, & corrects earnings statement errors. Provides monthly benefits to disabled, retired workers & their families, survivors benefits to the worker's dependents, & Medicare for the retired & disabled. Supplemental Security Income (SSI) program provides monthly benefits plus medical assistance to people age 65 or over, or to those who are blind or disabled, & who have limited income & few resources. Also covers disabled children.

## SUPPORT GROUPS

#### ADULTS WITH AUTISM SUPPORT GROUP

Ascension at Home

2600 Stewart Ave Ste 160, Wausau WI 54401 A support group meeting for adults with ASD. This is a safe place for people to come together & share their struggles & successes as they navigate life. Meetings are held the third Tuesday of every month at 6 pm.

## **ALZHEIMER'S & DEMENTIA SUPPORT GROUP**

## **WAUSAU**

St. Andrew Church (715) 845-6066

#### LANGLADE

Peace Lutheran Ministries (715) 219-6363

www.alz.org

Anyone who is caring for someone w/Alzheimer's disease or related dementia, Call for dates & time.

#### ALZHEIMER'S CAREGIVER SUPPORT GROUP

Centralia Center

220 Third Ave S #2, Wisconsin Rapids WI 54495 (715) 423-0678 (800) 272-3900

Support groups help families learn more about caring for an individual with Alzheimer's disease or dementia and offer a time for sharing.

second Wednesday of the month in the Brehm Conference Room of Centralia Center.

## ASPIRUS GREATER WAUSAU AREA STROKE SUPPORT GROUP

Wausau WI (715) 847-2827

www.aspirus.org

Activities include support, education, socialization, speakers. videos, & potlucks. Call for dates & times.

## CENTRAL WISCONSIN ALS SUPPORT GROUP

(608) 315-9188

http://alsawi.org

Provides support for people w/ALS, their families, friends, & caregivers. Location varies. Call.

## CAREGIVER SUPPORT GROUP

888-486-9545

Gathering on the 4th Monday of the month at 10:30am for any caregiver that supports another adult. This is a hybrid group, meeting in-person at ADRC offices in Marshfield, Merril, and Wausau, but also includes a virtual connection option.

## DEMENTIA CAREGIVER SUPPORT GROUP (VIRTUAL)

(715) 261-6066

Meets virtually on the first Monday evening of each month at 7pm. This is intended for those daytime working caregivers who are unable to connect with other caregivers during their normal work day hours.

## DIABETIC SUPPORT GROUP

Aspirus Langlade Hospital 112 E 5th Ave, Antigo WI 54409 (715) 623-2351 www.aspirus.org Call for info. & meeting dates.

## DOMESTIC VIOLENCE/SEXUAL VIOLENCE SERVICES. THE FAMILY CENTER WOOD

500 25th St N, Wisconsin Rapids WI 54494 (715) 421-1511 (24/7 crisis line) (715) 421-1559 (business line)

www.familyctr.org

Provides services for victims of domestic abuse and sexual assault, regardless of gender or sexual orientation, and their children, in Wood County and the surrounding area. Services include: 24-hour Crisis Line, safe shelter, one-on-one and or/ group support for the victims of both emotional and physical violence for victims and their children, legal advocacy, including assistance with restraining orders, services to elder and Hmong victims, food pantry, & prevention presentations.

## **GAMBLERS ANONYMOUS**

Cornerstone Lutheran Church

625 Washington St., Wausau, WI 54403

Meetings provide support & resources to help people recover from a gambling problem. Meetings are held every Sunday from 7:00-8:00 p.m.

## **GUARDIANSHIP SUPPORT GROUP**

Audry (715) 845-3988 or (715) 574-6961 Informational gathering of present, new & potential guardians to meet & share ideas, information & learning. Confidentiality of clients is respected. Call for dates and times.

#### LOOK GOOD...FEEL BETTER

(800) 227-2345 (American Cancer Society) www.lookgoodfeelbetter.org

Program for women currently undergoing treatment for cancer diagnosis (chemotherapy/radiation therapy/other forms of treatment). It provides help w/skin care, make-up, scarves, turbans, & wigs. Registration is required.

## MARSHFIELD AREA BARIATRIC SUPPORT **GROUP**

Marshfield Medical Center 1000 N Oak Ave, Marshfield WI 54449 (715) 387-9220

Support group meetings provide education and social support. They are held digitally or in-person: Marshfield: 2nd Tuesday of the month 6:30-7:30 pm & Marshfield, Merrill, & Stevens Point: 3rd Friday of the month 10-11 am. Eligibility: anyone who would like to learn more about or have had weight loss surgery.

#### MUSCULAR DYSTROPHY ASSOCIATION

2625 Development Dr, Ste 10, Green Bay WI 54311 (920) 499-4571

www.mda.org

Services for individuals w/neuromuscular diseases include: Access to MDA Clinics; Free summer camps for youth ages 6-17. Extensive loan closet to registered MDA clients.

## NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

## LANGLADE, LINCOLN, MARATHON

(715) 432-0180 Wausau www.naminorthwoods.org

#### WOOD

(715) 897-5215 Marshfield Area

(715) 544-9653 St Point & Wis Rapids Areas

www.namiportagewoodcounties.org

namiportagewoodcounties@gmail.com

Offers education, support & advocacy for people living with mental illness, as well as for family members & friends. Contact us for info. on free monthly support groups, education programs. We offer Peer Support groups and Family Support groups.

## PARKINSON'S SUPPORT GROUP

(414) 312-6990

Wiparkinson.org

Support Group for those affected by Parkinson's disease. Free respite care. Call for locations & time.

## PARKINSON'S SUPPORT GROUP

BMO Harris Bank, 500 3rd St, Wausau WI 54403 Lifestyle Building, enter Plaza entrance & (715) 305-8224

For those affected by Parkinson's disease. Free respite care. Meets on the Third Thursday of the month at 1 pm at Faith Lutheran Church.

## PARKINSON'S SUPPORT GROUP

Wesley United Church, 211 S Maple Ave, Marshfield WI 54449

(715) 384-8478

Support Group for those affected by Parkinson's disease. Every 3rd Tuesday of the month at 10:30 am. Parkinson's Big Exercise Group meets after at 11 am. Use the entrance off of Third St.

#### REACH TO RECOVERY

(608) 662-7100 OR (800) 227-2345

www.cancer.org

One-on-one support program for women/men facing or living w/breast cancer.

## SAFE & HEALTHY SUPPORT GROUP

3200 Hilltop Ave, Wausau WI 54401

(715) 842-5663

www.womenscommunity.org

For domestic abuse victims over 50. Services are free.

## ST LUKE'S LUTHERAN CHURCH CAREGIVER SUPPORT GROUP

(715) 423-5990

Open to ALL caregivers. Meets Mondays from 10:00 am until noon.

## STROKE SUPPORT GROUP

112 E 5th Ave, Antigo WI 54409 (715) 623-9449

Meets 2nd Tuesday of the month 1:00 pm at the Langlade Hospital in Antigo.

#### SUSAN G. KOMEN WISCONSIN AFFILIATE

2025 W Oklahoma Ave Ste 116. Milwaukee WI 53215 (715) 5465-6636

komenwisconsin.org

Organization dedicated to finding a cure for breast cancer. Offering care & support to survivors & their co-survivors.

## TOPS (TAKE OFF POUNDS SENSIBLY)

(800) 932-8677

www.tops.org

Support group encourages sensible eating for weight loss. Visitors are welcome to attend their first TOPS meeting free of charge and without obligations. For more info. and to find a local TOPS meeting call or visit our website.

## WAUSAU AREA BRAIN INJURY SUPPORT **GROUP**

333 Pine Ridge Blvd, Wausau WI 54401 (715) 847-2826

lea.ratajczyk@aspirus.org

Offers assistance, provides resources, and creates a better future through brain injury prevention, education, & advocacy.

#### WISCONSIN COUNCIL ON PROBLEM GAMBLING

1585 Allouez Ave, Green Bay WI 54311 (800) 426-2535

www.wi-problemgamblers.org

Offers info. about compulsive gambling & ways for them to seek help. Can be referred to counselors, Gamblers Anonymous or Gam Anon meetings. No fees for services.

## WISCONSIN FAMILY ASSISTANCE CENTER FOR EDUCATION, TRAINING & SUPPORT (WI FACETS)

600 W Virginia St, Ste 501, Milwaukee WI 53204 (877) 374-0511

www.wifacets.org

Services to help parents/others support & enrich the lives of children w/disabilities. Info. & Referral: help w/your questions about programs, services & resources related to special education. Support Groups. Offer several programs for transition aged-youth & their families.

# WOMEN LIVING WITH HOPE, BREAST CANCER SUPPORT GROUP

Marshfield Medical Center - Weston

Virtual via WebEx

Please call (715) 393-1406 or email boreen.amanda@marshfieldclinic.org

to get monthly login information.

Support group meets on the third Monday of each month virtually from 6:30-8 p.m. Any women who has been diagnosed with breast cancer no matter where or when they received treatment is welcome to join. For more information, please contact Amanda Boreen RN, Oncology Nurse Navigator at 715-393-1406.

#### WOMEN'S SUPPORT GROUP

3200 Hilltop Ave, Wausau WI 54401 (715) 842-5663 or (888) 665-1234

www.womenscommunity.org

The Women's Community offers various groups for individuals who have experienced domestic abuse or sexual abuse.

## SUPPORT GROUPS -GRIEF SERVICES

# GRIEF CENTER - ASPIRUS COMFORT CARE & HOSPICE SERVICES

333 Pine Ridge Blvd, Wausau WI 54401 (715) 847-2703 or (866) 331-2467

www.aspirus.org

If you would like to speak to someone about your grief, please contact the Grief Center.

#### GRIEF SUPPORT - COMPASSUS

MARSHFIELD

(715) 301-7270

## WAUSAU

(715) 204-3440

www.compassus.com

Adult gatherings for individuals & families who have experienced the death of a loved one. Learn about grief, finding support, sharing memories, & identifying feelings.

#### **GRIEF SUPPORT GROUP PROGRAM**

410 Dewey St, Wisconsin Rapids WI 54494 (715) 422-7744

https://www.aspirus.org/

A free, seven week, facilitated, Program for adults experiencing grief.

#### WINGS - A GRIEF EDUCATION

PO Box 1051, Wausau WI 54402

(715) 845-4159

www.wingsgrief.org

Provides grief education through workshops, seminars, presentations, publications, informal talks, & support groups/learning series. Grief education since 1993. Most programs are free.

## TAX SERVICES

## AARP VOLUNTEER TAX AIDE PROGRAM

**LANGLADE COUNTY** 

(715) 627-6580

LINCOLN COUNTY

(715) 298-5734

**MARATHON COUNTY** 

(715) 298-5734

#### **WOOD COUNTY**

Marshfield

2nd St Community Center, 211 E 2nd St, Marshfield WI 54449

211 or (877) 947-2211

Wisconsin Rapids

220 3rd Ave S - Centralia Center, Lowell Center Office

Wisconsin Rapids WI 54494

(715) 421-1051

The American Association of Retired Persons (AARP) Foundation & the IRS sponsor the Tax-Aide program. IRS tax law-certified volunteers will prepare federal, Wisconsin, & Homestead Credit tax returns. The free service is open to anyone, with special consideration given to individuals w/low & moderate income & those aged 50 & over. Please have: Social Security card; photo ID; last year's tax return; all income & deduction forms & records; health insurance forms; real estate tax bill and/or original signed Rent Certificate. Self-prep option provides you with free access to software so you can prepare your own taxes. It is available at signup. aarpfoundation.org/preparing-your-taxes-online/ If taxpayers need help completing their own taxes, they can request a volunteer to coach them through the process via phone or computer screen. Visit aarpfoundation.org/taxaide for info. & updates.

#### INTERNAL REVENUE SERVICE

364 Grand Ave, Wausau WI 54403 (844) 545-5640

www.irs.gov

Virtual kiosk provides assistance to those who have questions about federal income tax returns, notices, info. or problem resolution. Office does not carry a supply of forms & is unable to accept hard copies of documents & unable to accept payments. By appointment only.

## TAXPAYER ADVOCATE SERVICE

(877) 777-4778

www.taxpayeradvocate.irs.gov

The Taxpayer Advocate Service is an independent organization within the IRS that helps taxpayers and protects taxpayers' rights. We can offer you help if your tax problem is causing a financial difficulty, you've tried and been unable to resolve your issue with the IRS, or you believe an IRS system, process, or procedure just isn't working as it should. If you qualify for our assistance, which is always free, we will do everything possible to help you.

#### WISCONSIN DEPARTMENT OF REVENUE

730 3rd St, Wausau WI 54403

(715) 842-8665

www.revenue.wi.gov

Aids taxpayers filing for Homestead Credit & Wisconsin State Income Tax forms.

## **TRANSPORTATION**

Organization	Counties Served	Description
A TOUCH OF HOPE 1913 North 10th Ave, Wausau WI 54401 (715) 298-4100	Marathon Wood	Provides transportation throughout Central Wisconsin & its surrounding area as well as Wisconsin's bordering states. Multiple types of vehicles to accommodate the needs of every individual, whether using a wheelchair or walker. Non-emergency medical & non-medical transports by appointment. COT TRANSPORTS. Open 7 days a week and holidays. Call to set up an appointment.
AARP SMART DRIVER COURSE (800) 350-7025	Marathon Wood	AARP SMART DRIVER COURSE is the nation's first and largest classroom driver refresher course designed for drivers age 50 and older. To find out when the next AARP Smart Driver Course is available, call or go online. Classroom driver refresher course designed for drivers age 50 & older. Tests are not given.
ABBY-VANS INC. 1115 W 4th St, Neillsville WI 54456 (715) 743-3364 or (800) 236-8438 www.abbyvans.com	Langlade Lincoln Marathon Wood	Non-emergency, specialized transportation for people who are ambulatory or non-ambulatory (unable to walk). Includes: weekend travel w/Marathon & Wood Counties, travel beyond Greater Wausau, door-to-door service to West Central Wisconsin & surrounding areas including Marathon Co.
A&J MOBILITY 2650 Prospect Dr, Eau Claire WI 54703 (715) 874-6630 www.aandjmobility.com	Langlade Lincoln Marathon Wood	Provides vehicle modifications for persons w/disabilities.
AK TRANSPORT LLC 3811 Schoonover Rd, Schofield, WI 54476 715-551-4394	Marathon	Provides wheelchair and stretcher transportation to medical appointments
ALL AMERICAN TAXI 1705 Merrill Ave, Wausau WI 54401 (715) 355-0899	Marathon	Provides non-emergency medical or non-medical transportation. Wheelchair accessible vans available. Also provide non-emergency cot transfer.
BLUE-JAY TAXI W7148 Von Besser Dr, Merrill WI 54452 (715) 539-8294	Lincoln	Providing Non - Emergency Medical Transportation (Ambulatory) & Non Medical Transportation. Accepts Family care, Private pay & Many other insurance options.
CRUISERS DRIVING SCHOOL, LLC N11668 Lamar Rd, PO Box 8, Tomahawk WI 54487 (715) 453-6008 www.cruisersdrivingschool.com cruisers@cruisersdrivingschool.com	Langlade Lincoln	Senior citizens & other drivers who need to have their driving skills evaluated by an independent party. Written reports w/recommendations provided to family/health care professionals. For an additional charge of refresher lessons are available & we can help prepare clients for mandatory DOT retesting.
DISABILITY PARKING CARDS ANTIGO 2124 Clermont St, Antigo WI 54452 MERRILL 100 S Mill St, Ste#103, Merrill WI 54452 MARSHFIELD 503 S Cherry St, Marshfield WI 54449 WAUSAU 225051 Rib Mountain Dr, Wausau WI 54401 WISCONSIN RAPIDS 1681 2nd Ave S, Wisconsin Rapids WI 54494 (608) 266-3041 www.dot.wisconsin.gov/drivers/vehicles/disabled/index.htm	Langlade Lincoln Marathon Wood	Info. about Handicap Parking Cards available at DMV office during office hours, via the website, or by phone via the Statewide Info. Center 24 hrs./day. May also call for info. about licensing for drivers w/special medical or physical conditions.

## **TRANSPORTATION**

Organization	Counties Served	Description
DISABLED AMERICAN VETERAN VAN SERVICE (608) 504-1313	Wood Marathon	Coordinates volunteer drivers for the DAV van to transport veterans to any VA Clinic in Wisconsin. Riders must be ambulatory (able to walk). Ride is free. Veterans using this service are ineligible for VA travel reimbursement. Please call 2 weeks prior to your appointment.
D M V LICENSING (608) 264-7447 www.wisconsindmv.gov	Langlade Lincoln Marathon Wood	Provides driver's license exams, vehicle license & titles, Wisconsin ID, handicapped parking stickers.
ELDERS SANCTUARY LLC 205 E Thomas St, Wausau WI 54401 (715) 302-0773	Marathon	Funeral services.
FAITH IN ACTION OF MARATHON COUNTY INC 630 Adams St, Wausau WI 54403 (715) 848-8783 wausaufiainfo@gmail.com www.faithinactionmarathoncounty.org	Marathon	FIAMC provides transportation for medical appointments, grocery shopping, personal appointments, and community activities. Delivery for the Neighbor's Place Food Pantry and Marathon County Public Library. Wellness and compassionate, friendly visits via phone or in person. ALL services are provided at NO CHARGE to senior Marathon County residents—60+ years of age, regardless of income, religious belief, race, or ethnic background. Trained volunteers provide services to help area seniors whose needs are unmet, do not qualify for existing services, or do not have friends or family nearby.
LCPT (Langlade County Public Transit) in Partnership with MITW Department of Transit Service (844) 897-6246 www.mitwbus.com	Langlade	Provides public transportation throughout the Langlade County Community on a "First Call, First Serve basis" as drivers are available. Service hours: 7:30 am–4:00 pm, Monday-Friday.
MARATHON COUNTY TRANSPORTATION PROGRAM North Central Health Care 1100 Lake View Dr, Wausau WI 54403 (715) 841-5101 or (877) 814-4668 or (715) 848- 4555	Marathon	Provides door-through-door transportation for residents of Marathon County who are 60 & over or developmentally disabled. Volunteer drivers are provided for ambulatory people & medical vans are provided for non-ambulatory people. A co-pay is charged according to mileage. Hours: M-F 7 AM-5 PM. Clients of long term support agencies should call their caseworker for transportation assistance. Medical Assistance clients should call Wisconsin's transportation broker, Vevo, LLC @ 866-907-1493.
MARSHFIELD PUBLIC TRANSIT Marshfield WI 54449 (715) 384-6550	Wood	Local transportation service. Adult Fare: \$5.00. Senior/ Disabled: \$3.00. Cab cards may be purchased from drivers or can be purchased at the office.
MEDICAL ESCORT Lincoln County Social Services 607 N Sales St, Ste 202, Merrill WI 54452 (715) 539-1331	Lincoln	Volunteers drive individuals to errands & medical appointments (55+ or disabled). Individuals receiving Badger Care or Medicaid are not eligible. Co-pays apply based on distance.
MERRILL-GO-ROUND CITY OF MERRILL 1004 E 1st St, Merrill WI 54452 (715) 536-7112 www.ci.merrill.wi.us/	Lincoln	Public transportation. Curb to curb service. Weekdays only. Call 1 hr before the ride. General-\$2.00, Elderly & Disabled-\$1.00.

Organization	Counties Served	Description
METRO RIDE BUS 420 Plumer St, Wausau WI 54403 (715) 842-9287 https://www.ci.wausau.wi.us/Departments/ MetroRide.aspx. metroride@ci.wausau.wi.us	Marathon	Buses run Monday-Friday in the Wausau, The downtown Transit Center is located at 555 Jefferson St., directly north of the Courthouse (parking lot #9.) All Metro Ride buses are equipped to accommodate wheelchairs & other mobility devices.
METRO RIDE PARATRANSIT 420 Plumer St, Wausau WI 54403 (715) 842-9287 https://www.ci.wausau.wi.us/Departments/ MetroRide.aspx. metroride@ci.wausau.wi.us	Marathon	Provides non-emergency, specialized transportation for people physically or cognitively unable to use a standard transit bus, ambulatory & non-ambulatory users must be certified by Metro Ride. Call Metro-Ride by 4:30 pm on the prior day to your trip, a bus will pick you up at your location w/-in the Metro-Ride service area. Eligibilities: Must have a disability which prevents use of a standard transit bus & be w/in 3/4 mile of a bus route. Must be able to use curb-to-curb service. Application completed by applicant & verified by physician or other verifying agency, & certified by Metro Ride.
MOBILITY WORKS 2833 Stanley St, Stevens Point, WI 54481 (715) 341-2712 or (888) 608-1659 Mobilityworkscommercial.com	Langlade Lincoln Marathon Wood	Has a wide variety of commercial, ADA compliant wheelchair accessible vehicles. Vast array of floor plans to meet every need. Financing & warranties available. Trade-ins accepted. We also rent out accessible vehicles by the day, week or month.
NORTH CENTRAL CARAVANS LLC 931 10th Ave, Antigo WI 54409 (715) 623-2229	Langlade Lincoln Marathon Wood	Non-emergency medical transportation. Ambulatory & wheelchair vans. Medical appointments, shopping & church transportation. We can also accommodate early, evening, short and long trips to any destination. We perform Dialysis and Out-and-About trips. Also accept IRIS, DWD and other Insurance plans.
NORTHWOODS CAB (715) 393-7788 http://northwoodscab.com	Langlade Lincoln Marathon	Cab services.
NORTHWOODS MOBILITY SERVICES 9548 Cty K, Tomahawk WI 54487 (715) 453-2929 or (715) 892-2760 http://www.northwoodsmobility.com/ nmsmobility@yahoo.com	Langlade Lincoln Marathon Wood	Provides non-emergency transportation on a reservation basis. Minivans & lift vans. We offer bariatric wheelchair transportation.
RIVER CITY CAB 2660 8th St S, Ste 102, Wisconsin Rapids WI 54494 (715) 424-4595	Wood	Public Transit. Local, Out of Town, Senior & Disabled Discounts - Anyone 60 & older or people w/disabilities may ride for \$2.00. Prepaid tickets & punch cards are available. Call for Reduced Fare Card - for permanently disabled.
RELIARIDE TRANSPORT SERVICES, LLC 3265 Mary St, Stevens Point WI 54481 (715) 254-5912 or (715) 252-5234 www.facebook.com/ReliaRideTransport/	Langlade Lincoln Marathon Wood	ReliaRide Transport Services LLC is a non-emergency medical transportation provider that caters to customers with disabilities that need special accommodation like a wheelchair or a gurney. We have state-of-the-art equipment to ensure a safe and secure ride for our clients. We are available on call 24/7!

## **TRANSPORTATION**

Organization	Counties Served	Description
ST VINCENT DE PAUL OUTREACH LINCOLN 503 S Center Ave, Ste 2, Merrill WI 54452 (715) 539-2666 MARATHON 131 West Thomas Street Wausau, WI 54401 Telephone: (715) 298-3028 WOOD 149 N Central Ave, Marshfield WI 54449 (715) 387-0395	Lincoln Marathon Wood	Provides temporary/emergency assistance for food, emergency lodging, clothing, rent, transportation, utilities, & other needs based on funds available & level of need.
TOMAHAWK AREA INTERFAITH VOLUNTEERS 113 A S Tomahawk Ave, Tomahawk WI 54487 (715) 453-8200 www.taivnorthwi.org	Lincoln	We provide transportation to medical appointments in Tomahawk and surrounding communities as well as shopping, hair appointments, banking, mail, other errands and social events. Rides are provided with the use of the volunteer vehicle or the TAIV handicapped/ wheelchair accessible van. Transportation is based on volunteer driver availability and sufficient notice.
VEYO, LLC 4250 Executive Square, Ste 200 San Diego CA 92037 (866) 907-1493 TYY (800) 855-2880 https://www.veyo.com	Langlade Lincoln Marathon Wood	Non-emergency medical transportation manager, contracted by the State of Wisconsin, for those people on Forward Health or in a nursing home. It is not for individuals who are enrolled in Family Care. Call at least 2 days in advance to schedule a ride. You will need to provide: name, phone number, Forward Health member ID#, address & phone #, appointment date & time, special transportation needs, & reason for appointment.
WHEELCHAIR GETAWAYS OF WISCONSIN 2833 Stanley St, Stevens Point WI 54481 (715) 341-2712 or (877) 741-8413 www.wheelchairgetaways.com	Langlade Lincoln Marathon Wood	Late model vans you can rent by the day, week or month. Weekend rates are also available. Call for rates & availability.
WHEELS OF INDEPENDENCE, INC. 2660 8th St S, Ste 102, Wisconsin Rapids WI 54494 (715) 423-7818 or (800) 423-7818	Wood	Provides transportation for elderly & handicapped statewide. Program is not designed for severe emergencies. Transport individuals anywhere w/in the state. Medical Assistance is accepted. Drivers are available 5 days a week, but recommend appointments be scheduled 24 hours in advance. Closed Saturday & Sunday.
WHEELS TO WORK 617 Forest St, Wausau WI 54403 (715) 581-9283 www.watea.org	Marathon	Assists families & individuals living &/or working in Marathon County to overcome transportation obstacles so they can continue to keep their employment. This is accomplished through a loan for either a donated vehicle or vehicle repairs.
WOOD COUNTY TRANSPORTATION PROGRAM 630 South Central Ave, Ste 404, Marshfield WI 54449 (715) 389-0230 111 W Jackson St, Wisconsin Rapids WI 54495 (715) 421-8989 www.co.wood.wi.us	Wood	The Wood County Elderly and Disabled Transportation program provides rides to persons over the age of 55, and people who have a disability that prevents them from driving. Rides are provided for shopping, to and from medical appointments or to other locations as needed. Bus transportation is provided Monday through Friday from 9:30 a.m. – 2:00 p.m. The bus is equipped with a wheelchair lift. Call by noon the day before. Volunteer drivers may be available for longer distance medical appointments and riders must be ambulatory. Service is non-emergency and covers the state of Wisconsin. Please call 715-421-8989 or 715-389-0230 to discuss the cost of your transportation needs.

## VETERANS SERVICES

## **CAMP AMERICAN LEGION**

8529 Hwv D West, Lake Tomahawk WI 54539 (715) 277-2510

www.campamericanlegion.org

Provides rest, relaxation, recuperation, & rehabilitation to Wisconsin Veterans' of all ages, active duty military service members & their families. The camp serves those who have a physical or psychological condition, all service & non-service related illnesses, injuries or disabilities. The camp offers Monday-Friday stays, free of charge, Memorial weekend through the week after Labor Day. We provide lodging, three meals a day, fishing, kayaking, trail hikes & so much more.

## VETERAN SELF-DIRECTED PROGRAM

Program allows Veterans to direct their own care to be able to remain in their home & out of nursing home care. The program is available to Veterans who meet criteria for enrollment & reside in the catchment areas of the VA Medical Centers in Milwaukee, Middleton (Madison), Tomah, Iron Mountain, and North Chicago. Please contact your VA Social Worker for more information and to determine eligibility.

## VETERANS AFFAIRS MEDICAL CENTER & CLINICS

500 E Veterans St. Tomah WI 54660 (608) 372-3971 www.tomah.va.gov

Facility focusing on primary care, mental health services & nursing home care.

## VETERANS ASSISTANCE FOUNDATION

Grant & Per Diem Transitional Housing (Chippewa Falls.) Green Bay, King, Union Grove) 1118 Superior Ave, Tomah WI 54460 (866) 823-8387 or (608) 372-8387 www.vafvets.org

The Veterans Assistance Foundation operates permanent low-income housing in which we work with Hud-Vash and Hud housing. Located in Tomah, WI.

## VETERANS EMPLOYMENT ASSISTANCE LANGLADE, LINCOLN

51-A N Brown St, Rhinelander WI 54501 **MARATHON** 

Job Center 731 N 1st St Ste 4000, Wausau WI 54403 **WOOD COUNTY** 

320 W Grand Ave, Ste 102, Wisconsin Rapids WI 54495 (715) 679-5524

www.dwd.wisconsin.gov/veterans/default.htm

Provide employment & training services to eligible veterans & eligible spouses. Can provide referrals for Veteran benefits & opportunities including education, health, & medical.

## VETERANS FAMILY CAMP

1450 Hwy. 13, Wisconsin Dells WI 53965 (800) 422-2324

www.camp.eastersealswisconsin.com wawbeek@eastersealswisconsin.com

Camp gives veterans & their families a chance to relax & spend time together. Veterans Family Camp Weekends offered at no charge for both veterans & their family members. Includes meals, lodging, support & informal group sessions & activities for the whole weekend. Activities are fully accessible & veterans with/without disabilities encouraged to attend.

#### VETERANS OUTPATIENT CLINIC

Wausau: 515 S 32nd Ave, Wausau WI 54401 (715) 842-2834

Wisconsin Rapids: 700 Hale St. Wisconsin Rapids WI 54495 (715) 424-4682

Provides primary medical care for veterans only.

## **VETERANS OUTREACH & RECOVERY** PROGRAMS (VORP)

Region 5: Lincoln/Langlade/Marathon: (715) 401-4821 Region 2: (Wood): (608) 881-9116

VORP connects Veterans to community services, provides case management & support, with a special focus on treatment & recovery. Connects veterans to: mental health services, substance abuse treatment, financial assistance, housing & utilities claims & benefits, employment & education, transportation & many other services. Call or text.

## VETERANS SERVICE OFFICE

#### LANGLADE

1225 Langlade Rd, Antigo WI 54409 (715) 627-6545

#### LINCOLN

801 N Sales St, Merrill WI 54452 (715) 539-1083

Fax: (715) 539-8324

https://co.lincoln.wi.us/veterans-services

#### **MARATHON COUNTY**

212 River Dr, Ste 1, Wausau WI 54403 (715) 261-1141

#### **MARSHFIELD-WOOD**

1600 N Chestnut Ave, Marshfield WI 54449 (715) 384-3773

#### **WISCONSIN RAPIDS-WOOD**

400 Market St, Wisconsin Rapids WI 54495 (715) 421-8420

VA Crisis Line (800) 273-8255

Provides assistance to veterans & their eligible dependents with state & federal veteran's benefits to include: registration of discharge, VA service connected disability claims, VA healthcare, VA pension, burial allowance, gravestone/ markers, education, & other miscellaneous benefits.

## VIETNAM VETERANS OF AMERICA - NORTH CENTRAL WI #479

111652 Township Rd, Athens WI 54411 (715) 257-1000

www.vva.org

An organization for men & women in active military service between 1958 & 1975. The objective of the VVA is to provide info. & assistance to veterans & their families.

#### WAUSAU VET CENTER

605 South 24th Ave, Ste 24, Wausau WI 54401 (877) 927-8387

http://www.vetcenter.va.gov

Provides readjustment counseling & outreach services to all Veterans. Services available to family members & significant others for military related issues. Bereavement services to family members of service members.

## **WISCONSIN DEPT OF VETERAN'S AFFAIRS**

201 W Washington Ave, Madison WI 53707-7843 (608) 266-1311 or (800) 947-8387 www.wisvets.com

Assists & Advocates for veterans.

#### WISCONSIN VETERAN'S HOME AT KING

N2665 Cty QQ, King WI 54946 (715) 258-5586 or (888) 458-5586

www.wisvets.com

A long term & rehabilitative care facility caring for veterans, veteran's spouse, veteran's widow & Gold Star Parents (parents who have lost a son or daughter in combat). Offer medical & nursing care.

## **VOLUNTEER**

## ADRC-CW VOLUNTEER OPPORTUNITIES

(888) 486-9545

www.adrc-cw.org

Volunteer to make a difference in your community! Volunteers at the Aging and Disability Resource Center of Central Wisconsin deliver Meals on Wheels, package meals, serve lunch at Senior Dining locations, lead evidenced-based programs, provide office assistance such as computer data entry and phone calls and more. The ADRC-CW has volunteer opportunities throughout Langlade, Lincoln, Marathon and Wood counties. Call to find out how you can get involved.

# AMERICORPS SENIORS FOSTER GRANDPARENTS PROGRAM

Copper Lake/Lincoln Hills School W4380 Copper Lake Ave, Irma WI 54442 (715) 539-1645

Looking for Senior Volunteers to work with teenage youth, while tutoring, playing cards, games and have positive social interactions. This program connects generations, building bonds between younger & old individuals.

## FAITH IN ACTION OF MARATHON COUNTY INC

630 Adams St, Wausau WI 54403

(715) 848-8783

wausaufiainfo@gmail.com

www.faithinactionmarathoncounty.org

FIAMC provides transportation for medical appointments, grocery shopping, personal appointments, and community activities. Delivery for the Neighbor's Place Food Pantry and Marathon County Public Library. Wellness and compassionate, friendly visits via phone or in person. ALL services are provided at NO CHARGE...to senior Marathon County residents–60+ years of age, regardless of income, religious belief, race, or ethnic background. Trained volunteers provide services to help area seniors whose needs are unmet, do not qualify for existing services, or do not have friends or family nearby.

#### HABITAT FOR HUMANITY

#### **ANTIGO**

PO Box 604, Antigo WI 54409 (715) 627-7307 http://hfh-wi-lang.huterra.com

MARCHELD

#### **MARSHFIELD**

PO Box 784, Marshfield WI 54449 (715) 384-7533

#### **WAUSAU**

1810 Schofield Ave, Weston WI 54476 (715) 848-5042

## **WISCONSIN RAPIDS**

PO Box 1134, Wisconsin Rapids WI 54495 (715) 423-8042

www.wrahfh.org

Habitat for Humanity builds houses using volunteer labor & funds raised from the support of local businesses, churches, individual donors and with the proceeds from sale of items at our retail store. These homes are sold to qualified partner families a no-interest mortgage held by Habitat for Humanity.

#### **UNITED WAY INC**

### **LINCOLN**

503 S Center Ave, Ste 5, Merrill WI 54452 (715) 536-2016

www.merrillareaunitedway.org/servelincolncounty/contact Programs promoting Education, Health, & Basic Needs. Limited volunteer opportunities are available.

# UNITED WAY OF SOUTH WOOD & ADAMS COUNTIES - VOLUNTEER CENTER

351 Oak St, Wisconsin Rapids WI 54494 (715) 421-0390

www.uwswac.org

Serves as a clearinghouse of volunteer opportunities from agencies & people in the community looking for volunteer opportunities.

We foster volunteer recognition through the annual Volunteer Recognition Breakfast.

## **UNITED WAY RSVP 55+ VOLUNTEER PROGRAM**

705 S 24th Ave, Ste 400B, Wausau WI 54401 (715) 298-5721

www.unitedwaymc.org/rsvp.htm

Provides personalized placement service to help persons 55+ become involved in volunteering by matching interests & skills with community needs.

## **WEBSITES**

AARP	
Addiction Group https://www.addictiongroup.o	rg/alcohol/addiction/symptoms/
ADRC-CW	
ACCESS	
Addictionhttps://www.addic	tiongroup.org/addiction/elderly/
Advance Directiveswww.dhs.wisc	
AFHshttps://www.dhs.wisconsi	
Aging & Disability Resource Center of Central WI	
Alzheimer's Association	
American Cancer Society	_
American Heart Association	
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American Red Cross	•
Better Business Bureau – Wisconsin	
CBRFs www.dhs.wisconsi	
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Centers for Medicare & Medicaid Services	9
Department of Motor Vehicles	www.dmv.org
Disability Rights Wisconsin	www.disabilityrightswi.org
Division of Quality Assurance www.dh	ns.wisconsin.gov/dqa/index.htm
Division of Vocational Rehabilitation	
Eldercare Locator	
EyeCare of America	· ·
Fraud Net	
Healthy Wisconsin Website	
Home Health Care Hotline https://www.dhs.wisconsin.gov/re	
Home Repair Loans and Grant Program	
Housing	_
Job Center of Wisconsin	
	•
LGBT Aging Center	
Lifeline/Link-up Information	•
National Alliance for Caregiving	
National Association for Home Care and Hospice	_
National Do Not Call Registry	
National Fraud Information Center/Internet Fraud	
National Health Information Center	•
National Multiple Sclerosis Society	
Nursing Home Directory www.dhs.wiscons	
Ombudsman Program	
PFLAG	
Prescription Drug Programs and Discount Cards	www.rxassist.org
RCACs	n.gov/guide/assisted-living.htm
Services & Advocacy for GLBT Elders (SAGE)	www.sageusa.org
Social Security Administration	www.socialsecurity.gov
Substance Abuse &	
Addition in the Elderlyhttps://www.addictiongroup.o	rg/addiction/elderly/information
Veterans Online Therapy https://www.onlinethe	
Wisconsin Dept. of Health Services	
Wisconsin Dept. of Health Services	
(LGBT Resources)	nsin gov/lgbthealth/seniors.htm
Wisconsin Dept. of Veteran's Affairshttps://ww	
Wisconsin Judicare, Inc	
Wisconsin State Agencies and the Legislature	
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VVIDOOHDIII DIAIEWIUE HAHDIUUH IHIIIAUVE	http://www.witig.org/

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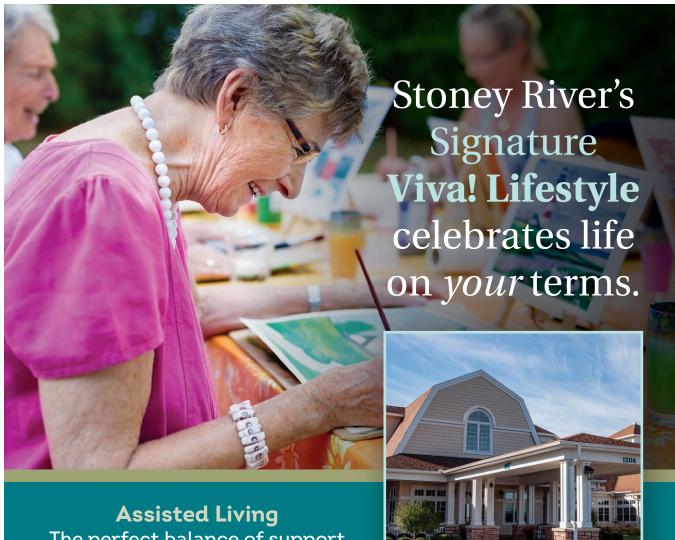
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