



Lincoln County Health Department

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VOLUNTEERING DURING A TIME OF SOCIAL DISTANCING

The needs of Lincoln County residents, businesses, and organizations seem to be changing daily. Social distancing is undoubtedly an appropriate measure to take in an effort to prevent/limit the spread of COVID-19. It has also resulted in many local businesses and organizations assessing how they can meet the needs of their employees, the people they serve and the community, in new ways during these changing times.

As needs in the community increase, people's desires to help and volunteer also increases.

Some Guidelines for Volunteering:

- Volunteers need to be healthy so they can continue to connect others to the resources they need. Making sure people who are sick stay home and do not partake in activities while they have symptoms of sickness.
- Older adults or people with serious chronic medical conditions such as heart disease, diabetes or lung disease are at higher risk of getting sick from this illness should avoid interpersonal contact with the public and or small groups.
- Follow public health advice on cleaning, disinfecting and handwashing. Handwashing and sanitation in food distribution is particularly important. Continually sterilize high contact exchange points (like door knobs, service counters and bathrooms).
- Maintain distancing of 6 feet or greater when working with other volunteers.
- Follow current guidelines of limiting gatherings of 10 or more people in the same enclosed area.

This situation is constantly evolving. Community members are encouraged to visit LCHD's website www.lincolncountyhealthdepartment.com or the CDC's website www.cdc.gov for the latest information. You can also follow us on Facebook.