

What to Expect after Getting a COVID-19 Vaccine



Common Side Effects

On the arm where you got the shot:

- Pain
- Swelling

Throughout the rest of the body:

- Fever
- Chills
- Tiredness
- Headache

Reduce discomfort by placing a clean, wet washcloth over the area you got the vaccine. Drink plenty of fluids, rest, and dress lightly if you develop a fever.

Side effects are a normal sign that your body is building protection. They may feel like the flu, but should go away in a few days. ***In 2 dose series, side effects are more common in the second dose.*

If you experience common side effects from the first dose, you need to get your second dose, if you are receiving the Pfizer or Moderna vaccine.



When to call the Doctor

Discomfort from fever or pain is normal. However, contact a healthcare provider if:

- Redness or tenderness increases after 24 hours.
- Your side effects are worrying you or if they last longer than a few days.

If you are having a medical emergency, call 911.



Sign up for v-safe

Get the new smartphone-based tool for personalized health check-ins, easy reporting of side effects, and a reminder to get your second dose. Learn more about v-safe at www.cdc.gov/vsafe.



Continue to protect yourself and others

Vaccines are just one tool we have to stop the spread of COVID-19. Stopping the spread requires all the tools available. Together, vaccination and good public health behaviors will offer the best protection from COVID-19. Even after you receive the COVID-19 vaccine, continue:



Stay Home



Wear a Mask



Stay 6 Feet Apart



Wash Your Hands

Remember

- You will need 2 doses of the Pfizer and Moderna vaccines for them to be most effective and offer best protection. Janssen (Johnson & Johnson) is only 1 dose. It takes time for your body to build protection after any vaccination.
- Mark your calendar for your second vaccine, if needed (Pfizer and Moderna).
- Experiencing common side effects is a normal part of getting vaccinated.

Lincoln County Health Department—co.lincoln.wi.us/covid

Updated 3.15.21 COVID-19 Vaccine Message Line: 715-539-1375—covid@co.lincoln.wi.us