

## Health Behaviors

Measures	Past	Most Current			Data Source
	Lincoln	Lincoln	Wisconsin	United States	
<b>Tobacco Use</b>					
Percentage of adults who are current smokers	17% (2015)	19% (2019)	16% (2019)	16% (2019)	County Health Rankings (Behavioral Risk Factor
Percentage of women who used cigarettes during the last 3 months of pregnancy	23.3% (Northern Region 2016)	19.7% (Northern Region 2020)	8.2% (2018-2019)	---	Wisconsin Pregnancy Risk Assessment Monitoring System (PRAMS 2016-2020)
Percentage of students who ever tried cigarettes	---	27% (2019)	19% (2019)	24% (2019)	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
Percentage of students who smoked cigarettes in the past 30 days	---	13% (2019)	6% (2019)	6% (2019)	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
Percentage of students who have ever tried vaping	---	44% (2019)	46% (2019)	50% (2019)	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
Percentage of students who have used vaping products in the past 30 days	---	25% (2019)	21% (2019)	33% (2019)	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
Percentage of students who use chew, dip, other smokeless tobacco in past 30 days	---	8% (2019)	3% (2019)	4% (2019)	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
Percentage of students who have smoked cigars/cigarillos in the past 30 days	---	9% (2019)	5% (2019)	6% (2019)	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
<b>Physical Activity &amp; Nutrition</b>					
Percentage of adults that report a BMI of 25-29.9 (overweight)	---	---	34.6% (2021)	34.4% (2021)	Behavioral Risk Factor Surveillance System 2021
Percentage of adults that report a BMI of 30+ (obese)	33% (2013)	34% (2019)	34% (2019)	32% (2019)	County Health Rankings (Behavioral Risk Factor Surveillance System 2019)
Percentage of the adults that report a BMI of 25+ (overweight and obese)	---	---	68.5% (2021)	68.3% (2021)	Behavioral Risk Factor Surveillance System 2021
Percentage of women overweight or obese (BMI 25+) prior to pregnancy	45.6% (Northern Region 2016)	69.2% (Northern Region 2020)	58% (2018-2019)	---	Wisconsin Pregnancy Risk Assessment Monitoring System (PRAMS 2016-2020)
Percentage of population with adequate access to locations for physical activity	64% (2014)	64% (2021)	78% (2021)	80% (2021)	County Health Rankings (Business Analyst, ESRI, YMCA, & US Census Tigerline Files 2010 & 2021)
Percentage of adults age 18 and over reporting no leisure time physical activity	24% (2013)	25% (2019)	22% (2019)	26% (2019)	County Health Rankings (Behavioral Risk Factor Surveillance System 2019)

Percentage of students who exercise most days (past 7 days)	---	<b>61%</b> (2019)	<b>57%</b> (2017)	---	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
Percentage of students who spend 3 + hours per day on phone, Xbox, or other device (excluding use for school work)	---	<b>39%</b> (2019)	<b>49%</b> (2019)	<b>46%</b> (2019)	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
Food Environment Index (healthy food environment) 0 (worst) to 10 (best) * Based on 2 indicators (1) Access: percentage of the population that is low income and does not live close to a grocery store, (2) Food Insecurity: percentage of the population that did not have access to a reliable source of food during the past year	<b>8.1</b> (2014)	<b>8.7</b> (2019)	<b>8.7</b> (2019)	<b>7.8</b> (2019)	County Health Rankings (USDA Food Environment Atlas, Map the Meal Gap from Feeding America 2019)
Percentage of population who lack adequate access to food	<b>11%</b> (2014)	<b>9%</b> (2019)	<b>9%</b> (2019)	<b>9%</b> (2019)	County Health Rankings (Map the Meal Gap 2019)
Percentage of population who are low-income and do not live close to a grocery store	<b>4%</b> (2010)	<b>4%</b> (2019)	<b>5%</b> (2019)	<b>2%</b> (2019)	County Health Rankings (United States Department of Agriculture 2019)
Percentage of pregnant women who are on Medicaid that are enrolled in WIC (supplemental nutrition program for women, infants, children)	---	<b>61.9%</b> (Northern Region 2016-	<b>56%</b> (2018-2019)	---	WI Department of Health Services (Pregnancy Risk Assessment Monitoring System 2016-2020)
Percentage of infants who initiated breastfeeding * defined as live infants receiving any breast milk or colostrum during the period between delivery and discharge from the birth facility or completion of the birth certificate for home births.	---	<b>82.2%</b> (2018-2019)	<b>81%</b> (2018-2019)	---	County Health Rankings (National Center for Health Statistics - Natality Files 2014-2020)
Percentage of adults who report consuming fruit	---	---	<b>38.8%</b>	<b>40.8%</b> (2021)	Behavioral Risk Factor Surveillance System 2021
Percentage of adults who report consuming vegetables less than one time per day	---	---	<b>20.1%</b> (2021)	<b>19.7%</b> (2021)	Behavioral Risk Factor Surveillance System 2021
Percentage of students who ate fruit every day (past 7 days)	---	<b>44%</b> (2019)	<b>43%</b> (2019)	---	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
Percentage of students who ate vegetables every day (past 7 days)	---	<b>43%</b> (2019)	<b>40%</b> (2019)	---	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
Percentage of students who experienced hunger due to lack of food at home (past 30 days)	---	<b>22%</b> (2019)	<b>25%</b> (2019)	---	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
<b>Alcohol &amp; Other Drug Use</b>					
Percentage of adults reporting binge or heavy drinking (age-adjusted)	<b>22%</b> (2015)	<b>27%</b> (2019)	<b>25%</b> (2019)	<b>20%</b> (2019)	County Health Rankings (Behavioral Risk Factor Surveillance System 2019)

Percentage of driving deaths with alcohol involvement	<b>50%</b> (2011-2015)	<b>44%</b> (2016-2020)	<b>36%</b> (2016-2020)	<b>27%</b> (2016-2020)	County Health Rankings (Fatality Analysis Reporting System 2016-2020)
Rate of drug poisoning deaths per 100,000 population	<b>14</b> (2013-2015)	<b>13</b> (2018-2020)	<b>22</b> (2018-2020)	<b>23</b> (2018-2020)	County Health Rankings (National Center for Health Statistics - Mortality Files 2018-2020)
Percentage of students who have ever had an alcoholic beverage	---	<b>60%</b> (2019)	<b>58%</b> (2019)	---	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
Among students who have drunk alcohol, percentage whose first drink was before age 13	---	<b>35%</b> (2019)	<b>30%</b> (2019)	<b>15%</b> (2019)	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
Percentage of students who had at least one drink in the past 30 days	---	<b>33%</b> (2019)	<b>30%</b> (2019)	<b>29%</b> (2019)	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
Percentage of students who binge drank in the past 30 days	---	<b>17%</b> (2019)	<b>13%</b> (2019)	<b>14%</b> (2019)	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
Percentage of students who have ever use marijuana	---	<b>24%</b> (2019)	<b>31%</b> (2019)	<b>37%</b> (2019)	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
Among students who tried marijuana, the percentage who first tried it before age 13	---	<b>20%</b> (2019)	<b>14%</b> (2019)	<b>6%</b> (2019)	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
Percentage of students who have used marijuana in the past 30 days	---	<b>14%</b> (2019)	<b>20%</b> (2019)	<b>22%</b> (2019)	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
Percentage of students who have ever misused a prescription pain medicine	---	<b>8%</b> (2019)	<b>11%</b> (2019)	<b>14%</b> (2019)	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
Percentage of students who have ever misused an over-the-counter drug	---	<b>5%</b> (2019)	<b>6%</b> (2019)	---	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
Percentage of students who have used heroin	---	<b>3%</b> (2019)	<b>1%</b> (2019)	<b>2%</b> (2019)	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
Percentage of students who have used methamphetamines	---	<b>2%</b> (2019)	<b>2%</b> (2019)	<b>2%</b> (2019)	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
<b>Reproductive Health</b>					
Rate of newly diagnosed chlamydia cases per 100,000 population	<b>341.7</b> (2014)	<b>235.6</b> (2019)	<b>499.4</b> (2019)	<b>551.0</b> (2019)	County Health Rankings (National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention 2019)
Percentage of students that ever had sexual intercourse	---	<b>35%</b> (2019)	<b>35%</b> (2019)	<b>38%</b> (2019)	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
Among sexually active students, the percentage whose first sexual intercourse was before age 13	---	<b>6%</b> (2019)	<b>3%</b> (2019)	<b>3%</b> (2019)	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)
Among sexually active students, the percentage who used a condom during last sexual intercourse	---	<b>65%</b> (2019)	<b>57%</b> (2019)	<b>54%</b> (2019)	WI Department of Public Instruction (Lincoln County Youth Risk Behavior Survey 2019)

Number of births per 1,000 female population ages 15-19	<b>29</b> (2008-2014)	<b>20</b> (2014-2020)	<b>14</b> (2014-2020)	<b>19</b> (2014-2020)	County Health Rankings (National Center for Health Statistics - Natality Files 2014-2020)
Percentage of live births with low birthweight (< 2,500 grams)	<b>6%</b> (2008-2014)	<b>8%</b> (2014-2020)	<b>8%</b> (2020)	<b>8%</b> (2020)	County Health Rankings (National Center for Health Statistics - Natality Files 2014-2020)

*Last Updated 8/2023*